

CURRICULUM VITAE

Katherine C. Britt, PhD, MSN, RN
Assistant Professor

College of Nursing, 418 CNB
The University of Iowa
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Iowa City, IA 52242
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Updated 09-01-2025

EDUCATION & PROFESSIONAL HISTORY

2024	T32 Postdoctoral Fellowship	University of Pennsylvania, School of Nursing, Philadelphia, PA
2022	PhD	The University of Texas at Austin, Austin, TX
2022	Certificate of Teaching	The University of Texas at Austin, Austin, TX
2021	MSN, Informatics	The University of Texas at Tyler, Tyler, TX
2019	Certificate of Informatics	The University of Texas at Tyler, Tyler, TX
2001	BSN	Belmont University, Nashville, TN

PhD Dissertation

Mild Cognitive Impairment and Dementia: The Impact of Religious and Spiritual Activity on Risk, Behavioral Disturbances, and Cognition.

Dissertation Chair & Committee

Kavita Radhakrishnan, PhD, RN, MSEE, FAAN, Jill Hamilton, PhD, RN, FAAN, Kathy C. Richards, PhD, RN, FAAN, Shelli Kesler, PhD, Gayle Acton, PhD, RN, CS

PROFESSIONAL LICENSURE

2024 – current	Registered nurse, State of Iowa, USA, Compact/Multi-State license #181289
2022-2024	Registered nurse, State of Texas, compact license #684853
2016-2018	Registered nurse, State of Alabama

PROFESSIONAL EXPERIENCE

Academic Appointments

Aug 2024 – present	Assistant Professor , University of Iowa, College of Nursing, Iowa City, IA Research Affiliate & Csomay Center Liason , Center for Social Science Innovation, Department of Sociology & Criminology, College of Liberal Arts & Sciences
Aug 2023-2024	Assistant Director , The University of Texas at Austin, School of Nursing, Luci Baines Johnson & Ian J. Turpin Center for Gerontological Nursing

Research Positions

Sept 2022 – Sept 2024	T32 Postdoctoral Research Fellow , University of Pennsylvania, School of Nursing, Philadelphia, PA
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04-23-2025

Aug 2020 – Sept 2022	Graduate Research Assistant , The University of Texas at Austin, School of Nursing, Austin, TX. (PI Kathy C. Richards, PhD, RN, FAAN; NIH, NIA R01G051588)
Aug 2020 – Aug 2021	Graduate Research Assistant , The University of Texas at Austin, School of Nursing, Austin, TX. (PI Dean Alexa Stuifbergen, PhD, RN, FAAN)
Summer 2020	Graduate Research Assistant , The University of Texas at Austin, Department of Human Development & Family Sciences, Austin, TX. (PI Karen Fingerman, PhD; NIH, NIA R01AG46460)
Aug 2019 – Aug 2021	Graduate Research Assistant , The University of Texas at Austin, School of Nursing, Austin, TX. (PI Jung Kwak, LCSW, PHD)
Industry Appointments	
Aug 2022 – July 2025	Consultant Scientist , BrainCheck, Inc., Austin, TX. (PI Bin Huang, PhD).
Summer 2022	Postdoctoral Research Intern , BrainCheck, Inc., Austin, TX. (PI Bin Huang, PhD).
Clinical Appointments	
2016-2018	Nurse Care Manager , CareFor, Austin, TX.
Summers 2016 & 2017	Clinic Camp Nurse , Camp Alpine for Boys, Mentone, AL.
2014-2016	Staff Nurse, Staff Supervisor & Computer Lead , Dell Children's Medical Group, Pediatric Nephrology, Pediatric Rheumatology, Austin, TX.
2002 – 2003	PICU Staff Nurse , Pediatric ICU, Dell Children's Medical Center, Austin, TX.
Summer 2001	PICU Extern , Pediatric ICU, Vanderbilt Medical Center, Nashville, TN.
1999 – 2001	Student Nurse , Green Hills Pediatric Associates, Nashville, TN.

HONORS AND AWARDS

2025	Alzheimer's Association Interdisciplinary Summer Research Institute, Psychosocial Scholar
2025	a2Collective travel fellowship, a2Collective Conference, Harvard Club, Boston 2025
2025	AI, Technology, and Aging Rising Star, Johns Hopkins AI Tech, Johns Hopkins University
2024	National Institutes on Aging Butler-Williams Scholar
2023	Reserve and Resilience Workshop Scholarship
2022 - 2024	Gerontological Society of America (GSA) ESPO-Carol Schutz Travel Awards
2022	American Federation for Aging Research, Travel Award, Clin-STAR Meeting
2022	Sigma Theta Tau International member, Epsilon Theta Chapter, University of Pennsylvania
2021	Phi Kappa Phi, Love of Learning Award
2021	The University of Texas at Austin Spring Scholarship
2020 – 2021	Lucy May Maxey Scholarship for Nursing, The University of Texas at Austin
2020 – 2021	Nursing Graduate Fellowship, The University of Texas at Austin
2020 – 2021	Lillie S. Mathews Endowed Scholarship, The University of Texas at Austin
2020 & 2021	Professional Development Awards, The University of Texas at Austin
2020 – 2021	Ambassadors for Community Health – Auxillary at St. David's Medical Center Scholar
2020 – 2021	Texas Exes Longhorn Village Chapter Scholar
& 2021 - 2022	
2020	Phi Kappa Phi Honor Society, The University of Texas at Austin

04-23-2025

2019	Alpha Chi National Honor Society Lifetime Member, The University of Texas at Tyler
2001	Faculty Award, Belmont University
1999 – 2001	Dean's List, Belmont University
2001	Sigma Theta Tau International member, Omicron Phi Chapter, Belmont University

