# Lisa S. Segre, PhD Curriculum Vitae 12-23-24

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## **EDUCATION**

University of Illinois-Urbana Champaign	PhD	1993
University of Maryland Baltimore County	MA	1981
Mount Holyoke College, South Hadley, MA.	BA	1979

# PROFESSIONAL EXPERIENCE

- 2022-present Division Head, Community and Primary Care, College of Nursing, University of Iowa, Iowa City, IA
- 2022-2025 Professor (Adjunct) Department of Nursing Services and Patient Care, University of Iowa Hospitals and Clinics
- 2021-present Professor, College of Nursing, University of Iowa, Iowa City, IA
- 2014 2021 Associate Professor, College of Nursing, University of Iowa, Iowa City, IA
- 2008 2014 Assistant Professor, College of Nursing, University of Iowa, Iowa City, IA
- 1998 2008 Adjunct Assistant Professor, Psychology Department, University of Iowa, Iowa City, IA
- 1998 1999 Lecturer, Department of Psychology, Cornell College, Mount Vernon, IA
- 1990 1994 Lecturer, Department of Psychology, Ithaca College, Ithaca, NY
- 1987 1988 Predoctoral Clinical Intern, Department of Psychology, Syracuse Health Sciences Center Syracuse, NY
- 1985 1986 Teaching Assistant, Department of Psychology, University of Illinois, Urbana-Champaign, IL

## HONORS AND AWARDS

2021-2023	Distinguished Scholar in Nursing Science, College of Nursing, University of Iowa
2021	Expert in Postpartum Depression, Expertscape's Top 1% Scholars in Postpartum Depression in the Past 10 Years
2021	President and Provost Award for Teaching Excellence, University of Iowa
2021	Professional Service Award, College of Nursing, University of Iowa
2007 - 2022	Thank-a-teacher, Center for Teaching, University of Iowa
2019	Distinguished Achievement in Publicly Engaged Research, Office of Vice President for Research, University of Iowa
2017	Collegiate Teaching Award, College of Nursing, University of Iowa
2016	Summer Research Opportunities Program (SROP) Mentoring Award, Graduate College, University of Iowa
2016	Research and Clinical Partnership Award, Recognition of the impact Office of Nursing Research and Scholarship, College of Nursing, University of Iowa (with Ann Rhodes)
2011	Research and Clinical Partnership Award, College of Nursing, University of Iowa (with Rebecca Chuffo Davila)
2009	Recognizing Academic Excellent, University Housing, University of Iowa
1985 - 1987	APA Minority Fellowship Program, American Psychological Association
1981 - 1984	CIC Minority Fellowship Program, Committee on Institutional Cooperation

# **SCHOLARSHIP**

**Peer Reviewed Journal Publications** (\* denotes data-based paper; current or former student and faculty mentees are italicized)

- 1. \*Karim, K., Trower, S., Segre, L.S. (2024). The use of a nursing implementation framework to enhance the uptake of an evidence-based intervention. *Worldviews on Evidence-Based Nursing*, 21(6), 644-651. doi: 10.1111/wvn.12755.
- \*Segre, L.S., Chuffo Davila, R., Banks, E., Hohmann, K., Vlasich, M., Hein, M.L., Beck, C.T. (2024). Compassionate care: Listening Visits provided by NICU nurses. *MCN, The American Journal of Maternal Child Nursing*, 49(3), 130-136. 10.1097/NMC.00000000000999
- 3. \**McCabe*, J.E., Chuffo Davila, R., Henderson, L., Segre, L.S. (2024). Improving maternal depression screening in the NICU. *MCN*, *The American Journal of Maternal Child Nursing*, 49(3),

149-150. 10.1097/NMC.000000000001001

- \*Folador, P., Leite De Lemos Oliveira, D, Segre, L, Dias Emidio, S.C. Valentin Carmona, E. (2023). Curso online sobre escuta empática para rastreio e accompanhamento da depressão pósparto. [Online course on empathic listening for screening and monitoring postpartum depression]. *Ciencia y Enfermeria*, 29: 11. 10.29393/CE29-11COPE50011
- 5. \*Vignato, J., Mehner, B., Negrete, Al. Segre, L.S. (2023). Over-the-counter pain medication use during pregnancy. MCN, The American Journal of Maternal Child Nursing, 48(4), 209-214.
- 6. \*Segre, L.S., *McCabe*, *J.E.*, Chuffo Davila, R., Carter, C., O'Hara, M.W., Arndt, S. (2023). A randomized trial of Listening Visits for mothers of hospitalized newborns. *Nursing Research*, 72(3), 229-235. 10.1097/NNR.00000000000650
- \*Whynott, R.M., Summers, K.M., Mejia, R.B., Segre, L.S., Ryan, G., Pawlak, S.A. (2023). Creating affiliations, learning, and mindfulness for in vitro fertilization patients (CALM IVF). F&S Reports . doi.org/10.1016/j.xfre.2023.01.002
- 8. \*Segre, L.S., *McCabe, J.E.*, Chuffo Davila, R., Arndt, S. (2022). Telehealth Listening Visits for emotionally distressed mothers of hospitalized newborns: Proof-of-concept. *Frontiers in Psychiatry*, 13. 10.3389/fpsyt.2022.1032419
- 9. \*Segre, L.S., Chuffo Davila, R., Carter, C. Arndt, S. (2022). Race/ethnicity matching boosts enrollment of Black participants in clinical trials. *Contemporary Clinical Trials*, 122, doi.org/10.1016/j.cct.2022.106936
- Parks, A., Duffecy, J., *McCabe, J.E.*, Blankstein Breman, R., Milgrom, J., Hirshler, Y., Gemmill, A., Segre, L. Felder, J., Usher-Pines, L. (2022). Lessons learned recruiting and retaining pregnant and postpartum individuals in digital trials. *Journal Medical Internet Research: Pediatrics and Parenting*, 5 (2) e35320. PMID: 35107422
- \*Cuijpers, P., Franco, P.V., Ciharova, M., Miguel C, Segre, L., Quero, S., Karyotaki, E. (2021) Psychological treatments of perinatal depression: A meta-analysis. *Psychological Medicine* 1–13. https://doi.org/ 10.1017/S0033291721004529
- 12. Segre, L.S. (2021). The 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy, and Clinical Care, *Archives of Women's Mental Health*, doi: 10.1007/s00737-021-01168-7.
- \*Vignato, J., Beck, C., Conley, V., Inman, M., Patsais, M., Segre, L. (2021). The Lived Experience of Pain and Depression Symptoms during Pregnancy. *The American Journal of Maternal Child Nursing*, 46, 198-204. doi: 10.1097/NMC.000000000000724
- 14. Segre, L.S., Mehner, B.T., & *Brock, R.L.* (2021). Perceived racial discrimination and depressed mood in perinatal women: An extension of the Domain Specific Stress Index. *Women's Health Issues*, 31, 254-262. doi: 10.1016/j.whi.2020.12.008
- 15. \*McCabe, J., Wickberg, B. Deberg, J., Chuffo Davila, R., & Segre, L.S. (2021). Listening Visits

for maternal depression: A meta-analysis. Archives of Women's Mental Health, 24, 595-603. doi: 10.1007/s00737-020-01101-4

- 16. \*Vignato, J. Perkhounkova, Y. Saeidzadeh, S., Patsais, M., Inman, M. McCarthy, A-M., & Segre, L.S. (2021). Pathways from pain to physical and mental health-related quality of life during the third trimester of pregnancy: an exploratory mediation analysis. *Journal of Clinical Nursing*, 30, 1372-1382. doi: 10.1111/jocn.15686
- \*Vignato, J.; Perkhounkova, Y., McCarthy, A-M., & Segre, L.S. (2020). Pain and depression symptoms during the third trimester of pregnancy. *MCN, The American Journal of Maternal Child Nursing*, 45, 351-356. doi: 10.1097/NMC.00000000000657
- \*Scheiber, F.A., Segre, L.S., O'Hara, M.W., Taylor, D. & Brock, R.L. (2020), Maternal depression and breastfeeding in home visitation. *Children and Youth Services Review*, 119. doi: 10.1016/j.childyouth.2020.105490
- \*Vignato, J., Landau, E., Duffecy, J., O'Hara, M. W., & Segre, L. S. 2019. Using mobile health applications for the rapid recruitment of perinatal women. *Archives of Women's Mental Health*. 22, 305-308. doi: 10.1007/s00737-018-0894-2
- 20. \**Stasik-O'Brien, S. M., McCabe-Beane, J. E., &* Segre, L. S. 2019. Using the EPDS to identify anxiety in mothers of infants on the neonatal intensive care unit. *Clinical Nursing Research.* 28, 473-487. doi: 10.1177/1054773817740532
- 21. \*St. Marie, B. J., Coleman, L., Vignato, J., Arndt, S., & Segre, L.S. 2019. Use and misuse of opioid pain medications by pregnant and nonpregnant women. Pain Management Nursing. doi: /10.1016/j.pmn.2019.05.002
- 22. Chuffo Davila, R., & Segre, L.S. 2018. A nurse-based model of psychosocial support for emotionally distressed mothers of newborns in the NICU. *Journal of Obstetric, Gynecologic, and Neonatal Nursing.* 47(1), 114-121. doi: 10.1016/j.jogn.2016.12.007
- 23. \*McCabe-Beane, J. E., Stasik-O'Brien, S. M., & Segre, L. S. 2018. Anxiety screening during assessment of emotional distress in mothers of hospitalized newborns. Journal of Obstetric, Gynecologic and Neonatal Nursing. 47(1), 105-113. doi: 10.1016/j.jogn.2017.01.013
- 24. \*Segre, L. S., Trusty, S., *Gullickson, R.*, Chuffo Davila, R., & O'Hara, M. W. 2018. Brokering the evidence-practice gap: A strategy for moving evidence into clinical practice. *Psychiatric Services.* 69(8), 852-854. doi: 10.1176/appi.ps.201700416
- Terrazas, C., Segre, L. S. & Wolfe, C. 2018. Moving beyond depression screening: Integrating perinatal depression treatment into OB-GYN practices. *Primary Health Care Research*. doi: 10.1017/S1463423618000099
- 26. \*Brock, R. L., O'Hara, M. W., & Segre, L. S. 2017. Depression treatment by non-mental-health providers: Incremental evidence for the effectiveness of Listening Visits. American Journal of Community Psychology. 59(1-2), 172-183. doi: 10.1002/ajcp.12129

