

CURRICULUM VITAE

Julie A. Vignato, PhD, RN, RNC-LRN, CNE
Assistant Professor

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Updated 10-8-21

EDUCATION & PROFESSIONAL HISTORY

Education

Dates	Degree	Field of Study	Institution/Location
2016	PhD	Nursing Research	University of San Diego, San Diego, California
2008	MSN	Nursing Education	Saint Joseph's College of Maine, Standish, Maine
1996	BSN	Nursing	University of Rochester, Rochester, New York

PhD Dissertation:
Perinatal Posttraumatic Stress Disorder, 10128124

Post Graduate Education

2017 - 2019 Fellow, Pain and Associated Symptoms, The University of Iowa, Iowa City, Iowa United States
T32 NR11147

Licensures

2017 - 2022 Registered Nurse, Iowa Board of Nursing, #146609

Certifications

2011 - Present Certified Nurse Educator, National League for Nursing
2009 - Present Online Teaching Certificate, MiraCosta College
2003 - Present Low Risk Neonatal Nurse, National Certification Corporation

Awards and Honors

2021 University of Iowa Neuroscience, Development, and Mental Wellbeing Ideas Lab Fellow
2021 University of Iowa Student Supervisor of the Year Finalist
2020 University of Iowa's Old Gold Fellowship
2019 Women's Health and Childbearing Research Interest Group, 2019 New Investigator Award, Midwest Nursing Research Society

- 2019 Innovation Article "HealthStart: An Innovative Pilot Model Promoting Diversity in Nursing Education." Honorable Mention for Nursing Education Perspectives Journal (National League of Nursing)
- 2017 Exemplary Program Award for HealthStart, Academic Senate for California Community Colleges
- 2016 Doctor of Philosophy in Nursing, Magna Cum Laude
- 2016 Rising Star Award, PhD Program, University of San Diego, Sigma Theta Tau International
- 2015 Dean's Scholarship Award, University of San Diego
- 2015 Poster Presentation Runner-Up Awardee, Western Institute of Nursing Research
- 2008 Clinical Competency Award, Admiral of the U.S. Navy Nurse Corps
- 2008 Global War on Terrorism Service Medal, U.S. Navy
- 2008 Master's Degree in Nursing Education, Summa Cum Laude
- 2008 National Defense Service Medal, U.S. Navy
- 2008 Navy and Marine Corps Achievement Medals (3), U.S. Navy
- 2008 Navy and Marine Corps Commendation Medals (2), U.S. Navy
- 1996 Bachelor of Science in Nursing, Cum Laude
- 1996 Bausch & Lomb Scholarship in Science
- 1996 Outstanding Senior Midshipman Award, Navy League at the University of Rochester
- 1996 U.S. Navy Reserve Officer Training Corps Scholarship
- 1996 Xerox Scholarship in Humanities

Professional Positions

Academic Experience

- 2019-Present Assistant Professor, University of Iowa College of Nursing
- 2017-2019 Lecturer/Postdoctoral Fellow, The University of Iowa College of Nursing
- 2006-2017 Nursing Faculty/Department Chair, MiraCosta College, Nursing Department
- 2016 Lecturer, Point Loma Nazarene University College of Nursing
- 2015-2016 Lecturer/Master's Entry into Nursing Practice, University of San Diego College of Nursing

Administrative Experience

- 2003-2005 Clinical Educator/Nurse Manager, Naval Hospital Camp Pendleton, CA

Clinical Experience

- 2001-2003 Staff/Clinical Educator/Nurse Leader, Naval Hospital Naples, Italy

1999-2001 Staff/Clinical Educator/Nurse Leader, Naval Hospital Roosevelt Roads, PR
1996-1999 Staff/Nurse Leader, Naval Medical Center Portsmouth

SCHOLARSHIP

Research Statement

Focus on research is on pain and depression in perinatal women; stress biomarkers and biomechanisms in perinatal women; reproductive pain in veteran women.

