

CURRICULUM VITAE

Pamela J. Mulder, PhD, RN
Clinical Assistant Professor
University of Iowa College of Nursing
101 College of Nursing Building, 362 CNB
50 Newton Rd., Iowa City, IA 52242
319-335-7056 pamela-mulder@uiowa.edu

EDUCATION

- 2009 Doctor of Philosophy in Nursing, University of Wisconsin, Milwaukee
Psychometric analysis of the Beginning Breastfeeding Survey
- 1998 Bachelorette of Science—Nursing, University of Wisconsin, Milwaukee

LICENSURE

2010 – Present, Iowa Board of Nursing, Registered Nurse, #124227

CERTIFICATIONS

- 2024 Anatomy and Physiology of the Endocrine System Nursing Course
- 2024 Anemia Nursing Course
- 2024 Breastfeeding Nursing Course
- 2024 Diabetes in Pregnancy Nursing Course
- 2024 Diets Decoded: The Nuts and Bolts of Nutrition Nursing Course
- 2024 Heat-Related Illnesses: Risks, Prevention, Early Intervention and Emergency Resuscitation Measures
- 2024 Infertility Nursing Course
- 2024 Vaping and Dabbing
- 2023 Building University of Iowa Leadership for Diversity (BUILD) Certificate
- 2023 Use and Implications of ChatGPT
- 2022 College of Nursing Institute for Teaching with Writing

PROFESSIONAL EXPERIENCE

Academic Appointments

- 2017 – Present, Clinical Assistant Professor, University of Iowa College of Nursing, Iowa City, IA
- 2010 – 2023, Academic Associate, University of Iowa Hospitals and Clinics, Iowa City, IA
- 2010 – 2017, Assistant Professor, University of Iowa College of Nursing, Iowa City, IA
- 2009 – 2010, Iowa Postdoctoral Fellowship, University of Iowa College of Nursing, Iowa City, IA
- 2004 – 2007, Teaching Assistant, University of Wisconsin College of Nursing, Milwaukee, WI

Clinical Appointments

- 1998 – 2005, Staff Nurse, United Hospital System, Kenosha Campus, Kenosha, WI

HONORS AND AWARDS

- 2016 Maria G. Titler Conduct of Research Poster Award, 2016 National EBP Conference
- 2014 Research and Clinical Partnership Award, College of Nursing, University of Iowa
- 2012 Thank-a-Teacher program, Center for Teaching, University of Iowa

SCHOLARSHIP

Publications

Journal articles

1. *Foote, J. M., Hanrahan, K., **Mulder, P.**, Nielsen, A. K., Perkhounkova, Y., Hein, M., Saeidzadeh, S., & McCarthy, A. M. (2020). Growth measurement practices from a national survey of neonatal nurses. *Journal of Pediatric Nursing*, 52(2020), 10-17.
<https://doi.org/10.1016/j.pedn.2020.02.001>
2. *Saus-Ortega, C., Oliver-Roig, A., Richart-Martinez, M., **Mulder, P.**, & Cabrero García, J. (2019). Validation of the Spanish version of the Beginning Breastfeeding Survey-Cumulative: A follow-up study. *Journal of Human Lactation*, 35(4), 672-682.
<https://doi.org/10.1177/0890334419840003>
3. *Schafer, E. J., Campo, S., Colaizy, T. T., **Mulder, P. J.**, Breheny, P., & Ashida, S. (2017). First-time mothers' breast-feeding maintenance: role of experiences and changes in maternal perceptions. *Public Health Nutrition*, 20(17), 3099-3108.
<https://doi.org/10.1017/S136898001700221X>
4. *Schafer, E. J., Campo, S., Colaizy, T. T., **Mulder, P. J.**, & Ashida, S. (2017). Influence of experiences and perceptions related to breastfeeding one's first child on breastfeeding initiation of second child. *Maternal and Child Health Journal*, 21(6), 1288–1296.
<https://doi.org/10.1007/s10995-016-2228-1>
5. **Mulder, P. J.**, & Gardner, S. E. (2015). The healthy newborn hydration model: A new model for understanding newborn hydration immediately after birth. *Biological Research in Nursing*, 17(1), 94–99. <https://doi.org/10.1177/1099800414529362>
6. ***Mulder, P.** (2013). Revision of the beginning breastfeeding survey: A cumulative assessment of breastfeeding. *Journal of Nursing Measurement*, 21(1), 80–95. <https://doi.org/10.1891/1061-3749.21.1.80>
7. ***Mulder, P. J.**, & Johnson, T. S. (2010). The beginning breastfeeding survey: Measuring mothers' perceptions of breastfeeding effectiveness during the postpartum hospitalization. *Research in Nursing and Health*, 33(4), 329–344. <https://doi.org/10.1002/nur.20384>
8. ***Mulder, P. J.**, Johnson, T. S., & Baker, L. C. (2010). Excessive weight loss in breastfed infants during the postpartum hospitalization. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 39(1), 15–26. <https://doi.org/10.1111/j.1552-6909.2009.01085.x>