- 27. \*Orengo-Aguayo, R. E., & Segre, L. S. 2016. Depression treatment delivered at the point-ofcare: A qualitative assessment of the views of low-income, US mothers. Journal of Reproductive and Infant Psychology. 34(1), 35-48. doi: 10.1080/02646838.2015.1101753
- 28. \*Spinelli, M. G., Endicott, J., Goetz, R. R., & Segre, L. S. 2016. Re-analysis of efficacy of Interpersonal Psychotherapy for antepartum depression versus parenting education program: Initial severity of depression as a predictor of treatment outcome. *The Journal of Clinical Psychiatry*. 77(4), 535-540. doi: 10.4088/JCP.15m09787
- 29. \*McCabe-Beane, J. E., Segre, L. S., Perkhounkova, Y., Stuart, S., & O'Hara, M. W. 2016. The identification of severity ranges for the Edinburgh Postnatal Depression Scale. Journal of Reproductive and Infant Psychology. 34(3), 293-303. doi: 10.1080/02646838.2016.1141346
- 30. \*Segre, L. S., Orengo-Aguayo, R. E., & Chuffo-Siewert, R. 2015. Depression management by NICU nurses: Mothers' views. Clinical Nursing Research. 25(3), 273-290. doi: 10.1177/1054773815592596
- 31. \*Segre, L. S., Brock, R. L., & O'Hara, M. W. 2015. Depression treatment for impoverished mothers by point-of-care providers: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*. 83(2), 314-324. doi: 10.1037/a0038495
- Chuffo-Siewert, R., *Cline, M., & Segre, L. S.* 2015. Implementation of an innovative nursedelivered depression intervention for mothers of NICU infants. *Advances in Neonatal Care*. 15(2), 104-111. doi: 10.1097/anc.00000000000146
- 33. Hall, S. L., Cross, J., Selix, N. G., Patterson, C., Segre, L., Chuffo-Siewert, R., Geller, P.A. Martin, M. L. 2015. Recommendations for enhancing psychosocial support of NICU parents through staff education and support. *Journal of Perinatology*. 35(S1), S29-S36. doi: 10.1038/jp.2015.147
- 34. Hynan, M. T., Steinberg, Z., Baker, L., Cicco, R., Geller, P. A., Lassen, S., Milford, C., Mounts, K.O., Patterson, C., Saxton, S., Segre, L., & Stuebe, A. 2015. Recommendations for mental health professionals in the NICU. *Journal of Perinatology. 35 Suppl 1*, S14-S18. doi: 10.1038/jp.2015.144
- 35. \*Segre, L. S., *McCabe, J. E.*, Chuffo-Siewert, R., & O'Hara, M. W. 2014. Depression and anxiety symptoms in mothers of newborns hospitalized on the neonatal intensive care unit. *Nursing Research*. 63(5), 320-332. doi: 10.1097/nnr.00000000000039
- 36. \*Segre, L. S., *Pollack, L. O., Brock, R. L.*, Andrew, J. R., & O'Hara, M. W. 2014. Depression screening on a maternity unit: A mixed-methods evaluation of nurses' views and implementation strategies. *Issues in Mental Health Nursing*. *35*, 444-454. doi: 10.3109/01612840.2013.879358
- 37. \*Moran, T. E., Polanin, J. R., Segre, L. S., & Wenzel, A. 2014. The postpartum worry scale -Revised: Continuing validation with a sample of NICU mothers. *Archives of Women's Mental Health.* 18(2), 221-228. doi: 10.1007/s00737-014-0452-5. doi: 10.1007/s00737-014-0452-5
- 38. Segre, L. S., & Taylor, D. 2014. Implementing universal maternal depression screening in home

visiting programs: A pragmatic overview. Zero to Three. May 12-19

- 39. \*Segre, L. S., Chuffo-Siewert, R., *Brock, R. L.*, & O'Hara, M. W. 2013. Emotional distress in mothers of preterm hospitalized infants: A feasibility trial of nurse-delivered treatment. *Journal of Perinatology*. 33(12), 924-928. doi: 10.1038/jp.2013.93
- 40. \*Segre, L. S., O'Hara, M. W., & *Fisher, S. D.* 2013. Perinatal depression screening in Healthy Start: An evaluation of the acceptability of technical assistance consultation. *Community Mental Health Journal.* 49(4), 407-411. doi: 10.1007/s10597-012-9508-z
- 41. Rhodes, A. M., & Segre, L. S. 2013. Perinatal depression: a review of US legislation and law. *Archives of Women's Mental Health. 16*(4), 259-270. doi: 10.1007/s00737-013-0359-6
- 42. \*Segre, L. S., *McCabe, J. E., Stasik, S. M.*, O'Hara, M. W., & Arndt, S. 2012. Implementation of an evidence-based depression treatment into social service settings: The relative importance of acceptability and contextual factors. *Administration and Policy in Mental Health and Mental Health Services Research.* 39(3), 180-6. doi: 10.1007/s10488-011-0345-0
- 43. \*Segre, L. S., O'Hara, M. W., *Brock, R. L., &* Taylor, D. 2012. Depression screening of perinatal women by the Des Moines Healthy Start Project: Program description and evaluation. *Psychiatric Services.* 63(3), 250-5. doi: 10.1176/appi.ps.201100247
- 44. \*Segre, L. S., *Brock, R. L.*, O'Hara, M. W., Gorman, L. L., & Engeldinger, J. 2011. Disseminating perinatal depression screening as a public health initiative: A train-the-trainer approach. *Maternal and Child Health Journal*. *15*(6), 814-821. doi: 10.1007/s10995-010-0644-1
- 45. Segre, L. S., Buckwalter, K. C., & Friedemann, M.-L. 2011. Strategies to engage clinical staff in subject recruitment. *Journal of Research in Nursing*. 16(4), 321-332. doi: 10.1177/1744987110387475
- 46. \*Pollack, L. O., Segre, L. S., O'Hara, M. W., & Stuart, S. 2011. Postpartum depression: The distribution of severity in a community sample. Archives of Women's Mental Health. 14(4), 363-364. doi: 10.1007/s00737-011-0228-0
- 47. \*Segre, L. S., O'Hara, M. W., Arndt, S., & Beck, C. T. 2010. Nursing care for postpartum depression, Part 1: Do nurses think they should offer both screening and counseling? *MCN. The American Journal of Maternal Child Nursing*. 35(4), 220-225. doi: 10.1097/NMC.0b013e3181dd9d81
- \*Arndt, S., Vélez, M. B., Segre, L. S., & Clayton, R. 2010. Remission from substance dependence in U.S. Whites, African Americans, and Latinos. *Journal of Ethnicity in Substance Abuse.* 9(4), 237-48. doi: 10.1080/15332640.2010.522889
- 49. \*Segre, L. S., O'Hara, M. W., Arndt, S., & Beck, C. T. 2010. Screening and counseling for postpartum depression by nurses: The women's views. *MCN. The American Journal of Maternal Child Nursing.* 35(5), 280-285. doi: 10.1097/NMC.0b013e3181e62679
- 50. \*Segre, L. S., Stasik, S. M., O'Hara, M. W., & Arndt, S. 2010. Listening Visits: An evaluation of

the effectiveness and acceptability of a home-based depression treatment. *Psychotherapy Research.* 20(6), 712-721. doi: 10.1080/10503307.2010.518636

