# **CURRICULUM VITAE**

Chooza Moon, PhD, RN Associate Professor

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## **EDUCATION**

2017	Postdoc	University of Wisconsin-Madison, School of Nursing, Madison, WI
2016	PhD, Nursing	University of Wisconsin-Madison, School of Nursing, Madison, WI
		Minor: Clinical investigation
		PhD Dissertation: Sleep Apnea, Heart Failure, and Brain
		(University of Wisconsin -Madison ProQuest Dissertation publishing 2016,
		10192741)
2010	MS, Nursing	University of Pennsylvania, School of Nursing, Philadelphia, PA
		Role Preparation: Adult Acute Critical Care Nurse Practitioner
2005	BS, Nursing	Catholic University of Korea, College of Nursing, Seoul, Korea
		LICENSURE
2017 -	current	Registered Nurse, State of Iowa, USA, License # 148807
2017 - current		
2008 - current		Registered Nurse, State of New York, USA, License # 593208
2011 - current		Registered Nurse, State of Wisconsin, USA, License # 178691

# **CERTIFICATIONS**

Registered Nurse, South Korea, License # 212152

2011 Acute Care Nurse Practitioner/American Nurses Credentialing Center (Expired)

#### PROFESSIONAL EXPERIENCE

# Academic Appointments

July 2024 – Present	Associate Professor, University of Iowa, College of Nursing, Iowa City, IA
Sep 2017 – Jun 2024	Assistant Professor, University of Iowa, College of Nursing, Iowa City, IA

## **Research Positions**

2005 - current

Aug 2016- Aug 2017 Research Associate, postdoctoral fellow, University of Wisconsin-Madison, School of Nursing, Madison, WI

- Jan 2013 Aug 2016 Research Assistant/ Project Assistant, University of Wisconsin-Madison, School of Nursing, Madison, WI "Heart and Brain Connection study" (PI: Lisa Bratzke PhD RN ANP-BC FAHA)
- Nov 2011 Aug 2016Research Assistant, William S. Middleton Memorial Veterans Hospital, Geriatric Research, Education and Clinical Center, Madison, WI "Sleep and Memory Study" (PI: Cynthia Phelan PhD RN)
- Sep 2012 Aug 2015 Research Assistant, University of Wisconsin-Madison, School of Nursing, Madison, WI "Improving Bone Health Among Older Adults in Rural Wisconsin Communities" (PI: Diane Lauver PhD RN FAAN)
- Jan 2009 Aug 2009 Research Assistant, University of Pennsylvania, School of Nursing, Philadelphia, PA "The Effects of Transition of Living Situation in Elderly Population" (PI: Sheila Molony PhD RN)

# Clinical Appointments

Jun 2005 – Jul 2008 Registered Nurse, Seoul St. Mary's hospital, Catholic University of Korea, Seoul, Korea

#### **HONORS AND AWARDS**

Apr 2023 Aug 2022	Collegiate Teaching Award, University of Iowa College of Nursing Butler-Williams Scholar Program, National Institute of Health/ National Institute on
11ug 2022	Aging
Jul 2022	Alzheimer's Association International Conference Travel Award
Mar 2020	Midwest Nursing Research Society Gerontology Research Interest Group New Investigator Award
Jun 2019	University of Iowa Old Gold Summer Fellowship
Jun 2018	Sleep Research Society 2018 Career Skills Early Career Stage Clinical Investigator
Juli 2016	Award
Jun 2016	Sleep Research Society Trainee Merit Based Award, Sleep Research Society
Dec 2014	Vilas Conference Presentation Award, University of Wisconsin-Madison
Nov 2014	American Heart Association's Council on Cardiovascular and Stroke Nursing (CVSN)
	Early Career Travel Award, American Heart Association
May 2014	Signe Skott Cooper Writing Award, University of Wisconsin-Madison
Sep 2013	Wisconsin Distinguished Graduate Fellowship, University of Wisconsin- Madison
Sep 2011	Biological Science Scholar Award, University of Wisconsin-Madison
Sep 2009	Induction into Sigma Theta Tau International Nursing Honor Society
Feb 2005	Best student in practical nursing student among class of 2005, The Catholic University
	of Korea
Mar 2002	Academic Excellence Scholarship, The Catholic University of Korea Mar
Mar 2004	Alumni Scholarship, The Catholic University of Korea

