

CURRICULUM VITAE

Emily M. Sinnwell, DNP, ARNP, FNP-BC, PMHNP-BC
Clinical Assistant Professor
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EDUCATION

2017, Psychiatric Fellowship, Broadlawns Medical Center, Des Moines, IA
2016, Post-Doctoral Psychiatric Certification, University of Iowa, Iowa City, IA
2014, DNP, University of Iowa, Iowa City, IA
2014, DNP Project, Increased Enrollment in Migrant Clinicians Health Network to Improve Continuity of Care among Migrant Farmworkers.
2012, MSN, University of Iowa, Iowa City, IA
2009, BSN, University of Iowa, Iowa City, IA
2006, ASN, Mercy College Health Science, Des Moines, IA

LICENSURE

2021, Iowa Board of Nursing, Advanced Registered Nurse Practitioner, PMHNP #G163053
2012, Iowa Board of Nursing, Advanced Registered Nurse Practitioner, FNP #A114795
2006, Iowa Board of Nursing, Registered Nurse, #114795

CERTIFICATIONS

2016, American Nurses Credentialing Center, Psychiatric Mental Health Nurse Practitioner, 2017035002
2012, The American Academy of Nurse Practitioner, Family Nurse Practitioner, F0912086

PROFESSIONAL EXPERIENCE

Academic Appointments

2018-present, Clinical Assistant Professor, The University of Iowa, Iowa City, IA.

Administrative Appointments

2020-present, PMHNP Assistant Director

2012-2015, Clinical Director, Proteus Inc., Des Moines, IA.

Proteus Inc., is a federally qualified health center providing primary care to migrant and seasonal farmworkers and their families. Clinical Director duties included supervision and training of all staff including other nurse practitioners, physician assistants, health

care managers, and health care aids. Other duties: grant writing, writing and implementing policies and procedures such as risk management and privacy, managing onsite pharmacy and labs, chart audits, leading the quality improvement quality assurance monthly committee, implementing clinical changes to improve patient outcomes as outlined by the Uniformed Data System (UDS) measures, facilitating site visits from Health Resources Service Administration (HRSA), maintaining health care program in compliance with HRSA grant, and implementation and continuous management of the electronic health care system.

Clinical Appointments

2019-present, Psychiatric Nurse Practitioner, Abbe Center, Iowa City, IA.

Patient population : adults with serious mental illness.

2016-present, Family Nurse Practitioner, Proteus Inc., Iowa City, IA

Patient population: migrant and seasonal farmworkers and their families. Management of chronic conditions, preventative care and well child checks, and acute care. Currently working with Proteus team to test and management large onsite COVID-19 testing for migrant farmworkers.

2017-2019, Psychiatric Nurse Practitioner, Broadlawns Medical Center, Des Moines, IA

2013-2016, Family Nurse Practitioner, Primary Health Care, Des Moines, IA

2012-2015, Family Nurse Practitioner/Clinical Director, Proteus, Inc., Des Moines, IA

HONORS AND AWARDS

2023, Practice Leadership Award-demonstrates excellence in patient-centric clinical or professional practice that enhances scholarship and education, University of Iowa College of Nursing.

2023, 40 under 40 Award-Shines a spotlight on young professionals who have made a meaningful impact on the region early in their careers, Corridor Business Journal.

2021, Outstanding Provider Award-recognizes a distinguished provider who exemplifies excellence in clinical practice and demonstrates a dedication to the health center mission and to the patients she serves, Iowa Primary Care Associations.

2021, International Award-recognizes significant contributions to human rights in the global community, Iowa City Human Rights Commission.

2020, Dean's Award- recognizes faculty that epitomize the mission and vision of the College of Nursing, University of Iowa College of Nursing.

2020, 10 to Watch: Emily Sinnwell and David Goodner-<https://www.press-citizen.com/story/news/2019/12/30/iowa-10-watch-emily-sinnwell-and-david-goodner/2686429001/> Iowa City Press Citizen.

2019, First place conference poster contest at Cambio de Colors 18th Annual Conference, St. Louis, MO.

2015, 30 Clinicians Making a Difference- <https://www.migrantclinician.org/featured-clinician/sinnwell>, Migrant Clinicians Network.

SCHOLARSHIP

Publications

Dukes K, Johnson C, **Sinnwell** E, Culp K, Zinnel D, Corwin C. Vaccination Is Important to Protect Migrant Communities but Should Be Part of a Multifaceted Approach. *Workplace Health & Safety*. 2022;70(7):309-309.

Johnson C., Corwin C., **Sinnwell**, E, Dukes L. Culp, K. Innovative Cohort Process to Minimize COVID-19 Infection for Migrant Workers. *Workplace Health & Safety*. 2022 Jan;70(1):17-23.

Corwin C, **Sinnwell** E, Culp K. A Mobile Primary Care Clinic Mitigates an Early COVID-19 Outbreak Among Migrant Farmworkers in Iowa. *Journal of Agromedicine*. 2021 Jul;1-6.

Culp K, Dukes KC, Corwin C, **Sinnwell** E. Emergency Use Authorization of COVID-19 Vaccine: Implications for Worker Communities. *Workplace Health & Safety*. 2021 April;69(4):152-153.

