THE UNIVERSITY OF IOWA
COLLEGE OF NURSING
and
IOWA ASSOCIATION OF NURSE PRACTITIONERS

2018 Annual Nurse Practitioner Conference

Friday, October 26, 2018
Child Serve
5406 Merle Hay Road, Johnston, Iowa
STATEMENT OF PURPOSE

The Iowa Association of Nurse Practitioners is pleased to host the 2018 Annual Nurse Practitioner Conference. The conference will feature a variety of topics designed to enhance your professional practice: 5-2-1-0 Healthy Choices Count; Marijuana Effects on the Brain; Pediatric Rehabilitation/Physiatry; Psychopharm; Sex Trafficking; Behavioral Issues in Children, and Concussion Management.

OBJECTIVES

Upon completion of this offering, participants will be able to:

- Discuss Iowa’s effort to reduce childhood obesity 5-2-1-0 Healthy Choices Count
- Review specific risks to brain development and other health issues due to marijuana use in adolescents
- Describe Cerebral Palsy and the different types of Cerebral Palsy
- Discuss impairments associated with Cerebral Palsy
- Highlight principals in managing and treating Cerebral Palsy
- Identify current stressors seen in teens that contribute to anxiety and depression
- Review a summary of evidence-based treatment approaches to common pediatric mental health disorders
- Outline when and what psychotropic medications should be used based on target symptoms and diagnosis
- Assess side effects and monitoring of commonly used psychotropic medications
- Discuss what human trafficking and sex trafficking is
- Describe what sex trafficking looks like in Iowa
- Outline what factors make individuals the most vulnerable to sex trafficking
- Describe emotional behavioral conditions in children
- Review of the pathophysiology of a concussion
- Discuss epidemiology, Iowa law, and best practice standards for concussion treatment
- Discuss acute post-injury management of concussions
- Highlight the importance of immediate evaluation and symptom management of concussions
- Discuss graduated return to academics and return to play protocols post concussion
- Review the latest evidence that support active rehabilitation for concussion recovery
SCHEDULE

Friday, October 26, 2018

7:15am  Registration and continental breakfast
        Optional tour of Child Serve
8:00am  Opening Announcements/Sara Neff
8:15am  5-2-1-0 Healthy Choices Count!/Jami Haberl
9:15am  Marijuana Use in Adolescents/Susan Pike
10:15am Break with vendors
10:30am Cerebral Palsy: Common Impairments & Challenges/Fred Klingbell
11:30am Stressed to the Max/LuAnn Volkmer
12:00pm Pediatric Psychopharmacology Update 2018/Kimberly Roberts
12:30pm Lunch and time with vendors
        Breakout: Career Planning Tips with Melnic/Jill Gilliland
1:30pm  Sex Trafficking and Our Communities/Stephanie Olson
2:30pm  Developmental Delays and Behavioral Conditions in Young Children/Susan Van Cleve
3:30pm  Break with vendors
3:45pm  Active Rehabilitation for Concussion Management/Hannah Jepson
4:45pm  Evaluation and CEU Recording
5:00pm  Adjourn

SUPPORTING FACULTY

Dr. Fred Klingbeil, MD
Medical Director of Pediatric Rehabilitation Medicine
Child Serve
Des Moines, Iowa

Jami Haberl, MPH, MHA
Executive Director
Iowa Healthiest State Initiative

Stephanie Olson,
CEO/President
The Set Me Free Project

Susan Pike, MD
Child and Adolescent Psychiatry
Child Health Specialty Clinics
University of Iowa Hospitals and Clinics
Iowa City, Iowa

Kimberly Roberts, MSN, ARNP, PMHNP-BC
Pediatric Psychiatry Unity Point
Des Moines, Iowa
Hannah Jepson Slaughter, C-PNP-PC, ARNP  
Pediatric Rehabilitation Medicine  
Child Serve  
Des Moines, Iowa

