

CURRICULUM VITAE

PERSONAL DATA

Krista Ford, DNP, ARNP, FNP-C
Clinical Assistant Professor
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EDUCATION AND TRAINING

Year	Degree	Institution/Location
2013	Doctor of Nursing Practice Project: Implementing Behavioral Counseling to Improve Diabetes Self-Management	University of Iowa, Iowa City, IA
2011	MSN (Family Nurse Practitioner)	University of Iowa, Iowa City, IA
2006	Bachelor of Science in Nursing	Bradley University, Peoria, IL

LICENSURE

Year	Source	License	Number
2011 – Present	Iowa Board of Nursing	Advanced Registered Nurse Practitioner	A116969
2007– present	Iowa Board of Nursing	Registered Nurse	116969
2011-present	Drug Enforcement Agency	DEA License	Available Upon Request
2006-2007	Illinois Board of Nursing	Registered Nurse	

CERTIFICATIONS

Year	Source	Type	Number
2014 – 2024	Federal Motor Carrier Safety Administration	Certified Medical Examiner for DOT physicals	Available upon request
2017 – Present	American Academy of Nurse Practitioners	Family Nurse Practitioner Certification	F0811257
2020 – 2022	American Heart Association	Basic Cardiac Life Support Provider	205503514985

PROFESSIONAL EXPERIENCE

Academic Appointments

Years	Position	Institution/Location
2019 – Present	Clinical Assistant Professor	University of Iowa College of Nursing, Iowa City, IA
2013-2019	Instructional Track Lecturer/Faculty Practice	University of Iowa College of Nursing, Iowa City, IA
2008-2010	Adjunct Faculty	Kirkwood Community College, Cedar Rapids, IA

Clinical Practice Appointments

Years	Position	Institution/Location
2020 – Present	Family Nurse Practitioner, Eastern Iowa Health Center	University of Iowa College of Nursing Faculty Practice, Iowa City, IA
2019 – 2020	Family Nurse Practitioner, Linn County Public Health	University of Iowa College of Nursing Faculty Practice, Iowa City, IA
2016-present	Family Nurse Practitioner, Oaknoll Retirement Community -Developed onsite clinic for staff & resident	University of Iowa College of Nursing Faculty Practice, Iowa City, IA
2015-present	Family Nurse Practitioner, Solon Care Center	University of Iowa College of Nursing Faculty Practice, Iowa City, IA
2015 – 2019	Family Nurse Practitioner, ACT Employee Health Clinic	University of Iowa College of Nursing Faculty Practice, Iowa City, IA
2013-2016	Family Nurse Practitioner, Sycamore Health Center	University of Iowa College of Nursing Faculty Practice, Iowa City, IA
2011-2013	Family Nurse Practitioner, Primary Care Clinic North	University of Iowa Hospitals & Clinics, Iowa City, IA
2007-2013	Staff Nurse, Medical-Surgical Cardiology & Vascular/Thoracic Surgery	University of Iowa Hospitals & Clinics, Iowa City, IA

2006-2007

Staff Nurse, Medical-Surgery
Telemetry Unit

Carle Hospital, Urbana, IL

HONORS AND AWARDS

- 2022 **Innovation Award**, University of Iowa, Iowa City, IA
- 2018 **Leading Age Iowa**, nominated for Leading Edge Care and Services Award
- 2006 **Sigma Theta Tau**, International Nursing Honor Society, University of Iowa, Iowa City, IA.

SCHOLARSHIP

Publications

Journals ***databased** +**peer-reviewed**

1. +**Ford, K.**, Weltin, A., & Knox, K. (2022). Comparing Task Trainers to Standardized Patients for Gynecologic Assessment Skills. *The Journal for Nurse Practitioners*, 18(10), 1107-1110.

