CURRICULUM VITAE

Emily M. Sinnwell, DNP, ARNP, FNP-BC, PMHNP-BC Clinical Assistant Professor 370 College of Nursing Building, 319-467-0462, fax 319-353-5326, Emily-Sinnwell@uiowa.edu.

EDUCATION

- 2017, Psychiatric Fellowship, Broadlawns Medical Center, Des Moines, IA
- 2016, Post-Doctoral Psychiatric Certification, University of Iowa, Iowa City, IA
- 2014, DNP, University of Iowa, Iowa City, IA
- 2014, DNP Project, Increased Enrollment in Migrant Clinicians Health Network to Improve Continuity of Care among Migrant Farmworkers.
- 2012, MSN, University of Iowa, Iowa City, IA
- 2009, BSN, University of Iowa, Iowa City, IA
- 2006, ASN, Mercy College Health Science, Des Moines, IA

LICENSURE

2012, Iowa Board of Nursing, Advanced Registered Nurse Practitioner, #A114795 2006, Iowa Board of Nursing, Registered Nurse, #114795

CERTIFICATIONS

- 2012, The American Academy of Nurse Practitioner, Family Nurse Practitioner, F0912086
- 2016, American Nurses Credentialing Center, Psychiatric Mental Health Nurse Practitioner, 2017035002

PROFESSIONAL EXPERIENCE

Academic Appointments

2018-present, Clinical Assistant Professor, The University of Iowa, Iowa City, IA.

Administrative Appointments

- 2020-present, PMHNP Assistant Director
- 2012-2015, Clinical Director, Proteus Inc., Des Moines, IA.

Proteus Inc., is a federally qualified health center providing primary care to migrant and seasonal farmworkers and their families. Clinical Director duties included supervision and training of all staff including other nurse practitioners, physician assistances, health care managers, and health care aids. Other duties: grant writing, writing and implementing policies and procedures such as risk management and privacy, managing onsite pharmacy and labs, chart audits, leading the quality improvement quality assurance monthly committee, implementing clinical changes to improve patient outcomes as outlined by the Uniformed Data System (UDS) measures, facilitating site visits from Health Resources Service Administration (HRSA), maintaining health care program in compliance with HRSA grant, and implementation and continuous management of the electronic health care system.

Clinical Appointments

- 2019-present, Psychiatric Nurse Practitioner, Abbe Center, Iowa City, IA. *Patient population : adults with serious mental illness.*
- 2016-present, Family Nurse Practitioner, Proteus Inc., Iowa City, IA

Patient population: migrant and seasonal farmworkers and their families. Management of chronic conditions, preventative care and well child checks, and acute care. Currently working with Proteus team to test and management large onsite COVID-19 testing for migrant farmworkers.

- 2017-2019, Psychiatric Nurse Practitioner, Broadlawns Medical Center, Des Moines, IA
- 2013-2016, Family Nurse Practitioner, Primary Health Care, Des Moines, IA
- 2012-2015, Family Nurse Practitioner/Clinical Director, Proteus, Inc., Des Moines, IA

HONORS AND AWARDS

2021, Outstanding Provider Award-this award recognizes a distinguished provider who exemplifies excellence in clinical practice and demonstrates a dedication to the health center mission and to the patients she serves, Iowa Primary Care Associations.

2021, International Award-recognizes significant contributions to human rights in the global community, Iowa City Human Rights Commission.

2020, Dean's Award- recognizes faculty that epitomize the mission and vision of the College of Nursing, University of Iowa College of Nursing.

2020, 10 to Watch: Emily Sinnwell and David Goodner-https://www.press-

citizen.com/story/news/2019/12/30/iowa-10-watch-emily-sinnwell-and-david-goodner/2686429001/ Iowa City Press Citizen

- 2019, First place conference poster contest at Cambio de Colors 18th Annual Conference, St. Louis, MO.
- 2015, 30 Clinicians Making a Difference-<u>https://www.migrantclinician.org/featured-clinician/sinnwell</u>, Migrant Clinicians Network.

SCHOLARSHIP

Publications

Corwin C, **Sinnwell** E, Culp K. A Mobile Primary Care Clinic Mitigates an Early COVID-19 Outbreak Among Migrant Farmworkers in Iowa. Journal of Agromedicine. 2021:1-6.

Culp K, Dukes KC, Corwin C, **Sinnwell** E. Emergency Use Authorization of COVID-19 Vaccine: Implications for Worker Communities. Workplace Health & Safety. 2021;69(4):152-153.

Culp K, Corwin C, Dukes KC, **Sinnwell** E. FDA Full-Approval for COVID-19 Vaccine Increases the Call for Mandates. Workplace Health & Safety. In Press.