Publications

*Peer Reviewed Papers (*data-based; underline-student trainee/mentee)*

1. Gumusolglu, S., Scroggins, S., **Vignato, J.**, Santillan, D., & Santillan, M. (2021). The Serotonin-Immune Axis in Preeclampsia. *Current Hypertension Reports*, 23(37). <https://doi.org/10.1007/s11906-021-01155-4>
2. **Vignato, J.**, Inman, M., Patsais, M., & Conley, V. (2021). Computer-Assisted Qualitative Data Analysis Software, Phenomenology, and Colaizzi's Method. *Western Journal of Nursing Research*. Online ahead of print. <https://doi.org/10.1177/01939459211030335>
3. **Vignato, J.**, Perkhounkova, Y., Saeidzadeh, S., Patsais, M., Inman, M., McCarthy, A.M., Segre, L. (2021). Pathways from Pain to Physical and Mental Health-Related Quality of Life During the Third Trimester of Pregnancy: An Exploratory Mediation Analysis. *Journal of Clinical Nursing*, 30(9-10), 1372-1382. doi: 10.1111/jocn.15686.*
4. **Vignato, J.**, Beck, C., Conley, V., Inman, M., Patsais, M., Segre, L. (2021). The Lived Experience of Pain and Depression Symptoms during Pregnancy. *MCN: The American Journal of Maternal Child Nursing*, 46(4), 198-204. * (Offered for CEU credit)
5. **Vignato, J.**, Perkhounkova, Y., McCarthy, A.M., Segre, L. (2020). Pain and Depression Symptoms During the Third Trimester of Pregnancy. *MCN: The American Journal of Maternal Child Nursing*, 45(6), 351-356. doi: 10.1097/NMC.0000000000000657*
6. **Vignato, J. A.**, Gleason Limoges, N., Arends, L., & Nicholson, A. (2020). Decreasing Nursing Student Workload and Stress: An Innovative Method to Reform Clinical Assignments Across the Curriculum. *Nursing education perspectives*, 10.1097/01.NEP.0000000000000702. <https://doi.org/10.1097/01.NEP.0000000000000702>*
7. St. Marie, B., Coleman, L., **Vignato, J.**, Arndt, S., & Segre, L. (2020). Use and Misuse of Opioid Pain Medications by Pregnant and Non-pregnant Women. *Pain Management Nursing*, 21(1), 90-93. <https://doi.org/10.1016/j.pmn.2019.05.002>.*
8. **Vignato, J.**, & Spadoni, A. (2019). The Decline of the American Nursing Profession. *Journal of the American Psychiatric Nurses Association*, 25, p. 255-6. Retrieved from <https://journals.sagepub.com/doi/full/10.1177/1078390319826702>
9. **Vignato, J.**, Landau, E., Duffecy, J., O'Hara, M. W., & Segre, L. S. (2019). Using mobile health applications for the rapid recruitment of perinatal women. *Archives of Women's Mental Health* 22(2), pp 305-308. <https://doi.org/10.1007/s00737-018-0894-2>*

10. **Vignato, J. A.**, & Guinon, T. (2019). HealthStart: An Innovative Pilot Model Promoting Diversity in Nursing Education. *Nursing Education Perspectives* 40(1), pp 55-57.
<https://doi.org/10.1097/01.NEP.0000000000000311>*
11. Bonnell, S., Griggs, A., Avila, G., Mack, J., Bush, R. A., **Vignato, J.**, & Connelly, C. D. (2018). Community Health Workers and Use of mHealth: Improving Identification of Pregnancy Complications and Access to Care in the Dominican Republic. *Health Promotion Practice* 19(3), pp 331–340. <https://doi.org/10.1177/1524839917708795>*
12. **Vignato, J.**, Connelly, C. D., Bush, R. A., Georges, J. M., Semino-Asaro, S., Calero, P., & Horwitz, S. M. (2018). Correlates of Perinatal Post-Traumatic Stress Among Culturally Diverse Women with Depressive Symptomatology. *Issues in Mental Health Nursing*, 39(10), 840-849.
<https://doi.org/10.1080/01612840.2018.1488313>*
13. **Vignato, J.**, Georges, J. M., Bush, R. A., & Connelly, C. D. (2017). Post-traumatic stress disorder in the perinatal period: A concept analysis. *Journal of Clinical Nursing* 26(23-24), pp 3859–3868.
<https://doi.org/10.1111/jocn.13800>
14. Roberts, S. T., **Vignato, J. A.**, Moore, J. L., & Madden, C. A. (2009). Promoting skill building and confidence in freshman nursing students with a "Skills-a-Thon". *Journal of Nursing Education* 48(8), pp 460–464. <https://doi.org/10.3928/01484834-20090518-05>

