CURRICULUM VITAE

Sara J. Kraus DNP, MSN, ARNP, FNP-BC Clinical Assistant Professor 425 CNB, 50 Newton Rd, Iowa City, IA 52242 Email: sara-kraus@uiowa.edu Office: 319-3 Cell: 319-325-3906

EDUCATION

2014	Doctor of Nursing Practice Clarke University, Dubuque, IA Dissertation: Intensive Care Unit Acquired Weakness and Intensity Finding for Neuromuscular Electrical Stimulation	
2013	Master of Science in Nursing, Family Nurse Practitioner Clarke University, Dubuque, IA Thesis: Neuromuscular Electrical Stimulation: A Pilot	
1999	Bachelor of Science in Nursing with Honors University of Iowa College of Nursing, Iowa City, IA	
LICENSURE		
2013-Present	Iowa Board of Nursing, Advanced Registered Nurse Practitioner, license # A102207, exp. 12/2025	
1999-Present	Iowa Board of Nursing, Registered Nurse, license #102207, exp. 12/2025	
CERTIFICATIONS		
2013-Present	American Nurses Credentialing Center, Family Nurse Practitioner, certificate #2013008534, exp. 2025	
2013-Present	DEA certificate, #MK 2983143, exp. 12/2027	
2013-Present	Iowa CSA certificate, #5202951, exp. 12/2025	
2019-Present	Tobacco Treatment Specialist Certification, Mayo, Rochester, MN	
1999-Present	BLS Provider, American Heart Association	
2016-2022	ACLS Provider, American Heart Association	
2006-2012	International Board-Certified Lactation Consultant	

2007-2012 Certified Childbirth Educator, Council of Childbirth Educators

2006-2011 Certified Lactation Councilor

PROFESSIONAL EXPERIENCE

Academic Appointments

10/2023-Present	Clinical Assistant Professor, University of Iowa College of Nursing, Doctor of Nursing Practice Program, Iowa City, IA
2024-Present	Clinical Preceptor, University of Iowa College of Nursing, Family Nurse Practitioner Program, Iowa City, IA
2018	Clinical Preceptor, Clarke University, Family Nurse Practitioner Program Dubuque, IA
2015	Clinical Preceptor, Creighton University, Family Nurse Practitioner Program Omaha, NE
2014	Clinical Preceptor, Clarke University, Family Nurse Practitioner Program Dubuque, IA
2006	Clinical Teaching Assistant, University of Iowa College of Nursing, Clinical Internship Program, Iowa City, IA
2005	Clinical Teaching Assistant, Iowa Wesleyan College, Nursing Program Mount Pleasant, IA

Administrative Appointments

2024-Present	Associate Director of Lung Cancer Screening, Iowa Health Care, Iowa City, IA
2024-Present	Lead Advanced Practice Provider, APRN supervisor Iowa Health Care, Iowa City, IA
2024-Present	Program Coordinator/Clinical Supervisor, Lung Cancer Screening Program University of Iowa Hospitals and Clinics, Iowa City, IA
2006-2008	Childbirth Education, Lactation, and Newborn Education Coordinator University of Iowa Hospitals and Clinics, Iowa City, IA