Johnson C., Corwin C., **Sinnwell**, EM, Dukes L. Culp, K. Novel Cohort Process to Minimize COVID-19 Infection for Migrant Workers. Workplace Health & Safety. In Press

Other Media

- Sinnwell, E., & Goodner, D. (December 2018). Dividing bars on public benches are anything but innocuous armrests. *The Press Citizen*. Retrieved from <u>https://www.press-citizen.com/story/opinion/contributors/guest-editorials/2018/12/07/city-should-scrap-new-ped-mall-benches/2221981002/</u>
- Sinnwell, E. (March 2018). Glasson fought for broadlawns workers [Letter to the Editor]. *The Des Moines Register*. Retrieved from <u>https://www.desmoinesregister.com/story/opinion/readers/2018/03/02/glasson-fought-broadlawns-workers/382318002/</u>

Galvez, Glasson, **Sinnwell**. (April 2021). Too many workers to not have access to economic recovery aid. *The Gazette*. Retrived from <u>https://www.press-citizen.com/story/opinion/contributors/guest-editorials/2021/04/21/press-citizen-federal-covid-money-johnson-county-excluded-workers-opinion/7298585002/</u>

Lee-Son, Rivera, **Sinnwell** (August 2021). Structural racism in Johnston County assistance programs proves the need for an Excluded Workers fund. *The Gazette*. Retrieved from https://www.thegazette.com/opinion/structural-racism-in-johnson-county-assistance-program-proves-the-need-for-an-excluded-workers-fund/

Scientific and Educational Research Grants

Submitted, Not funded, COVID-19 Vaccination outreach and access among Latinx immigrants: A community engaged approach through trust partnership, Emily Sinnwell and Claudia Corwin Co-PI, AAMC Center for Health Justice, \$75,000

Submitted July 1, 2020, Not funded, 2020-2021, Preparedness and Response for COVID-19 Outbreaks in Midwest Latinx Migrant and Seasonal Farmworkers, Emily Sinnwell and Claudia Corwin Co-PI, College of Public Health, Great Plains Center for Agricultural Health, \$30,000

2019-2020, Simulation Training for Nurse Practitioner Faculty, Emily Sinnwell, Principal Investigator, College of Nursing, Academic Excellence Fund, \$3,000

Other Funded Projects

2021, Summer Support Grant Writing, College of Nursing

2019, Humanitarian Crisis Simulation, University of Minnesota.

2019, Summer support for course development to include active learning approaches, College of Nursing.

2018-Present, Hawkeyes in Haiti Health and Business Initiative. A collaborative project with the Haitian medical community of Jeremie, Haiti and the University of Iowa College of Nursing and

College of Business. Project lead. A. Achenbach, A. Farag, and E. Sinnwell. Funded by the Code Foundation. \$325,000.

Research and Clinical Presentations

International

August 2020, Jennings, T & Sinnwell, E. The DNP-Prepared Nurse Practitioner Improving Outcomes through Leadership and Quality Improvement in Community Health Centers. 11th International Council of Nurses' NP/APN Network Conference: Envisioning Advanced Practice Nursing Beyond 2020: Wider reach, bigger inmpact. Halifax, Canada. *Rescheduled to September 2021 due to COVID. Podium Presentation.

National

- April 2021, Corwin, C., & Sinnwell, E. Preparedness and Response for COVID-19 Outbreaks among Migrant and Seasonal Farmworkers. Presented at the 2021 Public Health Conference. Virtual Conference. Poster Presentation.
- March, 2021, Weseman, D., & Sinnwell, E. Simulation in PMHNP Education: Let's Pretend this is Real. Presented at the ISPN 2021 Annual Conference. Virtual Conference. Podium Presentation.
- February, 2021, Dirks, M., Daack-Hirsch, S., **Sinnwell**, E. Harmonizing Workload: how to balance and organize your work effort allocation. Presented at Faculty Development (virtual conference). Podium Presentation. Invited
- September 2020, Weseman, D., & Sinnwell, E, Simulation in PMHNP Education: What you need to Know. Will be presented at American Psychiatric Nurse Association 34th Annual Conference: Orlando: FL (virtual conference). Poster
- August, 2019, Jennings, T & Sinnwell, E., The DNP-Prepared Nurse Practitioner Improving Patient Outcomes through Executive Leadership and Quality Improvement in Federally Qualified Health Center. Presented at the 2019 12th National Doctors of Nursing Practice Conference: Washington, DC. The DNP conferences. Podium Presentation.

State/Regional

June 2019, Sinnwell, E. Increased Enrollment in Migrant Clinicians Health Network to Improve Continuity of Care among Migrant Farmworkers. Presented at Cambio de Colors (Change of Colors) 18th Annual Conference: St. Louis, MO. Poster *Won first place in conference poster contest

Local

April, 2020. Sinnwell, E. Psychopharmacology for the Primary Care Nurse Practitioner. 2020
 Graduate Preceptor Conference. College of Nursing. Iowa City, IA. Podium presentation.
 *Cancelled due to COVID

July, 2019, Achenbach, A., Dirks, M., Lofgren, M., Sinnwell, E., Primary Care Association Presentation. Primary Care Association: Human resources meeting. Des Moines, IA. Podium presentation.

SERVICE

Professional Service

American Psychiatric Nurse Association Iowa Chapter, 2019-present, Chapter President, Elected

American Psychiatric Nurse Association Iowa Chapter, 2019, Chapter President Elect, Elected

American Psychiatric Nurses Association, 2019-present, member, volunteered.