Technical Reports

1. **Vignato, J.**, Scroggins, S., Brandt, D., Thomas, K., Santillan, D., & Santillan, M. (2019). Executive Summary for STTI National Small Grant: Vasopressin, Depression Symptoms, Pain and Preeclampsia” (Report to Virginia Henderson E-Repository)

State Nursing Organization Publications

1. **Vignato, J.**, & Nicholson, A. (2021). Strategic Communication of the Generalist Nurse Educator: An Innovation to Address the Nurse Educator Shortage. *Iowa Nurse Reporter September Monthly Issue*.
2. Martin, T., **Vignato, J.**, Eschiti, V. (2021). Invention to address test anxiety in undergraduate nursing students. *Iowa Nurse Reporter August, September, October 2020 Quarterly Issue*.
3. Martin, T., **Vignato, J.**, Eschiti, V. (2021). Invention to address test anxiety in undergraduate nursing students. *Iowa Nurse Reporter May Monthly Issue*.

Research Grants

Intramural (funded)

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| 2021-2022 | Vignato, J. (Co-Principal Investigator), “Interdisciplinary Doula Project,” Sponsored by the Office of Diversity, Equity and Inclusion, University of Iowa Health Care, Public Non-Profit, \$10,000.00. |
| 2020-2021 | Vignato, J. (Co-Principal Investigator), “Feasibility of Nursing Students as Doulas to Obtain Clinical Hours,” Sponsored by the College of Nursing, University of Iowa, Public Non-Profit, \$5,000.00 |
| 2018-2020 | Vignato, J. (Principal Investigator), "The Lived Experience of Perinatal Pain and Depression," Sponsored by University of Iowa, The Class of 1969 Scholarship, Private Non-Profit, \$2,500.00 |
| 2018-2018 | Vignato, J. (Principal Investigator), "Pain, Depression, and Quality of Life in Pregnancy," Sponsored by Sigma Theta Tau International Gamma Gamma Chapter, Private Non-Profit, \$1,500.00. (May 2017 - May 2018). |

Extramural (funded)

- 2020-2022 **Vignato, J.** (Funded Pilot), "The Effects of Immunovascular Biomechanisms of Arginine Vasopressin Hypersecretion in Preeclampsia Prediction" Center for Advancing Multimorbidity Science: Profiling risk and symptom expression to develop customized therapies for adults with multiple chronic conditions (CAMS)," Sponsored by NIH/NINR, Federal. (May 1, 2020 - May 31, 2022).
- 2018-2019 **Vignato, J.** (Principal Investigator), "The Lived Experience of Perinatal Pain and Depression," Sponsored by National Association for Neonatal Nursing National Grant, Private Non-Profit, \$5,000.00. (August 2018 - July 2019).
- 2018-2019 **Vignato, J.** (Principal Investigator), "Vasopressin, Depression, Pain, and Preeclampsia," Sponsored by Sigma Theta Tau International National Grant, \$5,000.00. (June 2018 – May 2019).
- 2017-2018 **Vignato, J.** (Principal Investigator), "Pain, Depression, and Quality of Life in Pregnancy," Sponsored by NIH/NINR T32 NR11147, Federal, \$3,000.00

Research and Clinical Presentations

International

1. **Vignato, J.**, Scroggins, S., Hamilton, W., Thomas, K., Brandt, D., Santillan, D., & Santillan, M. (2020). Selective Serotonin Reuptake Inhibitors and Vasopressin: An Intersection of Depression and Preeclampsia. Society for Maternal Fetal Medicine 40th Annual Pregnancy Meeting, Society for Maternal Fetal Medicine. Grapevine, TX (Poster).
2. **Vignato, J.**, Beck, C., Conley, V., Inman, M., & Segre, L. (2019). The Lived Experience of Pain and Depression During the Third Trimester of Pregnancy. Marce of North America 4th Biennial Conference of Perinatal Mental Health, The International Marce Society for Perinatal Mental Health, Chapel Hill, NC (Oral).
3. **Vignato, J.**, Duffecy, J. M., O'Hara, M. W., Segre, L. (2017). Innovations in United States Sampling for Perinatal Mental Health Research. Marce of North America 3rd Biennial Perinatal Mental Health Conference, The International Marce Society for Perinatal Mental Health, Chicago, IL (Oral).
4. **Vignato, J.**, Connelly, C. D. (2017). Correlates of Perinatal Posttraumatic Stress Disorder among Culturally Diverse Women with Depressive Symptomology. Marce of North America 3rd Biennial Perinatal Mental Health Conference, The International Marce Society for Perinatal Mental Health, Chicago, IL (Poster).
5. **Vignato, J. A.**, Connelly, C. D. (2016). Perinatal PTSD: A Concept Analysis. Sigma Theta Tau International Leadership 2016 Convention, Indianapolis, IN (Poster).