SCHOLARSHIP

Publications

*Peer Reviewer Papers (*databased, underline-student trainee/mentees)*

1. *[submitted]. **Britt, KC**, Dong, F., Massimo, L., Hamilton, J., Hodgson, N., Mechanic-Hamilton, D., & Stites, S. (October 2025). A Cross-Sectional Analysis of Change in Church Activity with Cognitive, Functional, and Mental Health Among Black and White Older Adults. *Dementia & Geriatric Cognitive Disorders EXTRA*.
2. *[submitted]. Ge, S., **Britt, KC.**, Huang, B., & Jasminez. (October 2025). Uncovering the Dynamics of End-of-Life Decision Making Among Individuals at Risk of Dementia: Insights from Clinical Data. *The Journals of Gerontology, Series B: Psychological Sciences*.
3. *[submitted]. Xiao, X., Ge, S., Huang, B., & **Britt, KC.** (August 2025). Enhancing Cognitive Care Planning: Providers' Insights on Paper-Based and Digital Tools. *Journal of Clinical Medicine*.
4. *[revise and resubmitted]. **Britt, KC.**, Oh, H., Boateng, A.C.O., Morgan, S., Ashida, S., Nagel, C., Thorpe, Jr., R., & Koenig, H.G. (May 2025). Potential Mechanisms underlying the Association between Spiritual Practices and Cognitive Health: A Systematic Review and Conceptual Model. *Journal of Dementia and Alzheimer's Disease*.
5. ***Britt, KC.**, Dong, F., Massimo, L., Hamilton, J., Hodgson, N., Stites, S., & Mechanic-Hamilton, D. (May 2025). The Association between Spirituality and Memory in Older Black and White US Adults. *Journal of Religion, Spirituality, and Aging, 1-15*. <https://doi.org/10.1080/15528030.2025.2590770>
6. ***Britt, KC.**, Boateng, A.C.O., Nwadiogbu, C., Ashida, S., Tranel, D., Thorpe, Jr., R., & Dahodwala, N. (2025). Facets of Religion/Spirituality and Cognitive Health: Association Variations Across Gender and Race Among Community-Dwelling Older Adults. *Religions* 2025, 16(9), 1204; <https://doi.org/10.3390/rel16091204>
7. *Ge, S., Xao, X., Huang, B., & **Britt, KC.** (2025). Exploring Neurologists' Perspectives: Barriers and Facilitators in Implementing Cognitive Care Planning. *Public Policy & Aging Report, 35(13), 70-75*. <https://doi.org/10.1093/ppar/praf014>
8. ***Won, S.**, Cotter, VT, Kim, C. Kruahong, S, Wright, RJ, **Britt, KC**, Regier, NG. (2025). Exploring intersectionality in spiritual experiences of older adults and their unpaid caregivers: An integrative review. *Geriatric Nursing, 65, 103500*. <https://doi.org/10.1016/j.gerinurse.2025.103500>
9. *[under review] **Britt, K.C.**, Boateng, A. C. O., Gu, Y., Schachter, A.B., Daviglus, M.L., Cole, S. A., Eliassen, A. H., Penedo, F. J., Koenig, H. G., Perreira, K. M., and Shields, A. E., Warner, E. T. (September 17, 2024). The Study on Psychosocial Stress, Spirituality, and Health: Stress, Religious Coping, and Mental Health. Harvard/MGH Center on Genomics, Vulnerable Populations, and Health Disparities. *Journal of Religion and Health*.
10. *Richards, K., Fry, L., Wen, Y., Arozano, A., **Britt, K.**, Gooneratne, N., Hanlon, A. (2025). Treatment of Restless Legs Syndrome Improves Nighttime Agitation and Sleep in Persons with Dementia; A Randomized

Trial. *Journal of the American Medical Directors Association (JAMDA)*, 26(5), 105485.
<https://doi.org/10.1016/j.jamda.2025.105485>

