

## **CURRICULUM VITAE**

Leslie R. Arends, DNP, ARNP, CPNP  
Clinical Assistant Professor  
College of Nursing  
The University of Iowa  
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## **EDUCATION**

<b>Year</b>	<b>Degree</b>	<b>Institution and Location</b>
2014	Doctor of Nursing Practice (Primary Care Pediatric Nurse Practitioner)	University of Iowa, Iowa City, IA
2009	Bachelor of Science in Nursing	University of Iowa, Iowa City, IA

## **LICENSURE**

<b>Year</b>	<b>Source</b>	<b>License</b>	<b>Number</b>
2014 – present	Iowa board of Nursing	Advance Registered Nurse Practitioner – Pediatric Primary Care	C124159
2009 – present	Iowa board of Nursing	Registered Nurse	124159

## **CERTIFICATIONS**

<b>Year</b>	<b>Source</b>	<b>Type</b>	<b>Number</b>
2014 – present	Pediatric Nursing Certification Board	Certified Pediatric Nurse Practitioner (CPNP)	20141698
2019 – present	American Heart Association	Basic Life Support	N/A

## **PROFESSIONAL EXPERIENCE**

### **Academic Appointments**

<b>Year</b>	<b>Position</b>	<b>Institution/Location</b>
2016 – Present	Clinical Assistant Professor	University of Iowa College of Nursing Iowa City, IA

## Clinical Appointments

Year	Position	Institution/Location
2014 – 2016	Pediatric and Perinatal Palliative Care ARNP	UnityPoint at Home Urbandale, IA
2010 – 2014	Registered Nurse	UnityPoint Health Blank Children's Hospital Des Moines, IA

## HONORS AND AWARDS

2024	Nursing Classification & Clinical Effectiveness (CNC) Fellow
2024	College of Nursing Collegiate Teaching Award - nominated by student
2019	Graduating Class of 2019 Faculty and Staff Recognition – nominated by students for making a positive difference in their lives during their education at the University of Iowa

## SCHOLARSHIP

### Publications

#### Journals

1. **Arends, L.** (2024). Improving child passenger safety through proper restraint system use, *The American Journal of Nursing*
2. Vignato, J. A., Gleason, N., **Arends, L.**, & Nicholson, A. (2020). Decreasing nursing student workload and stress: An innovative method to reform clinical assignments across the curriculum, *Nursing Education Perspectives*, 10.1097/01.NEP.0000000000000702.  
<https://doi.org/10.1097/01.NEP.0000000000000702>

#### Book

1. Wagner, C. W., Butcher, H. K., & Clarke, M. F. (2023). *Nursing intervention classification (NIC)* (8th ed.). Elsevier.
  - a. Contributor.

## Research and Clinical Presentations

### National

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation: Nuts and Bolts for Nurse Educators Conference, NurseTim INC, Minneapolis, MN. (peer-reviewed, poster)

### State/Regional

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation in Undergraduate Nursing Education, Innovations in Nursing Education Conference, Iowa Association of Colleges of Nursing, Des Moines, IA. (peer reviewed, podium presentation)

## SERVICE

### Professional Service

National Association of Pediatric Nurse Practitioner – Iowa Chapter (formerly IANP)  
2018 – present                      Continuing Education Conference Planning Committee, Member  
2013 – present                      Member

National Association of Pediatric Nurse Practitioners (NAPNAP)  
2013 – present                      Member

Blank Children’s Hospital – UnityPoint Health Systems  
2014 –2016                      Pediatric Bereavement Committee, Member

### University Service

2023 - 2024                      IPE Steering Committee - Graduate College of Nursing representative  
  
2020                                  Spring Interprofessional Education (IPE), Volunteer Faculty Facilitator

### Collegiate Service

#### Standing Committees

2020 – 2024                      Interprofessional Education (IPE) Task Force, Co-chair  
  
2019 – present                      BSN Admission/Progression Subcommittee, Member  
  
2018 – 2020                      PNP Admissions/Progression Subcommittee, Member  
  
2018 – 2019                      Practicum Preparation and Care Planning Subcommittee, Member