National

1. Myers, M.C., Santillan, M.K., Brandt, D.S., Stroud, A.K., **Vignato, J.A.**, Scroggins, S.M., Nuckols, V., Pierce, G.L., Santillan, D.A. (2021). Role for Adverse Childhood Experiences and Depression in Preeclampsia. American Heart Association Hypertension Scientific Sessions 2021. (Oral).
2. **Vignato, J. A.**, Beck, C., Inman, M., Patsais, M., Conley, V., & Segre, L. (2020). Silent Suffering: Understand the Third Trimester Experience of Pregnancy Pain, Pain Interference, and Depression Symptoms. 2020 National Association of Neonatal Nurses Virtual Annual Conference **Invited Speaker** (Oral).
3. **Vignato, J.**, Perkhounkova, Y., McCarthy, A. M., Segre, L. (2018). Pain and Depression on Quality of Life in Third Trimester. State of the Science Congress on Nursing Research - Precision Health, Council for the Advancement of Nursing Research, Washington, DC (Oral).

4. **Vignato, J.**, Scroggins, S., Brandt, D., Thomas, K., Santillan, D., Santillan, M. (2018). Vasopressin, Depression, Pain, & Preeclampsia." State of the Science Congress on Nursing Research - Precision Health, Council for the Advancement of Nursing Research, Washington, DC (Oral).

Regional

1. Inman, M., & **Vignato, J.** (2021). Pregnancy Pain Documentation in the EHR...Missing Link for Treatment? Team Science: Advancing Culturally Responsive Research to Improve Health Outcomes, Midwest Nursing Research Society, online (Poster).
2. **Vignato, J.** (2021). Leveraging Social Media for #Nursing Research. Midwest Nursing Research Society, Webinar Series **Invited Speaker** (Oral).
3. **Vignato, J.**, & Gillespie, S. (2020). Biomarker Science among Prenatal Populations: Opportunities and Challenges. Advancing Nursing Research with Diverse Populations, Midwest Nursing Research Society, Virtual Conference (Oral).
4. Moore, A., **Vignato, J.**, Scroggins, S., Brandt, D., Thomas, K., Santillan, D., Santillan, M. (2020). Adverse Childhood Events, Preeclampsia, and Copeptin during Pregnancy. Advancing Nursing Research With Diverse Populations, Midwest Nursing Research Society, Virtual Conference (Poster).
5. **Vignato, J.**, Perkhounkova, Y., McCarthy, A. M., Segre, L. (2018). Pain, Depression, and Quality of Life in Pregnancy. The Future of Nursing Research: Economic Realities and Creative Solutions, Midwest Nursing Research Society, Cleveland, OH (Poster).
6. **Vignato, J.**, Connelly, C. D. (2016). Perinatal Depression and Risk Factors for Perinatal PTSD. The Western Institute of Nursing 2016 Research Conference, The Western Institute of Nursing, San Diego, CA (Oral).
7. **Vignato, J.**, Connelly, C. D. (2015). Perinatal PTSD. The Western Institute of Nursing 2015 Research Conference, The Western Institute of Nursing, Albuquerque, NM (Poster).
8. **Vignato, J.** (2007). Innovations in Nursing Education: American Medical Member Transitions to Vocational Nurse Course. Odyssey Conference, Sigma Theta Tau International, Cerritos, CA (Poster).
9. **Vignato, J.** (2005). Implementation of an Evidenced-Based Practice Team. Joint Southern CA STTI Chapters Nursing Research Conference, Joint Southern CA STTI Chapters, Cerritos, CA (Oral).

