STATEMENT OF PURPOSE

The University of Iowa College of Nursing and the Iowa Association of Nurse Practitioners are pleased to host the 2016 Annual Spring Nurse Practitioners Conference. The conference will feature a variety of topics designed to enhance your professional practice: vitamin D, adolescent eating disorders, emerging tropical infections, common concerns in the treatment of refugees, developmental screening and surveillance, cardiology, cancer presentation, current topics in mental health, SBIRT, LGBT in primary care and development of gender identity and sexuality.

Participants will also have the opportunity to network with colleagues in an informal reception following the close of the May 5 content. The reception will feature a variety of exhibits and displays. A fun walk is scheduled for the morning of May 6 before the start of the programing. There will also be a silent auction this year! Proceeds will go to the IANP Treasury. Any and all donations for this fun event would be greatly appreciated!

OBJECTIVES

Upon completion of this offering, participants should be able to:

1. Provide an overview of the number and countries of origin of refugees in Iowa
2. Describe the goals of the initial domestic refugee health screen
3. Describe the common infectious diseases found in child refugees
4. Provide a list of local and online resources for providers who care for refugees
5. Discuss emerging tropical infections in Iowa and the United States (Zika, Deng virus)
6. Present information that questions the current DRI for vitamin D
7. Present research challenges that make vitamin D recommendations difficult to establish
8. Describe key components of the evidence-based SBIRT model
9. Identify youth-oriented SBIRT materials and resources that will be housed at the UI web-based clearinghouse for student and provider use in clinical practice
10. Implement the pediatric periodicity schedule to optimize well child care
11. Demonstrate well child health care surveillance recommendations and implementation tools
12. Describe autism (M-CHAT-R/F), child development (ASQ), and child social-emotional development (ASQ:SE) screening tools
13. Identify diagnostic features of Autism Spectrum Disorder
14. Implement and improve the recommended well-child screening and surveillance processes for developmental and behavioral assessments in your practice
15. Describe the 1st Five Healthy Mental Development referral process and list the reasons a child or family can be referred to their local 1st Five Title V agency for care coordination services
16. Describe the three phases of family-based treatment (aka Maudsley method) in the treatment of children
and adolescents with anorexia nervosa and bulimia
17. Differentiate signs and symptoms, diagnosis, and treatment of cardiac inflammatory diseases in children
18. Identify various presentations of anxiety and interaction with developmental status and comorbidities
19. Identify pharmacologic as well as psychotherapeutic interventions for anxiety
20. Recognize the most common presentations of childhood cancer
21. Demonstrate understanding of the normal development of gender identity and sexuality in youth
22. Describe the differences between gender nonconformity and gender discordance
23. Compile a resource/referral list to better care for sexual minority youth
24. Define basic LGBT terminology and language
25. Define gender identity versus sexual orientation
26. Identify ways to make a clinical practice more LGBT friendly

SCHEDULE

Thursday, May 5, 2016

8:00  Registration – continental breakfast
          Exhibits open
8:30  Opening of conference and announcements
8:45  Infectious Diseases in Immigrants – Amaran Moodley, MD
9:45  Vitamin D in Health and Disease: Promises and Challenges – Matthew Rowling, PhD
10:45 Break; exhibits open
11:15 Legislative Update
11:45 Lunch and IANP Board Meeting
          Optional: Career Advising by Melnic Consulting, Jill Gilliland
1:15  Screening, Brief Intervention & Referral to Treatment: Identifying Youth at Risk – Marianne Smith, PhD, RN, FAAN
2:15  Developmental Surveillance and Screening in Practice and 1st Five Healthy Mental Development – Stephen Wolfe, MD; Cheryll Jones, ARNP; Amber Schelling, BS
3:15  Break
3:30  Eating Disorders in Adolescents: A Delicate Balance – Luann Volkmer, ARNP; Lynn Vestal, MA; Carrie Leiren, MS, RDN, LD, CEDRD
5:00  Adjourn
5-6:00 Wine and Cheese Reception

Friday, May 6, 2016

7:15  Fun walk/breakfast
8:00  Opening announcements
8:10  The Heart of a Child with Inflammatory Dilemmas – Trudy Pierick, MSN, RN, ARNP, CPNP
9:10  What to Do with the Fainting or Dizzy Child? – Natalie Van Waning, MSN, CPNP, ARNP
10:10 Break
10:30 A Snapshot of Pediatric Cancers – Wendy Woods-Swafford, MD, MPH
11:30 The Angst of Anxiety in Children and Adolescents – Nancy Beyer, MD
12:30 Lunch and IANP Membership Annual Meeting
1:30  Lesbian, Gay, Bisexual and Transgender Health Care – Larry Newman, DNP, RN, ARNP
2:30  Break
3:00 Sexual Minority Youth: Development of Gender Identity and Sexuality – Katie Imborek, MD
4:00  Summary, evaluation and CEU recording
SUPPORTING FACULTY

Mary Berg, DNP, ARNP, CPNP-PC, FAANP, Clinical Associate Director, Assistant Dean for Graduate Practice and PNP Program Director, University of Iowa College of Nursing

Nancy Beyer, MD, Clinical Associate Professor, Department of Psychiatry, University of Iowa Hospitals and Clinics

Katie Imborek, MD, Assistant Professor, Department of Family Medicine, Co-Director of UI LGBTQ Clinic, University of Iowa Hospitals and Clinics

Cheryll A Jones, ARNP, CPNP, Director of Policy and Advocacy, Health Services Coordinator, Child Health Specialty Clinics – Ottumwa Regional Center, University of Iowa Hospitals and Clinics

