

# CURRICULUM VITAE

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University of Iowa College of Nursing  
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## EDUCATION

Year	Degree	Institution/Location
2016	Doctor of Nursing Practice	University of Iowa/Iowa City, IA
2011	Master of Science in Nursing	University of Iowa/Iowa City, IA
2008	Master in Nursing and Healthcare	University of Iowa/Iowa City, IA
2003	Bachelor of Science in Biology	U.S. Air Force Academy CO

## LICENSURE

Years	Source	License
2011-present	Iowa Board of Nursing	Advanced Registered Nurse Practitioner
2009-present	Iowa Board of Nursing	Registered Nurse

## CERTIFICATIONS

Years	Source	Certification
2011-present	American Association of Nurse Practitioners Certification Board	Family Nurse Practitioner
2014-present	Controlled Substance Act Registration	Iowa Board of Pharmacy
2014-present	U.S. Department of Justice	DEA Registration
2024-present	The London School of Hygiene and Tropical Medicine	Professional Diploma in Tropical Nursing

## PROFESSIONAL EXPERIENCE

### Academic Appointments

Years	Position	Institution/Location
2016-present	Clinical Assistant Professor	University of Iowa/Iowa City, IA

2014-2016	Lecturer	University of Iowa/Iowa City, IA
2003-2004	Instructor, Exercise Physiology.	Air Force Academy, CO

### **Administrative Appointments**

<b>Years</b>	<b>Position</b>	<b>Institution/Location</b>
2019-2022	Director, Family Nurse Practitioner Program	University of Iowa/Iowa City, IA

### **Clinical Appointments**

<b>Years</b>	<b>Position</b>	<b>Institution/Location</b>
2020-present	Family Nurse Practitioner	Eastern Iowa Health Center Cedar Rapids, IA
2014-2019	Family Nurse Practitioner	Linn County Public Health Cedar Rapids, IA
2011-2014	Family Nurse Practitioner	Peterson Air Force Base Colorado Sprins, CO
2008-2011	Emergency Room Nurse	Mercy Medical Center Cedar Rapids, IA

## **HONORS AND AWARDS**

2024 University of Iowa Institute for Teaching with **Writing, Exemplar Writing Assignment Selectee**. The “Evaluating Crucial Conversations,” assignment was selected to demonstrate the innovative use of writing as an instructional strategy. "Evaluating Crucial Conversations” and discussed with the University of Iowa faculty in *Teaching with Writing* Webinar

2021 National Organization of Nurse Practitioner Faculty, **Faculty Leadership Mentoring Program, Mentee**. This highly selective year-long program taps up to 12 NP faculty from the 500 NP programs across the US, the program provides intensive leadership development prepares each mentee as an emerging leader within their academic institutions and for leadership within the profession.

2021 **College of Nursing Student Mentoring Award**, University of Iowa

2020 **HER Women of Achievement Award. Gazette Newspaper**. The annual award recognizes individuals who are leading, inspiring, and creating positive change in Eastern Iowa.

2017 **Daisy Award for Extraordinary Nursing Faculty**. University of Iowa College of Nursing. Recognizes faculty members for their contributions to nursing's future.

2017 & 2019 **Innovation in Teaching with Technology Award**. University of Iowa College of Nursing.

2016 **Veteran Valedictorian Award, University of Iowa.** Center for Diversity & Enrichment. Recognizes graduate student with the highest GPA.

## SCHOLARSHIP

### Publications

#### Journal Articles (peer reviewed)

1. Wenger, K., Reist, L., **Achenbach, A.**, Dukes, K., Fravel, M., Knockel, L., Kuehnle, F., Reist, J., Suneja, M., Pendleton, C., Xie, X. J., & Marchini, L. (2023). Empathy levels among health professional students at a large midwestern public university - a cross-sectional study. *BMC medical education*, 23(1), 123.
2. Coffey, J., Judge-Ellis, T., **Achenbach, A.**, Gentil-Archer, A. Sullivan, E. Boche, M. Dawley, C., & Buckwalter, K. (2022). Development of a Medication Management Program in Permanent Supportive Housing. *Journal of Health Care for the Poor and Underserved*, 33(4), 2042-2051.

#### Book chapter

1. **Achenbach, A.** Bloxhom, J., and Gaylord, N. (2023). Infectious Diseases. In D.L. Garzon Maaks, M. Dirks, M. Dreissnack, K. Duderstadt, and N. Gaylord. (8<sup>th</sup>), *Burn 's Pediatric Primary Care*. Elsevier.

