# **Curriculum Vitae**

Pamela J. Mulder, PhD, RN Clinical Assistant Professor University of Iowa College of Nursing 101 College of Nursing Building, 362 CNB 50 Newton Rd., Iowa City, IA 52242 319-335-7056 pamela-mulder@uiowa.edu

# **EDUCATION**

2009, Doctor of Philosophy in Nursing, University of Wisconsin. Psychometric analysis of the beginning breastfeeding survey

1998, Bachelorette of Science—Nursing, University of Wisconsin.

### **LICENSURE**

2021, Iowa Board of Nursing, Registered Nurse, #124227

#### PROFESSIONAL EXPERIENCE

# **Academic Appointments**

- 2017 Present, Clinical Assistant Professor, University of Iowa College of Nursing, Iowa City, IA
- 2010 Present, Academic Associate, University of Iowa Hospitals and Clinics, Iowa City, IA
- 2010 2017, Assistant Professor, University of Iowa College of Nursing, Iowa City, IA
- 2009 2010, Iowa Postdoctoral Fellowship, University of Iowa College of Nursing, Iowa City, IA
- 2004 2007, Teaching Assistant, University of Wisconsin College of Nursing, Milwaukee, WI

# **Clinical Appointments**

1998 - 2005: Staff Nurse, United Hospital System, Kenosha Campus, Kenosha, WI

# **HONORS AND AWARDS**

- 2016, Maria G. Titler Conduct of Research Poster Award, 2016 National EBP Conference
- 2014, Research and Clinical Partnership Award, College of Nursing, University of Iowa
- 2012, Thank-a-Teacher program, Center for Teaching, University of Iowa
- 2009, Best Paper Award (Dissertation), The Childbearing Research Section of MNRS
- 2008, Harriet Werley Doctoral Student Award, University of Wisconsin—Milwaukee

#### **SCHOLARSHIP**

#### **Publications**

### Journal articles

- \*Foote, J. M., Hanrahan, K., **Mulder, P.**, Nielsen, A. K., Perkhounkova, Y., Hein, M., Saeidzadeh, S., & McCarthy, A. M. (2020). Growth measurement practices from a national survey of neonatal nurses. *Journal of Pediatric Nursing*, *52*(2020), 10-17. https://doi.org/10.1016/j.pedn.2020.02.001
- \*Saus-Ortega, C., Oliver-Roig, A., Richart-Martinez, M., **Mulder, P.**, & Cabrero García, J. (2019). Validation of the Spanish version of the Beginning Breastfeeding Survey-Cumulative: A follow-up study. *Journal of Human Lactation*, 35(4), 672-682. <a href="https://doi.org/10.1177/0890334419840003">https://doi.org/10.1177/0890334419840003</a>
- \*Schafer, E. J., Campo, S., Colaizy, T. T., **Mulder, P. J.**, Breheny, P., & Ashida, S. (2017). First-time mothers' breast-feeding maintenance: role of experiences and changes in maternal perceptions. *Public Health Nutrition*, 20(17), 3099-3108. <a href="https://doi.org/10.1017/S136898001700221X">https://doi.org/10.1017/S136898001700221X</a>
- \*Schafer, E. J., Campo, S., Colaizy, T. T., **Mulder, P. J.**, & Ashida, S. (2017). Influence of experiences and perceptions related to breastfeeding one's first child on breastfeeding initiation of second child. *Maternal and Child Health Journal*, 21(6), 1288–1296. https://doi.org/10.1007/s10995-016-2228-1
- **Mulder, P. J.**, & Gardner, S. E. (2015). The healthy newborn hydration model: A new model for understanding newborn hydration immediately after birth. *Biological Research in Nursing*, 17(1), 94–99. <a href="https://doi.org/10.1177/1099800414529362">https://doi.org/10.1177/1099800414529362</a>
- \*Mulder, P. (2013). Revision of the beginning breastfeeding survey: A cumulative assessment of breastfeeding. *Journal of Nursing Measurement*, 21(1), 80–95. <a href="https://doi.org/10.1891/1061-3749.21.1.80">https://doi.org/10.1891/1061-3749.21.1.80</a>
- \*Mulder, P. J., & Johnson, T. S. (2010). The beginning breastfeeding survey: Measuring mothers' perceptions of breastfeeding effectiveness during the postpartum hospitalization. *Research in Nursing and Health*, 33(4), 329–344. https://doi.org/10.1002/nur.20384
- \*Mulder, P. J., Johnson, T. S., & Baker, L. C. (2010). Excessive weight loss in breastfed infants during the postpartum hospitalization. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 39(1), 15–26. <a href="https://doi.org/10.1111/j.1552-6909.2009.01085.x">https://doi.org/10.1111/j.1552-6909.2009.01085.x</a>
- \*Johnson, T. S., **Mulder, P. J.**, & Strube, K. (2007). Mother-infant breastfeeding progress tool: A guide for education and support of the breastfeeding dyad. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, *36*(4), 319–327. <a href="https://doi.org/10.1111/j.1552-6909.2007.00165.x">https://doi.org/10.1111/j.1552-6909.2007.00165.x</a>
- **Mulder, P. J.** (2006). A concept analysis of effective breastfeeding. *Journal of Obstetric, Gynecologic, and Neonatal Nursing, 35*(3), 332–339. <a href="https://doi.org/10.1111/j.1552-6909.2006.00050.x">https://doi.org/10.1111/j.1552-6909.2006.00050.x</a>