9. *Johnson, T. S., **Mulder, P. J.**, & Strube, K. (2007). Mother-infant breastfeeding progress tool: A guide for education and support of the breastfeeding dyad. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 36(4), 319–327. <https://doi.org/10.1111/j.1552-6909.2007.00165.x>
10. **Mulder, P. J.** (2006). A concept analysis of effective breastfeeding. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 35(3), 332–339. <https://doi.org/10.1111/j.1552-6909.2006.00050.x>

Mass media activities

2018, Breastfeeding, Jacqueline Howard, CNN Health.

Scientific and Educational Research Grants

Intramural Research Grants

- 2023 Breastfeeding for Mothers with Multiple Sclerosis, PI: Christine Gill, Role: Collaborator, Obermann Center for Advanced Studies Interdisciplinary Research Grant, \$18,000.00
- 2014 Development and psychometric testing of the neonatal growth measurement survey, PI: Jan Foote, Role: Co-investigator, UIHC Nursing Research, EBP and Quality Grant, \$2,998.00.
- 2012 Balancing the promotion of breastfeeding and prevention of dehydration in newborn infants: A feasibility study”, PI: Pamela Mulder, Role: PI, University of Iowa College of Nursing, \$79,607.00

Extramural Research Grants

- 2018 National survey of neonatal growth measurement practices, PI: Jan Foote; Role: Co-Investigator, Pediatric Endocrinology Nursing Society, \$15,000.00.
- 2010 Beginning breastfeeding feasibility study, PI: Pamela Mulder, Role: PI, Sigma Theta Tau Research Award, \$1,500.00.

Research and Clinical Presentations

International

1. ***Mulder, P.**, Johnson, T. S., Baker, L. C. (February 2008). Weight loss in the breastfed infant during the first two days postpartum. International Society for Research in Human Milk and Lactation, Perth Australia. [Peer-reviewed, Presentation]

National

1. *Foote, J. M., Hanrahan, K., **Mulder, P.**, Nielsen, A., Perkhounkova, Y., Hein, M., Saeidzadeh, S., & McCarthy, A. M. (2019). National Survey of Neonatal Growth Measurement Practices. PENS 2019 National Conference. Pediatric Endocrinology Nursing Society, Long Beach, California. [Peer-reviewed, Presentation]

2. *Foote, J. M., Hanrahan, K., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M. (May, 2016). Development and Psychometric Testing of the Neonatal Growth Measurement Survey. 2016 National Conference, The Sky's the Limit: Transforming our Future, Pediatric Endocrinology Nursing Society, Denver, Colorado. [Peer-reviewed, Presentation]
3. *Foote, J. M., Hanrahan, K., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M. (April, 2016). Development of the Neonatal Growth Measurement Survey: Knowledge, Attitudes, and Bases of Practice. 23rd National Evidence-Based Practice Conference: Changing Landscapes: Contemporary Issues Influencing Nursing Care, University of Iowa Hospitals and Clinics Department of Nursing Service & Patient Care and University of Iowa College of Nursing, Hartford Center of Excellence, and College of Nursing Office for Nursing Research and Scholarship, and Sigma Theta Tau International - Gamma Chapter, Coralville, Iowa United States. [Peer-reviewed, Poster]
4. *Hanrahan, K., Foote, J. M., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M. (April, 2016). Development of the Neonatal Growth Measurement Survey: Practitioners Knowledge, Attitudes, and Bases of Practice. 11th Annual NANN Research Summit, National Association of Neonatal Nurses, Scottsdale, Arizona United States. [Peer-reviewed, Poster]