Scientific and Educational Research Grants

Funded

- 5/1/2020- Geriatrics Workforce Enhancement Program COVID, Marianne Smith, PI, faculty
4/30/2021 participant, 10%, Health Resources and Services Administration, T1MHP39049,
 \$90,625.00
- 1/2020- Dementia and Malnutrition, **Krista Ford**, PI, 0%, University College of Nursing, Jo
1/2021 Hoyt Freeman Dementia Education and Outreach Fund, \$10,000

Research, Clinical and/or Education Related Presentations

National

1. 2022. **Ford, K.** Nursing Care for the Patient with Dementia, Applying Age Friendly Health Care & Systems for Patients with Dementia. [presentation], Integrating the Art and Science of Neuroscience Nursing, UIHC, Iowa City, IA.
2. 2021. Achenbach, A., **Ford, K.**, Stickney, J. Telehealth Basics for NP Practice. [presentation], UIowa Csomay Center. <https://www.uiowacsomaygeroresources.com/Articles.asp?ID=295>
3. 2020. **Ford, K.** Dementia Training: Telehealth and Dementia: Best Practices in the Care of the Older Adult Population. [presentation], UIowa Csomay Center. <https://www.uiowacsomaygeroresources.com/Articles.asp?ID=289>

4. 2020. **Ford, K.** Malnutrition and Dementia: Best Practices in Care of the Adult Population. UIowa Csomay Center.[presentation], <https://www.uiowacsomaygeroresources.com/Articles.asp?ID=290>
5. 2017. Achenbach, A., & **Ford, K.** Implementation of a nurse practitioner led health coaching and wellness clinic into corporate health [poster], 24th National Evidence-Based Practice Conference, UIHC, Coralville, IA

Media Activities: Live and Recorded Interviews for Broadcast Radio and Internet Videos, and Newspaper Interviews

Media activities

- | | |
|-------------|----------------------------------------------------------------------------------------------|
| 5/2018 | Oaknoll/College of Nursing Partnership, Tyler Strand, Iowa Center for Advancement [article]. |
| 4/2014-2016 | Sycamore Health Center Blog, Facebook [health blog]. |
| 10/2013 | Opening of Sycamore Health Center, CBS [news]. |

SERVICE

Professional Service

Society/Association membership, participation, and leadership

National Organization of Nurse Practitioner Faculties

- | | |
|----------------|---------------------------------------|
| 2017 – Present | Member |
| 2021-Present | National Conference Abstract Reviewer |

Iowa Nurse Practitioner Society

- | | |
|----------------|---------------------------------------------------------------------------|
| 2011 – Present | Member |
| | 2019. Scholarship Committee, Iowa Nurse Practitioner Society [volunteer]. |
| | 2021. Scholarship Committee, Iowa Nurse Practitioner Society [volunteer]. |

American Association of Nurse Practitioners

(Formed in 2013 from merger of American Academy of Nurse Practitioners and American College of Nurse Practitioners)

- | | |
|----------------|--------|
| 2009 – Present | Member |
|----------------|--------|

Peer Evaluation of Teaching

- | | |
|------|----------------------------------------------|
| 2023 | Tonya Johannes, review of in class lecture |
| 2022 | Heather Dunn, Review of in class lecture |
| 2021 | Brandy Mitchell, Review of online lecture |
| 2021 | Dana Fowler, Review of online lecture |
| 2020 | Amalia Gedney-Lose, Review of online lecture |

University Service

University of Iowa

Clinical Preceptor (Doctoral Level)

2013 – Present Preceptor, Volunteer

Clinical Preceptor (Pre-Licensure Level), University of Iowa

2007-2011 Preceptor, Volunteer

Collegiate Service

Standing Committee Membership

University of Iowa College of Nursing

Scholarship Subcommittee

2020-Present Selection Committee, Volunteer

DNP Admissions and Progression Subcommittee (Family Nurse Practitioner)