#### Evidence-based guidelines

1. **Achenbach, A.**, Zollinger, H., and Davis, S. (2022). *Sexually Transmitted Infections Treatment Guidelines*. Eastern Iowa Health Center. Cedar Rapids, IA.
2. **Achenbach, A.** (2014). *Smoking Cessation Policy. Peterson Air Force Back Medication Regulation Manual*. Peterson AFB, Colorado: 21<sup>st</sup> Space Wing.

#### Grants and Sponsored Projects Funded

2024 Iowa Nurse Practitioner Society Grant. Funded supported establishment of a collaborative learning opportunity between family nurse practitioner students in Iowa and Eswatini, Africa. Project lead. **Achenbach, A.**, Joseph, L., & Sinnwell, E, \$5,000.

2017-present Hawkeyes in Haiti Health and Business Initiative. A collaborative project with the Haitian medical community in Jeremie, Haiti and the University of Iowa College of Nursing and College of Business. Project lead. **Achenbach, A** & Farag. A. Funded by the Code Foundation. \$325,000.

2020 Geriatrics Workforce Enhancement Program COVID. Smith, M., PI. Faculty contributor **Achenbach, A.** Health Resources and Service Administration. T1MHP39049, \$90,625.

2019 University of Iowa Innovation in Education Award. Telehealth competencies and simulation in nursing education. Project team member. Jennings, T., **Achenbach, A.** and Prunty, A. Funded by the University of Iowa Information Technology Committee. \$25,000.

2017 University of Iowa Innovation in Education Award. Personalized Online Learning in Nursing Education. **A. Achenbach**. Funded by the University of Iowa Information Technology Committee. \$10,000.

## **Presentations**

### **International**

1. **Achenbach, A.** (2024). Cervical Cancer Screening in Eswatini. London School of Hygiene and Tropical Medicine. (invited)
2. **Achenbach, A.** & Kimm, V. (2019). Health Care for Refugee Children. 10<sup>th</sup> ICN NP/ACN Conference. International Council of Nursing. Rotterdam, Netherlands. (peer-reviewed)

### **National**

1. **Achenbach, A.** (2020). *Doctoral Level EBP and QI: The Why and How..* 2020 NONPF Fall Conference: Excellence in Virtual Education. Small group moderator. (invited)
2. **Achenbach, A.** (2020). DNP Workshop Part 6 2020 NONPF Fall Conference: Excellence in Virtual NP Education. Small group moderator. (invited)
3. **Achenbach, A.** & Kimm, V. (2019). *Providing Quality Patient-Centered Care for Refugee Children.* 40<sup>th</sup> National Conference on Pediatric Health Care. National Association of Pediatric Nurse Practitioners. New Orleans, Louisiana. (peer-reviewed)
4. **Achenbach, A.** (2018). *Health Care for Refugee Children.* American Academy of Nurse Practitioners Annual Conference. Denver, Colorado. (peer-reviewed)
5. **Achenbach A.** & Ford, K. (2017). *Implementation of A Nurse Practitioner Led Health Coaching and Wellness Clinic* in Corporate Health Care. 24<sup>th</sup> National Evidence-Based Practice Conference. University of Iowa Hospitals and Clinics, Department of Nursing, Science and Patient Care. Iowa City, Iowa. (peer-reviewed)

### **Regional/State**

1. **Achenbach, A.** (2024). *Iowa Nurse Practitioner Legislative and Practice Update.* American Association of Nurse Practitioners Region 7 Annual Meeting. (invited)
2. **Achenbach, A.** (2023). *Iowa Nurse Practitioner Legislative and Practice Update.* American Association of Nurse Practitioners Region 7 Annual Meeting. (invited)