State

1. **Vignato, J.** (2021). *Keynote Speaker*: Valuable Opportunities in Nursing: Why not do it all? Or at least some? Iowa Student Nurses Association Annual Meeting. **Invited Speaker**, Des Moines, IA. (Oral).
2. **Vignato, J.** (2007). American Medical Member: Transition to Vocational Nurse. Annual Meeting, CA Organization of ADN Nursing Program Directors, San Diego, CA (Oral).

College

1. **Vignato, J.** (2021). Fall 2021 CON Junior Faculty Introductions. Nursing Research Forum. University of Iowa. Iowa City, IA (Oral).
2. **Vignato, J.** (2021). The Lived Experience of Perinatal Depression during the Third Trimester of Pregnancy. College of Nursing Class of 1969, University of Iowa **Invited Speaker**, Iowa City, IA (Oral).

3. **Vignato, J.** (2020). Democratizing EHR analyses with FIDDLE: A flexible data-driven preprocessing pipeline for structured clinical data article review. Health Care Informatics Special Interest Group. College of Nursing, University of Iowa, Iowa City, IA (Oral).
4. **Vignato, J.** (2020). The Effects of Immunovascular Biomechanisms of Arginine Vasopressin Hypersecretion in Preeclampsia Prediction. Center for Advancing Multimorbidity Science Executive Directors Meeting. College of Nursing, University of Iowa, Iowa City, IA (Oral).
5. **Vignato, J.** (2020). Touching Clinical Practice through Nursing Research. Sigma Theta Tau International Spring 2020 **Invited Speaker** Gamma Induction. College of Nursing, University of Iowa, Iowa City, IA (Oral).
6. **Vignato, J.** (2018). Pain and Mental Illness during the Perinatal Period. College of Nursing, University of Iowa, Iowa City, IA (Oral).

University

1. **Vignato, J.,** Gumusoglu, B., Scroggins, S.M., Hamilton, W., Brandt, D.S., Sigmund, C.D., Pierce, G.L., Grobe, J.L., Santillan, D.A., Santillan, M. (2021). Vasopressin and Serotonin: Potential Early Pregnancy Overlapping Mechanisms of Depression and Preeclampsia. Interdisciplinary Preeclampsia Interest Group. University of Iowa, Iowa City, IA (Oral).
2. **Vignato, J.,** Scroggins, S., Brandt, D., Thomas, K., Santillan, D., Santillan, M. (2020). The Effects of Immunovascular Biomechanism of Arginine Vasopressin Hypersecretion in Preeclampsia Prediction: CAMS Pilot. Santillan Lab. University of Iowa, Iowa City, IA (Oral).
3. **Vignato, J.** (Presenter & Author), Beck, C., Conley, V., Inman, M., Patsais, M., Segre, L. (2018). The Lived Experience of Perinatal Depression. Iowa Depression and Clinical Research Center. University of Iowa, Iowa City, IA (Oral).
4. **Vignato, J.,** Scroggins, S., Brandt, D., Thomas, K., Santillan, D., Santillan, M. (2018). Vasopressin, Depression, Pain, & Preeclampsia. Iowa Depression and Clinical Research Center. University of Iowa, Iowa City, IA (Oral).
5. **Vignato, J.,** Scroggins, S., Brandt, D., Thomas, K., Santillan, D., Santillan, M. (2018). Vasopressin, Depression, Pain, & Preeclampsia." Santillan Lab, University of Iowa, Iowa City, IA (Oral).
6. **Vignato, J.,** Scroggins, S., Brandt, D., Thomas, K., Santillan, D., Santillan, M. (2018). Vasopressin, Depression, Pain, & Preeclampsia. College of Medicine Postgraduate Conference, University of Iowa, Iowa City, IA (Poster).
7. **Vignato, J.,** Perkhounkova, Y., McCarthy, A. M., Segre, L. (2017). Pain, Depression, and Quality of Life During the Perinatal Period. Iowa Depression and Clinical Research Center, University of Iowa, Iowa City, IA (Oral).

