

## Successful Aging–2016

**Definition:** Personal actions to maintain a high state of physical, functional, psychological, and social functioning in old age

OUTCOME TARGET RATING:      Maintain at \_\_\_\_\_ Increase to \_\_\_\_\_

		Never Demonstrated	Rarely Demonstrated	Sometimes Demonstrated	Often Demonstrated	Consistently Demonstrated	
<b>OUTCOME OVERALL RATING</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	
Indicators:							
201601	Maintains purpose in life	1	2	3	4	5	NA
201602	Maintains independence	1	2	3	4	5	NA
201603	Positive expectations about aging	1	2	3	4	5	NA
201604	Maintains connections with family	1	2	3	4	5	NA
201605	Maintains connections with friends	1	2	3	4	5	NA
201606	Physiological resilience	1	2	3	4	5	NA
201607	Emotional resilience	1	2	3	4	5	NA
201608	Capacity to respond to stressful situations	1	2	3	4	5	NA
201609	Compensates for disabilities	1	2	3	4	5	NA
201610	High physical function	1	2	3	4	5	NA
201611	High cognitive function	1	2	3	4	5	NA
201612	Positive mood	1	2	3	4	5	NA
201613	Positive self-esteem	1	2	3	4	5	NA
201614	Influences others' lives in positive ways	1	2	3	4	5	NA
201615	Sustains engagement in social activities	1	2	3	4	5	NA
201616	Shows respect in social interactions	1	2	3	4	5	NA
201617	Sustains engagement in productive activities	1	2	3	4	5	NA
201618	Sustains engagement in community activities	1	2	3	4	5	NA
201619	Sustains engagement in spiritual activities	1	2	3	4	5	NA
201620	Financial security for needs and wants	1	2	3	4	5	NA

*Domain-Health & Life Quality (V)*

*Class-Perceived Health & Life Situation (Q)*

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### OUTCOME CONTENT REFERENCES:

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