3. **Achenbach, A.** (2022). *Iowa Nurse Practitioner Legislative and Practice Update*. American Association of Nurse Practitioners Region 7 Annual Meeting. (invited)
4. **Achenbach, A.** (2022). *Caring for Refugee Families*. Iowa Chapter of the National Association of Pediatric Nurse Practitioners Annual Conference. Newton, IA. (invited)
5. **Achenbach, A.** Ford, K., and Stickney, J. (2021). *Telehealth Basics for NP Practice*. University of Iowa Cosmay Center. (invited)
6. **Achenbach, A.** (2019). *I'm in charge...now what?* Women in Leadership Lecture & Discussion. University of Iowa Air Force ROTC. Iowa City, IA (invited)
7. **Achenbach, A.** (2019). *Hawkeyes in Haiti Health Initiative*. University of Iowa College of Nursing Research Forum. Iowa City, Iowa. (invited)
8. **Achenbach, A.** & Meador, H. (2017). *Caring for Refugee Students*. Annual School Nurse Conference. University of Iowa College of Nursing. Iowa City, IA. (invited)
9. **Achenbach A.** & Mhatre, S. (2016). *Personalized Online Learning in Nurse Education*. University of Iowa Technology Committee. Iowa City, Iowa. (invited)
10. **Achenbach, A.** (2013). *Smoking Cessation*. 21<sup>st</sup> Medical Group Continuing Education. Peterson Air Force Base, Colorado. (invited)
11. **Achenbach, A.** (2012). *Pillars of Health*. 21<sup>st</sup> Space Wing Standdown Day. Peterson Air Force Base, Colorado. (invited)
12. **Achenbach, A.** (2012). *Patient Centered Medical Home*. 21<sup>st</sup> Medical Group Continuing Education. Peterson Air Force Base, Colorado. (invited)

## **SERVICE**

### **Editorial and Peer Review Service**

#### **Peer review of scholarly products**

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|------|---|
| 2024 | Abstract reviewer, National Organization of Nurse Practitioner Faculties. 50th Annual Conference. |
| 2023 | Abstract reviewer, National Organization of Nurse Practitioner Faculties. 50th Annual Conference. |

- 2022 Abstract reviewer National Organization of Nurse Practitioner Faculties. 49th Annual Conference.
- 2021 Abstract reviewer. National Organization of Nurse Practitioner Faculties. 48th Annual Conference.

### **Review of nominations for awards, honors or scholarships**

- 2022 to 2024 Award Review Committee, Chair. American Association of Nurse Practitioners. State of Iowa Nurse Practitioner Excellence Award.
- 2015-2017 NP Student Scholarship Review Committee, Chair Iowa Nurse Practitioner Society.
- 2015-2017 NP Grant Review Committee, Chair. Iowa Nurse Practitioner Society.

### **Professional Service**

#### **American Association of Nurse Practitioners**

- 2011-present Member
- 2022-present Iowa State Liaison (elected)

#### **Iowa Nurse Practitioner Society**

- 2011- present Member
- 2015-present Legislative Committee Member (volunteer)
- 2015-2017 Northeast District Representative (elected)
- 2015-2017 Scholarship and Grant Committee Chair (volunteer)

#### **National Organization of Nurse Practitioner Faculties**

- 2014-present Member
- 2017-present International SIG Member

#### **Sigma Theta Tau**

- 2009-2018 Member
- 2009-2011 Chapter Key (elected)

### **University Service**

- 2023-present Faculty Senate, University of Iowa, member (elected).
- 2018-2022 University of Iowa Mobile Health Clinic. Health Care Provider volunteer.

### **Collegiate Service**

- 2024- present Council on Faculty, Member. (elected)
- 2024-present Nominations Subcommittee, Chair. (appointed)
- 2021-2024 Council on Curriculum, Member. (elected)
- 2018-2022 Scholarship Committee. Member, appointed.
- 2018-2021 Awards Committee, Chair, appointed.
- 2019-2022 Family Nurse Practitioner Admission Subcommittee. Chair appointed.
- 2017-2019 Council on Faculty. Member elected.
- 2016-2018 Technology Committee, Member volunteered.

### **Community Service**

2019-present Catholic Worker House Iowa City, Iowa. Volunteer.  
2007-2011 Cedar Rapids Community Free Health Clinic. Nurse Volunteer.

## **TEACHING**

### **Instructional Activities**

Summer 2024 to present      Invited curriculum consultant for the Tropical Nursing  
Certification program at The London School of Hygiene and Tropical  
Medicine, United Kingdom.

