

CURRICULUM VITAE

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EDUCATION

Year	Degree	Institution and Location
2014	Doctor of Nursing Practice (Primary Care Pediatric Nurse Practitioner)	University of Iowa, Iowa City, IA
2009	Bachelor of Science in Nursing	University of Iowa, Iowa City, IA

LICENSURE

Year	Source	License	Number
2014 – present	Iowa board of Nursing	Advance Registered Nurse Practitioner – Pediatric Primary Care	C124159
2009 – present	Iowa board of Nursing	Registered Nurse	124159

CERTIFICATIONS

Year	Source	Type	Number
2014 – present	Pediatric Nursing Certification Board	Certified Pediatric Nurse Practitioner (CPNP)	20141698
2019 – present	American Heart Association	Basic Life Support	N/A

PROFESSIONAL EXPERIENCE

Academic Appointments

Year	Position	Institution/Location
2016 – Present	Clinical Assistant Professor	University of Iowa College of Nursing

10/20/21

Iowa City, IA

Clinical Appointments

Year	Position	Institution/Location
2014 – 2016	Pediatric and Perinatal Palliative Care ARNP	UnityPoint at Home Urbandale, IA
2010 – 2014	Registered Nurse	UnityPoint Health Blank Children’s Hospital Des Moines, IA

HONORS AND AWARDS

2019 Graduating Class of 2019 Faculty and Staff Recognition – nominated by students for making a positive difference in their lives during their education at the University of Iowa

SCHOLARSHIP

Publications

Journals

1. Arends, L. (2022). Pediatric Motor Vehicle Safety: A Nursing Call to Action. *The Journal for Specialists in Pediatric Nursing*. [unpublished manuscript].
2. **Arends, L.**, Miller, J. (2021). Young nurse clinicians program: An action framework. *Nurse Educator*. [Unpublished manuscript].
3. Vignato, J. A., Gleason, N., **Arends, L.**, & Nicholson, A. (2020). Decreasing nursing student workload and stress: An innovative method to reform clinical assignments across the curriculum, *Nursing Education Perspectives*, 10.1097/01.NEP.0000000000000702. <https://doi.org/10.1097/01.NEP.0000000000000702>

Book

1. **Arends, L.** (2023). Expert reviewer. In Wagner, C.M., & Butcher, H.K. *Nursing Interventions Classification (8th ed.)*. [In press].
 - a. revision of 18 NICs and created 10 new NICs

Research and Clinical Presentations

National

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation: Nuts and Bolts for Nurse Educators Conference, NurseTim INC, Minneapolis, MN. (peer-reviewed, poster)

State/Regional

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation in Undergraduate Nursing Education, Innovations in Nursing Education Conference, Iowa Association of Colleges of Nursing, Des Moines, IA. (peer reviewed, podium presentation)

SERVICE

Professional Service

Nursing Interventions Classification

2021 Expert reviewer. In Wagner, C.M., & Butcher, H.K. *Nursing Interventions Classification (8th ed.)* [in press] revision of 18 NICs and creating 10 new NICs

Iowa Association of Nurse Practitioners

2013 – present Member

2018 – present Continuing Education Conference Planning Committee, Member

National Association of Pediatric Nurse Practitioners

2013 – present Member

Blank Children's Hospital – UnityPoint Health Systems

2014 –2016 Pediatric Bereavement Committee, Member

University Service

2020 Spring Interprofessional Education (IPE), Faculty Facilitator

Collegiate Service

Standing Committees

2020 – present Interprofessional Education (IPE) Task Force, Co-chair

2019 – present BSN Admission/Progression Subcommittee, Member

2018 – present Practicum Preparation and Care Planning Subcommittee, Member

2018 – 2020 PNP Admissions/Progression Subcommittee, Member

2016 – present Scholarship Subcommittee, Member

Other CON activities

2018 – present Semester 3 Teaching Team, Team lead, appointed

TEACHING

Instructional Activities

University of Iowa College of Nursing

Fall 2022

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections
OSAC-IPE Interprofessional Skills and Team-Based Care 3, Faculty coordinator, BSN and DNP program

Spring 2022

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections
OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN and DNP program

Fall 2021

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for BSN and DNP programs
OSAC-IPSIII Interprofessional Skills and Team Based Healthcare 3, faculty coordinator for BSN and DNP programs
NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

Spring 2021

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each
OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program
NURS:3651 Advanced Clinical Concepts for Nursing, Instructor, BSN program, 8 students
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

Fall 2020

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for DNP program
OSAC-IPSIII Interprofessional Skills and Team Based Healthcare 3, faculty coordinator DNP program
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 3-4 students/section, 4 sections
NURS:3651 Advanced Clinical Concepts for Nursing, Instructor for Pediatric Simulation, BSN program, 72 students
NURS 6828 DNP Project 3, Faculty, DNP program, 1students

Spring 2020

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program
NURS 6827 DNP Project 2, Faculty, DNP program, 1-2 students
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Fall 2019

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS 6826 DNP Project 1, Faculty, DNP program, 1 student

Spring 2019

NURS 6827 DNP Project 2, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Fall 2018

NURS 6826 DNP Project 1, Faculty, DNP program, 2 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4099:4133 Spr19 Honors Independent Study Faculty advisor, BSN program, 1 student

Spring 2018

NURS 6825 DNP Project, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Fall 2017

NURS 6825 DNP Project, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

Spring 2017

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students

NURS 6825 DNP Project, Faculty, DNP program, 8-10 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

Fall 2016

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students

NURS 6825 DNP Project, Faculty, DNP program, 1-4 students

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Mentoring

University of Iowa Faculty Mentorship

2022 – 2023 Danielle Busta & Annalise Jacobson

2021 – 2022 Tessa Meisner

Spring 2021 Katrina Martin

2020 – 2022 Alison Tesensky & Elyse Laues

2020 – 2021 Maja Campbell & Miranda Carlson

2019 – 2020 Margaret Brimeyer

2018 – Present **Young Pediatric Nurse Clinician Program Director**

7-8 students/semester, appointed

Advisement

BSN Honors Project

- 2018 Madalyn Mauro, Creation of a Child Life Therapy Brochure, completed December 2018, faculty mentor
- 2017 Margaret Timm, Creation of an Adolescent Sexual and Reproductive Health Brochure, completed May 2017, faculty mentor

DNP Project Committee

Fall 2019 – Fall 2020		
Tessa Meisner	project completed 2021	faculty mentor
Fall 2018 – Spring 2019		
Kelsey Mahoney		faculty mentor
Spring 2017 – Spring 2018		
Stacy Crill		faculty mentor
Spring 2017		
Jodi Bloxham		faculty mentor
Kristin Khoo		faculty mentor
Dean Smith		faculty mentor
Jenny Weber	project completed 2017	faculty mentor, committee member
Fall 2016 – Spring 2017		
Stephanie Walk	project completed 2017	faculty mentor, committee member
Trang Duong	project completed 2017	faculty mentor, committee member
Katherine Scott	project completed 2017	faculty mentor, committee member
Seth Webb	project completed 2017	faculty mentor, committee member
Fall 2016		
Brittany Pechous	project completed 2017	faculty mentor
Shelby Pelzer	project completed 2017	faculty mentor
Brittany Mitchell		faculty mentor

Faculty Preceptor

- 2021 Danielle Busta, MSN Nursing Student, Capella University, clinical preceptor
- 2020 Alison Givens, MSN Nursing student, University of Missouri, clinical preceptor