- 51. \*Segre, L. S., O'Hara, M. W., Arndt, S., & Stuart, S. 2007. The prevalence of postpartum depression: The relative significance of three social status indices. *Social Psychiatry and Psychiatric Epidemiology*. 42(4), 316-21. doi: 10.1007/s00127-007-0168-1
- 52. \*Segre, L. S., Losch, M. E., & O'Hara, M. W. 2006. Race/ethnicity and perinatal depressed mood. *Journal of Reproductive and Infant Psychology*. 24(2), 99-106. doi: 10.1080/02646830600643908
- 53. Nylen, K. J., Segre, L. S., & O'Hara, M. W.2005. Public health implications of postpartum depression. *Psychiatric Annals.* 35(7), 599-609. doi: 10.3928/0048-5713-20050701-18
- 54. Segre, L. S., Stuart, S., & O'Hara, M. W. 2004. Interpersonal Psychotherapy for antenatal and postpartum depression. *Primary Psychiatry*. 52, 52-56, 66.
- 55. \*Salzer, M. S., Rappaport, J., & Segre, L. S. 2001. Mental health professionals' support of selfhelp groups. *Journal of Community and Applied Social Psychology*. 11(1), 1-10. doi: 10.1002/casp.606. doi: 10.1002/casp.606
- \*Salzer, M. S., Rappaport, J., & McFadden (Segre), L. S. 1999. Professional appraisal of professionally-led and self-help groups. *The American Journal of Orthopsychiatry*. 69(4), 536-40. doi: 10.1037/h0080401
- 57. \*Salzer, M. S., **McFadden (Segre)**, L. S., & Rappaport, J. 1994. Professional views of self-help groups. *Administration and Policy in Mental Health Services Research*. 22(2), 85-95.
- 58. \*McFadden (Segre), L. S., Seidman, E., & Rappaport, J. A comparison of espoused theories of self- and mutual help: Implications for mental health professionals. *Professional Psychology: Research and Practice.* 23(6), 515-20. doi: 10.1037/0735-7028.23.6.515
- 59. Rappaport, J., Seidman, E., Toro, P. A., **McFadden (Segre)**, L. S., Reischl, T. M., Roberts, L. J., Salem, D.A., Stein, C.H. &. Zimmerman, M. A. 1985. Collaborative research with a mutual-help organization. *Social Policy*. *15*(3), 12-24. PMID: 10270879
- 60. \*McFadden (Segre), L. S., & Krug, S. E. 1984. Psychometric function of the "neutral" response option in clinical personality scales. *Multivariate Experimental Clinical Research*. 7(1), 25-33.

## Protocols

 Segre, L., Durman, G., DeBerg, J., Harrer, M., de Ponti, N., & Cuijpers, P. (2023, May 8). Representation of racial and ethnic minorities in depression trials conducted in the US that compare psychotherapy to a control condition. <u>https://doi.org/10.17605/OSF.IO/AFBKX</u>

# **Book Chapters**

- 1. Segre, L. S., & Hall, S. 2017. Il ricovero in terapia intensiva neonatale: Le esperienze emotive dei genitori (Hospitalization in neonatal intensive care: The emotional experiences of the parents), *Psicologia Clinica Perinatale: Dalla Teoria alla Pratica (The Parents' Emotional Experience)*. (pp. 337-364) Trento: Erickson.
- O'Hara, M. W., & Segre, L. S. 2014. Perinatal depression across the world: Prevalence, risk factors, and detection in primary care., *Perinatal psychiatry: The legacy of Channi Kumar*. (pp. 69-81) Oxford: Oxford University Press.
- \*Segre, L. S., O'Hara, M. W., & Perkhounkova, Y. 2014. Adaptations of psychotherapy for psychopathology during pregnancy and the postpartum period., *Oxford Handbooks Online*. (pp. 366-382) Oxford: Oxford University Press. doi: 10.1093/oxfordhb/9780199778072.013.013. www.oxfordhandbooks.com.
- 4. O'Hara, M. W., & Segre, L. S. 2008. Psychologic disorders of pregnancy and the postpartum period., *Danforth's Obstetrics and Gynecology*. (10th ed., pp. 504-514) Philadelphia, PA: Lippincott Williams & Wilkins.
- Segre, L. S., & O'Hara, M. W. 2005. The status of postpartum depression screening in the United States., *Screening for Perinatal Depression*. (pp. 83-89) London: Jessica Kingsley.

## **Invited Commentary/Letter**

- Segre, L.S. (2021). The 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy, and Clinical Care, *Archives of Women's Mental Health*, doi: 10.1007/s00737-021-01168-7.
- Segre, L. S. 2011. Incorporating mental healthcare into routine postpartum nursing is a promising approach for reducing depression in new mothers. (3rd ed., vol. 14, pp. 92-3): *Evidence-based Nursing*. PMID: 21482688. doi: 10.1136/ebn1152.

# **Books Entries**

- 1. Segre, L. S. 2017. Prefazione (Preface)., *Guarire dalla Depressione Postpartum: Indicazione Cliniche e Psicoterapia*. Erikson.
- 2. Segre, L. S. 2011. Postpartum depression., *Encyclopedia of Family Health*. Thousand Oaks, CA: Sage Publications.
- 3. Segre, L. S. 2013. Listening Visits., *Nursing Interventions Classification (NIC)*. (6th ed., p. 248) St. Louis, MO: Elsevier.

# **Guest Editor: Topical Collections**

1. Invited Editor: Topical Issue (in press). Listening Enhances Compassionate Family-Centered Care. *MCN, The American Journal of Maternal Child Nursing*.

2. Guest Editor (2021). Special issue: The 40th Anniversary of the International Marcé Society for Perinatal Mental Health: Innovations in Research, Policy, and Clinical Care. *Archives of Women's Mental Health*, 24(5), 797.

## Public Media: Newspaper Articles and Newsletters

Listening Matters for Mothers. (November 2013). Neonatology Today.

Talk with NICU nurse eases postpartum depression in preemie moms (October 5, 2013). *Psych Central*.

Listening Matters for Mothers: University of Iowa shows mothers with prematurely born infants benefited from peroneal sessions with NICU nurses (October 1, 2013). *Newswise*.

Postpartum depression and perinatal mood disorders in the DSM. (June 2016). Postpartum Support

Poor moms have more post-partum depression (February 22, 2008). The Berkshire Miracle.

Postpartum depression strikes poor more (February 21, 2008). The Daily Iowan.

Low-income women more likely to suffer postpartum depression, study says (February 20, 2008). *University of Iowa Health Care: Noon News.* 

Postpartum depression hits low-income women hardest (February 20, 2008). Top News Health.

Low-income women more likely to suffer from postpartum depression (February 19, 2008). *Science Daily*.

Study: low-income women more likely to suffer from postpartum depression (February 19, 2008). *PHYSORG.com: Science: Physics: Tech: Nano: News.* 

UI study: low-income women more likely to suffer from postpartum depression (February 19, 2008). *Iowa City Press Citizen*.

# **CURRENT FUNDING**

## **Current Extramural Funding: Research**

8-15-20247-31-2029
Equity for Parent Presence and Participation in Caregiving in the NICU Eunice Kennedy Shriver National Institute of Child Health and Human Development
PI: Nist, Pickler Total Costs: 3,016,000.
Co-I Costs: \$653,397 Role: Co-I

2023-2025	R21 1 R21HS029554-01
	Empower NICU-A bridge to resources for adjusting and coping with
	emotions (EmBRACE)
	Agency for healthcare Research and Quality, Department of Health and
	Human Services
	PI: Geller
	Total Costs: \$ 275,000
	Role: Consultant
2022-2024	SBIR Phase 1 1R43MD018236-01
	MommaConnect, a mobile health platform (mHealth) based on our
	evidence-based Mother-Baby Connections (MBC) perinatal mental
	health program.
	National Institute on Minority Health and Health Disparities
	MPI Ma, Horowitz, Posmontier
	Total Costs: \$398,457
	Role: Consultant

# Current Extramural Funding: Dissemination

6-20-2024-	Listening Visits in Maternal Health Agencies
5-21-2024	
	Iowa Department of Health and Human Services
	Total costs: \$4,000
	Role: PI

# Completed Extramural Funding: Research

2018 - 2022	R21 NR016751 Promoting Emotional Well-being in Distressed NICU Mothers: A Phase 2 Evaluation of a Nurse-delivered Approach National Institute of Nursing Research Total costs: \$419,375 Role: PI
2009 - 2011	K 23 MH 075964 03S1 ARRA Supportive Listening with Depressed Low-Income Mothers National Institute of Mental Health Total costs: \$107, 853 Role: PI
2007 - 2012	K23 MH 075964 Supportive Listening with Depressed Low-income Mothers National Institute of Mental Health Total costs: \$694,007 Role: PI
2006 - 2009	5887PE01

	Iowa Perinatal Depression Project US Department of Health & Human Services, Health Resources & Services Administration Total costs: \$124,951 Role: Co-I
2007	S5082A & Am. 1-2 The Iowa Initiative to Reduce Unintended Pregnancies Susan Thompson Buffett Foundation Total costs: \$28,184 Role: PI
2002 - 2005	MH059668S Clinician Managed Interpersonal Psychotherapy National Institute of Mental Health, Total costs: \$287,229 Role: PI

# **Completed Intramural Funding: Research**

2018	Improving Listening Skills in Dementia Care: Equipping the Listeners of People with Dementia with Effective Communication Strategy. Obermann Center for Advanced Studies Total costs: \$3,000 Role: Co-I
2010 - 2012	Effectiveness of Listening Visits with Depressed Mothers of NICU Infants University of Iowa Social Science Funding Program Total costs: \$22,535 Role: PI
2009 - 2010	Old Gold Summer Fellowship Office of the Provost, University of Iowa Total costs: \$6,000 Role: PI
Completed Extran	nural Funding: Dissemination
2023	Listening Visits in Maternal Health Agencies