#### **SCHOLARSHIP**

## **Publications**

# Peer Reviewed Papers (\*databased, <u>underline-student trainee/mentees</u>)

- 1. \*Mayer, C., Kim, DW, Zhang, M., Lee, M.P., Forger, D.B., Burgess, H.J., & **Moon,** C., (in press). Predicting circadian phase in community-dwelling later-life adults using actigraphy data, *Journal of Sleep Research*
- 2. <u>Zhang, M.,</u> Chi, NC, SE, Gardner, & **Moon, C.** (2024). Rest-activity rhythm and cognitive function in older adults: A scoping review and integrative framework, *Geriatric Nursing*, 61. 80-90.
- 3. \*Moon, C., Schneider, A., Cho, Y. E., Zhang, M., Dang, H., & Vu, K. (2024). Sleep duration, sleep efficiency, and amyloid β among cognitively healthy later-life adults: a systematic review and meta-analysis. *BMC geriatrics*, 24(1), 408. https://doi.org/10.1186/s12877-024-05010-4
- 4. Souza-Talarico J.N., Chesak S., Elizalde N., Liu W., **Moon C.**, Oberfrank N. D. C. F, Rauer, A. J., Takao C. L., Shaw, C., Saravanan, A., Longhi Palacio F. G., & Buck, H. (2024) Exploring the interplay of psychological and biological components of stress response and telomere length in the transition from middle age to late adulthood: A systematic review. *Stress Health*: e3389. doi: 10.1002/smi.3389. Epub ahead of print. PMID: 38442010.
- 5. \*Moon, C., Hoth, K. F., Perkhounkova, Y., Zhang, M., Lee, J., Hein, M., Hopkins, L., Magnotta, V., & Burgess, H. J. (2023). Circadian timing, melatonin and hippocampal volume in later-life adults. *Journal of sleep research*, e14090. Advance online publication. https://doi.org/10.1111/jsr.14090
- 6. \*Moon, C., Benson, C.J., Albashayreh, A., Perkhounkova, Y., & Burgess, H.J., (2022) Sleep, Circadian Rhythm Characteristics and Melatonin Levels in Later Life Adults with and without Coronary Artery Disease. *Journal of Clinical Sleep Medicine*
- 7. \*Schneider, A. C., Moon, C., Whitaker, K. M., Zhang, D., Carr, L. J., Bao, W., & Xiao, Q. (2022). Cross-sectional and prospective associations between self-reported sleep characteristics and cognitive function in men and women: The Midlife in the United States study. *Journal of sleep research*, Journal of sleep research, 31(3), e13515.
- 8. \* Farag, A., **Moon, C.**, & Xiao, Q. (2021). Work and Personal Characteristics Associated With Sleep Behavior Among Acute Care Nurses. *Journal of Nursing Regulation*, 12, 40-51.
- 9. \* Schneider, A. C., Moon, C., Whitaker, K., Zhang, D., Carr, L. J., Bao, W., & Xiao, Q. (2021). Association of Sleep With Risk of Alzheimer's Disease Mortality: NIH-AARP Diet and Health Study. *Journal of applied gerontology: the official journal of the Southern Gerontological Society*, 41(4), 1057–1065.
- 10. \*Kim, D., Roberts, T, & **Moon, C.** (2021) Relationships among types of activity engagement and sleep quality among older adults. *BMJ Geriatrics*, 21(1), 87.
- 11. Moon, C. (2020). A need for comprehensive care planning for excessive daytime sleepiness