Clinical Appointments

2016-Present Advanced Registered Nurse Practitioner,

Department of Internal Medicine, Division of Pulmonary, Critical Care, and

Occupational Medicine, Iowa Health Care, Iowa City, IA

2-25-2020

2014-2016 Advanced Registered Nurse Practitioner Internal Medicine Ambulatory Clinic Full-time adult primary care provider, specializing in chronic illness management. Medicine Specialists Clinic Great River Health Systems, West Burlington, IA 2013-2014 Advanced Registered Nurse Practitioner Family Practice Ambulatory Clinics Full-time primary care provider for all age groups in a rural hospital and clinic system, specializing in the management of COPD and congestive heart failure. Van Buren County Hospitals and Rural Clinics, Bonaparte, Farmington, Keosauqua, IA Nurse Coordinator, Clinical Research 2008-2013 Coordination of multiple NIH, industry, and investigator-initiated clinical research studies in pulmonary and critical care medicine. Department of Internal Medicine, Division of Pulmonary, Critical Care, and Occupational Medicine University of Iowa Hospitals and Clinics, Iowa City, IA 2007-2008 Lactation Specialist, Childbirth Education Specialist Labor and Delivery, Mother Baby, NICU, Pediatric Units University of Iowa Hospitals and Clinics, Iowa City, IA 1999-2007 Staff Nurse Labor and Delivery, Mother Baby Unit University of Iowa Hospitals and Clinics, Iowa City, IA HONORS AND AWARDS 2024 Department of Internal Medicine Honor Role Peer recognition for outstanding work in the department. Iowa Health Care, Iowa City, IA 2022 University of Iowa Physicians Advanced Practice Clinician of the Year Award This award is given to an advanced practice provider that most embodies those aspects of a truly great patient service provider, including technical skill, humanism to patients and families, collaboration with colleagues, and advocacy. University of Iowa Hospitals and Clinics, Iowa City, IA 2020 **Exceptional Performance Award** Recognizes special achievements above and beyond expectations. University of Iowa Hospitals and Clinics, Iowa City, IA 2012 Sigma Theta Tau Honor Society Induction for Academic Achievement Rho Eta Chapter, Clarke University, Dubuque, IA 2006 Above and Beyond Award

University of Iowa Hospitals and Clinics

SCHOLARSHIP

Publications

Journal articles

- 1. Lee, G., Hill, L. P., Schroeder, M. C., **Kraus, S**. J., El-Abiad, K. M. B., & Hoffman, R. M. (2023). Adherence to annual lung cancer screening in a centralized academic program. Clinical Lung Cancer. https://doi.org/10.1016/j.cllc.2023.10.004
- 2. Gores, K. M., Delsing, A. S., **Kraus, S**. J., Powers, L., Vaena, D. A., Milhem, M. M., Monick, M., & Doerschug, K. C. (2014). Plasma angiopoietin 2 concentrations are related to impaired lung function and organ failure in a clinical cohort receiving High-Dose interleukin 2 therapy. Shock, 42(2), 115—120. https://doi.org/10.1097/shk.0000000000000188

Mass media activities

2024 Lung Cancer Screening, patient education website development, Iowa Health Care

Research and Clinical Presentations

Local

- 2024 Lung Cancer Screening, invited speaker, Sigma Theta Tau Gamma Chapter Fall Banquet, invited speaker, podium, Iowa City, IA
- 2024 Creating Asthma and COPD Action Plans, invited lecture, University of Iowa College of Nursing: NRS 6702
- 2024 *Chronic Obstructive Pulmonary Disease: Diagnosis and Management*, invited lecture, University of Iowa College of Nursing: NRS 6410
- 2023 Lung Cancer Screening for Primary Care Providers, invited speaker Departments of Internal Medicine and Family Medicine, University of Iowa Hospitals and Clinics
- 2018 *COPD Education Initiative, invited speaker*, Hospitalist Training, University of Iowa Hospitals and Clinics
- 2018 Asthma Exacerbations, invited speaker, Urgent Care Provider Education, University of Iowa Hospitals and Clinics
- 2014 Intensive Care Unit Acquired Weakness and Intensity Finding for Neuromuscular Stimulation, invited speaker, Clarke University Student Research Conference

Professional Development

Professional

- 2024 Iowa Cancer Consortium Lung Cancer Screening Learning Collaborative Series, Ankeny, IA
- 2024 GO2 for Lung Cancer Summit, Lung Cancer Screening Navigator Workshop, Chicago, IL
- 2024 Allergy/Immunology Conference, Clearing the Air, Updates in Asthma, Iowa City, IA

Academic

- 2024 Skills for Educators Workshop: Clinical Teaching, Carver College of Medicine, Iowa City, IA
- 2024 Simulation Workshop for Nurse Practitioner Faculty, University of Iowa College of Nursing, Iowa City, IA
- 2024 Graduate Preceptor Conference, University of Iowa College of Nursing Iowa City, IA
- 2024 Women's Faculty Development Conference, University of Iowa, Iowa City, IA
- 2024 Instructional Design Course Series, University of Iowa College of Nursing, Iowa City, IA

SERVICE

Professional Service

Society/Association membership, participation and leadership

2024-Present	Sigma Theta Tau, Gamma Chapter, Board Member, Governance Committee, appointed
2024-Present	Iowa Cancer Consortium/ American Cancer Society, Lung Cancer Screening, work group
2013-Present	American Association of Nurse Practitioners, member
2023-Present	National Organization of Nurse Practitioner Faculty, member
2019-Present	Pulmonary Fibrosis Foundation Care Center Network, member
2011-2015	American Association of Colleges of Nursing Graduate Student Academy, member