Culp K, Corwin C, Dukes KC, **Sinnwell** E. FDA Full-Approval for COVID-19 Vaccine Increases the Call for Mandates. *Workplace Health & Safety*. 2021 Oct; 69(11).

Other Media

Sinnwell, E., & Goodner, D. (December 2018). Dividing bars on public benches are anything but innocuous armrests. *The Press Citizen*. Retrieved from <https://www.press-citizen.com/story/opinion/contributors/guest-editorials/2018/12/07/city-should-scrap-new-ped-mall-benches/2221981002/>

Sinnwell, E. (March 2018). Glasson fought for Broadlawns workers [Letter to the Editor]. *The Des Moines Register*. Retrieved from <https://www.desmoinesregister.com/story/opinion/readers/2018/03/02/glasson-fought-broadlawns-workers/382318002/>

Galvez, Glasson, **Sinnwell**. (April 2021). Too many workers to not have access to economic recovery aid. *The Gazette*. Retrieved from <https://www.press-citizen.com/story/opinion/contributors/guest-editorials/2021/04/21/press-citizen-federal-covid-money-johnson-county-excluded-workers-opinion/7298585002/>

Lee-Son, Rivera, **Sinnwell** (August 2021). Structural racism in Johnston County assistance programs proves the need for an Excluded Workers fund. *The Gazette*. Retrieved from <https://www.thegazette.com/opinion/structural-racism-in-johnson-county-assistance-program-proves-the-need-for-an-excluded-workers-fund/>

Scientific and Educational Research Grants

2023-2024, Partnering for Vaccine Equity Project. Johnson County Public Health, \$150,000.

2022-2023, Iowa Initiative to Address COVID-19 Health Disparities, Emily Sinnwell, Principal Investigator, The Iowa Department of Public Health, \$250,000.

2022-2023, Mental Health Retreat for Immigrant Parents and Children, Mollie Tibbets Memorial Grant, \$6,000.

2022-2023 Sinnwell, E. (Co-Investigator), “Deconstructing Pediatric Stigma Across Neurodevelopment.” Sponsored by the Office of the Vice President for Research, University of Iowa, Public Non-Profit, \$10,000.

February 2021-January 2022 Sinnwell, E (Co-Investigator), *Engaging Migrant and Seasonal Farmworkers in Health Research about COVID-19 and Vaccination* Institute for Clinical & Translational Science Pilot Award, University of Iowa (co-PIs Corwin C, Dukes, K)

2021 Sinnwell, E (Co-Investigator), *Covid-19 Experiences and Vaccination Attitudes among Migrant and Seasonal Farmworkers* International Programs Summer Research Fellowship, University of Iowa (PI Dukes).

2019-2020, Simulation Training for Nurse Practitioner Faculty, Emily Sinnwell, Principal Investigator, College of Nursing, Academic Excellence Fund, \$3,000. [OB]

Other Funded Projects

2022, US/Mexico Border Services Trip, Iowa Nurse Practitioner Society, \$4800

2021, Summer Support Grant Writing, College of Nursing

2019, Humanitarian Crisis Simulation, University of Minnesota.

2019, Summer support for course development to include active learning approaches, College of Nursing.

2018-2021, Hawkeyes in Haiti Health and Business Initiative. A collaborative project with the Haitian medical community of Jeremie, Haiti and the University of Iowa College of Nursing and College of Business. Project team. A. Achenbach, A. Farag, and E. Sinnwell. Funded by the Code Foundation. \$325,000.

Research and Clinical Presentations

International

March 2023, Sinnwell, E. *Mental Health and Migrant Workers in Iowa*. International Society of Psychiatric-Mental Health Nurses. Podium presentation.

August 2020, Jennings, T & **Sinnwell**, E. *The DNP-Prepared Nurse Practitioner Improving Outcomes through Leadership and Quality Improvement in Community Health Centers*. 11th International Council of Nurses’ NP/APN Network Conference: Envisioning

N.D. Sinnwell, E. Advanced Practice Nursing Beyond 2020: Wider reach, bigger impact.
Halifax, Canada. *Cancelled due to COVID. Podium Presentation.

National

- April 2021, Corwin, C., & **Sinnwell, E.** *Preparedness and Response for COVID-19 Outbreaks among Migrant and Seasonal Farmworkers.* Presented at the 2021 Public Health Conference. Virtual Conference. Poster Presentation.
- March, 2021, Weseman, D., & **Sinnwell, E.** *Simulation in PMHNP Education: Let's Pretend this is Real.* Presented at the ISPN 2021 Annual Conference. Virtual Conference. Podium Presentation.
- September 2020, Weseman, D., & **Sinnwell, E.** *Simulation in PMHNP Education: What you need to Know.* Will be presented at American Psychiatric Nurse Association 34th Annual Conference: Orlando: FL (virtual conference). Poster
- August, 2019, Jennings, T & **Sinnwell, E.,** *The DNP-Prepared Nurse Practitioner Improving Patient Outcomes through Executive Leadership and Quality Improvement in Federally Qualified Health Center.* Presented at the 2019 12th National Doctors of Nursing Practice Conference: Washington, DC. The DNP conferences. Podium Presentation.