Regional

1. ***Mulder, P. J.** (March, 2016). Newborn Hydration in the First 24 Hours of Life: Pilot Results. Midwest Nursing Research Society: 40 Years of Advancing Nursing Science, Improving Practice, and Enhancing Health, Midwest Nursing Research Society, Milwaukee, Wisconsin United States. [Peer-reviewed, Poster]
2. ***Mulder, P.** (March, 2011). The Beginning Breastfeeding Survey-Cumulative: A Pilot Study. Midwest Nursing Research Society, Columbus, Ohio. [Peer-reviewed, Poster]
3. ***Mulder, P.** & Johnson, T. S. (April, 2010). The Beginning Breastfeeding Survey. 2010 MNRS Annual Conference. Midwest Nursing Research Society, Kansas City, Missouri. [Peer-reviewed, Presentation]
4. ***Mulder, P.** & Johnson, T. S. (March, 2008). Weight Loss in the Breastfed Infant During the First Two Days Postpartum. 2008 MNRS Annual Conference, Nursing Research: At the Crossroads of Global Health, Midwest Nursing Research Society, Indianapolis, Indiana. [Peer-reviewed, Presentation]
5. ***Mulder, P.** (April, 2006). The reliability of the mother and infant breastfeeding progress tool. 2006 MNRS Annual Conference, Linking Research and Practice: A Roadmap for the Future, Midwest Nursing Research Society, Milwaukee, Wisconsin. [Peer-reviewed, Poster]

Local

1. *Haas, C., Saxby, S. M., Klein, A., Titcomb, T., Shemirani, Farnoosh, Wahls, T., Gill, C., & **Mulder, P.** (April, 2024). Attitudes and Self-Efficacy Regarding Breastfeeding Among Women with Multiple Sclerosis: A Cross-Sectional Survey. Poster. Carver College of Medicine Health Sciences Research Day, Carver College of Medicine, Iowa City, Iowa, United States. [Peer-reviewed, Poster] Note – last author is considered the senior author.

* means databased

SERVICE

Editorial and Peer Review Service

Peer review of scholarly products

2014 – 2024	Biological Research for Nursing
2011 – 2024	Research in Nursing & Health. Reviewer, Publications.
2023	Western Journal of Nursing Research
2018 – 2022	International Journal of Nursing Studies. Reviewer, Publications.
2022	Women and Health, Reviewer, Publications.
2011 – 2018	International Breastfeeding Journal. Reviewer, Publications.
2017	Journal of Human Lactation. Reviewer, Publications.

Peer review of teaching or practice products and activities

2024	Betty Mallen, Review of Professional Role I: Professionalism and Patient Safety
2021	Syeda Thomas, Review of Critical Care Nursing course

Professional Service (including organizational memberships and other professional activities)

Society/Association membership, participation and leadership

2023 – 2024	National Association of Neonatal Nurses (NANN), member
2015 – 2018	MNRS Membership Committee, member.
2011 – 2012	Iowa Breastfeeding Coalition, member
2007 – 2018	Midwest Nursing Research Society, member.
2005 – current	Sigma Theta Tau International, member
2004 – present	Association of Women's Health, Obstetric, and Neonatal Nursing (AWHONN)

University Service (including Academic Health Campus Activities)

Committees and Task Forces

Standing Committees

2019 – 2022	Policy, Benefits & Pay Sub-committee of the Council on the Status of Women, member, volunteer.
2019 – 2022	Policy, Benefits & Pay Sub-committee of the Council on the Status of Women, member
2019 – 2022	Council on the Status of Women, member
2012 – 2015	University of Iowa Honors Steering Committee, member
2011 – 2013	UIHC Nurse Residency Board of Advisors, member, volunteered.
2011 – 2012	UIHC Nurse Residency Program, facilitator, volunteered.

