

Iowa Online Nurse Residency Program

for New Graduate Nurses



STATEMENT OF PURPOSE

The purpose of this program is to ease the transition of the new graduate nurse into professional practice through self-paced content, monthly cohort discussions, unit check-ins, and a professional experience.

OBJECTIVES

Upon completion of this program, learners will be able to:

1. Plan, organize, and deliver quality, evidence-based nursing care.
2. Apply skills needed to function as a member of the interdisciplinary team.
3. Demonstrate leadership skills to contribute to practice improvement.
4. Create goals for ongoing career development.

TARGET AUDIENCE

This program is intended for new graduate registered nurses within their first year of practice.

ONLINE OPTION

A comprehensive residency program for facilities with limited resources or those with few new graduates facilitated by IONRP coordinators. Cohort discussions take place via live webinars.

BLENDED OPTION

A comprehensive residency program for facilities with the resources and volume of new graduates to sustain an independent program led by a facility employee onsite using the IONRP curriculum. Cohort discussions take place within the organization.

NURSING CONTINUING EDUCATION

The University of Iowa College of Nursing is an Iowa Board of Nursing Approved Provider: No. 1. Participants must complete self-paced content, attend 10/12 cohort discussions, and complete a professional experience to be awarded 36 contact hours. Partial credit will not be awarded for this program.

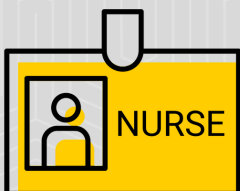
ENROLLMENT

To enroll, contact Nicole Weathers, University of Iowa College of Nursing, 319-335-7008, or nicole-weathers@uiowa.edu.

FEES AND REFUNDS

The Online Nurse Residency Program enrollment fee depends on the option used. Contact Nicole Weathers at 319-384-1676 or nicole-weathers@uiowa.edu for a price quote.

NO REFUNDS WILL BE MADE AFTER THE RESIDENT HAS STARTED THE PROGRAM.



FACULTY

Nicole Weathers MSN, RN, NPD-BC
Program Manager
Iowa Online Nurse Residency Program

FACULTY

Jessica Ociepka, MSN, RN-BC
Program Coordinator
Iowa Online Nurse Residency Program

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Jessica Grote, DNP, RN, NPD-BC
Program Coordinator
Iowa Online Nurse Residency Program

FACULTY

Amanda Bruscher, BSN, RN
Program Coordinator
Iowa Online Nurse Residency Program

MONTHLY SCHEDULE & OUTLINE

Participants will complete self-paced content, a transition journal, challenges, cohort discussions, learning champion check-ins, and a professional experience as part of this 12-month program.

1 Transitions

- Practice reflection to develop self-care and become a self-directed learner.

2 Habits & Routines

- Use written, verbal, non-verbal, and technology-based strategies and techniques to communicate and collaborate effectively with patient care providers and interdisciplinary team members.
- Use organizational tools to complete individual nursing responsibilities within an expected timeframe while tracking multiple responsibilities
- Explain the importance of resiliency in healthcare.

3 Changing Conditions

- Prioritize what to do for the patient to provide safe and high-quality care.
- Demonstrate thinking patterns and critical thinking strategies to enhance the decision-making skills.
- Identify personal needs by practicing self-awareness.

4 Teamwork

- Respond to conflict situations utilizing conflict-resolution techniques.
- Employ the five rights of delegation.
- Demonstrate self-regulation strategies to develop a strong autonomic nervous system.
- Discuss the purpose of professional experience.

5 Patient-Centered Care

- Apply methods to assess, plan, implement, and evaluate patient education.
- Utilize cultural competency knowledge to provide culturally responsive patient care.
- Practice strategies to build a connection with patients and team members.

6 Safety

- Take action to prevent harm and improve safety in the healthcare organization.
- Identify clinical issues, safety concerns, and quality metrics needing improvement.
- Practice skills of self-compassion in difficult situations.
- Determine the focus of the professional experience.

7 Evidence

- Apply the concepts and steps of evidence-based practice into their daily practice.
- Demonstrate strategies to develop optimism in life and at work.
- Analyze professional experience topic.

8 Quality

- Demonstrate the models for improvement and the steps involved in the improvement process.
- Apply techniques using information technology to increase patient engagement and empowerment to improve patients' outcomes.
- Practice skills of self-appreciation.
- Set intentions for professional experience outcomes.

9 Value

- Analyze factors that influence patient outcomes and decrease costs of providing care to patients impacting the quality of care and the value of health care service.
- Utilize character strengths in a variety of ways.
- Create a plan to address professional experience.

10 Leadership

- Apply the principles of the Nursing Code of Ethics for professional judgment and practice decisions.
- Cultivate meaning through various life experiences.
- Initiate or implement professional experience topic.

11 Professional Development

- Transition into professional practice as a fully functioning healthcare team member prepared for ongoing growth & development.
- Develop grit when working towards goals.
- Review professional experience outcomes.

12 Completion

- Prepare & present the professional experience.
- Celebrate big and small achievements.

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Nicole Weathers in advance at nicole-weathers@uiowa.edu.



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