

Nutrition Education Honors Project

I have created a google classroom focused on nutrition education for elementary aged students. This classroom is designed to increase the students knowledge on nutritious and healthy foods, which foods belong to each food group, and to spark interest in learning about nutrition. This document serves as a preview to the classroom.

Homepage of the classroom

The screenshot shows the Google Classroom interface for the 'Nutrition Education' class. The top navigation bar includes 'Classroom > Nutrition Education' and a user profile icon. The left sidebar contains navigation options: Home, Calendar, Teaching, To review, Nutrition Education (highlighted), Archived classes, and Settings. The main content area features a 'Stream' tab, a 'Classwork' tab, and a 'People' tab. A large banner image displays various vegetables and a knife on a cutting board, with the text 'Nutrition Education' and a 'Customize' button. Below the banner, there is a 'Meet' button with a 'Generate link' option and an announcement box with a purple 'T' icon and the text 'Announce something to your class'.

Classwork Homepage

The classwork homepage lists all the activities the students can participate in. It is divided into subcategories including art, nutrition basics, science, reading, math and teacher lesson planning.

Art and Nutrition Subcategory

The screenshot shows the Google Classroom classwork homepage for the 'Nutrition Education' class. The top navigation bar includes 'Classroom > Nutrition Education' and a user profile icon. The left sidebar contains navigation options: Home, Calendar, Teaching, To review, Nutrition Education (highlighted), Archived classes, and Settings. The main content area features a 'Stream' tab, a 'Classwork' tab, and a 'People' tab. A large banner image displays various vegetables and a knife on a cutting board, with the text 'Art and Nutrition Education' and a vertical ellipsis menu icon. Below the banner, there is a list of activities:

Activity	Date
Protein Coloring Page on Jamboard	Posted Apr 12
Fruit Coloring Page on Jamboard	Edited Apr 12
Vegetable Coloring Page Jamboard	Edited Apr 12
Grains Coloring Page on Jamboard	Posted Apr 12
Draw Online	Edited Mar 18

Art Subcategory Example

Classroom > Nutrition Education

Stream **Classwork** People Grades

Home
Calendar
Teaching
To review
N Nutrition Education
Archived classes
Settings

Draw Online Edited Mar 18

No due date

Click the link. Use your mousepad to draw a healthy meal online! Remember, use the MyPlate guidelines to build your plate! If you need help remembering what these are, look below nutrition basics.

0 Turned in | 22 Assigned

 Draw a Healthy Meal | Fo...
<https://foodhero.org/drawing-he>

[View instructions](#)

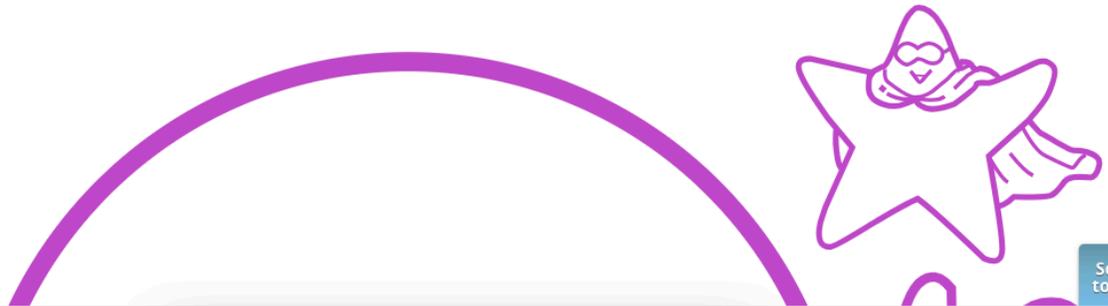


Draw a Healthy Meal

Click a color to select it, and draw your favorite Food Hero meal! [Download the print version \(PDF\)](#)



Clear my plate



Scroll to Top

Classroom > Nutrition Education

Stream **Classwork** People Grades

Home
Calendar
Teaching
To review
N Nutrition Education
Archived classes
Settings

Art and Nutrition Education

Protein Coloring Page on Jamboard Posted Apr 12

No due date

Protein helps us grow and build strong muscles. **Color** the different sources of protein from around the world.

0 Turned in | 22 Assigned

 Protein Coloring Jamboard
Google Jamboard

Nutrition Basics Subcategory

List of activities

Classroom > Nutrition Education



- Home
- Calendar
- Teaching
 - To review
 - Nutrition Education**
 - Archived classes
 - Settings

Stream **Classwork** People Grades

Nutrition Basics

- Put a little fruit and veggie in it! Edited Mar 18
- Fun Fact Fruit and Vegetable Sheet Edited Mar 18
- Nutrition Jeopardy Edited Mar 18
- Eat the Rainbow Video Edited Mar 18
- Smart Snacks and Beverages Quiz Edited Mar 18
- Nutrient Power and Labels Quiz Edited Mar 18
- Food Group Fun Quiz Edited Mar 18

Classroom > Nutrition Education



- Home
- Calendar
- Teaching
 - To review
 - Nutrition Education**
 - Archived classes
 - Settings