State/Regional

- November, 2022. Sinnwell, E. *Mental Health among Migrant Workers in Iowa.* 2022 INPS Annual Conference. Podium presentation, Invited.
- June 2019, **Sinnwell, E.** *Increased Enrollment in Migrant Clinicians Health Network to Improve Continuity of Care among Migrant Farmworkers.* Presented at Cambio de Colors (Change of Colors) 18th Annual Conference: St. Louis, MO. Poster
***Won first place in conference poster contest**

Local

- September 2023. Sinnwell, E. *Migrant Farmworkers.* College of Public Health Immigrant Health and Safety class presentation, Invited.
- April 2023. Sinnwell, E. *Mental Health and Migrant Workers in Iowa.* College of Nursing Health Equity class presentation, Invited.
- February 2023. Sinnwell, E. *Oh, the Places You'll Go! Diverseness of the Nursing Profession.* Progressive Nursing Day. Podium presentation, Invited. Keynote speaker.
- August, 2022. Sinnwell, E. *Mental Health among Migrant Workers in Iowa.* Mental HealthEquity Grand Round Serious, University of Iowa College of Medicine Department of Psychiatry. Podium presentation, Invited.
- December, 2021. Dukes, K, Martinez, O, Sinnwell, E, Iverson C, Johnson C, Zinnel D, CorwinC. *Engaging Migrant and Seasonal Farmworkers in Health Research: A Feasibility Study.* Clinical and Translational Science Association Program Annual Meeting. Virtual.

February, 2021, Dirks, M., Daack-Hirsch, S., **Sinnwell, E.** *Harmonizing Workload: how to balance and organize your work effort allocation.* Presented at Faculty Development (virtual conference). Podium Presentation. Invited.

April, 2020. **Sinnwell, E.** *Psychopharmacology for the Primary Care Nurse Practitioner.* 2020 Graduate Preceptor Conference. College of Nursing. Iowa City, IA. Podium presentation. ***Cancelled due to COVID**

July, 2019, Achenbach, A., Dirks, M., Lofgren, M., **Sinnwell, E.**, *Primary Care Association Presentation.* Primary Care Association: Human resources meeting. Des Moines, IA. Podium presentation.

SERVICE

Professional Services

2019-Present **American Psychiatric Nurses Association (APNA)**

2023-Present Immediate Past President, APNA Iowa Chapter

2019-2022 President Elect, APNA Iowa Chapter

2020-Present **International Society of Psychiatric Nurses (ISPN)**

2023-Present Secretary Foundation Board Foundation Board ISPN

2022 Abstract Reviewer for Annual Conference

2018-Present **National Organization of Nurse Practitioner Faculty (NONPF)**

2012-Present **American Association of Nurse Practitioners (AANP)**

2017-Present **Iowa Nurse Practitioner Society (INPS)**

2022-Present **American Nurses Association (ANA)**

2022-Present **Johnson County Public Health Department**

2022-Present Committee member for the Community Health Worker Program

2023-Present Committee member for the Johnson County Healthy Priorities Work

Group

2023-Present **Heartland Center for Occupational Health and Safety**

External Advisory Board

2021 Mental Health Support Group for Adolescents and Parents in Rural Iowa
Facilitator/teacher

University Service

2020-2022 The University of Iowa Immigrant and Refugee Health and Wellbeing Research
Group, member, volunteered

Collegiate Service

Task Forces and Ad Hoc Committees

- 2020-present, Council on Student Affairs, member, elected.
- 2020-2022, Strategic Planning Sub- committee: “Improving Mental Health for Students and Faculty,” member, volunteered.

Standing Committees

- 2020-2022, Scholarship committee, member, volunteered
- 2018-present, PMHNP admissions committee, member, appointed.
- 2018, FNP admissions committee, member, volunteered.

Other CON activities

- 2018-present, Psych Unite Faculty Program Group, lead, volunteered.
- 2019-present, Young PMH Nurse Clinicians Mentoring Program, volunteered.
- 2019, Interviews for undergraduate mental health instructors and graduate FNP instructors.
- 2018-2019, Initiated collaboration between CON FNP/PMHCNP programs and Federally Qualified Health Centers in the state or Iowa to increase the number of quality preceptors for clinical rotations.
- 2018-present, Haiti Study Abroad Collaboration, member, appointed.

Major resources brought to CON not reflected above

- 2019-present, Iowa Harm Reduction. Active in obtaining College of Nursing sponsorship for annual conference and in cooperating material into curriculum.
- 2019, NAMI Provider Training at the College of Nursing. Assisted with organization of this event.
- 2020, Exploring White Identity for Effective Allyship, small group facilitator, invited.

Community Service

- Iowa City Catholic Worker House, Co-founder and community member and leader, volunteered.
- Walking with Two Feet of God’s Love in Action Alongside Immigrants and Refugees, September 28th, Our Lady of Prairie Retreat, Presenter, Invited.
- Immigration: Challenges and Possibilities, September 12, 2022, St. Ludmila Social Justice Committee, Panel Discussion, Invited.