11. ***Britt, K.C.**, Xiao, X., Ge, S., Sun, K., Huang, B. (2025). A Qualitative Study with Primary Care Providers: Barriers and Facilitators in Cognitive Care Planning. *Geriatric Nursing*, 67, 103726.
<https://doi.org/10.1016/j.gerinurse.2025.103726>
12. *Doolittle, B., **Britt, K.C.**, Sebu, J., Oh, H., Lewkwauwa, R., & Boateng, A.C. (2025). A Systematic Review on Religiosity and Telomere Length, *Biodemography and Social Biology*, 1–14.
<https://doi.org/10.1080/19485565.2024.2448946>.
13. *[revising and resubmitting] Boateng, A.C., **Britt, K.C.**, Sebu, J., Oh, H., Lewkwauwa, R., & Doolittle, B. (2025). Association of religious attendance and cystatin C. *Clinical Journal of the American Society of Nephrology*.
14. **Britt, K.C.**, Boeteng, A., Doolittle, B. (2024). Advancing the effectiveness of Holistic Care in the U.S. *Journal of Integrative and Complementary Medicine*, 31(1), 100-104.
<https://doi.org/10.1089/jicm.2024.0301>
15. ***Britt, K.C.**, Richards, K. C., Acton, G., Hamilton, J., & Radhakrishnan, K. (2025). Symptoms of dementia progression: The role of religious and spiritual activity. *Journal of Spirituality in Mental Health*, 1-20. <https://doi.org/10.1080/19349637.2024.2357311>*
16. *Boateng, A.C.O., Sebu, J., **Britt, K.C.**, & Oh, H. (2024). An Examination of the Impact of Clergy-involved Mental Health Activities for their Congregants on Clergy Life Satisfaction, Happiness, and Perceptions of Having a Life Close to Ideal in the USA. *Journal of Pastoral Care and Counseling*.
17. ***Britt, K.C.**, Boateng, A.C.O., Sebu, J., Oh, H., Lekwauwa, R., Massimo, L., & Doolittle, B. (2024). Religious attendance and inflammation in middle age and older adults in the US: Findings from the Health and Retirement Study. *Aging and Mental Health*, 28(10), 1343–1350.
<https://doi.org/10.1080/13607863.2024.2335390>
18. *Boateng, A.C.O., Sebu, J., Lekwauwa, R., **Britt, K.C.**, Oh, H., & Doolittle, B. (2023). Religiosity & mental health-seeking behaviors among U.S. adults. *The International Journal of Psychiatry in Medicine*, 0(0). <https://doi.org/10.1177/00912174231187841>
19. **Britt, K.C.**, Cacchione, P.Z., & Naylor, M. D. (2023). Faith-based organizations can support dementia caregivers in a post-pandemic world. *Research in Nursing & Health*, 46(3), 282–284.
<https://doi.org/10.1002/nur.22309>
20. **Britt, K.C.**, & Hamilton, J. (2023). How can we support religious and spiritual practices of older adults with Mild Cognitive Impairment and dementia? *Journal of Gerontological Nursing*, 49(4), 3-5.
<https://doi.org/10.3928/00989134-20230309-01>
21. **Britt, K.C.**, Boateng, A.C.O., Zhao, H., Ezeokonkwo, F.C., Federwitz, C., & Epps, F. (2023). Spiritual needs of older adults living with dementia: An integrative review. *Healthcare*, 11(9),
<https://doi.org/10.3390/healthcare11091319>
22. ***Britt, K.C.**, Richards, K. C., Acton, G., Hamilton, J., & Radhakrishnan, K. (2023). Religious attendance associations with neuropsychiatric symptoms, cognitive function, and sleep disturbances in all-cause Dementia. *International Journal of Environmental Research and Public Health*, 20(5), 4300.
<https://doi.org/10.3390/ijerph20054300>.

23. ***Britt, K.C.**, Richards, K. C., Acton, G., Hamilton, J., & Radhakrishnan, K. (2023). Impact of religious and spiritual activity on risk of dementia and cognitive impairment with differences across race/ethnicity and sex. *Journal of Articles in Support of the Null Hypothesis*, 20(1), 19-26. <https://www.jasnh.com/pdf/Vol20-No1-article3.pdf>
24. **Britt, K.C.**, Kwak, J., Acton, G., Richards, K., Hamilton, J., & Radhakrishnan, K. (2022). Measures of religion and spirituality in dementia: An integrative review. *Alzheimer's & Dementia: Translational Research and Clinical Interventions*, 8(1), e12352. <https://doi.org/10.1002/trc2.12352>
25. **Britt, K.C.** (2022, October 11). Keeping the faith with African American families living with dementia [blog]. The *University of Pennsylvania, School of Nursing, NewCourtland Center for Transitions and Health Blog*, <https://www.nursing.upenn.edu/details/news.php?id=2200>
26. **Britt, K. C.** & Acton, G. (2022). Exploring the meaning of spirituality and spiritual care with help from Viktor Frankl. *Journal of Holistic Nursing*, 40(1), 56-57. <https://doi.org/10.1177/08980101221076179>
27. ***Britt, K.C.**, Richards, K. C., Acton, G., Hamilton, J., & Radhakrishnan, K. (2022). Older adults with dementia: The association of private prayer with neuropsychiatric symptoms, cognition, and sleep disturbances. *Religions*, 13(10), 973. <https://doi.org/10.3390/rel13100973>.
28. *Richards, K., Radhakrishnan, K., **Britt, K.C.**, Vanags-Louredo, A., Park, E., Gooneratne, N., & Fry, L. (2022). Please don't forget us: A qualitative study of caregivers of older adults with dementia during the pandemic. *Research in Gerontological Nursing*, 15(5), 217-228. <https://doi.org/10.3928/19404921-20220829-01>
29. ***Britt, K.C.**, Richards, K., Radhakrishnan, K., Vanags-Louredo, A., Park, E., Gooneratne, N., & Fry, L. (2022). Religion, spirituality, and coping during the pandemic: Perspectives of dementia caregivers. *Clinical Nursing Research*, 32(1), 94-104. <https://doi.org/10.1177/10547738221115239>
30. *Schlag, K., **Britt, K.C.**, Kwak, J., Burrows, D., & Fry, L. (2022). Decision-support needs of caregivers considering hospice enrollment for a family member with dementia. *American Journal of Hospice and Palliative Medicine*, 2022;39(7):812-821. <https://doi.org/10.1177/10499091211056035>.
31. Boateng, A.C., **Britt, K.C.**, Schwartz, B.K., Xiao, C., Oh, H., & Epps, F. (2021). Decline in religiosity: A public health crisis. *Journal of Community & Public Health Nursing*, 7: 313. <https://doi.org/10.4172/2471-9846.1000313>.
32. *Fingerman, K. L., To Ng, Y., Zhang, S., **Britt, K.C.**, Colera, G., Birditt, K. S., & Charles, S. T. (2021). Living alone during COVID-19: Social contact and emotional well-being among older adults. *The Journals of Gerontology: Series B: Psychological Sciences and Social Science*, 76(3), e116-e121. <https://doi.org/10.1093/geronb/gbaa200>
33. *Richards, K., **Britt, K.C.**, Cueller, N., Wang, Y., & Morrison, J. (2021). Clinical decision-making: Restless legs syndrome and dementia in older adults. *The Nursing Clinics of North America*, 56(2), 265-274. <https://doi.org/10.1016/j.cnur.2021.02.005>
34. **Britt, K. C.** (2021). Meeting the nursing research world in the time of COVID-19. *Clinical Nursing Research*, 30(1). <https://doi.org/10.1177/1054773820984642>