### **University of Iowa**

Fall 2024	NURS 6809: Doctor of Nursing Practice Role 1: Introduction (Course lead)
Spring 2024	NURS:6201: Primary Care: Adult & Older Individuals II. (Course lead). NURS: 6827: Doctor of Nursing Practice Project II
Fall 2023	NURS 6809: Doctor of Nursing Practice Role 1: Introduction (Course lead) NURS 6826: Doctor of Nursing Practice Project I
Spring 2023	NURS:6201: Primary Care: Adult & Older Individuals II. (Course lead). NURS: 6827: Doctor of Nursing Practice Project II
Fall 2022	NURS 6809: Doctor of Nursing Practice Role 1: Introduction (Course lead) NURS 6826: Doctor of Nursing Practice Project I
Spring 2022	NURS:6201: Primary Care: Adult & Older Individuals II. (Course lead). NURS: 6827: Doctor of Nursing Practice Project II
Summer 2022	NURS 5035: Graduate Pharmacology Specialty for Family Nurse Practitioners (Course lead)
Fall 2021	NURS 6200: Primary Care: Adult & Older Individuals I. (Course lead) NURS 6826: Doctor of Nursing Practice Project I
Spring 2021	NURS:6201: Primary Care: Adult & Older Individuals II. (Course lead). NURS: 6829: Doctor of Nursing Practice Project VI
Summer 2021	NURS 5035: Graduate Pharmacology Specialty for Family Nurse Practitioners (Course lead)
Fall 2020	NURS 6200: Primary Care: Adult & Older Individuals I. (Course lead) NURS 6826: Doctor of Nursing Practice Project I
Spring 2020	NURS:6201: Primary Care: Adult & Older Individuals II. (Course lead) NURS 6827: Doctor of Nursing Practice Project II NURS: 6829: Doctor of Nursing Practice Project VI
Summer 2020	NURS 5035: Graduate Pharmacology Specialty for Family Nurse Practitioners (Course lead) NURS 6703: Advanced Practice Clinical Practicum III

Fall 2019      NURS:6200: Primary Care: Adult & Older Individuals I. (Course lead)  
                   NURS 6826: Doctor of Nursing Practice Project I  
                   NURS: 6828: Doctor of Nursing Practice Project III

Spring 2019    NURS:6201: Primary Care: Adult & Older Individuals II. (Course lead).  
                   NURS: 6829: Doctor of Nursing Practice Project VI

Summer 2019   NURS 5035: Graduate Pharmacology Specialty for Family Nurse Practitioners (Course lead)

Fall 2018        NURS:5023: Pathophysiology Adv Clinical Practice. (Course lead).  
                   NURS:6200: Primary Care: Adult & Older Individuals I. (Course lead)  
                   NURS 6826: Doctor of Nursing Practice Project I

Spring 2018    NURS:3518: Pathology. (Course lead).  
                   NURS: 5024: Pathophysiology for Advanced Clinical Practice II.  
                   NURS: 6829: Doctor of Nursing Practice Project IV

Summer 2018   NURS 5035: FNP: Graduate Pharmacology Specialty (Course lead)

Fall 2017        NURS: 3518: Pathology. (Course lead)  
                   NURS: 5023 Pathophysiology for Advanced Clinical Practice I.  
                   NURS: 6826: Doctor of Nursing Practice Project I

Spring 2017    NURS:3518: Pathology. (Course lead).  
                   NURS: 5024: Pathophysiology for Advanced Clinical Practice II.  
                   NURS: 5034: Pharmacotherapeutics for Advanced Practice Nursing II.

Summer 2017   NURS 5035: Graduate Pharmacology Specialty for Family Nurse Practitioners (Course lead)

Fall 2016        NURS:3518: Pathology. (Course lead).  
                   NURS: 5023: Pathophysiology for Advanced Clinical Practice I.  
                   NURS: 5033: Pharmacotherapeutics for Advanced Practice Nursing I.

Spring 2016    NURS:3518: Pathology

Fall 2015        NURS:3518: Pathology

Spring 2015    NURS:3518: Pathology

Fall 2014        NURS:3528: Pathology

## **Mentoring and Advisement**

### **Faculty Mentoring**

### **University of Iowa**



2019-2021 Jessica Anderson, DNP, ARNP, FNP-C, Lecturer. mentor  
2019-2021 Brandy Mithcell, DNP, ARNP, AGNP-C, WHNP-C, Clinical Assistant Professor.  
Teaching Mentor.  
2018-2019 Allison Nai-Ching, PhD, RN, Assistant Professor. Teaching Mentor.

### **Student Advisement**

#### **College of Nursing**

2019-2022 Advisor to 50 BSN to DNP FNP students.  
  
2018-2019 BSN Community and Public Health Project Group Advisor.  
Project: Improving health outcomes in Jeremie, Haiti  
  
2015-2019 BSN Class of 2019 Mentor. Cohort of 72 BSN students.

#### **Tippie College of Business**

Summer 2018 Mandela Washington Fellowship Mentor. Mentor to three health care entrepreneurs from Africa. Project sponsored by the University of Iowa College of Business.

### **DNP Project Chair**

#### **University of Iowa**

2018-present Chaired 40 BSN to DNP FNP project

### **Clinical Preceptor**

#### **University of Iowa**

2017-present DNP family practice preceptor 120 hours per semester.