- 2023 Listening Visits in Maternal Health Agencies Iowa Department of Public Health Total costs: \$2,000 Role: PI
- 2021-2022 HED26342 Perinatal Support Pathway of Whatcom County

	Center for Disease Control/Western Washington University Total costs: \$29,999 Subaward Costs: \$2968.32 Subaward Role: PI
2019	Listening Visits in Maternal Health Agencies Iowa Department of Public Health Total costs: \$1,500 Role: PI
2018	Listening Visits in Maternal Health Agencies Iowa Department of Public Health Total costs: \$3,672 Role: PI
2017	Listening Visits in Maternal Health Agencies Iowa Department of Public Health Total costs: \$13,954 Role: PI
2015	5885MH50 Listening Visits in Maternal Health Agencies Iowa Department of Public Health Total costs: \$5,300 Role: PI
2013 - 2014	Listening Visits in Maternal Health Agencies 2013 – 2014 Total costs: \$43,187 Role: PI
2008 - 2009	Train-the-Trainer Maternal Depression Screening Iowa Department of Management Total costs: \$106,865 Role: Co-PI
2008	Focus Groups about Knowledge Regarding a Medical Home Visiting Nurse Services Total costs: \$2,727 Role: PI
2007-2009	Iowa Perinatal Depression Project Iowa Department of Public Health/US Department of Human Services Total costs: \$32,499

Role: Co-PI

2007 - 2008	Train-the-Trainer Maternal Depression Screening Iowa Department of Management Total costs: \$96,558 Role: Co-PI
2006 - 2007	Train-the-Trainer Maternal Depression Screening Iowa Department of Management Total costs: \$85,911 Role: PI
2006	Train-the-Trainer Maternal Depression Screening Iowa Department of Management Total costs: \$14,000 Role: PI

# **Completed Intramural Funding: Teaching**

2021	Incorporating Health Disparities and Inequities Perspectives into NURS 1030: Human Development and Behavior
	Office of the Executive Vice President and Provost
	Total costs: \$8,000
	Role: PI
2017	Incorporating Global Perspectives into NURS 1030: Human
	Development and Behavior
	International Programs Global Curriculum Development Award
	International Programs, University of Iowa
	Total costs: \$3,000
	Role: PI
2010	Increasing the Explicit Relevance of Human Growth and Development to
	Nursing Practice
	Instructional Improvement Award, Council on Teaching, University of
	Iowa
	Total costs: \$2,500
	Role: PI

<u>Research and Clinical Presentations</u> (\*denotes data-based paper; senior author is bold; student and faculty mentees are italicized)

# **International Keynote/Plenary**

\*Segre, L. S., Mccabe, J., Deberg, J., Wickberg, B. (2019). Listening Visits for maternal depression delivered by non-specialists: An update and meta-analysis., Faculty of the Royal

College of Perinatal Psychiatrists, London United Kingdom. Invited Keynote/Plenary.

**Segre, L. S.** (2018). Individuazione e trattamento dei disturbi mentali perinatali: Il progetto delle visite domiciliari in Iowa (Detection and treatment of perinatal mental disorders: The home visit project in Iowa). Congresso Nazionale 2018, Società Marcè Italiana, Padova Italy. Invited Keynote/Plenary.

**Segre, L. S.** (2007). *Listening Visits go to America: The trials and tribulations of importing an empirically supported intervention*. Community Practitioner Health Visitor Association Annual Professional Conference and Exhibition, Torquay United Kingdom. Invited Keynote/Plenary.

O'Hara, M.W., **Segre, L. S**. (2007). *Psychosocial aspects of postpartum depression in the United States*. 15th International Congress of the International Society of Psychosomatic Obstetrics and Gynecology, Kyoto Japan. Keynote/Plenary.

## **International Oral**

\*Segre, L., dePonti, N., Harrer, M., Durman, G., Deberg, J., Karyotaki, E., Cuijpers, P. (2024). Are depression treatment trials inclusive: An investigation of racial and ethnic diversity. The International Marcé Society of Perinatal Mental Health, Barcelona, Spain. Oral.

\**McCabe, J.E.*, Deberg, J., Wickberg, B., **Segre, L.S.** (2020). Treatment of maternal depression by nonspecialists—Is it effective. Innovations in research, policy and clinical care, International Marcé Society for Perinatal Mental Health Biennial Meeting, Iowa City, Iowa, U.S. (Virtual). Oral.

\*Segre, L.S., Chuffo-Davila, R. O'Hara, M.W., Carter, C., *Jaboob, S., Laroe, N. McCabe, J.,* Arndt, S. (2020). *Listening Visits in the neonatal intensive care unit: A randomized controlled trial.* Innovations in research, policy and clinical care, International Marcé Society for Perinatal Mental Health Biennial Meeting, Iowa City, Iowa, U.S. (Virtual). Oral.

\*Segre, L. S., Trusty, S., Chuffo Davila, R. (2019). *Academic-public health partnerships: A strategy for disseminating evidence-based prevention interventions*. Using rigorous research to inform practice and policy, Global Consortium for Depression Prevention, York England. Oral.

\*Wickberg, B., *Mccabe, J.*, Deberg, J., **Segre, L. S.** (2019). *Person-centered counselling for maternal depression delivered by nonspecialists: A meta-analysis.*, Nordic Marce Biennial Conference on Perinatal Mental Health, Stockholm Sweden. Oral.

\*Segre, L. S., *McCabe, J. E.*, O'Hara, M. W. (2018). *Preliminary severity ranges for scores on the Edinburgh Postnatal Depression Scale*. Global Experiences, Global Dialogues, Global Response, International Marcé Society of Perinatal Mental Health, Bengaluru India. Oral.

\*Segre, L. S., Brock, R. L., O'Hara, M. W. (2016). Listening Visits delivered by U.S. point-ofcare providers: Sustainability of treatment gains., The International Marcé Society of Perinatal Mental Health, Melbourne Australia. Oral.

\*Segre, L. S., Orengo-Aguayo, R. E. (2014). Listening Visits delivered at the point of care: A

*qualitative assessment of the views of low-income U.S. mothers.* Creating Change in Perinatal Mental Health, The International Marcé Society of Perinatal Mental Health, Swansea United Kingdom. Oral.

\*Segre, L. S., Chuffo-Siewert, R., *Brock, R.*, Arndt, S., O'Hara, M. (2012). *Listening Visits on the neonatal intensive care unit.*, International Marcé Society of Perinatal Mental Health, Paris France. Oral.

O'Hara, M. W., Holden, J., **Segre, L. S**. (2011). *How to listen to mothers*. The Marce Society recent advances in community mental health for mothers and babies, Cheltenham United Kingdom. Invited Oral.

\*Segre, L. S., Chuffo-Siewert, R., O'Hara, M. W. (2011). *The Iowa Community Study: Listening Visits on the neonatal intensive care unit.* The Marce Society recent advances in community mental health services for mothers and babies, Cheltenham United Kingdom. Invited Oral.

\*Segre, L. S., *Brock, R. L.*, O'Hara, M. W., Gorman, L. L., Engeldinger, J. (2010). *Disseminating perinatal depression screening as a public health initiative: A train-the-trainer approach.*, International Marcé Society of Perinatal Mental Health, Pittsburgh, Pennsylvania. Oral.

\*Segre, L. S., Engeldinger, J., O'Hara, M. W. (2008). *Train-the-trainer: A community* partnership model for disseminating maternal depression screening. The Marce Society International Biennial Scientific Meeting, Sydney Australia. Oral.

\*Segre, L. S., O'Hara, M. W., Lebeda-Townsend, K., Richard-Langer, D. (2006). *British Listening Visits go to America: A description and evaluation*. The Marce Society International Biennial Scientific Meeting, Keele United Kingdom. Oral.

O'Hara, M.W., Segre, L. S. (2006). *Perinatal depression screening, referral, and treatment among poor and minority women in the U.S. healthy start program.* International Congress of Applied Psychology, Athens Greece. Oral.

\*Segre, L. S., O'Hara, M. W., Schubert, C. (2004). Screening and counseling for women with perinatal depression in the United States: A new role for nurses. The Marce Society International Biennial Scientific Meeting, Oxford United Kingdom. Oral.

Reischl, T., **McFadden (Segre)**, L. S., Zimmerman, M. (1984). *A social movement organization*. The 92nd annual convention of the American Psychological Association, Toronto Canada. Oral.

## **International Poster**

\*Segre, L.S., Chuffo Davila, R., McCabe, J.E. (2022). Listening Visits delivered via zoom by NICU nurses to distressed mothers of hospitalized newborns. The Marce Society International Biennial Scientific Meeting, London/virtual. Poster.

\*Segre, L. S., O'Hara, M. W., *Stasik, S. M.*, Arndt, S. (2011). *Listening Visits: Effectiveness in the U.S. setting*. Perinatal Psychiatry in the 21st Century: The Legacy of Channi Kumar, London England. Poster.