- symptoms in older adults who receive long-term services and support. *International Psychogeriatrics*, 32(7), 799-801.
- 12. \*Moon, C., Hagen E.W., Johnson, H.M., Brown, R.L., & Peppard, P.E. (2020). Longitudinal Sleep Characteristics and Hypertension Status: Results from the Wisconsin Sleep Cohort Study. *Journal of Hypertension*, *39*(4), 683–691.
- 13. Lor, M., Oyessanya, T, Chen, C. Cherwin, C., & **Moon,** C. (2018). Postdoctoral opportunities for nursing PhD graduates: A resources guide, *Western Journal of Nursing Research*, 41 (3). 459-476.
- 14. \*Moon, C., Bendlin B. B., Melah, K.E, & Bratzke, L.C. (2018). The Association of Sleep-Disordered Breathing and White Matter Hyperintensities in Heart Failure Patients, *Metabolic brain disease*, 33, 2019-2029.
- 15. \*Moon, C., Melah, K.E., Johnson, S.C., Bratzke, L.C. (2018). Sleep-Disordered Breathing, Brain Volume, and Cognition in Older Individuals with Heart Failure, *Brain and Behavior*, 8(7), e01029.
- 16. \*Bratzke, L. C., Carlson, B.A., Brown, R.L., **Moon,** C., Koscik, R.L., & Johnson, S.C. (2018). Multi-morbidity: implications for cognition findings from the Wisconsin Registry for Alzheimer's Prevention (WRAP). *Applied Nursing Research* 42, 56-61.
- 17. \*Moon, C., Melah, K.E.,Rivera-Rivera, L., & Bratzke, L.C. (2018). Multimodal Brain Imaging Investigation of Self-Reported Sleep Quality and Daytime Sleepiness in Older Adults with Heart Failure, The International Journal of Neuroscience, 128 (11), 1044-1051.
- 18. \*Liebzeit, D., Phelan, C., **Moon,** C., Brown, R., & Bratzke, L. (2016). Rest-Activity Patterns in Older Adults with Heart Failure and Healthy Older Adults. *Journal of Aging and Physical Activity*, 25 (1), 116-122
- 19. \*Moon, C., Phelan, C. H., Lauver, D. R., & Bratzke, L. C. (2016). A Narrative Review of How Sleep-Related Breathing Disorders and Cardiovascular Diseases Are Linked: An Update for Advanced Practice Registered Nurses. *Clinical Nurse Specialist CNS*, 30(6), 347–362.
- 20. \*Moon, C., Yoon, J. Y., & Bratzke, L.C. (2016). Sleep Disturbance, Heart Failure, and Cognitive Function in Older Individuals: A Mediation Analysis. *Western Journal of Nursing Research*, 39(4) 473-491.
- 21. \*Moon, C., Phelan, C. H., Lauver, D. R., & Bratzke, L. C. (2015). Is sleep quality related to cognition in individuals with heart failure? *Heart & Lung: The Journal of Critical Care*, 44(3), 212–218. http://doi.org/10.1016/j.hrtlng.2015.02.005
- 22. **Moon,** C (2012). Preoperative Intra-Aortic Balloon Pumping in High Risk Cardiac Surgery Patients. *Dimensions of Critical Care Nursing*, 31(4), 223-227.

# **Scientific and Educational Research Grants**

# **Intramural Research Grants**

Funded	Intramurar Research Grants
2024-2025	Circadian Rhythms and Nural Circuitory in Later Life Adults (PI) Jo Hoyt Freeman Dementia Education and Outreach Fund, University of Iowa College of Nursing \$5,000
2024-2025	Circadian Rhythms and Nural Circuitory in Later Life Adults (PI) Woodrow W. Morris Gerontology Research Award, University of Iowa College of Nursing \$10,000
2022-2023	Move-ome: mapping 24-hour activity cycles in midlife to promote lifelong cognitive health and resilience, (PI: Voss, Role: Co-I) Jumpstarting Tomorrow Award, No grant ID, \$75,000
2022-2023	AYA Survivorship Study, (PI: Carr, Role: Co-I) University of Iowa Hospital Clinics Adolescent and Young Adult Cancer Program, No grant ID, \$24,961
2022-2023	Adverse Childhood Event, Cognitive Behavioral Therapy for Insomnia, and Cardiovascular Disease (PI: Jenkins, Role: Co-I), UI Injury Prevention Research Center, No grant ID, \$22,500
2018 – 2020	A Pilot for the Healthy Aging and Heart Study, Moon PI, Barbara and Richard Csomay Center for Gerontological Excellence, Moon (PI), The University of Iowa College of Nursing, No grant ID, \$15,000
2019- 2020	A Pilot for the Sleep, Heart, and Aging Study Collaborative. Moon PI, Center on Aging, University of Iowa, No grant ID, \$25,000
2014 – 2016	Comparing Brain Structures by Presence of Obstructive Sleep Apnea in Individuals with Heart Failure. Moon PI, Sigma Theta Tau Beta Eta- At- Large, No grant ID, \$1,500
Funded	Extramural Research Grants
2021-2024	Predictive MCC Combinations on Alzheimer's Pathology and Symptoms, Moon (Pilot PI, 20%), Gardner & Rakel (MPI), Center for Advancing Multimorbidity Science: Profiling risk and symptom expression to develop customized therapies for adults with multiple chronic conditions (CAMS), NIH/ NINR P20 NR018081, \$62,500
2019-2024	Circadian Rhythm, Sleep, and Brain in Aging. Moon, PI 20%. Alzheimer's Association. AARG-19-618403, \$150,000
Pending	
2024	Optimal Composition and Rhythms of 24-Hour Activity Cycle to Preserving
11-25-2024	

Hippocampal Metabolites and Function in Aging, Moon, PI, National Institute of Aging, 1R01AG093960. Score: 52, 43 Percentile.

# Unfunded

2024	Circadian Rhythm Characteristics and Hippocampal Neural Circuits in Later Life
	Adults, Moon, PI, National Center for Advancing Translational Sciences,
	1R03TR005532. Score: Not Scored
2023	24-Hour Activity Cycle and Hippocampal Metabolites and Function in Aging, Moon,
	PI, National Institute of Aging, R01AG085303. Score: 45, 30 Percentile.
2023	24-Hour Activity Cycle and Hippocampal Metabolites and Function in Aging, Moon,
	PI, National Institute of Aging, 1R01AG085303-01A1. Score: 49, 42 Percentile.