2016 – 2023                      Scholarship Subcommittee, Member

### **Faculty Mentoring**

2022 – 2023      Danielle Busta, Annalise Jacobson, Megan Mobley

2021 – 2022      Tessa Meisner

Spring 2021      Katrina Martin

2020 – 2022      Alison Tesensky & Elyse Laures

2020 – 2021      Maja Campbell & Miranda Carlson

2019 – 2020      Margaret Brimeyer

### **Other CON activities**

2018 – 2023                      Semester 3 Teaching Team, Team lead, appointed

2023                                  Kids Go STEM, event volunteer

## **TEACHING**

### **Instructional Activities**

#### **University of Iowa College of Nursing**

##### **Fall 2024**

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

NURS:6828:0EXW DNP Project 3, Faculty, DNP program, 10 students

##### **Spring 2024**

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN, MSN-EIP, and DNP programs

NURS:6829:0EXW DNP Project 4, Faculty, DNP program, 8 students

##### **Fall 2023**

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 3, Faculty coordinator, BSN, MSN-EIP, and DNP programs

NURS 6826 DNP Project 1, Faculty, DNP program, 10 students

##### **Spring 2023**

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN, MSN-EIP, and DNP programs

**Fall 2022**

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

OSAC-IPE Interprofessional Skills and Team-Based Care 3, Faculty coordinator, BSN and DNP program

**Spring 2022**

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN and DNP program

**Fall 2021**

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for BSN and DNP programs

OSAC-IPSIII Interprofessional Skills and Team Based Healthcare 3, faculty coordinator for BSN and DNP programs

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

**Spring 2021**

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program

NURS:3651 Advanced Clinical Concepts for Nursing, Instructor, BSN program, 8 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

**Fall 2020**

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for DNP program

OSAC-IPSIII Interprofessional Skills and Team Based Healthcare 3, faculty coordinator DNP program

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 3-4 students/section, 4 sections

NURS:3651 Advanced Clinical Concepts for Nursing, Instructor for Pediatric Simulation, BSN program, 72 students

NURS 6828 DNP Project 3, Faculty, DNP program, 1 student

**Spring 2020**

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program

NURS 6827 DNP Project 2, Faculty, DNP program, 1-2 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

**Fall 2019**

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS 6826 DNP Project 1, Faculty, DNP program, 1 student

**Spring 2019**

NURS 6827 DNP Project 2, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

**Fall 2018**

NURS 6826 DNP Project 1, Faculty, DNP program, 2 students  
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections  
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students  
NURS:4099:4133 Spr19 Honors Independent Study Faculty advisor, BSN program, 1 student

### **Spring 2018**

NURS 6825 DNP Project, Faculty, DNP program, 1 student  
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections  
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

### **Fall 2017**

NURS 6825 DNP Project, Faculty, DNP program, 1 student  
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections  
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students  
NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

### **Spring 2017**

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students  
NURS 6825 DNP Project, Faculty, DNP program, 8-10 students  
NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections  
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students  
NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

### **Fall 2016**

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students  
NURS 6825 DNP Project, Faculty, DNP program, 1-4 students  
NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

### **Advisement**

#### **Young Pediatric Nurse Clinician Program**

2018 – 2024                      Director  
   7-8 BSN students/semester, appointed  
   Courtney Tiff, Maren McNees, Megan Shaler, Danielle Healey, Halle Wilmott, Monica Samples, Jesse Weiss, Gabrielle Garcia, Annika Ekstam, Payton Hancox, Kelsey Calomino, Caitlyn Whitt, Brooklyn Gries, Megan Abatto, Molly Brennan, Narinsu Sengullu, Meredith Russell, Maggie Dahlstrom, Kelly Bush, Reegan Schmidt, Catherine Miles, Emma Tews, Katie Gilmore, Shannon Doyle, Isabella Fain, Madison Trotter, Aubri McClung, Cassidy Ford, and Alydia Tyler

#### **BSN Honors Project**

2018    Madalyn Mauro, Creation of a Child Life Therapy Brochure, completed December 2018, faculty mentor  
  
2017    Margaret Timm, Creation of an Adolescent Sexual and Reproductive Health Brochure, completed May 2017, faculty mentor

#### **DNP Project Defense Committee**

Spring 2024

Amanda Parrott          PNP-PC

Transition Readiness & Education Among Adolescent Patients with Congenital Heart Disease

Spring 2017

Jenny Weber

Stephanie Walk

Trang Duong

Katherine Scott

Seth Webb

**Faculty Preceptor**

2021    Danielle Busta, MSN Nursing Student, Capella University, clinical preceptor

2020    Alison Givens, MSN Nursing student, University of Missouri, clinical preceptor