\*Segre, L. S., O'Hara, M. W., Lebeda Townsend, K., Richard-Langer, D. (2006). *Depression screening in low-income women by American case managers: An evaluation*. The Marce Society International Biennial Scientific Meeting, Keele United Kingdom. Poster

#### **National Keynote/Plenary**

**Segre, L. S**. (2008). *The importance of early identification of maternal depression*. Tulane Institute of Infant & Early Childhood Mental Health, New Orleans, Louisiana. Keynote/Plenary.

#### **National Oral**

- Chuffo Davila, R. and Segre, L. 2024. *Listening Visits as an adjunct intervention to trauma informed care in the NICU*. Science and Soul Conference 2024. October 13-15. Boston, Massachusetts.
- \* Segre, L.S. & Chuffo Davila, R. (2024). *The implementation of Listening Visits: A trauma informed-responsive intervention for NICU parents*. National Perinatal Association Conference. Anaheim, California. Invited oral.
- \*Chuffo Davila, R. & Segre, L.S. (2023). Listening Visits delivered by NICU nurses: An evidenced-based approach to providing emotional support within the Compassionate Care Framework. National Network of NICU Psychologists Virtual Webinar. Invited oral.

\**Whynott, R.M.*, Summers, K.M., Mejia, R.B., **Segre, L.S.**, Ryan, G. Pawlak, S. (2021). Creating affiliations, learning, and mindfulness for invitro fertilization patients (CALM IVF). American Society for Reproductive Medicine (ASRM) 2021 Scientific Congress & Expo, Baltimore Maryland. Oral.

\*Segre, L.S. Mehner, B., Brock, R. (2021). *Perceived racial discrimination and depressed mood in perinatal women*. Parental Mental Health During Changing Times. Marce of North America Biennial Conference. Virtual. Oral.

\*Segre, L.S., Mehner, B., *Brock, R.* (2021). *Yet another stressor: the experience of discrimination during pregnancy and risk for postpartum depressed mood.* Uprooting White Supremacy:18<sup>th</sup> Biennial Conference of Society for Community Research and Action. Virtual. Oral.

\*Segre, L.S. & Chuffo Davila, R. (2021). *How well we <u>listen</u> is more important than what we say: Listening Visits and the Compassionate Family Care Framework*. May meeting of the National Pediatric Nurse Scientist Collaborative. Virtual. Oral

\*McCabe, J. E., Deberg, J., Wickberg, B., Segre. L. S. (2019). Person-centered counselling for

*maternal depression delivered by nonspecialists: A meta-analysis.* Understanding needs, expanding reach through translational science and clinical care, Marce of North America Biennial Conference, Chapel Hill, North Carolina United States. Oral.

\*Segre, L.S., Trusty, S. & Chuffo Davila, R. (2019). *Disseminating evidence-based postpartum depression interventions and services using a train-the-trainer model*. Making an Impact Ecological Praxis: System complexity, cycles of action, and extending our metaphors with the natural world. 17<sup>th</sup> biennial meeting of the Society for Community Action and Research, National Louis University, Chicago Illinois. Oral.

\*Vignato, J., O'Hara, M. W., Duffecy, J., Segre, L. S. (2017). Innovations in United States sampling for perinatal mental health research. Mental Health and Well-Being for Childbearing Women, Their Children and Families, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

**Segre, L. S.,** *Heuel, R., Dineen, E.* (2017). *Listening Visits in maternal health agencies: A follow-up evaluation of provider views and use.* Mental Health and Well-Being for Childbearing Women, Their Children and Families, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

Segre, L. S., *Gullickson, R., Houghton, L.,* Trusty, S., Petsche, D. (2015). *Partnering with public health to improve access to treatment for postpartum depression: A statewide dissemination of Listening Visits.* Translational Research in Perinatal Mental Health: Laboratory to Bedside to Community Practice, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

\*Segre, L. S., Orengo-Aguayo, R. E., Chuffo-Siewert, R. (2014). Depression in mothers of NICU infants: Mothers' views of a point-of-care nurse-delivered treatment model. Building Value Based Partnerships through Nursing Science, Midwest Nursing Research Society, St. Louis, Missouri United States. Oral.

**Segre, L.S.** (2014). *Implementing depression screening*. Strategies for Improving Outcomes for Peripartum Women, Substance Abuse and Mental Health Services Administration, Rockville, Maryland United States. Oral.

Rhodes, A., **Segre, L. S**. (2013). *Perinatal depression: U.S. legislation and law*. Optimizing maternal treatment to improve infant outcomes, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

Segre, L. S., Brock, R., O'Hara, M. W. (2013). Treatment of depressive symptoms by homevisitors and allied health professionals: A randomized controlled trial evaluation. Perinatal Mental Health Meeting: Optimizing maternal treatment to improve infant outcomes, Perinatal Mental Health Society, Chicago, Illinois United States. Oral.

\*Segre, L. S., O'Hara, M. W. (2013). *The treatment of perinatal depression in home-visiting programs: Four approaches*. Perinatal Mental Health Meeting: Optimizing maternal treatment to improve infant outcomes, Asher Center for the Study and Treatment of Mood Disorders, Department of Psychiatry and Behavioral Science Northwestern University and the Marce

International Society for Perinatal Mental Health, Chicago, Illinois United States. Symposium.

Chuffo-Siewert, R., Segre, L. S. (2013). *Implementation of an innovative nurse delivered depression treatment for mothers of NICU infants*. 38th Annual Research Conference Midwest Nursing Research Society: Building value-based partnerships through nursing science, Midwest Nursing Research Society, Chicago, Illinois, Oral.

Chuffo-Siewert, R., Segre, L. S. (2012). *Mother's emotional experiences in the NICU*. 7th Annual Research Summit, National Association of Neonatal Nurses, Scottsdale, Arizona. Oral.

\*Segre, L. S., *Brock, R. L.*, O'Hara, M. W., Gorman, L. L., Engeldinger, J. (2011). *Disseminating perinatal depression screening in hospital and community agencies: A train-the-trainer approach*. 35th Annual Research Conference: Midwest Nursing Research Society: New perspectives in promoting comprehensive women's health across the lifespan, Midwest Nursing Research Society, Columbus, Ohio. Oral.

\*Segre, L. S., O'Hara, M. W. (2010). *Listening Visits: The effectiveness of a British nursedelivered depression intervention in a U.S. setting.* 34th Annual Research Conference: Midwest Nursing Research Society: Bench to Bedside, Midwest Nursing Research Society, Kansas City, Missouri. Oral

\*Segre, L. S., O'Hara, M. W. (2010). *Listening Visits: A home-based intervention for perinatal depression*. 36th Annual Meeting of the North American Society of Psychosocial Obstetrics and Gynecology: Innovations in Perinatal Interventions, Richmond, Virginia Oral.

\*Segre, L. S., Odell, M. (2008). *Train-the-trainer: A community partnership model for disseminating maternal depression screening*. Prevent Child Abuse America National Conference, Milwaukee, Wisconsin. Research.

**Segre, L. S.** (2005). *Calling community psychologists to the table: Prevention of maternal depression*. Society for Community Research and Action 10th Biennial Conference, Champaign-Urbana, Illinois. Oral.

\*Segre, L. S., Losch, M. E., O'Hara, M. W. (2004). *Predictors of postpartum sadness: Examining demographic variables and separating ethnicity from ses.* World Congress on Women's Mental Health, Washington, District of Columbia. Oral.

Zimmerman, M., **McFadden (Segre)**, L. S., Toro, P., Salem, D., Reischl, T., Rappaport, J., Seidman, E., Berggren, D. (1985). *Expansion of mutual-help organization: The Johnny Appleseed approach*. Convention of the Midwestern Psychological Association, Chicago, Illinois. Oral

# **National Poster**

\**Vignato, J.*, Perkhounkova, Y., McCarthy, A. M., **Segre, L. S**. (2018). *Pain, depression, and quality of life in pregnancy*. The Future of Nursing Research: Economic Realities and Creative Solutions, Midwest Nursing Research Society, Cleveland, Ohio United States. Poster.

Trusty, S., Petsche, D., Segre, L., *Gullickson, R., Houghton, L.* (2015). *Listening Visits: An acceptable and effective first-line treatment option for women with depression*. United to Build Healthy Communities, Association of Maternal Child Health Programs, Washington, Delaware United States. Poster.

*Schreiber, E., Lose, D., Rauenbuehler-Pohl, R.*, Chuffo-Siewert, R., **Segre, L. S.** (2012). *Listening Visits on the NICU.* 60th Annual National Student Nursing Association Conference, Pittsburgh, Pennsylvania. Poster.

\**Oh, J.,* **Segre, L. S.,** O'Hara, M. W. (2010). *Listening Visits: Nurses and case managers' views*. 36th Annual Meeting of the North American Society of Psychosocial Obstetrics and Gynecology, Richmond, Virginia. Poster.

Segre, L. S., O'Hara, M. W., Stuart, S. (2006). *Importing British "health visiting": Identifying and treating women*. 33rd Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology, Kohala Coast, Hawaii. Poster.