2008-2013 Institute for Clinical and Translational Science Research Professionals

Network, member

Media activities

2024 Lung Cancer Screening, television interview, Midday Expert, KCRG

University Service: UI Health Care

Clinical Practice

2016-Present Pulmonary Ambulatory Clinic, I currently practice as an ARNP

0.5 FTE and maintain two full-day clinics per week. I specialize in the treatment of adult obstructive pulmonary disease and subspecialize in

the management of asthma, COPD, and lung cancer screening.

Committees and Task Forces

Standing Committees

2018-Present Lung Cancer Screening Steering Committee, member, appointed

2019-Present Endobronchial Valve Program Committee, member, appointed

Task Forces

2024 Advanced Practice Provider Consulting Group, member, appointed

2024 UI Health Care new branding campaign event, volunteer

Major resources brought to the university not reflected above

2024 Lung Cancer Screening Day, event organizer, Iowa Health Care,

Iowa City, IA

2019-Present Endobronchial Valve Treatment Program, program development

and ongoing coordination, University of Iowa Hospitals and Clinics

2018-Present Lung Cancer Screening Program, program development, ongoing

coordination and management, University of Iowa Hospitals and

Clinics

2016-Present Obstructive Pulmonary Disease Clinic, program development and

ongoing coordination, University of Iowa Hospitals and Clinics

2018-2020 COPD Admission Reduction Initiative, University of Iowa Hospitals and

Clinics

Contributions to outside institutions

2014-2016	Primary Care and Mental Health Combined Clinic Initiative, program initiation, Great River Health Systems, West Burlington, IA
2013-2014	COPD Disease Management Program, program initiation, Van Buren County Hospitals and Rural Clinics, Keosauqua, IA

Collegiate Service

University of Iowa College of Nursing

Task Forces and Ad Hoc Committees

2024	DNP Curriculum Review, subcommittee Professional Identity Course
2024	BSN Direct Admissions Faculty Review, volunteer
Standing	
2024	Family Nurse Practitioner Admissions Committee, volunteer
2024	DNP Defense Day, volunteer
2024	Family Nurse Practitioner Roundtable, member

Community Service

2016-Present	Iowa City Arts supporter and volunteer at Public Space One, Iowa City, IA
2023-2024	Transitions group, Repair Cafe, volunteer, Iowa City, IA
2011-2013	Crisis Center and Food Bank, volunteer, Iowa City, IA
2012	International Franciscan Common Venture Medical Service Mission, Port au Prince, Haiti
2011-2012	Weber Elementary Lung Health and Tobacco Educator, Iowa City, IA
1997-1998	Free Medical Clinic, volunteer, Iowa City, IA

TEACHING

Instructional Activities, University of Iowa College of Nursing

Course Instruction

NURS:6701:0EXV Fall24 Advanced Practice Clinical Practicum I, assistant professor, 25 students

NURS:6828:0EXW Fall24 Doctor of Nursing Practice Project III, assistant professor, 76 total students, assigned faculty for 9 students

NURS:6702:0EXV Spr24 Advanced Practice Clinical Practicum II, assistant professor, 16 students

NURS:6829:0EXW Spr24 Doctor of Nursing Practice Project IV, assistant professor, 43 students total, assigned faculty for 8 students

NURS:6701:0EXV Fall23 Advanced Practice Clinical Practicum I, partial semester, joined the faculty at midterm, assistant professor

Mentoring and Advisement

DNP project site mentor for DNP-FNP student Kirstin Brainard, Iowa Health Care

FNP Clinical Preceptor, spring, and summer semesters, IRL Pulmonary Clinic, Coralville, IA

Advisement

DNP Project Defense Committee

Molly Brecht: Enhancing Advance Care Planning Awareness at a Rural Iowa
Family Medicine Clinic, evaluation team, completed
Marissa Amidon: The Implementation of Primary Care Follow up after ED Visit
evaluation team, completed

Kathryn Heins-Erickson: STOP-Bang: Improving Screening for Obstructive Sleep Apnea Risk with Dyslipidemia Patients in the Primary Care Setting, evaluation team, completed