Stream **Classwork** People Grades

- Tell me more game Edited Mar 18
- Take a guess game Edited Mar 18
- Healthy food jokes Edited Mar 18
- Nutrition Label Word Search Edited Mar 20
- Smart Breakfast Video Edited Mar 18
- My Plate Wins Dinner Video Edited Mar 18
- My plate wins snacks video Edited Mar 18
- My Plate Maze Posted Feb 9

Classroom > Nutrition Education



- Home
- Calendar
- Teaching
 - To review
 - Nutrition Education**
 - Archived classes
 - Settings

Stream **Classwork** People Grades

- School Lunch Quiz Edited Mar 18
- School Breakfast Quiz Edited Mar 18
- Explore Breakfasts Across the Globe Game Edited Mar 18
- Practice My Plate Edited Mar 18

Nutrition Basics Examples: Explore Breakfast Across the Globe Activity

The screenshot shows a classroom management interface. On the left is a sidebar with navigation options: Home, Calendar, Teaching, To review, Nutrition Education (highlighted), Archived classes, and Settings. The main area shows a 'Classwork' tab with a 'School Breakfast Quiz' and an activity titled 'Explore Breakfasts Across the Globe Game' (Edited Mar 18). The activity has 'No due date' and shows '0 Turned in' and '22 Assigned'. A link to the game is provided: <https://www.fns.usda.gov/apps>. A 'View instructions' link is also visible.

FUELING MY HEALTHY LIFE

Have you ever wondered what people in other parts of the world eat? Take a trip around the world and explore what people in different countries may eat for breakfast.

Let's Start!

Click on a country marker to learn more about that country's unique breakfast! For each country, hover over the different parts of the breakfast to see facts about the specific foods and the culture.

GHANA

Eggs
Eggs are sometimes a part of dishes in Ghana and may be eaten during all meals.

The diagram shows a bowl of eggs, a bowl of rice, and a bowl of porridge. An arrow points to a 'myplate' diagram with sections for Fruits, Grains, Vegetables, Proteins, and Dairy.

Nutrition Basics Subcategory Continued

Nutrition Jeopardy Example

Classroom > Nutrition Education

- Home
- Calendar
- Teaching
- To review
- N** Nutrition Education
- Archived classes
- Settings

Stream Classwork People Grades

Fun Fact Fruit and Vegetable Sheet

Edited Mar 18

Nutrition Jeopardy

Edited Mar 18

No due date

Click the link. Pick which type of jeopardy you would like to play. See how many you can get right!!

0

Turned in

22

Assigned



FFVP Jeopardy Grades 3...
<https://www.playfactile.com/uri>

[View Instructions](#)

FFVP Jeopardy Grades 3-5 English

	FRUITS	VEGETABLES	MYPLATE	COLORS	GROWING	THIS AND THAT
\$100	\$100	\$100	\$100	\$100	\$100	\$100
\$200	\$200	\$200	\$200	\$200	\$200	\$200
\$300	\$300	\$300	\$300	\$300	\$300	\$300
\$400	\$400	\$400	\$400	\$400	\$400	\$400
\$500	\$500	\$500	\$500	\$500	\$500	\$500

WATERMELON

WATERMELON

COLORS for 300

0 29

HOW DO YELLOW AND ORANGE FRUITS AND VEGGIES HELP YOUR BODY?

Nutrition Basics Continued

Eat the Rainbow Video

Classroom > Nutrition Education

- Home
- Calendar
- Teaching
- To review
- Nutrition Education**
- Archived classes
- Settings

Stream **Classwork** People Grades

Nutrition Jeopardy Edited Mar 18

Eat the Rainbow Video Edited Mar 18

Click the link and learn about what each **color of food** does for your body!



Eat the Rainbow! | Nutri...
YouTube video • 5 minutes

[View material](#)

Classroom > Nutrition Education

- Home
- Calendar
- Teaching
- To review
- Nutrition Education**
- Archived classes
- Settings

YouTube

Copy link

Pause (k)

1:12 / 5:22 • Why Its Important

YouTube

Reading Subcategory

List of activities

The screenshot shows the Classroom interface for a 'Nutrition Education' class. The left sidebar contains navigation options: Home, Calendar, Teaching, To review, Nutrition Education (selected), Archived classes, and Settings. The main content area is titled 'Reading and Nutrition' and lists several activities:

- Leroy the Lemon Storybook (Edited Mar 18)
- Food Fair (Edited Mar 18)
- Zombies Don't Eat Veggies! (Edited Mar 18)
- Carla's Sandwich Storybook (Edited Mar 18)
- How dad got sick comic book (Edited Mar 18)
- Cook off Craze! (Edited Mar 20)

Zombies Don't Eat Veggies Example

This screenshot shows the details for the 'Zombies Don't Eat Veggies!' activity. It includes the following information:

- Activity Name:** Zombies Don't Eat Veggies! (Edited Mar 18)
- Due Date:** No due date
- Instruction:** Click the link and listen to this fun story about vegetables!
- Progress:** 0 Turned in, 22 Assigned
- Media:** A YouTube video thumbnail titled "'Zombies Don't Eat Veggi...' YouTube video · 8 minutes"
- Action:** View instructions

The screenshot shows a YouTube video player. The video content features a man with glasses reading a book titled 'ZOMBIES'. The book cover is purple and features a zombie illustration. The video player interface includes the YouTube logo, a search icon, and a close button.