# **Training Grants (funded)**

**Intramural Training Grants** (Funded, followed by pending)

- 2021 2024 Circadian Rhythms, Multimorbidity, and Neural Alterations, Moon (Scholar 75%), NIH/ACTS KL2TR002536 (PI: Bassuk), \$264,079
- 2013 2014 Sleep and Cognition in Heart Failure Patients, Moon (PI), Wisconsin Distinguished Graduate Fellowship University of Wisconsin- Madison, \$18,756

# Research and Clinical Presentations (\* databased, <u>underline-student trainee/mentee</u>.)

#### International

- 1. 2024 Weimar, L., , Burgess, J. H., Magnotta, V. A, Axelson, E. D., Cochran, J.J., Hopkins, L., **Moon, C.**. (2024) Associations Between Circadian Timing and White Matter Microstructure,, 2024 Alzheimer's Association International Conference, July 27-Aug 1, Philadelphia, PA
- 2. 2023\_\*Zhang, M., Hoth, K.F., Linkinmyer, C., **Moon**, C., 24-hour rest-activity rhythms and cognition in community dwelling older adults July 16- July 20, Amsterdam, Netherlands [peer reviewed poster presentation]
- 3. 2023 \*Moon, C., Zhang, M., Tran-Dong, M., & Lee, J., Effects of Physical Activity Interventions on Brain Metabolites: A systematic review and meta-analysis, July 16- July 20, Amsterdam, Netherlands [peer reviewed poster presentation]
- 4. 2023 \*Moon, C., Hoth, K.F., Perkounkova, Y., Zhang, M., Lee, J., Hein, M., Hopkins, L., Magnotta, V., Burgess, H.J., Circadian Timing, Melatonin, and Hippocampal Volume in Later Life Adults, July 16- July 20, Amsterdam, Netherlands [peer reviewed poster presentation]
- 5. **2022** \* **Moon**, C., Zhang, M., Wang, B., & Hoth. K.. Longitudinal association between multimorbidity, cognitive decline and neuropsychiatric symptoms, 2022 Alzheimer's Association International Conference, July 31- Aug 4, San Diego, CA [peer reviewed poster presentation]
- 6. 2022 **Moon, C.** Circadian rhythms and brain aging, Seoul National University, Seoul, Korea, Invited Talk.

- 7. 2022 **Moon, C.** Sleep in Stroke Patients, International Conference Stroke Update 2022, Seoul, Korea, Invited Talk.
- 8. 2019 **Moon, C.** Exploring the Roles of Sleep and Circadian Rhythm in Cognitive Aging. Seoul National University, Seoul, Korea. Invited Talk

#### National

- 1. 2023 \*Joen, B., & Moon, C. The rest-activity rhythms and its association with metabolic syndrome in middle-aged adults. Poster presentation, SLEEP 2023 Conference, June 3-7, Indianapolis, IN [peer reviewed poster presentation]
- 2. 2023 \*Zucker, A.C., Schwager L.E., Hart T.W, Flores M.H., **Moon, C**; Thomas, E.B.K., & Jenkins, N.D.M. (2023) Preliminary Investigation of Links Between Adverse Childhood Experiences and Device-Measured Sleep Characteristics in Young Adults, Submitted to SLEEP 2023 Conference, June 3-7, Indianapolis, IN [peer reviewed poster presentation]
- 3. 2023 \*Flores, M.H., Schwager L.E., **Moon, C.**, Thomas, E.B.K., & Jenkins, N.D.M. (2023) Perceived Stress Mediates the Association Between Adverse Childhood Experiences and Sleep Quality in Young Adults, Submitted to SLEEP 2023 Conference, June 3-7, Indianapolis, IN [peer reviewed poster presentation]
- 4. 2023 \*Hart, T.W., Schwager L.E., **Moon, C.**, Thomas, E.B.K., & Jenkins, N.D.M. (2023) Thomas W. Hart; Laura E. Schwager; Anna C. Zucker; Mark H. Flores; Chooza Moon; Emily B.K. Thomas; Nathaniel D.M. Jenkins. Associations among childhood stress, actigraphy-measured sleep efficiency, and fasting glucose concentrations in young adults, Submitted to SLEEP 2023 Conference, June 3-7, Indianapolis, IN [peer reviewed poster presentation]
- 5. 2022 **Moon, C.,** Schneider, A., Zhang, M., Cho, Y., Vu, K., & Dang, H. (2022). The Association of Sleep Duration and Sleep Efficiency with Amyloid β Accumulation Among Cognitively Healthy Later Life Adults: A Systematic Review. 2022 Alzheimer's Association International Conference, July 31- Aug 4, San Diego, CA
- 6. 2022 **Moon, C.,** Burgess, J. H., Gardner, S., Benson, C., Magnotta, V., Koscik, T., Hoth, K. (2022) Development and Implementation of Research Team: Lessons Learned from Conducting Studies Focusing on Sleep and Brain Aging, 2022 Association for Clinical and Translational Science Meeting, April 20-22, Chicago, IL
- 7. 2022\* Zhang, M. Guist, C., Rossmann, P., & Moon, C., (2022) Lightbox Therapy for College Students' Seasonal Affective Disorder Symptoms. Sleep, 2022, Jun 4-8, Charlotte, NC
- 8. 2021\* Zhang, M. & Moon, C. (2021). The Relationship Between Nighttime Behaviors, Neuropsychiatric Symptoms, and Alzheimer's Disease CSF Biomarkers. *GSA 2021 Annual Scientific Meeting*. Nov. 10-14. Phoenix, AZ
- 9. 2020 \*Moon, C., Clark, R.A.C., Xiao, Q & Voss, M. Exploring the Associations between Circadian Activity Rhythms and Resting State Functional Connectivity in Cognitively Healthy Older Adults. 2020 SLEEP Meeting, Associated Professionals of Sleep Society, Philadelphia, PA [peer reviewed poster presentation]
- 10. 2018 \*Moon. C., Hagen.E.J, & Peppard, P.E. Sleep Characteristics Are Associated With White