Carrie Leiran, MS, RDN, LD, CEDRD, Certified Eating Disorders Registered Dietitian, Outpatient Dietitian at the Nutrition Centre of UnityPoint Health, Co-Founder of the Eating Disorders Coalition of Iowa, a 501c3 for education

Amaran Moodley, MD, Specialist: Pediatric Infectious Diseases, UnityPoint and Blank Children’s Hospital

Larry Newman, DNP, RN, ARNP, Assistant Clinical Professor, University of Iowa College of Nursing

Trudy A. Pierick, MSN, RN, ARNP, CPNP, Inpatient Nurse Practitioner, Pediatric Cardiology, University of Iowa Children’s Hospital

Matthew Rowling, PhD, Associate Professor, Department of Food Science and Human Nutrition, Iowa State University

Amber Schelling, BS, 1st Five Manager, Visiting Nurse Services of Iowa

Marianne Smith, PhD, RN, FAAN, Association Professor, College of Nursing, Co-Director, Csomay Center for Gerontological Excellence

Natalie Van Waning, MSN, CPNP, ARNP, Pediatric Cardiology, University of Iowa Children’s Hospital

Lynn Vestal, MA, LMHC, NCC, Psychotherapist, Lynn Vestal Counseling

LuAnn Volkmer, ARNP-C, Pediatric Care Mental Health Specialist, Blank Children’s Hospital Adolescent Clinic

Stephen Wolfe, MD, Professor Emeritus, Department of Family Medicine, University of Iowa Hospitals and Clinics

Wendy Woods-Swafford, MD, MPH, Medical Director, Cancer and Blood Disorders Center, Blank Children’s Hospital and UnityPoint Health

OTHER SUPPORT

Jill Gilliland, Melnic Consulting Group
CONFERENCE LOCATION AND ACCOMMODATIONS

The conference will be held at the Sheraton West Des Moines, 1800 50th St., West Des Moines, Iowa, 50266. A block of rooms has been reserved for conference participants for the nights of May 4 and May 5. Room rate per night is $114 plus tax. Reservations must be made by April 14 to guarantee the conference rate. Please phone the hotel directly at (515) 223-1800 for reservations and ask for the Spring Nurse Practitioner Conference block of rooms.

To access the block via the web, please type this link into your browser: https://www.starwoodmeeting.com/Book/uofinursing2016

SPECIAL CONFERENCE OPPORTUNITIES

A fun walk is scheduled for Friday morning. Participants wishing to participate are invited to bring their walking shoes and meet at the conference center at 7:00 a.m. to begin the walk.

CONTINUING EDUCATION AWARD

The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider: Number 1. Full-time attendance will award 14.4 contact hours or 1.44 CEUs. May 5 only participation = 7.2 contact hours; May 6 only participation awards 7.2 contact hours. Application has been made to NAPNAP for 12 contact hours for the 2016 Spring Nurse Practitioner Conference.

REFUNDS AND CANCELLATIONS

If an applicant withdraws registration prior to the opening of the conference, the registration fee, less a $25 handling charge, will be refunded. No refunds will be made after the conference has convened. Although rarely necessary, we reserve the right to cancel the program due to lack of sufficient enrollment. Please call 319-335-4141 or 800-551-9029 regarding any refunds or cancellations.

REGISTRATION FEES

$240 IANP member
$250 Early non-member conference registration by April 21, 2016
$260 Regular non-member registration after April 21, 2016
$135 One-day registration
$100 Student registration with proof of current enrollment

The 2016 Spring Nurse Practitioner Conference registration fee includes program, materials, luncheons, refreshment breaks and Iowa and NAPNAP CEU recording fees.
Mail:  The University of Iowa  
Center for Conferences  
250 Continuing Education Facility  
Iowa City, IA 52242-0907  

Fax:  319-335-4039

Phone:  800-551-9029 or 319-335-4141

Web:  www.centerforconferences.com  
* If it is the first time you have registered online with the Center for Conferences, you will not have a log-in or password until you create your account. Click on the line “create an account” and proceed. If you have questions regarding this process, please contact UICC at the numbers listed above.

FURTHER INFORMATION

For further program information, contact:  
Molly James  
Office of Teaching Services  
The University of Iowa College of Nursing  
Iowa City, Iowa 52242  
Phone 319-335-7075  
FAX 319-353-5326  
molly-james@uiowa.edu

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Molly James in advance at 319-335-7075.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information, contact the Office of Equal Opportunity and Diversity, 319-335-0705.
REGISTRATION FORM

2016 Spring Nurse Practitioner Conference - PN 16-125-01, 5-42505

Name ________________________________________________________________
Employer ______________________________________________________________
Employer’s Address ________________________________________________________
City _____________________ State _________ Zip
Home Address ____________________________________________________________
City __________________ State _______ Zip _____
E-mail address____________________________________________________________
Home Phone Number _______________________________________________________
Work Phone Number _______________________________________________________
Nursing License Number* ___________________________________________________
Do not place my name/address on conference participant list ______________________
Dietary restrictions_________________________________________________________

*The University of Iowa needs this information for processing CEU records. No persons outside the University are routinely provided this information. Enrollee’s name/address lists are provided to facilitate networking unless you check the refusal above.

FEES:
____ $240 IANP Members 2016 Spring NP Conference registration
____ $250 Early non-member conference registration on or before April 21
____ $260 Regular non-member conference registration after April 21
____ $135 One-day registration – May 5
____ $135 One-day registration – May 6
____ $100 Student registration, proof of enrollment required

__________ Total enclosed

___ Check made payable to The Center for Conferences

___ Payment by Credit Card: ____ Visa ____ MasterCard ____ Discover
Card #______________________________ Exp. Date_________________
3-digit security code on back of card_________
Name on Card_______________________________________________________
Billing Address of Cardholder__________________________________________

* Or register online at www.centerforconferences.com *