Published Abstracts (*databased, underline-student trainee/mentees)

1. *[forthcoming] **Britt, KC**, Xie, X., Ge, S., & Huang, B. (2026). From Policy to Practice: Exploring the Underutilization of Cognitive Care Planning in Clinical Settings. *Western Journal of Nursing Research*.
2. [forthcoming]. Ge, S., Britt, KC., Huang, B., & Jasminez. (September 2025). Uncovering Dynamics of End-of-Life Decision Making Among Individuals at Risk of ADRD: Insights from Clinical Data. *Innovation in Aging*.
3. [forthcoming]. Sohyun, K. & **Britt, KC**. (August 2025). GSA Presidential Symposium: Transforming Aging Through Technology: A Practical Guide for Early Scholars. *Innovation in Aging*.
4. [forthcoming]. **Britt, KC.**, Ge, S., Xiao, X., & Huang, B. (August 2025). Cognitive Care Planning for Persons Living with Dementia and their Care Partners: Challenges, Needs, & Questions. *Innovation in Aging*.
5. [forthcoming]. Xiao, X., Ge, S., **Britt, KC.**, & Huang, B. (August 2025). Enhancing Cognitive Care Planning: Healthcare Providers' Insights on Paper-Based vs. Digital Tools. *Innovation in Aging*.
6. ***Britt, KC.**, Oh, H., Boateng, A.C.O., Morgan, S., Ashida, S., Nagel, C., Thorpe, Jr., R., & Koenig, H.G. Potential Mechanisms Explaining Effects of Spiritual Practices on Cognitive Aging: A Systematic Review and Conceptual Model. *Alzheimer's & Dementia*. <https://alz.confex.com/alz/2025/meetingapp.cgi/Paper/107459>
7. [forthcoming]. *Ge, S., Xiao, X., Huang, B., & **Britt, KC**. (2025). Exploring Neurologists' Perspectives: Barriers and Facilitators in Implementing Cognitive Care Planning. *Alzheimer's & Dementia*.
8. *Boateng, ACO., Nwadiogbu, C., Dahodwala, N., Buck, H., & **Britt, KC**. Religion and Spirituality with Cognitive Health: A Cross-Sectional Study of Diverse Community-Dwelling Older Adults in Philadelphia. *Western Journal of Nursing Research*. 2025;47(1_suppl):1S-66S. doi:10.1177/01939459251327320
9. ***Britt, K.C.**, Dong, F., Hamilton, J., Massimo, L., Hodgson, N., and Stites, S, Mechanic-Hamilton, D. (2024). Examining Spirituality, Cognitive, and Functional Health in Older U.S. Adults. *Innovation in Aging*, 8(Suppl 1), 1307. <https://doi.org/10.1093/geroni/igae098.4175>
10. ***Britt, K.C.**, Perepezko, K., Fields, B. (2024). ESPO and health sciences section symposium: Stronger together: integrating care partners and social support to improve health outcomes. *Innovation in Aging*, 8(Suppl 1), 235–236. <https://doi.org/10.1093/geroni/igae098.0761>
11. O'Sullivan, R., **Britt, K.C.**, Lubben, J. (2024). Exploring the relationship between religion, spirituality, loneliness, social isolation, and aging. *Innovation in Aging*, 8(Suppl 1), 194–195, <https://doi.org/10.1093/geroni/igae098.0629>
12. ***Britt, K.C.**, Dong, F., Hamilton, J., Massimo, L., Hodgson, N., and Stites, S, Mechanic-Hamilton, D. (December 2024). Spirituality & Cognition in Black Older Adults: Examining Changes in Church Activity. *Alzheimer's & Dementia*, 20(e092532). <https://alz-journals.onlinelibrary.wiley.com/doi/abs/10.1002/alz.092532>