2018 - Present Selection Committee, Volunteer

Community Service

1. 2023, **Ford, K. Topic TBD.** [invited], Oaknoll monthly dementia training, Oaknoll Retirement Residence. Iowa City, IA.
2. 2021, **Ford, K.** 4M's [invited], Oaknoll monthly dementia training, Oaknoll Retirement Residence. Iowa City, IA.
3. 2020, **Ford, K.** Telehealth and Dementia: Best Practices in Care of the Older Adult Population [invited], Oaknoll monthly dementia training, Oaknoll Retirement Residence. Iowa City, IA.
4. 2020, **Ford, K.** Malnutrition and Dementia [invited], Crestview monthly dementia training, Crestview Speciality Care. West Branch, IA.
5. 2019, **Ford, K.** Malnutrition and Dementia [invited], Oaknoll monthly dementia training, Oaknoll Retirement Residence. Iowa City, IA.
6. 2018, **Ford, K.** Understanding common types of dementia and why they are not all the same [invited], Oaknoll monthly dementia training, Oaknoll Retirement Residence. Iowa City, IA.
7. 2017, **Ford, K,** & Griffin, E. Blood pressure & BMI: What these numbers mean for you health [invited], ACT. Iowa City, IA
8. 2013, **Ford, K.** Implementing behavioral counseling to improve diabetes self-management [invited]. Provider Meeting for Primary Care Clinic North, UIHC. Iowa City, IA.

TEACHING

Instructional Activities

University of Iowa Course Instruction

Summer 2023

NURS:6703 Advanced Practice Clinical Practicum III, 20% effector, team faculty, DNP Program, 15 students

Spring 2023

NURS:5039, Advanced Diagnostic and Therapeutic Procedures for Primary Care, DNP Program,
Primary instructor & team faculty, 26 students

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, lead
faculty 56 students, 15 FNP students

NURS:5037 Health Promotion and Assessment for CNL, MSN Program, team faculty, 4 students

Summer 2022

NURS:6703 Advanced Practice Clinical Practicum III, 20% effector, team faculty, DNP Program, 16
students

Spring 2022

NURS:5039, Advanced Diagnostic and Therapeutic Procedures for Primary Care, DNP Program,
Primary instructor & team faculty, 30 students

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, lead
faculty 49 students, 15 FNP students

NURS:5037 Health Promotion and Assessment for CNL, MSN Program, team faculty, 7 students

Summer 2021

NURS:6703 Advanced Practice Clinical Practicum III, 20% effector, lead faculty, DNP Program, 7
students

Spring 2021

NURS:5039, Advanced Diagnostic and Therapeutic Procedures for Primary Care, DNP Program,
Primary instructor & team faculty, 30 students

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, lead
faculty 55 students, 17 FNP students

NURS:5037 Health Promotion and Assessment for CNL, MSN Program, team faculty, 7 students

Summer 2020

NURS:6703 Advanced Practice Clinical Practicum III, DNP Program, team faculty, 9 students

Spring 2020

NURS:5039, Advanced Diagnostic and Therapeutic Procedures for Primary Care, DNP Program,
Primary instructor & supervised 1 faculty, 10 students

NURS:5037 Health Promotion and Assessment for CNL, DNP Program, team faculty, 4 students

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, lead
faculty, 25 students total, 8 students in FNP students

Summer 2019

NURS:6703 Advanced Practice Clinical Practicum III, DNP Program, lead faculty, 20 students

Spring 2019

NURS:5039, Advanced Diagnostic and Therapeutic Procedures for Primary Care, DNP Program,
Primary instructor & team faculty, 20 students

NURS:5037 Health Promotion and Assessment for CNL, MSN Program, team faculty, 5 students

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, lead faculty, 37 students total, 9 FNP students

Summer 2018

NURS:6703 Advanced Practice Clinical Practicum III, DNP Program, lead faculty, 10 students

Spring 2018

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, lead faculty, 59 students total, 19 FNP students

NURS:6825, Doctor of Nursing Practice Project, DNP Program, 1 student

Fall 2017

NURS:6825, Doctor of Nursing Practice Project, DNP Program, 1 student

Spring 2017

NURS:5031, Health Promotion and Assessment for Advanced Clinical Practice, DNP Program, team faculty, 10 students