Collegiate Service

University of Iowa College of Nursing

Task Forces and Ad Hoc Committees

2023 – present	Curriculum Champions group, member, volunteered
2021 – present	Writing Across the Curriculum Committee, member, volunteered
2021 – 2022	Pathways taskforce, member, volunteered

2015 – 2017	PhD Curriculum Committee, member, volunteered
2011 – 2012	DNP Specialty Admissions and Progression Subcommittee, Neonatal Nurse Practitioner, member, volunteered
2011 – 2012	Scholarship Subcommittee, member, volunteered

Standing Committees

2022 – present	PhD Admissions and Progression Subcommittee, member, volunteered
2019 – present	RN-BSN Admissions and Progression Subcommittee, member, volunteered
2018 – present	BSN Admissions and Progression Subcommittee, member, volunteered
2022 – present	Bylaws Subcommittee, Chair
2011 – 2022	Bylaws subcommittee, member, volunteered
2011 – 2012	DNP Specialty Admissions and Progression Subcommittee, Neonatal Nurse Practitioner, member, volunteered
2012 – 2015	Faculty council, member, elected

TEACHING

Instructional Activities

Course Instruction

Spring 2024

NURS:5210:2001, Foundations of Professional Nursing, primary instructor, MSN-EIP, 22 students
 NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 80 students
 NURS:3632:2001, Nursing Care of Childbearing Families, primary instructor, MSN-EIP, 14 students
 NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 25 students

Fall 2023

NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 81 students
 NURS:7000:0001, Philosophy and Sociology Nursing Science, primary instructor, PhD, 3 students
 NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 41 students

Spring 2023

NURS:5210:2001, Foundations of Professional Nursing, primary instructor, MSN-EIP, 15 students
 NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 76 students
 NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 24 students

Fall 2022

NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 79 students
 NURS:3160:0EXW, Professional Role I: Professionalism and Patient Safety, instructor, RN-BSN, 19 students
 NURS:7000:0001, Philosophy and Sociology Nursing Science, primary instructor, PhD, 7 students
 NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 44 students

Spring 2022***

NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 79 students
 NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 24 students

Fall 2021

NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 79 students

NURS:3160:0EXW, Professional Role I: Professionalism and Patient Safety, instructor, RN-BSN, 17 students
NURS:7000:0001, Philosophy and Sociology Nursing Science, primary instructor, PhD, 4 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 44 students

Spring 2021

NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 71 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 16 students
NURS:3110, Healthcare Finance, team teacher, BSN,

Fall 2020

NURS:3651, Advanced Clinical Concepts for Nursing, team teacher, BSN, 72 students in 10 sections
NURS:3632:1001, Nursing Care of Childbearing Families, primary instructor, BSN, 72 students
NURS:7000:0001, Philosophy and Sociology Nursing Science, primary instructor, PhD, 6 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 29 students
NURS:3151, Introduction to Clinical Concepts in Nursing, team teacher, BSN

Spring 2020

NURS:3160:0EXW, Professional Role I: Professionalism and Patient Safety, instructor, RN-BSN, 20 students
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 37 students
NURS:3635, Parent Child Nursing, team teacher, BSN 74 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 13 students

Fall 2019

NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 31 students
NURS:3635, Parent Child Nursing, team teacher, BSN 63 students
NURS:7000:0001, Philosophy and Sociology Nursing Science, primary instructor, PhD, 6 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 30 students

Spring 2019

NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 36 students
NURS:3635, Parent Child Nursing, team teacher, BSN 73 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 63 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 19 students

Fall 2018

NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 69 students
NURS:3635, Parent Child Nursing, team teacher, BSN 70 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 72 students
NURS:3460:0EXW/V, Professional Role II: Research, primary instructor, RN-BSN, 52 students
NURS:4155:0005, Senior Nursing Internship, team teacher, BSN, 3 students

Spring 2018

NURS:3450, Clinical Simulation Laboratory II, team teacher, 8 students
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 67 students
NURS:3635, Parent Child Nursing, team teacher, BSN 66 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 69 students
NURS:3460:0EXW/V, Professional Role II: Research, primary instructor, RN-BSN, 40 students

Fall 2017

NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 72 students
NURS:3635, Parent Child Nursing, team teacher, BSN 75 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 67 students
NURS:3460:0EXW, Professional Role II: Research, primary instructor, RN-BSN, 19 students