13. ***Britt, K.C.**, Xiao, X., Sun, K., Ge, S., and Huang, B. (2024). A Qualitative Study in Cognitive Care Planning: The Role of Family Caregivers. *Innovation in Aging*, 8(Suppl 1), 236. <https://doi.org/10.1093/geroni/igae098.0763>
14. ***Britt, K.C.**, Xiao, X., Sun, K., & Huang, B. (2024). Providers' Experiences Implementing Cognitive Care Planning: Barriers and Facilitators. *Alzheimer's & Dementia*, 20(e092477). <https://alz-journals.onlinelibrary.wiley.com/doi/abs/10.1002/alz.092477>.
15. ***Britt, K.C.**, Dong, F., & Hodgson, N. (2023). Religious attendance and sleep quality in us older adults. *Innovation in Aging*, 7(Suppl 1), 382. <https://doi.org/10.1093/geroni/igad104.1266>
16. ***Britt, K.C.**, Boateng, A., Sebu, J., Oh, H., Lekwauwa, R., Massimo, L., & Doolittle, B. (2023). Association of religious attendance, religiosity/spirituality, and c-reactive protein in middle to older adults in the U.S. *Innovation in Aging*, 7(Suppl 1), 457. <https://doi.org/10.1093/geroni/igad104.1503>
17. Zhao, H., Boateng, A., Ezeokkonkwo, F., Federwitz, C., Epps, F., & **Britt, K.** (2023). An integrative literature review on spiritual needs from the perspective of older adults living with dementia. *Innovation in Aging*, 7(Suppl 1), 382–383. <https://doi.org/10.1093/geroni/igad104.1267>
18. ***Wong, F., Britt, K.C.**, & Hodgson, N. (2023). Associations between trauma, cognition, and depression in u.s. older adults: Findings from the Health and Retirement Study. *Alzheimer's & Dementia: Clinical Manifestations*. <https://doi.org/10.1002/alz.078399>
19. **Britt, K.C.**, Boateng, A.C.O., Zhao, H., Ezeokkonkwo, F., Federwitz, C., & Epps, F. (2023). Spiritual Needs of Older Adults Living with Dementia: An Integrative Literature Review. *Alzheimer's & Dementia*, 19: e080462.
20. ***Britt, K.C.**, Wong, F., Boateng, C., & Hodgson, N. (2023). Religious attendance, childhood trauma, and later life depressive symptoms. *Alzheimer's & Dementia*, 19; e079929.
21. **Britt, K.C.**, Federwitz, C., & Hamilton, J. (2023). Spiritual needs of aging: bridging research and practice to improve health outcomes in older adults. *Innovation in Aging*, 7(Suppl 1), 381–382. <https://doi.org/10.1093/geroni/igad104.1265>
22. Moored, K., **Britt, K.C.**, & Cudjoe, T. (2023). ESPO and health sciences section symposium: Building bridges: leveraging social connections and environments to improve health in later life. *Innovation in Aging*, 7(Suppl 1), 456. <https://doi.org/10.1093/geroni/igad104.1501>
23. ***Britt, K.C.**, Richards, K. C., Kesler, S., Acton, G., Hamilton, J., & Radhakrishnan, K. (2023). The association of private prayer with neuropsychiatric symptoms, cognition, and sleep disturbances in persons with dementia (Sci255). *Journal of Pain and Symptom Management*, 65(5), e670. <https://doi.org/10.1016/j.jpainsymman.2023.02.305>
24. ***Britt, K.C.**, B, A.C.O., Sebu, J., Oh, H., Lekwauwa, R., Massimo, L., & Doolittle, B. (2023). Association of religious attendance, religiosity/spirituality, and c-reactive protein in middle to older adults in the U.S. *Innovation in Aging*, Volume 7(1), 457. <https://doi.org/10.1093/geroni/igad104.1503>
25. ***Britt, K.C.**, Richards, K., Kesler, S., Acton, G., Hamilton, J., & Radhakrishnan, K. (2022). Association of religious attendance with neuropsychiatric symptoms, cognition, and sleep in cognitive impairment. *Innovation in Aging*, 6(Suppl 1), 819. <https://doi.org/10.1093/geroni/igac059.2946>

26. ***Britt, K.C.**, Radhakrishnan, K., Fry, L., & Richards, K. (2022). Dementia caregivers: The impact of social distancing on religious and spiritual practice and behavioral symptoms. *Innovation in Aging*, 6(Suppl 1), 530. <https://doi.org/10.1093/geroni/igac059.2019>
27. **Britt, K.C.**, Richards, K. C., Kesler, S., Acton, G., Hamilton, J., & Radhakrishnan, K. (2022). The association of religious attendance and neuropsychiatric symptoms, cognition, and sleep disturbances in dementia. *Alzheimers & Dementia: Dementia Care and Psychosocial Factors*, 18(58): e069422. <https://doi.org/10.1002/alz.069422>
28. *Becker, H., Stuifbergen, A., **Britt, K.C.**, & Lim, S. (2022) How people with a chronic health condition have promoted their health during COVID-19. *Archives of Physical Medicine and Rehabilitation*, 103(3): e40–e41. <https://doi.org/10.1016/j.apmr.2022.01.113>
29. **Britt, K.C.**, Acton, G., & Kwak, J. (2021). Religion and spirituality measures in dementia: An integrative review of the literature. *Innovation in Aging*, 5(Suppl 1), 749. <https://doi.org/10.1093/geroni/igab046.2759>
30. *Kwak, J., Ha, J. H., & **Britt, K.C.** (2020). Statewide implementation of the music & memory program: Facilitators, barriers, and lessons learned. *Innovation in Aging*, 4(Suppl 1), 59–60. <https://doi.org/10.1093/geroni/igaa057.194>
31. ***Britt, K.C.**, & Schlag, K. (2020). Family caregivers' decision-support needs beyond the decision aid. *Innovation in Aging*, 4(Suppl 1), 67. <https://doi.org/10.1093/geroni/igaa057.219>
32. *Ng, Y. T., Fingerman, K., Zhang, S., **Britt, K.C.**, Colera, G., Birditt, K., & Charles, S. (2020). Living alone during COVID-19: Social contact and emotional well-being among older adults. *Innovation in Aging*, 4(Suppl 1), 951. <https://doi.org/10.1093/geroni/igaa057.3479>

Technical, research, evaluation, consultation, or accreditation reports

1. *Fingerman, K. L., Ng, Y. T., Zhang, S., **Britt, K.C.**, Colera, G., Birditt, K. S., & Charles, S. T. (2021). Older adults who live alone benefited from seeing people in person during the covid pandemic but not necessarily by talking on the phone. Research Brief, 6(1), *Population Research Center*, University of Texas at Austin. <https://doi.org/10.26153/tsw/11348>

Editorials, Opinion Editorials (OpEds), letters to the editor

1. **Britt, K.C.** (2020, November 4). End-of-life talks more urgent now. *San Antonio Express News*. <https://www.expressnews.com/opinion/commentary/article/Commentary-End-of-life-talks-more-urgent-now-15704993.php>