SERVICE

Professional Memberships

2020 - present	American Medical Informatics Association
2017 - present	Council of the Advancement of Nursing Science CANS
2017 - present	Midwest Nursing Research Society MNRS
2006 - present	Sigma Theta Tau International STTI
2000 - present	Association of Women's Health Obstetric and Neonatal Nursing
2013 - 2017	Western Institute for Nursing Research
2006 - 2017	National League for Nursing

Professional Service

2021 – present	American Medical Informatics Association Nursing Informatics Working Group and Awards Committee Member
2021 – 2021	<i>Early Career Reviewer</i> in Biobehavioral and Behavioral Processes IRG at the Center for Scientific Review, National Institutes of Health. October 2021.
2016 – present	Journal Reviewer 2016-present Nursing Education Perspectives 2018-present Archives of Women's Mental Health 2020-present Western Journal of Nursing Research (Obstetric Articles)
2006 – present	Sigma Theta Tau International 2014-2015 Gamma Gamma Chapter, Office, Vice President 2015 Sigma Theta Tau Odyssey Conference, Poster Judge 2015-2017 Gamma Gamma Chapter, Office, President
2006 – present	Midwest Nursing Search Society 2018-2019 Communications and Engagement, Vice Chair 2019-2020 Women's Health & Childbearing RIG, Co-Chair 2019-2021 Engagement Committee, Co-Chair, Abstract Reviewer

Collegiate Service

2021 - Present	CON - Council on Student Affairs Member and Hearing Panel Subcommittee Member
2020 – Present	Health, Informatics, and Technology SIG member
2019 – Present	Interdisciplinary Doula Course: Co-Principal Investigator and Co-Course Creator. Provides additional obstetric nursing and diversity training to undergraduate nursing students and also promotes their hiring in obstetrics at UIHC.
2018 - 2023	Center for Advancing Multimorbidity Science (CAMS): Profiling risk and symptom expression to develop customized therapies for adults with multiple chronic conditions, Center Associate
2020 – present	UI College of Nursing Health Record Data Work Group
2020 – present	NINR T32 Pain and Associated Symptoms (T23NR011147), Junior Nursing Faculty Member
2018 – 2019	Clinical Care Planning and Paperwork BSN Subcommittee, Chair
2017 – present	CON – BSN Admission/Progression Subcommittee, Member
2017 – present	CON – BSN Forum, Member
2017 – present	BSN Team I, II, III, and IV, Member (Related to Semester Teaching Load)

TEACHING

Course Instruction

Fall 2021	NURS 3631, Nursing Care of Children and their Families, Undergraduate, Lead Teacher, 71 Students
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	NURS 3460, Professional Role II: Research, Undergraduate, Lead Teacher, 80 Students
	NURS 7001, Qualitative Research: PhD, Guest Speaker, Phenomenology, 7 Students
Spring 2021	NURS 3631, Nursing Care of Children and their Families, Undergraduate, Lead Teacher, 71 Students
	NURS 3460, Professional Role II: Research, Undergraduate, Lead Teacher, 80 Students
	NURS 3651, Advanced Clinical Concepts for Nursing, Mentor and Obstetric Simulation Creator
Fall 2020	NURS 3631, Nursing Care of Children and their Families, Undergraduate, Lead Teacher, 72 Students
	NURS 3460, Professional Role II: Research, Undergraduate, Lead Teacher, 71 Students
Spring 2020	NURS: 3635, Parent-Child Nursing, Stand-alone, Undergraduate, Team Teacher, 74 students
	NURS: 4160, PRIV: Leadership & Professional Engagement, Undergraduate, Team Teacher, 64 students
Fall 2019	NURS: 3635, Parent-Child Nursing, Stand-alone, Undergraduate, Team Teacher, 64 students
	NURS: 4160, PRIV: Leadership & Professional Engagement, Undergraduate, Team Teacher, 73 students
	NURS: 5032, Mental Disorders in Advanced Practice Nursing, Graduate, Guest Lecturer, 12 students
Spring 2019	NURS: 3150, Clinical Simulation Laboratory I, Undergraduate, Team Teacher, 74 students
	NURS: 3635, Parent Child Nursing Practicum, Undergraduate, Team Teacher, 73 students
	NURS: 3630-0001, Parent-Child Nursing, Stand-alone, Undergraduate, Team Teacher, 73 students
Fall 2018	NURS: 3630-0001, Parent-Child Nursing, Stand-alone, Undergraduate, Team Teacher, 70 students
Spring 2018	NURS: 3630-0001, Parent-Child Nursing, Stand-alone, Undergraduate, Team Teacher, 66 students