Spring 2017

NURS:6825, Doctor of Nursing Practice Project, team teacher, DNP, 5 students
NURS:4099, Honors Independent Study, primary instructor, 1 student
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 74 students
NURS:3635, Parent Child Nursing, team teacher, BSN 73 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 72 students

Fall 2016

NURS:6825, Doctor of Nursing Practice Project, team teacher, DNP, 1 student
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 66 students
NURS:3635, Parent Child Nursing, team teacher, BSN 66 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 71 students

Spring 2016

NURS:4099, Honors Independent Study, primary instructor, 1 student
NURS:3199, Independent Study, primary instructor, 1 student
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 72 students
NURS:3635, Parent Child Nursing, team teacher, BSN 72 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 69 students

Fall 2015

NURS:4099, Honors Independent Study, primary instructor, 3 students
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 70 students
NURS:3635, Parent Child Nursing, team teacher, BSN 70 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 71 students

Spring 2015

NURS:4099, Honors Independent Study, primary instructor, 1 student
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 60 students
NURS:3635, Parent Child Nursing, team teacher, BSN 60 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 69 students

Fall 2014

NURS:4099, Honors Independent Study, primary instructor, 1 student
NURS:3635, Parent Child Nursing Practicum, team teacher, BSN, 54 students
NURS:3635, Parent Child Nursing, team teacher, BSN 54 students
NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 62 students

Spring 2014

NURS:3460:EXV/W, Professional Role II: Research, primary instructor, RN-BSN, 38 students

Fall 2013

NURS:4099, Honors Independent Study, primary instructor, 2 students
NURS:3460:EXV/W, Professional Role II: Research, primary instructor, RN-BSN, 38 students

Summer 2013

NURS:3685, Research for Nursing Practice, primary instructor, BSN

Spring 2013

NURS:4099, Honors Independent Study, primary instructor, 1 student

NURS:3460:0001, Professional Role II: Research, primary instructor, BSN, 58 students

NURS:3460:EXW, Professional Role II: Research, primary instructor, RN-BSN, 36 students

NURS:7509, Research Residency, primary instructor, PhD, 1 student

Fall 2012

NURS:3460:EXV, Professional Role II: Research, primary instructor, RN-BSN, 37 students

NURS:7804, Research Practicum II, primary instructor, PhD, 1 student

Spring 2012

NURS:3460:EXW, Professional Role II: Research, primary instructor, RN-BSN, 34 students

NURS:7803, Research Practicum I, primary instructor, PhD, 1 student

Fall 2011

NURS:3460:EXU, Professional Role II: Research, primary instructor, RN-BSN, 18 students

Spring 2011

NURS:5006, Research for Evidence-Based Practice II, team teacher, DNP, 27 students

New Course Development

2023, NURS:5210:2001 Foundations of Professional Nursing, Primary Instructor, MSN-EIP

Doctoral Preliminary or Comprehensive Examination Committees

2023 – present Christina Shutters, member

2020 – 2022 Bootan Ahmed, member

2011 – 2017 Emily Higdon, member

PhD Dissertation Committee

2021 – 2024 Jihye Lee, member

2015 – 2018 Stephanie Stewart, member

2013 – 2018 Ellen Schafer, member

BSN Honors Project

2017 Emma Monroe, In-Hospital Breastfeeding Supplementation: A Literature Review, advisor

2016 Savannah Buch, Hearing and Vision Screenings in Children Ages Birth to Five Years, advisor

2015 Nina LaRoe, Preparation of a Web Page for Teaching New Mothers, advisor

2015 Miranda Carlson, Safe Sleep Checklist for United Action for Youth Teen Pregnancy/Parenting program, advisor

2015 Alex Brown, A Nursing Assistant's Guide to All the Little Things: Quality improvement project for mother-baby unit at UIHC, advisor

2015 Taylor Goggin, Exercise during pregnancy, an educational presentation to at risk teens, advisor.

2014 – 2015 Lauren Cassidy, Contraceptive Options presentation for at risk teens, advisor.

DNP Project Committee

2022 Emily Dahle, Integrating Technology For Sustainable Prenatal Breastfeeding Education, member

2017 Bridget Schmidt, Development and Evaluation of a Postpartum Depression Support Group, member

2017 Seth Meyers, Evaluation of Local Anesthetic Allergies, member