Scientific and Educational Research Grants

Extramural Research Grants (*funded*)

- | | |
|-----------|---|
| 2025-2026 | Spiritual Practices in Cognitive Aging: Longitudinal Associations and Variations Across Subgroups. Britt PI. Stanford Aging Pilot Program (P30AG059307), National Institutes on Aging. \$40,000. |
| 2025-2026 | A Primary Care eConsult Platform for Dementia Diagnosis and Care Management, Britt Co-I, 10%, Small Business Innovation Research (SBIR). (R43AG094410) National Institutes of Health, National Institute on Aging, \$465,000. |

04-23-2025

- 2025-2026 Personalizing Cognitive Care: AI-driven Care Plans for Persons with AD/ADRD. Britt Co-PI 15%. a2Collective (PennAITech) sponsored by the National Institutes of Health, National Institute on Aging. \$185,000
- 2022-2023 Religious Leaders, Mental Health, and Life Satisfaction of Religious Leaders. Britt Co-I. Duke University, Duke National Survey of Religious Leaders (NSRL). \$2,000.

Extramural Research Grants (*submitted*)

- Oct 2025 Timing Matters: Examining Caregiver Attendance and Clinician Readiness in Dementia Care. Britt Co-I. ADRD R03. (Proposed 07/2026-06/2028). National Institutes of Health, National Institute on Aging (\$200,000).
- Oct 2025 Spiritual Care Needs in Dementia. Britt PI. LOI – invited to submit full proposal (February 2026). ASCENT Palliative Care Consortium sponsored by the National Institutes of Health, National Institute on Aging (U54AG093230).

Training Grants (*funded*)

- 2021-2023 Psych/Mental Health Jonas Scholar. Jonas Philanthropy. Britt PI. \$28,000.

Intramural Research Grants (*funded*)

- 2025-2026 Enhancing Gerontological Nursing Education using AI-Supported Life Story Books. Britt Co-PI. University of Iowa. Innovations in Teaching with Technology Award. \$5,000.
- 2023-2024 Spirituality and Brain Health in Older Adults. Britt PI. Spring Quartet Pilot Award. University of Pennsylvania. Population Aging Research Center. Sponsored by the National Institutes of Health, National Institute on Aging. (P30AG012836). \$7,465.00

External Submitted Grants (*not funded*)

- September 2025 Rural Community Engagement for Education & Risk Reduction Program. Britt PI. *LOI – not invited for full proposal*. Alzheimer's Association Research For All Grant. \$200,000.
- February 2025 Rural Community Engagement for Education & Risk Reduction Program. Britt PI. *Invited for Full Proposal*. Alzheimer's Association Health Services Research Grant. \$250,000.
- August 2024 The Role of Religious Involvement in the Association Between Discrimination and Emotional Well-Being in Aging Adults with Cognitive Decline. Britt PI, 15%. Pilot Study. Plasticity of Well-Being Network, sponsored by the National Institutes of Health, National Center for Complementary and Integrative Health. \$46,000.
- April 2024 Improving Access to High-Quality Dementia Diagnosis and Care via Remotely Accessed, Self-Administered Cognitive Testing on an Innovative Digital Platform with E-consult Functionality, Britt Co-I. National Institutes of Health, National Institute on Aging. Small Business Innovation Research (SBIR). \$500,000.

Training Grants

External Submitted Grants (*not funded*)

- February 2024 Spiritual Practice of Meditation and Cognitive Health in Older Adults with Mild Cognitive Impairment. Britt PI. 75% effort. K23 Career Award Application. National Institutes of Health. National Institute on Aging. \$685,000.

04-23-2025

Secured Project Funding

Dementia Education and Risk Reduction Modules

November 2025 – July 2026

Creating dementia risk reduction modules with the Midwestern Public Health Training Center (MPHTC); co-collaboration between Dr. Sato Ashida, Dr. Juliana Talarico-Souza, and Dr. Ryan Carnahan; funding from Geriatrics Workforce Enhancement Program (GWEP). \$50,000.

Research and Clinical Presentations (*databased, underline-student trainee/mentee).

International

1. *2025. Ge, S., Xiao, X., Sun, K., **Britt, K.**, & Huang, B. Exploring Neurologists' Perspectives: Barriers and Facilitators in Implementing Cognitive Care Planning. *Alzheimer's Association International Conference 2025*. Toronto, Canada. [peer-reviewed poster presentation].
2. *2025. **Britt, K.**, Boateng, A., Oh, H., Thorpe, R., Ashida, S., Nagel, C., & Koenig, H. Potential Mechanisms Explaining Effects of Spiritual Practices on Cognitive Aging: A Systematic Review and Conceptual Model. *Alzheimer's Association International Conference 2025*. Toronto, Canada. [peer-reviewed podium presentation in featured research session and separate poster presentation].
3. *2023, Wong, F, **Britt, KC**, & Hodgson, N. Associations Between Trauma, Cognition, and Depression in U.S. Older Adults: Findings from the Health and Retirement Study. *Alzheimer's Association Annual Meeting 2023*. The Netherlands [peer-reviewed poster presentation].
4. 2023. **Britt, K.C.**, Boateng, A.C.O., Zhao, H., Ezeokonkwo, F., Federwitz, C., & Epps, F. Spiritual Needs of Older Adults Living with Dementia: An Integrative Literature Review. *2023 Alzheimer's Association Annual Meeting*. The Netherlands. [peer-reviewed poster presentation]
5. 2022. **Britt, K.C.** *Dementia Research Live Chatathon* with Adam Smith. University College London. International podcast fundraiser for Alzheimer's Research UK, The Lewy Body Society, Alzheimer's Society, Race Against Dementia. Zoom. [invited talk & interview podcast]
6. *2023. **Britt, K.C.**, Wong, F., Boateng, C., & Hodgson, N. Religious Attendance, Childhood Trauma, and Later Life Depressive Symptoms. *2023 Alzheimer's Association Annual Meeting*. The Netherlands. [peer-reviewed poster presentation].
7. *2023. **Britt, K.C.**, Richards, K.C., Kesler, S. R., Acton, G., Hamilton, J., & Radhakrishnan, K. The Association of Private Prayer with Neuropsychiatric Symptoms, Cognition, and Sleep Disturbances in Persons with Dementia. *Hospice & Palliative Care Annual Assembly*. Montreal, Canada. [peer-reviewed poster presentation].
8. *2022. **Britt, K.C.**, Richards, K. C., Kesler, S., Acton, G., Hamilton, J., & Radhakrishnan, K. The Association of Religious Attendance and Neuropsychiatric Symptoms, Cognition, and Sleep Disturbances in Dementia. *Harvard Lee Kum Sheung Center for Health and Happiness @ Harvard T.H. Chan School of Public Health & University College London (UCL) Emotional Well-being & Physical Health Summer Short Training*. London, England. [peer-reviewed poster presentation]