**McFadden (Segre),** L. S. (1987). *Comparative content analysis of the literature of two self-help groups*. First meeting of the biennial community psychology conference. Poster.

## **Regional Visiting Professorship/Series Invited Speaker**

- \*Segre, L.S., Chuffo Davila, R. (2024). Listening Visits in the Neonatal Intensive Care: A Trauma-Responsive Intervention for Postpartum Depression. Research Conference. Children's Research Institute, Milwaukee, Wisconsin. Virtual oral.
- \*Segre, L.S., Chuffo Davila, R. (2023). *Listening Visits: Research into Clinical Care. Lean-in Speaker Series*: Martha S. Pitzer Center for Women, Children, and Youth. The Ohio State University, Columbus Ohio

Segre, L. S. (2011). *Perinatal Depression*. Women, Children and Family Health Sciences College of Nursing, University of Illinois, Chicago, Illinois. Visiting Professorship.

## **Regional Keynote/Plenary**

Segre, L. S. (2015). *There are no wrong turns, only unexpected paths: A program of research in perinatal mental health.* ILLOWA 42nd Annual Undergraduate Research Conference, Knox College, Galesburg, Illinois United States. Keynote/Plenary.

Segre, L. S. (2013). *Perinatal Depression: Treatment Delivered by Health Professionals at the Patient's Point-of-Care.* Mercy Hospital and Medical Center OB Grand Rounds, Mercy Hospital and Medical Center, Chicago, Illinois. Grand Rounds.

## **State Keynote/Plenary**

**Segre, L. S.,** Chuffo-Siewert, R. (2016). *Maternal Depression: How can we positively affect the emotional well-being of the families we care for?* 42nd Annual Iowa Conference on Perinatal Medicine, Des Moines, Iowa United States. Keynote/Plenary.

Segre, L.S. (2012). *Perinatal depression: An introduction*. Early ACCESS Service Coordinators Webinar, Iowa Department of Education, Iowa. Keynote/Plenary

**Segre, L. S.** (2009). *Listening Visits: An economical, effective, and acceptable treatment for depressed mothers.* Faculty Senate for Governor Culver, University of Iowa, Iowa City, Iowa. Invited Presentation

**Segre, L. S. (2009).** *Maternal depression: What is it? Why should you care? What can you do?* Prevent Child Abuse Iowa's 28th Annual Child Abuse Prevention Conference: Building health families, Des Moines, Iowa. Keynote/Plenary.

Segre, L. S. (2008). *Why you should care and what you should do*. 3rd Annual Controversies an Advances in Perinatal and Neonatal Medicine, Des Moines, Iowa. Keynote/Plenary.

## State Oral

Chuffo Davila, R. Segre, L.S. (7-2023). *Listening Visits: An Extension of Trauma Informed Care*. Iowa Association of Neonatal Nurses Annual Conference, Cedar Rapids, Iowa. Invited oral.

\*Chuffo-Davila, R., Segre, L., Arndt, S., McCabe, J. (2021). Implementing compassionate care in the NICU: A randomized controlled trial of Listening Visits delivered by NICU nurses. Neonatology Day, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Oral.

**Segre, L. S. (2020).** Supporting families through maternal emotional well-being. Iowa City Noon Rotary, Iowa City, Iowa City, Iowa United States. Invited oral.

Segre, L. S., Chuffo-Siewert, R. (2015). *Listening Visits in maternal child health agencies*. Neonatal Update Conference, University of Iowa Hospitals and Clinics, Iowa City, Iowa United States. Oral.

Chuffo-Siewert, R., Segre, L. S. (2014). *Listening Visits: An innovative nurse-delivered depression intervention for mothers of NICU infants.* 40th Annual Perinatal Conference, Des Moines, Iowa United States. Oral.

O'Hara, M. W., Segre, L. S. (2008). *Depression screening in visiting nurse services and addressing the depression treatment gap: Listening Visits*. Summit to improve maternal and infant mental health, Des Moines, Iowa. Oral.

Segre, L. S., O'Hara, M. W. (2006). *Postpartum depression: The untold story*. Iowa Early Care Health and Education Congress, Ames, Iowa. Oral.

## University/Local Oral

\*Segre, L.S., Chuffo Davila, R. (12-23). *Implementation of an innovative, empirically supported, nurse-delivered intervention for emotionally distressed mothers of NICU infants*. Women's Health Research Seminar, Department of Obstetrics and Gynecology, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Invited oral.

\*Chuffo Davila, R., **Segre, L.S.** (10-2023). *Implementing Listening Visits: An Introduction*. Neonatal Intensive Care Unit, Mercy Hospital Cedar Rapids, Cedar Rapids, Iowa. Invited oral.

\*Segre, L.S., Chuffo Davila, R. (9-2023). *Listening Visits in the NICU*. Grand Rounds, UIHC Department of Nursing, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Invited oral.

Buckwalter, K., McCarthy, A-M., Segre, L.S. (2020) *Data and Safety Monitoring Boards: What are they are how to use one.* Annual Summer Grants Workshop, College of Nursing, Iowa, City, Iowa, United States. Invited oral.

**Segre, L.S.** (2020). *Supporting families through maternal emotional well-being*. Iowa City Noon Rotary, Coralville, Iowa, United States: Invited oral.

\*Segre, L. S., *Mccabe, J.*, Deberg, J., Wickberg, B. (2019). *Listening Visits: An update*. Women's Wellness Center, University of Iowa Hospitals and Clinics, Iowa City, Iowa United States. Grand Rounds.

**Segre, L.S.** (2015). Engaging undergraduates in the classroom. Advanced Placement Psychology Teachers' Course, Blank Honors Center, Iowa City, Iowa, United States: Invited oral.

\**Gullickson, R. &* **Segre, L. S**. (2015). *Partnering with Public health to improve access to treatment for postpartum depression: A statewide dissemination of Listening Visits*. Advanced Practice Institute Meeting, Advanced Practice Institute, Iowa City, Iowa United States. Grand Rounds.

\*Segre, L. S. (2014). *Improving the mental health of Iowa mothers: a program of applied research*. Brown Bag Lunch Forum, Department of Psychological and Brain Sciences, Iowa City, Iowa United States. Oral.

\*Segre, L. S. (2013). *Improving the mental health of Iowa mothers: translating research into practice*. Annual Visit of University of Iowa President to College of Nursing, College of Nursing, Iowa City, Iowa United States. Oral.

\*Chuffo-Siewert, R., **Segre, L. S**. (2012). *Listening Visits: An evaluation of a nurse-delivered intervention for depressed mothers of NICU infants*. 19th Annual Evidence-based practice Conference, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Oral.

Chuffo-Siewert, R., Segre, L. S. (2011). *Mother's emotional experiences on the NICU*. Neonatal Update, University of Iowa Children's Hospital. Iowa City, Iowa. Oral

Segre, L. S. (2010). *Postpartum depression: You can't tell by looking*. Pediatric Grand Rounds, University of Iowa Hospitals and Clinics, Iowa City, Iowa. Oral.

\*Segre, L. S. (2009). *Train-the-trainer: Maternal depression screening*. College of Nursing Visit with President Sally Mason, College of Nursing, Iowa City, Iowa. Invited oral.

Segre, L. S. (2008). *Depression screening: Two implementation models*. Medical Resident Grand Rounds/Education, University of Iowa, Iowa City, Iowa. Oral.

\*Segre, L. S. (2006). *Maternal depression screening and intervention for low-income and ethnic minority women: A program of community/clinical research*. Brown Bag Series, Psychology Department, Iowa City, Iowa. Oral.

Segre, L. S. (2006). *Postpartum depression: The untold story.*, University of Iowa, Cafe Scientifique, Iowa City, Iowa. Oral.

Segre, L. S., Steenbarger, B. (1988). Sex roles and student mental health: Does sex role orientation contribute to personal adjustment? Counseling Centers of Upstate New York Conference, Ithaca, New York. Oral.

# **SERVICE**

## Editorships

2017-present Section Editor Psychology, Archives of Women's Mental Health

## **Journal Peer Review**

Nursing	Nursing Research, Clinical Nursing Research, MCN: Journal of Maternal Child Nursing, Western Journal of Nursing Research, Nursing Research
Psychology/Psychiatry	BMC Psychiatry, Contemporary Clinical Trials, Depression and Anxiety, General Hospital Psychiatry, Health Education and Behavior, Journal of Affective Disorders, Journal of Consulting and Clinical Psychology, Journal of Perinatology, Journal of Reproductive and Infant Psychology, Journal of Women's Health, Pediatrics, Psychotherapy Research, Social Psychiatry and Psychiatric Epidemiology

## **National Research Reviews**

2022	National Institutes of Health - Advanced Laboratories for Accelerating the Reach and Impact of Treatments for Youth and Adults with Mental Illness (P50) Center Applications, Reviewer
2021	National Centers for Disease Control and Prevention- National Center for Chronic Disease and Health Promotion Special Emphasis Panel, Reviewer
2018	National Institutes of Health- Institute of Complementary and Alternative Medicine. Ad-hoc reviewer
2016 - 2017	National Institutes of Health-Institute of Mental Health. Reviewer, Loan Repayment Program grants.