Fall 2017 NURS: 3630-0001, Parent-Child Nursing, Stand-alone, Undergraduate, Team Teacher, 76 students

Spring 2017 NURS: Nursing and Pharmacological Interventions II, Stand-alone, Undergraduate, Team Teacher, 71 students

Students Mentored

Honors Thesis

- 2020 **Sobiech, Madelynn** – Undergraduate – Nursing Degree Objective: BSN, Perinatal Mental Health Patient Education
- 2020 **Derby, Laura** – Undergraduate – Nursing Degree Objective: BSN, Patient Lactation Education
- 2018 **Zippe, Elizabeth** – Undergraduate – Nursing Degree Objective: BSN, Donor Breast Milk and Milk Banks Completion date: Spring 2019

Research Assistant

- 2021 – present **Kelvin Encarnacao**, MS – Degree Objective: MS, The Effects of Immunovascular Biomechanisms of Arginine Vasopressin Hypersecretion in Preeclampsia Predication
- 2020 – present **Dehner, Hannah**, PhD – Nursing Degree Objective: PhD, The Effects of Immunovascular Biomechanisms of Arginine Vasopressin Hypersecretion in Preeclampsia Predication
- 2020 – present **Schwartz, Cathy**, PhD – Nursing Degree Objective: PhD, Efficiency Wins in Inpatient Nursing Documentation Systematic Review of Pain and Depression During the Perinatal Period
- 2020 – 2021 **Kantartjis, Michalis**, PhD – Graduate College for Data Analytics Degree Objective: PhD Efficiency Wins in Inpatient Nursing Documentation, Global Health Research Proposal.
- 2018 – present **Inman, Michaela** – Undergraduate – Pre-Nursing and Nursing Degree Objective: BSN, The Lived Experience of Perinatal Depression; Systematic Review of Pain and Depression During the Perinatal Period; Vasopressin, Depression, Pain, ACEs, and Preeclampsia; Vasopressin, Depression, Pain, and Gestational Weight Gain.
University of Iowa Student Employee of the Year for 2020.

Research Volunteer

- 2019 – 2020 **Ekstam, Annika** – Undergraduate – Pre-Nursing Degree Objective: BSN Systematic Review of Pain and Depression During the Perinatal Period, Chair
- 2018 – 2019 **Patsais, Micayla** – Undergraduate – Pre-Nursing Degree Objective: BSN The Lived Experiences of Perinatal Depression, Chair

Supervised Research

- 2019 – 2020 **Bobinet, Julia** – Undergraduate – Nursing Degree Objective: BSN Vasopressin, Depression, Pain, and Gestational Weight Gain, Chair
- 2019 – 2020 **Moore, Anna** – Undergraduate – Nursing Degree Objective: BSN Vasopressin, Depression, Pain, ACEs, and Preeclampsia, Chair Young Scientist Program

Graduate Student Committees

DNP Project Committees

- 2021 – 2021 **Danielle Fitch** – Graduate – Nursing Degree Objective: DNP Perinatal Depression, Committee Member
- 2019 – 2019 **Kersey, Laura** – Graduate – Nursing Degree Objective: DNP Implementation of Asthma Action Plans & Asthma Control Tests in Pediatric Patients with Asthma, Committee Member

- 2018 – 2018 **Palasiewicz, Cassandra** – Graduate – Nursing Degree Objective: DNP
Implementation of an Evidence-based Scoring Tool for Iatrogenic Withdrawal Syndrome in Infants Hospitalized in the neonatal intensive Care Unit, Committee Member
- 2018 – 2018 **Lothamer, Kathryn** – Graduate – Nursing Degree Objective: DNP
Procedural Support in the NICU and the Use of Oral Sucrose, Committee Member

PhD Committees

- 2019 – 2019 **Miller, Emily** – Graduate – Nursing Degree Objective: PhD
Category II Fetal Health Rate Characteristics and Cesarean Delivery Outcome: Descriptors and Predictions for Delivery Outcome in Low Risk Labor, Committee Member

Nursing Education

- 2020 – 2020 **Martin, Trina** – Graduate – Nursing Education Degree Objective: MSN
NURS 3630: Nursing Care of Children
- 2019 – 2019 **Lares, Elyse** – Graduate – Nursing Degree Objective: PhD
Undergraduate Teaching in NURS 3630: Nursing Care of Children and Childbearing Families