- Matter Microstructure in Middle-Aged and Older Adults: Findings From the Wisconsin Sleep Cohort Study, SLEEP, June 2-6, Baltimore, Maryland [Peer Reviewed Podium Presentation]
- 11. 2017\* **Moon,** C., Birnn, R., Melah, K., & Bratzke, L.C., Heart failure and Default Mode Network, 2017 American Heart Association Scientific Sessions, Nov 11-15, Anaheim, CA [Peer Reviewed Podium Presentation]
- 12. 2016\* **Moon.**C., Phelan C.H., Hagen.W.J, & Peppard, P.E. Differences in Age-related Trajectories of Sleep Characteristics by Hypertension Status: Results from the Wisconsin Sleep Cohort Study. SLEEP, June 11-15, Denver, CO [Peer Reviewed Poster Presentation]
- 13. 2016 \*Moon, C., Melah, K., & Bratzke, L.C. Comparison of Self-Reported Sleep Quality by Sleep Apnea Status in Individuals with Heart Failure. SLEEP, June 11-15, Denver, CO[Peer Reviewed Poster Presentation]
- 14. 2015 \* Moon, C., Melah, K., Johnson, S., & Bratzke, L.C. The Relationships Among Sleep Apnea, Brain Volumes, and Cognition in Individuals with Heart Failure. American Heart Association 2015 Scientific sessions, Nov 7-11, Orlando, FL [Peer Reviewed Poster Presentation]
- 15. 2015\* Melah, K., **Moon, C.**, Johnson, S., & Bratzke, L.C. Regional distribution of cerebral white matter hyperintensities in aging individuals with systolic or diastolic heart failure compared to age matched controls: A neuroimaging analysis. American Heart Association 2015 Scientific sessions, Nov 7-11, Orlando, FL [Peer Reviewed Poster Presentation]
- 16. 2015\*Moon, C., Melah, K., Johnson, S., & Bratzke, L.C. The Impact of Sleep Apnea on White Matter Hyperintensities among Individuals with Heart Failure. *SLEEP 2015* Seattle, WA [Peer Reviewed Podium Presentation]
- 17. 2015 \*Moon, C., Melah, K., Johnson, S., & Bratzke, L.C. Sleep Apnea and Grey Matter Volume in Individuals with Heart Failure: A Voxel-Based Morphometric Analysis. International Neuropsychological Society 43<sup>rd</sup> Annual Meeting, Feburary 4-7, 2015, Denver, CO [Peer Reviewed Poster Presentation]
- 18. 2014 \*Moon, C., Yoon. J, Bratzke L., & Lauver D.R. Sleep disturbance, heart failure, and cognitive function: Aging Demographic and Memory Study (ADAMS). American Heart Association 2014 Scientific Sessions, Nov 15-19, Chicago, IL [Peer Reviewed Poster Presentation]
- 19. 2014 \*Yoon, J.Y, Grau, B., Lee, G., Yu, Z., & **Moon, C.** The Influence of Perceived Personcentered Care on Residents' Life Adjustment and Satisfaction in Long-term Care Settings. Gerontology Society of America 67<sup>th</sup> Annual Scientific Meeting, Nov 5-9, Washington, DC [Peer Reviewed Poster Presentation]
- 20. 2014 \*Moon, C., Phelan, C, Sprecher, K, Barczi, S, Benca, R. Evaluation of an in-home Multichannel Portable Device as Compared to an Overnight in-Lab Polysomnography to Screen for