## **Advisory Panels**

2014-2023 Pregnancy Risk Assessment Monitoring System (PRAMS), Center for Disease Control and the Iowa Department of Public Health, Steering Committee

## **Professional Organizations**

Global Consortium for the Prevention of Depression 2019-present

International Marcé Society for Perinatal Mental Health 2002-present Immediate Past President, 2020-present: elected President & International Conference Chair, 2018 – 2020: elected President-elect, 2016 – 2018: elected Board of Directors, 2014-2016: elected Conference Scientific Planning Committee, 2014-2018: appointed

Marcé of North America (Formerly: Perinatal Mental Health Society), 2016-present Liaison MONA to International Marce, 2017 -2020

Postpartum Support International, 2011-2013 Membership Committee, 2013: appointed Board of Directors, 2012-2014: appointed

Society for Community Research and Action, 2011-present Member

Midwest Nursing Research Society, 2009-2016 Women's Research Section Senior Investigator Award Committee, 2012: appointed

# **University Committee Service**

2024	University of Iowa Institutional Review Board 02, Chair: appointed
2011 – present	t University of Iowa Institutional Review Board 02, Member: appointed
2021-2022	Community Engaged Course Designation Review Committee, Member
2017 - 2018	University of Iowa Office of the Provost-Phase II 2020 Committee, Member: appointed
2014 - 2017	Faculty Senate, Member-at-large: elected
2012	University of Iowa Office of the Vice President for Research Social Science Funding Program, grant reviewer: appointed
2012	University of Iowa Office of the Vice President for Research Researchers' Handbook: consultant

2012	University of Iowa Institutional Review Board-02, Director of the Community Based IRB, search committee: appointed	
2009 - 2011	University of Iowa New Faculty Orientation Program, speaker: appointed	
Other Univer	rsity Service	
2022-present	Faculty Book Club Mixer Steering Committee, Office of the Provost, Member, invited	
2018	American Psychological Association, Student Group Health Psychology, Careers in Health Psychology and Health Promotion Panel, member: invited	
2017 - 2018	Iowa Edge Panel, Speaker: invited	
2016	MedLife Student Group, Speaker: invited	
2014	Associates and Graduate Students Forum, Speaker: invited	
Collegiate Ta	sk Forces and Ad Hoc Committees	
2023-present	Faculty search committee, Co-Chair: appointed	
2021-2023	Mid-level faculty search committee, Member: appointed	
2022	Decanal Review Committee, Member: appointed	
2015 - 2018	Undergraduate research coordinator, Chair: appointed	
2014 - 2015	Three-paper dissertation option ad-hoc committee, Chair: appointed	
2014	Search Committee, Grants management specialist, Member: appointed	
2013	Educator role development task force, Member: appointed	
2011 - 2012	CON awards development committee, Member: appointed	
2009 - 2010	Search Committee Assistant Dean for Graduate Students, Member: appointed	
Collegiate Standing Committees		
2021 - 2022	Diversity, Equity and Inclusion, Member: appointed	
2020 - 2022	PhD Admissions and Progression: appointed	
2015 - 2021	Council on Student Affairs, Chair: elected	
2013 - 2016	Scholarship committee, Member: appointed	

- 2013 2015 Council on Curriculum, Member: elected
- 2011 2016 CON BSN Admission/Progression committee, Member: appointed

#### State of Iowa/Community Service

- 2014 2023 Pregnancy Risk Assessment Monitoring System (PRAMS), Center for Disease Control and Iowa Department of Public Health, Steering Committee, Member: appointed
- 2011 2022 Iowa Women's Foundation, Grant review panel, Member: appointed
- 2007 2009 Visiting Nurses Services, Des Moines Iowa, African American Support Group, Coleader: appointed

## **TEACHING**

#### Course Instruction College of Nursing, University of Iowa

- 2009 present NURS 1030 Human Development and Behavior. Primary Instructor, Undergraduates, ~200-250, Spring Semester
- 2023 NURS 7801 Seminar: Research Scholarship Role Development. Primary Instructor, Graduate, 3, Fall Semester
- 2022 NURS 7801 Seminar: Research Scholarship Role Development. Co-instructor, Graduate, 7, Fall Semester
- 2022 NURS 3099 Leadership U, Primary Instructor, Undergraduates, 1, Spring Semester
- 2020 NURS 1020 First-Year Seminar. Team Teacher, Undergraduates, 82, Fall Semester
- 2019 NURS 7003 Quantitative Research. Team Teacher, PhD students, 2, Spring Semester
- 2013 2017 NURS 1020 First-Year Seminar. Team Teacher, Undergraduates, 72, Fall Semester

#### Course Instruction Department of Psychological and Brain Science, University of Iowa

- 2005 2007 PSY 2301 Introduction to Clinical Psychology, Undergraduate, ~130, Spring Semester
- 2001 2006 PSY 3330 Childhood Psychopathology, Undergraduate, ~30, Fall Semester
- 1998 2006 PSY 3340 Behavior Modification, Undergraduate, 6-50, Summer, Fall, Spring Semesters
- 1998 1999 PSY 2401 Child Development, Undergraduate, 22, Fall Semester

#### **Course Instruction Cornell College, Mount Vernon, Iowa**

1998 - 1999 General Psychology; Child Psychology

#### **Course Instruction Ithaca College, Ithaca, New York**

 1990 - 1994 Introduction to Development; General Psychology; Motivation; Psychology of Adjustment; Principles of Development; Research Methods; Psychological Assessment; & Senior Seminar-Community Psychology

## **Mentoring**

#### **Faculty Mentoring**

- 2018 present Julie Vignato PhD., Pain, depression, and quality of life during pregnancy, College of Nursing University of Iowa, Primary Faculty Mentor
- 2020 Sunita Sharma MD, Development of empathic listening training for maternal peer helpers, Clinical Education Fellow, Imperial College, London, U.K., consultant
- 2018 2019 Barbara St. Marie, Opioid use in pregnancy, College of Nursing University of Iowa, Secondary Faculty mentor

#### **Postdoctoral Mentoring**

- 2018 2020 Nicole Reilly PhD, Prevention and early intervention for maternal mental illness: A research program that will inform policy and clinical practice, University of New South Wales, Expert advisory panel member
- 2018 2021 Rachel Whynott MD, College of Medicine, Department of Obstetrics and Gynecology, Randomized controlled trial evaluation of a support group for couples undergoing fertility treatment, Advisory
- 2017 2018 Julie Vignato PhD, Pain and depression in pregnancy, Funding: T-32 Pain, College of Nursing, University of Iowa, Primary Faculty Mentor

## **Predoctoral Mentoring**

- 2022-2024 Kesley Karim, Enhancing Listening Visits support for postpartum depression in Iowa's maternal health programs. DNP, Chair
- 2021-2023 Christina Shutters, Occiput posterior fetal positioning: management strategies, PhD, Chair
- 2019 present Saida Jaboob, Loneliness in elderly in Oman, PhD, Co- Chair
- 2019 2020 Polly Folador, Empathic listening education for nurses, School of Nursing University of Campinas (UNICAMP), Brazil, MS, Member
- 2018 2020 Nina Laroe, Expanding family centered care in the NICU, DNP, Chair

- 2015 2018 Gretchen Wenger, Increasing the number of perinatal depression screening periods from one to three in order to increase early detection and treatment of perinatal depression, DNP, Chair
- 2013 2015 Renee Gullickson, Evaluation of barriers and facilitators of dissemination of Listening Visits in maternal health agencies, DNP, Chair
- 2011 2012 Michelle Cline, Development of Listening Visits treatment manual and simulation training for NICU Nursing staff, DNP, Chair

#### Predoctoral Research Assistant Supervision/Mentoring

2012	Jennifer Nierman,	DNP.	College	of Nursing,	University	of Iowa

- 2011 2012 Rosaura Orengo-Aguayo, PhD, Clinical Psychology, University of Iowa
- 2010 2012 Jade Kalmes, DNP, College of Nursing, University of Iowa
- 2011 Jennifer McCabe, PhD, Clinical Psychology, University of Iowa
- 2007 2011 Sara Stasik, PhD, Clinical Psychology, University of Iowa
- 2009 2010 Sheehan Fisher, PhD, Clinical Psychology, University of Iowa
- 2008 Rebecca Brock, PhD, Clinical Psychology, University of Iowa
- 2007 2008 Kimberly Nylen, PhD, Clinical Psychology University of Iowa

#### **Undergraduate Research Mentoring**

- 2022- present Maddie Botos, Assisting DNP project on engaging maternal health agency staff in using Listening Visits intervention
- 2016 2018 Rachel Heuel, Development of an online peer consultation session for Listening Visits providers in maternal-health clinics in Iowa. Funding: Iowa Center for Research by Undergraduates (ICRU), BSN, College of Nursing, University of Iowa, Chair
- 2016 Maya Jordan, Depressive symptomatology and stress in African American mother. Summer Research Opportunity Program (SROP), BA, Psychology, Hampton College, Chair
- 2011 2012 Erin Schrieber, Listening Visits on the UIHC neonatal intensive care unit. Funding: Nancy Stence Creason Young Scientist Award, BSN, College of Nursing, University of Iowa, Chair
- 2009 2010 Jennifer Oh, Nurses vs. case managers views of Listening Visits. Funding: Nancy Stence Creason Young Scientist Award, BSN, College of Nursing, University of Iowa,

