

Iowa Online Nurse Residency Program

for Long-Term, Assisted Living, and Home Care New Graduate Nurses



University of Iowa College of Nursing

STATEMENT OF PURPOSE

The purpose of this program is to ease the transition of the new graduate nurse into professional practice, aid in their socialization as a fully functioning member of the healthcare team, and help them to provide safe and comprehensive patient care.

TARGET AUDIENCE

This program is intended for new graduate registered nurses within their first year of practice.

DESCRIPTION

Long-term care, assisted living, and home care agencies that aren't able to build their own infrastructure for a nurse residency program or those with few new graduates may choose the online option for geriatric caregivers, which provides a comprehensive, turn-key residency program through the combination of online learning modules and monthly synchronous discussions via live webinar.



FACULTY

Nicole Weathers MSN, RN
Program Manager
Iowa Online Nurse
Residency Program



FACULTY

Kim Bergen-Jackson, PhD, RN-BC, LNHA
Administrator
Oaknoll Retirement Residence
Adjunct Faculty
UI College of Nursing

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SCHEDULE & OBJECTIVES

Month 1 Foundations

- Transition from Student to Professional
- Critical Thinking
- Practice reflection to develop self-care and become a self-directed learner.
- Demonstrate thinking patterns and critical thinking strategies to enhance the decision-making skills.

Month 2 Communication & Teamwork

- Communication with the Patient Care Provider
- Communication with the Healthcare Team
- Conflict Management
- Use written, verbal, non-verbal, and technology-based strategies and techniques to communicate and collaborate effectively with care providers and interdisciplinary team members.
- Respond to conflict situations utilizing conflict-resolution techniques.

Month 3 Managing Care

- Time Management
- Prioritization
- Delegation
- Prioritize what to do for older adults, to provide safe and high-quality care.
- Use organizational tools to complete individual nursing responsibilities within an expected timeframe while tracking multiple responsibilities.
- Employ the five rights of delegation to determine when to delegate to the right person, the right circumstances, the right task, the right directions, and the right supervision.

Month 4 Person-Centered Care

- Culturally Responsive Care
- What Matters
- Dementia
- Depression
- Utilize cultural competency knowledge to provide culturally responsive care.
- Discuss the 4M's Framework.
- Demonstrate age-friendly concepts for working with older adults experiencing dementia and depression.

Month 5 Delivering Safe Care

- Safety
- Ethics
- Delirium
- Mobility
- Take action to prevent harm and improve safety in the healthcare organization.
- Demonstrate age-friendly concepts for working with older adults experiencing delirium and mobility issues.
- Apply the principles of the Nursing Code of Ethics for professional judgement and practice decisions.

Month 6 Bringing Value to Healthcare

- Quality
- EBP
- Demonstrate the models for improvement, the steps involved in the improvement process.
- Apply the concepts and steps of evidence-based practice into his or her daily practice.

Month 7-12 Incorporating Evidence into Practice

- Project
- Resiliency Training
- Design and disseminate a residency project.
- Transition into professional practice as a fully functioning member of the healthcare team.
- Integrate resiliency skills practicing throughout daily life.

NURSING CONTINUING EDUCATION

The University of Iowa College of Nursing is an Iowa Board of Nursing Approved Provider: No. 1. Participants must complete all online modules, attend 10/12 cohort discussions, and complete a residency project to be awarded 36 contact hours. **Partial credit will not be awarded for this program.**

ENROLLMENT

To enroll contact: Nicole Weathers, University of Iowa College of Nursing, 319-335-7008 or nicole-weathers@uiowa.edu

FEES AND REFUNDS

Contact Nicole Weathers, 319-384-1676 or nicoleweathers@uiowa.edu for a price quote.

If an applicant withdraws enrollment prior to beginning the program, the enrollment fee, less a \$50.00 handling charge, will be refunded. NO REFUNDS WILL BE MADE AFTER THE RESIDENT HAS STARTED THE PROGRAM.

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Nicole Weathers in advance at nicole-weathers@uiowa.edu