- Obstructive Sleep Apnea in Older Adults. *SLEEP 2014*, May 31- June 4, Minneapolis, MN [Peer Reviewed Poster Presentation]
- 21. 2014 \*Moon, C., Bratzke, L., Phelan, C, & Lauver, D.R. Sleep Quality and Cognitive Impairment among Individuals with Heart Failure. Midwest Nursing Research Society 2014 Annual Conference, St. Louis, MO [Peer Reviewed Podium Presentation]
- 22. 2012 \*Moon, C, Fahlberg, B, & Lauver, D. R., *Quality of Life in Heart Failure Patients with Sleep Disturbances* 2012 The American Association of Heart Failure Nurses 8<sup>th</sup> Annual Conference, Chicago, IL\*[Peer Reviewed Podium Presentation]

## Regional

- 1. <u>2024 Tran-Duong, M.,</u> Suen, A., Torres A., Zhang, M., Weimar, L., & **Moon, C.** (2024, February 28 March 1). *Depressive Symptoms and Circadian Rhythm Characteristics in Older Adults* [Poster presentation]. Midwest Nursing Research Society, 40<sup>th</sup> Annual Research Conference, Minneapolis, Minnesota, USA.
- 2. <u>2024 Torres, A., Zhang, M., Weimar, L., Tran-Duong, M., Suen, A., & Moon, C.</u> (2024, February 28 March 1). *Chronotypes and Objective and Subjective Circadian Rhythm Data in Older Adults* [Poster presentation]. Midwest Nursing Research Society, 40<sup>th</sup> Annual Research Conference, Minneapolis, Minnesota, USA.
- 3. 2024\* Zhang, M., Jeon B, & Moon, C., Association between Daily Stressors and Rest-Activity Rhythms: Findings from a national study of Americans. 2024 Midwestern Nursing Research Society Annual Research Conference.
- 4. <u>Suen, A.,</u> Tran-Duong, M., Torres, A., Zhang, M., Weimar, L., & Moon, C. (2024, February 28 March 1). Amygdala Volume and Circadian Rhythm Characteristics in Older Adults [Poster presentation]. Midwest Nursing Research Society, 49th Annual Research Conference, Minneapolis, Minnesota, USA.
- 5. 2022 \*Zhang, M., Hoth, K., Koscik, T, Hopkins, L., Magnotta, V., and **Moon C**. Association Between Rest-Activity Rhythm and White Matter Hyperintensity in Older Adults with and without Multiple Chronic Conditions (MCC) 2022 Midwestern Nursing Research Society Annual Research Society Annual Research Conference,
- 6. \*2021 Weihs, C.E., AlBashayreh, A.E., Vu, K.H., Jacobo, A., Zhang, M., & Moon, C. Relationships Among Caffeine, Alcohol, and Sleep in Older Adults With and Without Coronary Artery Disease. 2021 Midwestern Nursing Research Society Annual Research Conference. Poster presentation. March 24-27, 2021, Virtual Conference
- 7. 2020 \*Willardson, B., AlBashayreh, A., Hoth, K, & Moon., C. Pain and Cognition in Individuals with Coronary Heart Disease. 2010 Midwest Nursing Research Society Annual Research Conference, Midwest Nursing Research Society, Schaumburg, IL
- 8. 2019 \*Moon, C., Burgess, H., AlBashayreh, A., Magnotta, V., & Hoth, K. The Feasibility of Circadian Rhythm and Magnetic Resonance Imaging Data Collection in Older Adults with a Cardiovascular Disease: A Review of Preliminary Findings from the Healthy Aging, Heart, and

Sleep Study. 2019 Midwest Nursing Research Society Annual Research Conference, Midwest Nursing Research Society, Kansas City, MO. Peer Reviewed Poster Presentation.