## Mass media activities

2018, breastfeeding, Jacqueline Howard, CNN Health.

#### **Scientific and Educational Research Grants**

#### **Intramural Research Grants**

- 2014, Development and psychometric testing of the neonatal growth measurement survey, PI: Jan Foote, Role: Co-investigator, UIHC Nursing Research, EBP and Quality Grant, \$2,998.00.
- 2012, Balancing the promotion of breastfeeding and prevention of dehydration in newborn infants: A feasibility study", PI: Pamela Mulder, Role: PI, University of Iowa College of Nursing, \$79,607.00

### **Extramural Research Grants**

- 2018, National survey of neonatal growth measurement practices, PI: Jan Foote; Role: Co-Investigator, Pediatric Endocrinology Nursing Society, \$15,000.00.
- 2010, Beginning breastfeeding feasibility study, PI: Pamela Mulder, Role: PI, Sigma Theta Tau Research Award, \$1,500.00.

### **Research and Clinical Presentations**

#### **International**

8. \*2008, **Mulder, P.**, Johnson, T. S., & Baker, L. C., Weight loss in the breastfed infant during the first two days postpartum. International Society for Research in Human Milk and Lactation, Perth, Australia. [presentation]

## National

- 1. \*2019, Foote, J., Hanrahan, K., **Mulder, P.**, Nielsen, A., Perkhounkova, Y., Hein, M., Saeidzadeh, S., McCarthy, A. M., National Survey of Neonatal Growth Measurement Practices. National conference of the Pediatric Endocrinology Nursing Society (PENS), Pediatric Endocrinology Nursing Society (PENS), Long Beach, California United States. [poster]
- 2. \*2016, Foote, J. M., Hanrahan, K., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M., Development and Psychometric Testing of the Neonatal Growth Measurement Survey, 2016 National Conference The Sky's the Limit: Transforming our Future, Pediatric Endocrinology Nursing Society, Denver, Colorado United States. [poster]
- 3. \*2016, Hanrahan, K., Foote, J. M., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M., Development of the Neonatal Growth Measurement Survey: Practitioners Knowledge, Attitudes, and Bases of Practice. 11th Annual NANN Research Summit, National Association of Neonatal Nurses, Scottsdale, Arizona United States. [poster]

# State/Regional

- 4. \*2016, **Mulder, P. J.**, Newborn Hydration in the First 24 Hours of Life: Pilot Results. Midwest Nursing Research Society: 40 Years of Advancing Nursing Science, Improving Practice, and Enhancing Health, Midwest Nursing Research Society, Milwaukee, Wisconsin United States. [poster]
- 6. \*2011, **Mulder**, **P**., The beginning breastfeeding survey-cumulative: A pilot study. Midwest Nursing Research Society, Columbus, Ohio. [poster]

- 7. \*2010, **Mulder, P.**, Johnson, S. T., The beginning breastfeeding survey, Midwest Nursing Research Society, Kansas City, Missouri. [paper]
- \*2006, **Mulder**, **P**., The reliability of the mother and infant breastfeeding progress tool, Midwest Nursing Research Society, Milwaukee, Wisconsin. [poster]

#### Local

5. \*2016, Foote, J. M., Hanrahan, K., Mulder, P., Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M., Development of the Neonatal Growth Measurement Survey: Knowledge, Attitudes, and Bases of Practice. 23rd National Evidence-Based Practice Conference: Changing Landscapes: Contemporary Issues Influencing Nursing Care, University of Iowa Hospitals and Clinics Department of Nursing Service & Patient Care and University of Iowa College of Nursing, Hartford Center of Excellence, and College of Nursing Office for Nursing Research and Scholarship, and Sigma Theta Tau International - Gamma Chapter, Coralville, Iowa United States. [poster]

### **SERVICE**

#### **Editorial and Peer Review Service**

# Peer review of scholarly products

- 2021, Research in Nursing & Health. Reviewer, Publications.
- 2018, International Breastfeeding Journal. Reviewer, Publications.
- 2017, Journal of Human Lactation. Reviewer, Publications.