PROFESSIONAL DEVELOPMENT

Conference Attendance

- 2021 Team Science: Advancing Culturally Responsive Research to Improve Health Outcomes, Midwest Nursing Research Society, Virtual.
- 2021 13th Annual Faculty Women's Symposium, University of Iowa, Iowa City, IA, Virtual.
- 2021 Virtual Clinical Informatics Conference, American Medical Informatics Association, Virtual.
- 2020 2020 National Association of Neonatal Nurses Virtual Annual Conference, Virtual.
- 2020 Advancing Nursing Research with Diverse Populations, Midwest Nursing Research Society, Virtual.
- 2020 40th Annual Pregnancy Meeting, Society for Maternal Fetal Medicine, Grapevine, Texas.
- 2019 Marce of North America 4th Biennial Conference of Perinatal Mental Health, The International Marce Society for Perinatal Mental Health, Chapel Hill, NC.
- 2018 State of the Science Congress on Nursing Research - Precision Health, Council for the Advancement of Nursing Research, Washington, DC
- 2018 Life-Work Integration: An Essential Competency in Academic Conference, The University of Iowa, Iowa City, IA.
- 2017 Marce of North America 3rd Biennial Perinatal Mental Health Conference, The International Marce Society for Perinatal Mental Health, Chicago, IL.
- 2017 Culturally Responsive Health Care in Iowa Conference, The University of Iowa, Iowa City, IA.

Training/Development Program

- 2021, October Addressing Micro-Aggressions: Part 2 University of Iowa
- 2021, September Identifying and Responding to Micro-Aggressions and Bias: A Skills Primer, University of Iowa
- 2021, August e-Learning Ecologies: Innovative Approaches to Teaching and Learning for the Digital Age, University of Illinois at Urbana-Champaign, Coursera, Grade 91%, 15 CEUs
- 2021, July Leading for Equity, Diversity and Inclusion in Higher Education, University of Michigan, Coursera, Grade 100%, 15 CEUs
- 2021, April University of Iowa Office of Teaching, Learning & Technology: What your students wish you knew about ICON.
- 2021, March Being Skills 1 – Navigating Difficult Dialogues
- 2021, January NURS:7404 Biological Markers in Health Research, University of Iowa, Iowa City, IA –

2021, May	Audit Course
2020, August	Examining the Iceberg: Racism, Structures and Solutions for Disparate Maternal Outcomes
2020, July	National Institute for Nursing Research: Artificial Intelligence Boot Camp
2020, July	Mana's Baby, American's Maybe: Our Failure to Protect Black Mothers and Babies
2020, July	Exploring White Identity for Effective Allyship
2020, June	University of Iowa College of Nursing Active Learning Strategies Summer Support (Two days of seminars and collaboration with faculty for course development.)
2020, May	Supervisor Training @ Iowa: Overview, Recruiting, Hiring, & Onboarding: Engaging & Retaining Employees; Facilitating Performance, Coaching, & Documentation
2020, February	NCBI: Conflict and Controversial Issues
2019, October	Introduction to Systematic Review and Meta-Analysis, Johns Hopkins University,
2019, Nov	Coursera, Grade 88.3%, 15 CEUs
2019, August	HHP:6460 Advanced Cardiovascular Physiology, University of Iowa
2019, Dec	Iowa City, IA - Audit course
2019, Nov	Beyond the Numbers: Foundations of Diversity, Equity, and Inclusion, University of Iowa, IA City, IA
2019-January	PTRS:6133 Pain Mechanisms and Treatment, University of Iowa, Iowa City, IA -
2019, May	Audit course
2019, March	LGBTQ Safe Zone: Phase I Workshop, University of Iowa, Iowa City, IA
2017	CPH: 7604 Principles of Scholarly Integrity, The University of Iowa, Iowa City, IA
2017	NURS: 7001 Qualitative Nursing Research, The University of Iowa, Iowa City, IA
2017	NURS: 7310 Measurement in Health Research, The University of Iowa, Iowa City, IA
2017	Online Interdisciplinary Healthcare Informatics Course
2017	Planning and Writing a Successful Grant Workshop, The University of Iowa, Iowa City, IA
2017	Two Day UI SAS Programming Course, University of Iowa, Iowa City, IA