Fall 2016

NURS:3128, Health Assessment and Communication Across the Lifespan, BSN Program, 72 students

Spring 2016

NURS:3128, Health Assessment and Communication Across the Lifespan, BSN Program, 72 students

Fall 2015

NURS:3128, Health Assessment and Communication Across the Lifespan, BSN Program, 72 students

Spring 2015

NURS:6810, DNP Role Integration II, DNP Program, 22 students

Fall 2014

NURS:6809, DNP Role Integration I, DNP Program, 22 students

Kirkwood Community College

Summer 2009

Medical Surgical Rotations

Summer 2008

Medical Surgical Rotations

New Course Development

University of Iowa-New Course Development

2019 NURS:5039, Advanced Diagnostic and Therapeutic Procedures for Primary Care, DNP Program.

Invited Guest Lectures

Spring 2021. **Ford, K.**, Stickney, N., & Gentil-Archer, A. Q&A with nurse practitioners, NURS 3128, University of Iowa College of Nursing. (Invited, Panel).

2015, **Ford, K.** Graduation: From Scholar to Practitioner, Practical tips for new grads [invited]. NURS 6809: DNP role integration I, University of Iowa College of Nursing. Iowa City, IA.

MENTORING AND ADVISEMENT

Faculty Mentorship

University of Iowa

2016 Emily Griffin, Lecturer
Objective: development of teaching role

Student Advisement

2017 – 2018 Project Advisor – 1 DNP-FNP student, Melanie Devries

Mentoring

2021-2023 DNP Project mentor, 1 student-Audrey Helt
2015, spring Public Health Project, Co-Chair, 1 student- Jacobson, Annelise.
2015, spring Public Health Project, Co-Chair, 1 student- Kuznetsov, Aleksandra.

DNP Project Committee

Chair

2023 Thornhill, Kimberly, FNP Track, Optimization of Patients with Diabetes Mellitus through Development of a Preoperative Pathway to Improve Blood Glucose Levels, committee member

Palmer, Lizebeth, FNP Track, Engaging Primary Care Providers in Fuller Skin Assessments, committee member

Rono, Esther, FNP Track, What matters to you? Initiative to promote patient participation in their plan of care, committee member

Williams, Ashley, FNP Track, A Culturally Adapted Family Centered Diabetes Self- Management Education (DSME) Program, committee member

Schluensen, Claire, AGNP-PC Track, Root Cause Analysis and Fall Prevention Strategies, committee member

2022 Helt, Audrey, AGNP-PC Track, Decreasing Loneliness in Nursing Home Residents, committee member & mentor

Steichen, Katie, AGNP-PC Track, Implementing a Pre-Transplant Psychosocial Assessment in an Adult Stem Cell and Cellular Therapies Program, committee member

Demings, Ciara, FNP Track, Improving Bariatric Surgery Nutrient Follow up in Primary Care, committee member.

Parry, Kayla, FNP Track, Individualizing Heart Failure Education Based on Assessed Patient Need, committee member.

Kandel, Roshani, FNP Track, The promotion of Skin Integrity in Long-term care residents, committee member.

2021

Kikuts, Kendall, FNP Track, Use P-CaRES Screening Tool to Improve Supportive Care Consults, committee member.

Hutton, Brett, FNP Track, Fall Prevention in Long Term Care, committee member.

Riedesel, Megan, AGNP-PC Track, Improving Pain Assessment in the Oaknoll Health Center, completed, committee member.

Anderson, Amber, Palliative Care Referrals for Heart Failure Patients, AG-ACNP Track, completed, committee member.

Whitney Weiss, FNP Track, Limiting Inappropriate Medication Use in Elderly Patients Using the Beers Criteria and STOPP/START Criteria, May 2021, completed, committee member.

2018

Melanie Devries. Computerized Physician Order Entry (CPOE) Process Improvement for Warfarin Management within a Rural Health Care Setting, completed, chair.