National

9. *2025. Sohyun, K. & **Britt, KC.** GSA Presidential Symposium: Transforming Aging Through Technology: A Practical Guide for Early Scholars. *Gerontological Society of America Annual Scientific Meeting 2025*. Boston, MA. [presidential symposium]
10. *2025. **Britt, KC.,** Ge, S., Xiao, X., & Huang, B. (August 2025). Cognitive Care Planning for Persons Living with Dementia and their Care Partners: Challenges, Needs, & Questions. *Gerontological Society of America Annual Scientific Meeting 2025*. Boston, MA. [peer-reviewed podium presentation]
11. *2025. Ge, S., Xiao, X., **Britt, KC.,** & Huang, B. (August 2025). Uncovering Dynamics of End-of-Life Decision Making Among Individuals at Risk of ADRD: Insights from Clinical Data. *Gerontological Society of America Annual Scientific Meeting 2025*. Boston, MA. [peer-reviewed podium presentation]
12. *2025. Xiao, X., Ge, S., **Britt, KC.,** & Huang, B. Enhancing Cognitive Care Planning: Healthcare Providers' Insights on Paper-Based vs. Digital Tools. *Gerontological Society of America Annual Scientific Meeting 2025*. Boston, MA. [peer-reviewed podium presentation]
13. *2025. **Britt, KC.,** Ge, S., Xiao, X., & Huang, B. Introduction to empowering dementia dyads with creating an AI Chatbot. *Gerontological Society of America*. AgeTech webinar invited speaker, "Aging-Focused Innovations from the Academic Frontier." October 9, 2025. [peer-reviewed; 35+ attendees]
14. *2024. **Britt, K.C.,** Dong, F., Hamilton, J., Massimo, L., Hodgson, N., and Stites, S, Mechanic-Hamilton, D. Examining Spirituality, Cognitive, and Functional Health in Older U.S. Adults. *Gerontological Society of America Annual Scientific Meeting 2024*. Seattle, WA. [peer-reviewed poster presentation]
15. *2024. **Britt, K.C.,** Xiao, X., Sun, K., Ge, S., and Huang, B. A Qualitative Study in Cognitive Care Planning: The Role of Family Caregivers. *Gerontological Society of America Annual Meeting 2024*. Seattle, WA. [peer-reviewed podium presentation]
16. *2024. **Britt, K.C.,** Xiao, X., Sun, K., & Huang, B. Providers' Experiences Implementing Cognitive Care Planning: Barriers and Facilitators. *Alzheimer's Association International Conference 2024*. Philadelphia, PA. [peer-reviewed lightning podium presentation]
17. *2024. **Britt, K.C.,** Dong, F., Hamilton, J., Massimo, L., Hodgson, N., and Stites, S, Mechanic-Hamilton, D. Spirituality & Cognition in Black Older Adults: Examining Changes in Church Activity. *Alzheimer's Association International Conference 2024*. Philadelphia, PA. [peer-reviewed poster presentation]
18. *2024. **Britt, K.C.** Associations and Importance of Religious and Spiritual Practices for Cognitive Health in Older Adults with Dementia. *Duke University Center for Spirituality, Theology, and Health. Duke University Medical Center*. (invited talk, Zoom, 60+ attendees).
19. *2024. **Britt, K.C.** Religious and Spiritual Practices and Cognitive Health: Supporting the Spiritual Needs of Older Adults with Dementia. *Transforming Chaplaincy. Eldercare Research Network*. (Invited talk, Zoom, 230+ attendees).
20. *2023. **Britt, K. C.,** Richards, K. C., Acton, G., Hamilton, J., & Radhakrishnan, K. Religious and Spiritual Practice Associations with Dementia Progression. *Society for the Scientific Study of Religion Annual Meeting*. Salt Lake City, Utah. [peer-reviewed podium presentation].
21. *2023. **Britt, K. C.,** Boateng, A. C. O., Gu, Y., Daviglus, M.L., Cole, S.A., Eliassen, A.H., Warner, E.T., & Shields, A.E. A Pooled Analysis of the Study on Psychosocial Stress, Spirituality, and Health: Perceived Stress, Religious Coping, & Health. *Society for the Scientific Study of Religion Annual Meeting*. Salt Lake City, Utah. [peer-reviewed podium presentation].