LuAnn Volkmer MSN, PMHS, NP-C  
Blank Children’s Adolescent Clinic  
Des Moines, Iowa

Susan Van Cleve, DNP, CPNP-PC, PMHS, FAANP  
Clinical Professor and Primary Care Pediatric Nurse Practitioner Program Director  
College of Nursing  
The University of Iowa  
Iowa City, Iowa

OTHER SUPPORT

Jill Gilliland  
Melnic Consulting Group

CONFERENCE LOCATION AND ACCOMMODATIONS

The conference will be held at Child Serve, 5406 Merle Hay Road, Johnston, Iowa

A block of rooms has been reserved at the Sheraton West Des Moines, 1800 50th St., West Des Moines, Iowa, for Thursday night (October 25). The rate is $119 plus tax. Reservations must be made before October 4 to receive the discounted rate. Please use this link to make a reservation:

https://www.starwoodmeeting.com/events

CONTINUING EDUCATION AWARD

The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider: Number 1. Full-time attendance will award 7.0 contact hours. Application has been made to NAPNAP for 7 contact hours for the 2018 Annual Nurse Practitioner Conference.

REFUNDS AND CANCELLATIONS

If an applicant withdraws registration prior to the opening of the conference, the registration fee, less a $25.00 handling charge, will be refunded. No refunds will be made after the conference has convened. Although rarely necessary, we reserve the right to cancel the program due to lack of sufficient enrollment. Please call 319-335-4141 or 800-551-9029 regarding any refunds or cancellations.
REGISTRATION FEES

IANP Members: $150
Non-Members: $200
Students: $50 (proof of enrollment required)

The 2018 Annual Nurse Practitioner Conference registration fee includes program, materials, luncheons, refreshment breaks, and Iowa and NAPNAP CEU recording fees.

FURTHER INFORMATION
For further program information, contact:
Molly James
Office of Teaching Services
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For further program information, contact:
Molly James
Office of Teaching Services
The University of Iowa College of Nursing
Iowa City, IA 52242
Phone: 319-335-7075
FAX: 319-353-5326
molly-james@uiowa.edu

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Molly James in advance at 319-335-7075.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information, contact the Office of Equal Opportunity and Diversity at 319-335-0705.

FOUR WAYS TO REGISTER:

1. Mail The University of Iowa Center for Conferences 250 Continuing Education Facility Iowa City, IA 52242-0907
2. Fax 319-335-4039
3. Phone 800-551-9029 or 319-335-4141
4. Web centerforconferences.uiowa.edu

*If it is the first time you have registered online with the Center for Conferences, you will not have a log-in or password until you create your account. Click on the line “create an account” and proceed. If you have questions regarding this process, please contact UICC at the numbers listed above.*
REGISTRATION FORM
2018 Annual Nurse Practitioner Conference
October 26, 2018

Name ___________________________________________________________________________
Employer ________________________________________________________________________
Employer’s Address ______________________________________________________________
City_____________________________ State ____________ Zip________________
Home Address ____________________________________________________________________
City_____________________________ State ____________ Zip________________
E-mail address____________________________________________________________
Home Phone Number ___________________________________________________________
Work Phone Number ___________________________________________________________
Nursing License Number* ___________________________________________________
Do not place my name/address on conference participant list ______________________
Dietary restrictions_________________________________________________________

*The University of Iowa needs this information for processing CEU records. No persons outside the university
are routinely provided this information. Enrollee’s name/address lists are provided to facilitate networking
unless you check the refusal above.

FEES:
____ $150 IANP Members
____ $200 Non-Members
____ $50 Student registration, proof of enrollment required

__________ Total enclosed

___ Check made payable to The Center for Conferences

___ Payment by Credit Card: ____ Visa ____ MasterCard ____ Discover

Card #_________________________________ Exp. Date_________________

3-digit security code on back of card________

Name on Card____________________________________________________

Billing Address of Cardholder__________________________________________

* Or register online at centerforconferences.uiowa.edu *