#### **Professional Service**

# **Midwest Nursing Research Society, Membership Committee**

2015 - 2018, member, volunteer.

Association of Women's, Obstetric, and Neonatal Nursing.

2020-present, member, volunteer.

## **University Service**

### **Standing Committees**

- 2019 present, Policy, Benefits & Pay Sub-committee of the Council on the Status of Women, member, volunteer.
- 2019 present, Council on the Status of Women, member, volunteer.
- 2012 2015, University of Iowa Honors Steering Committee, member, appointed.
- 2011 2013, UIHC Nurse Residency Board of Advisors, member, volunteered.
- 2011 2012, UIHC Nurse Residency Program, facilitator, volunteered.

# **Collegiate Service**

## **Task Forces and Ad Hoc Committees**

- 2021 present, Pathways taskforce, member, volunteered.
- 2021 present, Writing across the curriculum, member, volunteered.
- 2015 2017, PhD curriculum committee, member, volunteered.

# **Standing Committees**

- 2018 present, BSN admission/progression subcommittee, reviewer, volunteered.
- 2017 present, Peer group, reviewer, appointed.
- 2015 present, Bylaws subcommittee, member, volunteered.
- 2012 2015, Faculty council, member, elected.
- 2013 2015, Bylaws subcommittee, chair, volunteered.
- 2011 2012, DNP Specialty admissions/progression subcommittee, neonatal nurse practitioner, member, volunteered.
- 2011 2012, Bylaws subcommittee, member, volunteered.
- 2011 2012, Scholarship subcommittee, reviewer, volunteered.

# **TEACHING**

### **Instructional Activities**

### **Course Instruction**

- 2020 2021, fall/spring, NURS:3632:0001, Nursing Care of Childbearing Families, instructor, BSN, 76 students
- 2011 2021, fall/spring, NURS:3460, Professional Role II: Research, primary instructor, RN-BSN & BSN, 20 students and 70 students
- 2021, spring, NURS:3110, Healthcare Finance, team teacher, BSN, 150 students
- 2020, fall, NURS:3151, Introduction to Clinical Concepts in Nursing, team teacher, BSN, 8 students
- 2020, fall, NURS:3651, Advanced Clinical Concepts for Nursing, team teacher, BSN, 8 students
- 2019 2021, fall, NURS:7000, Philosophy and Sociology Nursing Science, primary instructor, PhD, 5 students
- 2020, spring, NURS:3160, PRI: Professionalism and Patient Safety, team teacher, RN-BSN, 30 students
- 2014 2020, NURS:3630, Parent-Child Nursing, team teacher, BSN, 70 students
- 2014 2020, NURS:3635, Parent Child Nursing Practicum, team teacher, 8 students
- 2018, NURS:3450, Clinical Simulation Laboratory II, team teacher, 8 students

- 2016 2017, NURS:6825, Doctor of Nursing Practice Project, team teacher, 2 students
- 2013, summer, NURS:3685, Research for Nursing Practice, primary instructor, 60 students
- 2011, spring, NURS:5006, Research for Evidence-Based Practice II, team teacher, 30 students

### Advisement

# **Directed Student Learning**

- 2015 2018, Thesis/Dissertation Committee, Member. Stewart, Stephanie
- 2011 2017, PhD Dissertations. Higdon, Emily
- 2017, Independent Study, Member. Monroe, Emma
- 2016, Independent Study. Barker, Julie
- 2016, Independent Study, Member. Buch, Savannah
- 2016, Independent Study, Member. Carter Walsh, Emily
- 2015, Independent Study. Brown, Alex
- 2015, Independent Study. Carlson, Miranda
- 2015, Independent Study. LaRoe, Nina
- 2013 2015, Thesis/Dissertation Committee, Member. Schafer, Ellen
- 2015, Independent Study. Goggin, Taylor
- 2015, Independent Study. Cassidy, Lauren
- 2013, Independent Study. Ackermann, Megan
- 2013, Independent Study. Dolph, Morgan
- 2013, Independent Study. Hanes, Cassandra