#### Local

- 1. **Tran-Duong, M.**, Zhang, M., Weimar, L., Torres A., & Moon, C. (2023, July 26th). *Depressive Symptoms and Circadian Rhythm Characteristics in Older Adults* [Poster presentation]. University of Iowa Summer Undergraduate Research Fair, Iowa City, Iowa, USA.
- 2. **Torres**, A., Zhang, M., Tran-Duong, M., & Moon, C. (2023, November 8). *Chronotypes and Objective and Subjective Circadian Rhythm Data in Older Adults* [Poster presentation]. University of Iowa Fall Undergraduate Research Fair, Iowa City, Iowa, USA.
- 3. Suen, A., Tran-Duong, M., Torres, A., Zhang, M., Weimar, L., & Moon, C. (2023, November 8). Amygdala Volume and Circadian Rhythm Characteristics in Older Adults [Poster presentation]. University of Iowa Fall Undergraduate Research Fair, Iowa City, Iowa, USA.
- 4. 2023 \*Tran-Dong, M., Torres, A., Zhang, M., & Moon, C. Depressive Symptoms and Circadian Rhythm Characteristics, 18<sup>th</sup> Annual Summer Undergraduate Research Conference, University of Iowa, Iowa City, IA. [Poster Presentation]
- 5. Moon, C., A Good Night's Sleep, Iowa City Senior Center, Iowa City, IA, April 4, 2023
- 6. **Moon,** C. Measurement of Circadian Rhythms and Comparison of Actigraph Devices and Methods for Adults, Move-Ome Roundtable Series, University of Iowa, May 6, 2022
- 7. Whitaker, K and **Moon,** C. Introduction to 24-hour activity cycles and rest activity cycles/ training for three devices for measuring movements and sleep. Move-Ome Wearable Workshop, University of Iowa, Oct 14&15, 2022 [Workshop Organization planning and implementation]
- 8. 2022 <u>Wenzel. S., Tran-Dong, M., Zhang, M., & **Moon, C.** Physical Activity Interventions and Brain Metabolites, 17<sup>th</sup> Annual Summer Undergraduate Research Conference, University of Iowa, Iowa City, IA. [Poster Presentation]</u>
- 9. **Moon. C.** Sleep and Circadian Rhythm in Aging. Aging, Mind, and Brain Initiative Annual Conference, University of Iowa. Iowa City, IA
- 10. 2018 \* Lng, P, Cao, Q., & **Moon**, C. Sleep Duration and Hippocampal Volume in People with Heart Failure. 13<sup>th</sup> Annual Summer Undergraduate Research Conference, University of Iowa, Iowa City, IA. [Poster Presentation]
- 11. 2015 Liebzeit, D., Phelan, C.H., **Moon,** C., Bratzke, C.,Rest/Activity and Cognitive Correlates among Older Adults with Chronic Heart Failure. Nursing Poster Fair, University of Wisconsin Madison School of Nursing and the Nursing Research Council at University of Wisconsin Hospital Clinics, Madison, WI [Poster Presentation]

12. 2013 **Moon, C.**, Phelan., C, Bratzke, L. & Lauver, D. R. Sleep Related Breathing Disorders, the Brain, and Cognition in Heart Failure: Coincidence or Correlates? Poster presentation at the Discovery Challenge Conference, University of Wisconsin- Madison, Madison, WI [Poster Presentation]

#### **SERVICE**

#### **Editorial and Peer Review Service**

## **Editorial board memberships**

Topic editor Exploring Circadian Rhythms and Sleep in Neurodegeneration, Friontiers in

Neuroscience

Review editor Sleep and Circadian Rhythms Frontiers in Neuroscience

Review committee Journal of Gerontological Nursing

# Peer review of manuscripts(2019-current)

2024	Geriactric Nursing
2024	Behavioral Sleep Medicine
2024	Journal of Clinical Sleep Medicine
2024	Journal of Sleep Research
2024	BMC Pulmonary Medicine
2024	BMC Public Health
2023, 2024	Frontiers Neuroscience
2023	Journal of Older People Nursing
2023	Journal of Gerontological Social Work
2022, 2023, 2024	BMC Geriatrics
2022	Alzheimer's and Dementia
2021,2022, 2024	Research in Gerontological Nursing
2020 - 2024	Journal of Gerontological Nursing
2020,2021,2022	Clinical Nurse Specialist
2020,2021,2022	Clinical Nursing Research
2020	PLOS ONE
2020	Journal of Neuroscience Nursing
2020	Biological Psychiatry
2020	Public Health Nursing
2020	Brain Sciences
2020	International Psychogeriatrics
2019	Western Journal of Nursing Research
2019	Journal of Pyschosomatic Research
2019	Heart and Lung: The Journal of Acute and Critical Care