National Organization for Nurse Practitioner Faculties, 2018-present, member, volunteered.

Iowa Nurse Practitioner Society, 2017-present, member, volunteered.

American Association of Nurse Practitioners, 2012-present, member, volunteered

University Service

2020-present, The University of Iowa Immigrant and Refugee Health and Wellbeing Research Group, member, volunteered.

Collegiate Service

Task Forces and Ad Hoc Committees

2020-present, Council on Student Affairs, member, elected. 2020-present, Strategic Planning Sub- committee: "Improving Mental Health for Students and Faculty," member, volunteered.

Standing Committees

2020-present, Scholarship committee, member, volunteered 2018-present, PMHNP admissions committee, member, appointed. 2018, FNP admissions committee, member, volunteered.

Other CON activities

2018-present, Psych Unite Faculty Program Group, lead, volunteered.
2019-present, Young PMH Nurse Clinicians Mentoring Program, volunteered.
2019, Interviews for undergraduate mental health instructors and graduate FNP instructors.
2018-2019, Initiated collaboration between CON FNP/PMHCNP programs and Federally Qualified Health Centers in the state or Iowa to increase the number of quality preceptors for clinical rotations.
2018-present, Haiti Study Abroad Collaboration, member, appointed.

Major resources brought to CON not reflected above

2019-present, Iowa Harm Reduction. Active in obtaining College of Nursing sponsorship for annual conference and in cooperating material into curriculum.

2019, NAMI Provider Training at the College of Nursing. Assisted with organization of this event. 2020, Exploring White Identity for Effective Allyship, small group facilitator, invited.

Community Service

Iowa City Catholic Worker House, Co-founder and community member and leader, volunteered.

TEACHING

University of Iowa

Fall 2020

NURS: 6500: EXW Psych Mental Health Nursing Advanced Practicum Didactic I, sole instructor, meant # of students: 10 NURS: 6701:0EXT Advanced Practice Clinical Practicum I, co-instructed, mean # of students: 10. NURS: 6826 Doctor of Nursing Practice Project I, mean # of students: 3 NURS: 6828 Doctor of Nursing Practice Project III, mean # of students: 3

Summer 2020

NURS: 6703:0EXT Advanced Practice Clinical Practicum III, co-instructed, mean number of students: 15.

Spring 2020

NURS: 6702: 0EXT Advanced Practice Clinical Practicum II, co-instructed, mean number of students: 10. NURS: 5021: 0EXW Physiology, Pathophysiology, and Pharmacology for CNL, sole instructor, mean # of students: 5. NURS: 6827 Doctor of Nursing Practice Project II, mean # of students: 3

Fall 2019

NURS: 6500: EXW Psych Mental Health Nursing Advanced Practicum Didactic I, sole instructor, meant # of students: 15 NURS: 6701:0EXT Advanced Practice Clinical Practicum I, co-instructed, mean # of students: 15 NURS: 6826 Doctor of Nursing Practice Project I, mean # of students: 3 NURS: 6808:0EXW Population Health for Advanced Practice, co-instructor, meant # of students: 60

Summer 2019

NURS: 6703:0EXT Advanced Practice Clinical Practicum III, co-instructed, mean number of students: 15.

Spring 2019

NURS: 6702: 0EXT Advanced Practice Clinical Practicum II, co-instructed, mean number of students: 10. NURS: 5021: 0EXW Physiology, Pathophysiology, and Pharmacology for CNL, course lead, mean # of students: 5. NURS: 6702:0EXW, Advanced Practice Clinical Practicum II, co-instructed, mean # of students: 10.

Fall 2018

NURS: 6701: 0EXT Advanced Practice Clinical Practicum I, co-instructed, mean number of students: 10. NURS: 6701:0EXW, Advanced Practice Clinical Practicum I, co-instructed, mean # of students: 10. NURS: 0EXW Physiology, Pathophysiology, and Pharmacology for CNL, coinstructed, mean # of students: 5.

Mentoring and Advisement

2023 DNP chair 4 students 2022 DNP chair for students 2022 Mentor Ross Van Allen

Doctoral Comprehensive Examination Committee

2019, Joshua Roorda, Addressing Health Needs in the Recently Incarcerated, Pass, Evaluation team 2020, Kennedy LaVille, The Collaborative Care Model: Improving Access to Children's Mental Health Care, Pass, Evaluation team

2020, Brianne Benjamin, Leading Cardiovascular activities for Adults with Serious Mental Illness utilizing BSN Nursing Students, Pass, Evaluation team

2020, Kristina Gates, Behavioral Health Services (BHS): Service without Territories (SWOT) Program Evaluation, pass, Evaluation team

2020, Roy Henry, Assessing Nursing Knowledge, Perceptions, and Behaviors on the Use and Utility of the DASAIV Tool, fail, Evaluation team

Clinical Preceptor

Summer 2020: Jena Ellerhoff, 24 hours Spring 2019: Jennifer Vought 8 hours Spring 2019: Brittany Hamm 8 hours