Chair

- 2008 2011 Lauren Pollack, Independent study resulting in peer reviewed publication:
   Prevalence Postpartum depression: The distribution of severity in a community sample, BA, College of Liberal Arts and Science, University of Iowa, Chair.
- 2008 Silnettra Davis, Train-the-trainer maternal depression screening: An evaluation of the training workshop, Summer Research Opportunity Program (SROP), BA, Psychology, North Carolina A & T University, Chair

## **Undergraduate Research Assistant Supervision**

- 2018 2019 DeLaney Fisher, BSN
  2018 2019 Neevetha Sivagurunathan, BA
  2018 2019 Rachel Thompson, BA
  2015 Emily Ellefson, BSN
  2013 2014 Elizabeth Tuchscherer, BA
  2013 2014 Karolina Wartalowicz, BA
  2013 Sydney Farnsworth, BA
- 2012 2013 Katherine Witt, BSN
- 2011 2013 Megan Leibforth, BSN
- 2012 Brook Opalinski, BSN
- 2012 Katie Petzenhauser, BSN
- 2011 2012 Margaret Goh, BA
- 2011 2012 Thomas Houchins, BSN
- 2011 2012 Rachel Rauenbuehler, BSN
- 2011 2012 Jaci Rolffs, BA
- 2011 Briana Sanchez, BSN
- 2010 2011 Kathryn Schmalzer, BSN
- 2009 2011 Cassidy Bell, BA

2008 - 2011 Lauren Pollack, BA

#### **Independent Study Doctoral**

2019 Elyse Laures, Review of child development as relevant to the pediatric intensive care Unit, PhD, Team

#### **PhD Dissertation Committees**

- 2023 present Andrea Jimmerson, HPV and CXCA Train the trainer intervention for the people of Pine Ridge Reservation, Committee member
- 2022 Fiona Riches, Healthcare professionals' knowledge of postnatal depression in mothers with infants in the neonatal intensive care unit: mixed methods approach, PhD, Nursing, University of Newcastle, Australia, External reviewer
- 2019 2020 Nicole Pierce, Endovascular revascularization failure in African American patients: Developing a predictive model, PhD, College of Nursing, University of Iowa, Committee member
- 2019 2021 Katie Knox, Iowa online nurse residency program outcomes reporting, PhD, College of Nursing, University of Iowa, Committee member
- 2018 2020 Graham Nelson, Attachment anxiety, attachment avoidance, and internalizing disorder symptoms: Identification of moderating variables, PhD, Clinical Psychology University of Iowa, Committee member
- 2015 2018 Stephanie Stewart, The experience of parents' during their child's resuscitation and exploration of parental stress and family functioning after the event, PhD College of Nursing, University of Iowa, Committee member
- 2015 2017 Nicole Loew, Rural Iowa women's perspectives on responsible sexual behavior, PhD, College of Nursing, University of Iowa, Committee member
- 2015 2017 Stephanie Edmonds, Examining reproductive life planning practices among Title X providers in the Midwest: A mixed-methods study, PhD, College of Nursing, University of Iowa, Committee member
- 2016 Michelle Bell, Perinatal anxiety as a factor in maternal bonding and postnatal depressive symptomatology among mothers of full-term and premature infants, PhD Clinical Psychology, Swinburn University, Australia, External reviewer
- 2016 Nicole Reilly, Prevention and Early Intervention for Perinatal Mental Health: An Evaluation of Equity of Access and Outcomes for Women Who Give Birth in Australia, PhD, University of New South Wales, Australia, External reviewer
- 2015 Charlotte Trotman, Motherhood experience and its relationship to postpartum

	adjustment, PhD Clinical Psychology, Flinders University, Australia, External reviewer	
2015	Kim Yiong Wee, Distress symptomatology in men during their partner's pregnancy, PhD Clinical Psychology, Deakin University, External reviewer	
2008 - 2012	Elizabeth Mullen, Immune-spectrum disease among female veterans: Relations with PTSD and negative repetitive thought, PhD Clinical Psychology, University of Iowa, Committee member	
2010	Nancy Downing, Symptom attributions in persons with pre-Huntington's disease, PhD, College of Nursing, University of Iowa, Committee member	
Masters' Theses		
2018 - 2019	Alyssa Dye, Paternal perinatal depression: Barriers to treatment and the influence of social support on help seeking, MA Psychology, University of California- Stanlius, Master' Thesis, Committee member	
2017 - 2019	Francesca Scheiber, Breastfeeding and depression in women served by home visiting Programs. Department of Psychological and Brain Science, University of Iowa, First Year Project, Chair	
2012	Sashi Solomon, Women's health and menopause, MSN, College of Nursing University of Iowa, Committee member	
2011	Constance Shelsky, A tool to educate patients about research participation, College of Nursing University of Iowa, Master's Project, Committee member	
Integrative Scholarship Paper Committee		
2022	Saida Jaboob, Committee Co-Chair	
Doctoral Comprehensive Examination Committee		
2022-2023	Andrea Jimmerson, Committee member	
2018	Katie Knox, Committee member	
2015	Stephanie Stewart, Committee member	

- 2013 Rebecca Grekin, Committee member
- 2012 Rosaura Orengo-Aguayo, Committee member
- 2010 Nancy Zemblidge, Committee member

# **Undergraduate Honors Designation Project Mentoring: NURS 1030**

2023	Kyla Schmitt, Fostering attachment of parents in newborns through activities in the first year
2023	Kaitlyn Will, Human development in the news
2023	Annika Ellis, Dementia: Global perspectives and practices
2023	Mary Walker, Non-hospitalized births in the United States and other developed Countries: Rates, cultural traditions, and outcomes
2023	Ava Peitz, Caring for patients who have experienced incarceration
2019	Laura Kimberling, Nannying 101 - teaching children to set goals and plan using scaffolding
2019	Ann Livingston, Human development in the news
2018	Qiyun Hwang, Implementing the Edible Schoolyard in China (nb). not formally a University Honor's Student).
2017	Kaitlyn Albert, The puppet project (play therapy)
2017	Holly Allessio, Diving into water birth
2017	Holly Buhl, Savior children
2017	Abby Denson, Managing stress in pregnancy: Do relaxation techniques improve delivery and postnatal outcomes?
2017	Casey Gartlan, Reconstructing the concept of gender.
2017	Rachel Hess, Vamos a cantar (foreign language learning in undergraduates)
2017	Alyssa Mulcahy, Perception of obesity across the lifespan
2017	Isabella Penniston, OVIA: Technologies impact on prenatal care
2017	Kristen Utley, Empowering expecting mothers
2017	Kayla VonderHaar, The acceleration of [the perception of] time [across the lifespan]
2016	Ashleigh Brill, The negative side of youth sports
2016	Abigail Cunningham, Pet therapy
2016	Gabrielle Garcia, Men in Nursing: From then to now
2016	Megan Lough, Achieving developmental milestones through soccer.

2016	Kirsten Mahler (with Gretchen Vitek), You only live once: Die comfortably.
2016	Hilary Nguyen, Blue Zones
2016	Hanna Simpson (with Halle Wilmott), The art of engaging students
2015	Paige Dewane, The truth behind music therapy
2015	Emma Eschker, Self-esteem: Greater than the self
2015	Amelia Jones, Young at heart [Progeria]
2015	Cheyenne Kimbell, Nursing outside the classroom
2015	Margaret Turk, A recipe for health [in senior citizen meal planning]
2015	Margaret Wilhelm, Bilingualism in Nursing: No longer PRN
2015	Ziling Xia, Education of Chinese students
2014	Thao Ha, Spending time with young children: An activity blog
2014	Manju Kam, Cross cultural perspectives of pregnancy [Japan and South America]
2014	Allie Korn, Key concepts in development: A scrapbook illustration
2014	Amy O'Grady, Eating Disorders: The Family Systems conceptualization of Salvador. Minuchin
2014	Hannah Tykol, [supervised by Melissa Lehan Mackin] The hookup culture and college
2014	Nicole Basil, Ivan Pavlov: His life and work
2014	Brenna Bittner, Stress and the Nursing student
2014	Danielle Glanz, An Introduction to Time Slips for Nursing students
2014	Jenna Lee, Unique fields of Nursing: A brochure
2013	Miranda Carlson, Introduction to musical instruments for elementary grade school students
2013	Bobby Fischel, (with Amber Gonoski) Musical slide show summary for Human Development
2013	Nickie Gleisner, Search for student engagement activities Teaching of Psychology journal.

2013	Brianna Nelson, Exploring children's psychological issues in picture books.
2013	Annie Parker, Exploring children's psychological issues in picture books.
2013	Alex Rosaurer, Assessing the False Belief test.
2013	Laura Scheberger, Educational paths to nursing career: A "Prezi" presentation.
2012	McKenzie Wallace, Development of ADHD in adults: A brochure
2011	Jill Ahlers, Selection of video material to complement and enhance Human Development and Behavior class curriculum
2011	Christina Ponce, Development of summer reading list to encourage student engagement in course material.