## **Professional Service**

## Society/Association membership, participation and leadership

2014 - current American Heart Association, member

2013 - current Sleep Research Society

Jun 2023- Jun, 2026 Trainee Education Advisory Committee

Jun 2020- May, 2021 Annual Appeal committee

Jun 2019- May, 2020 communication committee

2013 - current Midwestern Nursing Research Society

2020 - 2024, Gerontological Research Interest Group, Newsletter committee

2019- current Alzheimer's Association

Reviewer, Alzheimer's Association Research Grant

Sleep and Circadian Rhythms Professional Interest Group, member

2021-current Global Korean Nursing Foundation

Board member

2024- current National Hartford Center for Gerontological Nursing Excellence

**Board of Directors** 

**Education Committee Interim Chair** 

#### **Grant Reviewer**

Nov, 2024	American Heart Association Fellowship Human Studies
Nov 2018- Present	Alzheimer's Association Research Grant
Jun, 2023	Center for Scientific Review, Small Business Innovation Research
Mar, 2022	Center for Scientific Review Special Emphasis Panel Covering Topics in
	MCI/Alzheimer's Disease (Risks, correlations, interventions), National
	Institute of Health
Oct, 28, 2020	Biobehavioral Mechanisms of Stress and Health (MESH) Study Section,
	National Institute of Health
Aug, 2017	Sigma Theta Tau International Beta Eta Chapter.

# **Collegiate Service**

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#### **TEACHING**

# Instructional Activities University of Iowa

Fall 2024 4155 Nursing Internship,

Team instructor, Undergraduate level, 8 students

Fall 2024 3438 Nursing and Pharmacological Interventions II

11-25-2024

Lead instructor, Undergraduate level, 80 students

Fall 2023 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 80 students

Fall 2022 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 77 students

Fall 2021 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 80 students

Fall 2020 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 70 students

Spr2021 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 80 students

Spr 2020 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 72 students

Fall 2019 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 71 students

Spr 2019 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 63 students

Fall 2018 NURS 3438 Nursing and Pharmacological Interventions II Lead instructor, Undergraduate level, 72 students

Spr 2018 NURS 3438 Nursing and Pharmacological Interventions II Co- instructor, Undergraduate level, 72 students

# University of Wisconsin-Madison

Spring 2017, NURS 312 Human Response to Health and Illness II Teaching Assistant Spring 2016, NURS 312, Human Response to Health and Illness II Teaching Assistant

# **Mentoring and Advisement**

#### **Young Scientist Scholar Mentees**

Fall, 2023 - Current

Ava Goettel, Undergraduate student, Health and Human Physiology

Spring, 2022- Current

Allison Suen, Undergraduate student, Nursing

Andrea Torres, Undergraduate student, Nursing

Fall, 2021- Current Melanie Tran-Doung, Undergraduate student, Nursing Spring, 2024 Jess Hediger, Undergraduate student, Health and Human

Physiology

Spring,2021 – Spring, 2023 Caitlin Guist, Undergraduate student, Nursing Shannon Wenzel, Undergraduate student (Csomay

Scholar), Public Health

Spring,2021 – Spring,2022 Hellen Deng, Undergraduate student, Health

Kelly Vu, Undergraduate student, Health and human

physiology

Fall, 2018 – Fall, 2021 Claire Weihs, Undergraduate student, Nursing

Brooke Willardson, Undergraduate student, Nursing

Abilene Jacobo, Undergraduate student, Pre-Nursing Pangyuan Ling, Undergraduate student, Nursing Grace Smith, Undergraduate student, Nursing Karli Bruxvoort, Undergraduate student, Nursing

Qian Cao, Undergraduate student, Nursing

Camille Lozaretto, Undergraduate student, Nursing

Lauren Owens, Undergraduate student, Pre-Nursing

Spring,2021 – Spring, 2023 Summer., 2022 Spring,2021 – Spring,2022 Fall, 2020- Fall, 2021 Fall, 2018 – Fall, 2021 Summer, 2019 – Spring, 2020 Fall, 2020 Fall, 2018 – Summer, 2019 Fall, 2018 – Spring, 2019 Spring, 2019 Fall, 2018 Fall, 2018 Fall, 2018 Summer, 2018

#### **Dissertation Committee Chair**

Meina Zhang, PhD student, Nursing

Title: Rest Activity Rhythms and Cognition in Older Adults. (Expected date of completion: Spring 2025)

#### **Committee Member**

Nicole Pierce, PhD student, Nursing

Title: Endovascular Revascularization Failure in African American Patients: Developing a Predictive Model. (May 2020)

Aaron Schneider, PhD student, Health and Human Physiology

Title: Sleep and the Association with Alzheimer's Disease Outcomes: NIH- AAARP Study. (May 2020)

Nicholas Farkas, MS student, Health and Human Physiology

Title Vitalis: Exploring the Feasibility, Efficacy, and Acceptability of a lifestyle Survivorship Program in Adolescent and Young Adult (AYA) Cancer Survivors. (Expected date of completion: Spring 2024)

# **Independent study**

2018	Ling Pangyuan, Pre-nursing	student
2022	Jihye Lee, PhD Student, Nur	rsing
2024	Lisa Weimar, PhD Student, I	Nursing