22. 2023. **Britt, K.C.**, Flatt., J., & Farmer, H. (2023). Coffee & Conversation: Writing & Publishing. *Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) PIA to Elevate Early Career Researchers (PEERs)*. [Invited webinar, moderator, Zoom, 30+ attendees]
23. *2023. **Britt, K.C.**, & Boateng, A. C. O.). Perceived Stress, Religious Coping, and Mental Health: A Pooled Analysis of the Study on Psychosocial Stress, Spirituality, and Health. *Harvard/MGH Center on Genomics, Vulnerable Populations, and Health Disparities*. [Invited talk, Zoom, 10 attendees].
24. *2023. **Britt, K.C.** Religious Attendance and Neuropsychiatric Symptoms, Cognitive Function, and Sleep Disturbances in Dementia. *National Institutes of Health (NIH) Religion, Spirituality and Health Scientific Interest Group*. [Invited talk, Webex, 30+ attendees].
25. *2023. **Britt, K.C.**, & Boateng, A. Religious Attendance Associations with Inflammatory Makers. *Yale University School of Medicine. Annual Meeting for the Yale Program for Medicine, Spirituality, and Religion*. New Haven, Connecticut. [Invited talk, in person, 10+ attendees].
26. *2023. **Britt, K. C.**, Dong, F., & Hodgson, N. Religious Attendance and Sleep Quality in U.S. Older Adults. *Gerontological Society of America Annual Meeting*. Tampa, FL. [peer-reviewed poster presentation].
27. *2023. **Britt, K. C.**, Boateng, A. C. O., Sebu, J., Oh, H., Lekwauwa, R., Massimo, & Doolittle, B. Association of Religious Attendance and Religiosity/Spirituality with C-Reactive Protein in Middle and Older Adults in the U.S. *Gerontological Society of America Annual Meeting*. Tampa, FL. [peer-reviewed podium presentation].
28. 2023. Zhao, H., **Britt, K. C.**, Ezeokonkwo, F. C., Boateng, A.C.O., Federwitz, C., & Epps, F. An Integrative Literature Review on Spiritual Needs from the Perspective of Older Adults Living with Dementia. *The Gerontological Society of America Annual Meeting*. Tampa, FL. [peer-reviewed podium presentation].
29. *2022. **Britt, K.C.**, Richards, K.C., Kesler, S. R., Acton, G., Hamilton, J., & Radhakrishnan, K. Association of Religious Attendance with Neuropsychiatric Symptoms, Cognition, and Sleep in Cognitive Impairment. *Gerontological Society of America Annual Scientific Meeting*. Indianapolis, IN. [peer-reviewed podium presentation].
30. *2022. **Britt, K.C.**, Radhakrishnan, K., Fry, L., & Richards, K.C. Dementia Caregivers: The Impact of Social Distancing on Religious and Spiritual Practice and Behavioral Symptoms. *Gerontological Society of America Annual Scientific Meeting*. Indianapolis, IN. [peer-reviewed poster presentation].
31. *2022. **Britt, K.C.**, Richards, K. C., Kesler, S., Acton, G., Hamilton, J., & Radhakrishnan, K. The Association of Religious Attendance and Neuropsychiatric Symptoms, Cognition, and Sleep Disturbances in Dementia. *Alzheimer's Association International Conference (AAIC)*. San Diego, CA. [peer-reviewed poster presentation].
32. *2022. **Britt, K.C.** Religion and Spirituality for Coping in Stress and Illness: Findings for Older Adults with Cognitive Impairment and Dementia and their Caregivers. *National Hartford Center For Gerontological Research Leadership Conference*. [peer-reviewed podium presentation, Virtual].
33. 2022. **Britt, K.C.** *Tips & Resources for Navigating Academia*. Jonas Leadership Project. University of Texas School of Nursing. [Invited talk, Zoom, 25 attendees].
34. 2022. **Britt, K.C.** *Tips & Resources for Navigating Academia*. Jonas Mental Health/Psychology Scholar Group Presentation. [Invited Talk, Zoom, 30 attendees].

35. *2022. Boateng, A., **Britt, K.C.**, Oh, H., Sebu, J. The Association of Religious Attendance and Renal Failure. *Yale University School of Medicine, Yale Program for Medicine, Spirituality, and Religion*. [Invited talk, Zoom, 30 attendees].
36. 2021. **Britt, K.C.**, Acton, G., & Kwak, J. Measures of Religion and Spirituality in Dementia: An Integrative Review. *GSA Annual Conference*. Philadelphia, PA. [peer-reviewed poster presentation].
37. *2021. Becker, H., Stuijbergen, A., **Britt, K.C.**, & Lim, S. How People with a Chronic Health Condition Have Promoted their Health during COVID-19. *American Congress of Rehab Medicine 19th Annual Conference*. Dallas, TX. [peer-reviewed poster presentation].
38. *2021. Schlag, K., **Britt, K. C.**, Kwak, J., Burrows, D., & Fry, L. Choosing Hospice as Proxies: Decision-Support Needs of Caregivers Considering Hospice Enrollment for Family Members with Dementia. *International Conference on Communication in Healthcare (ICCH)*. [peer-reviewed podium presentation, Zoom].
39. 2021. **Britt, K.C.** Patient Advocacy: Engaging Families with Parse's Theory of Human Becoming at End-of-Life. *The 3rd Nursing Theory Annual Conference*. Cleveland, OH. [peer-reviewed podium presentation, Zoom].
40. *2020. **Britt, K.C.**, Radhakrishnan, K., & Richards, K.C. Impact of COVID-19 Social Distancing on Older Adults with Dementia. *NIA 2020 Sleep and Aging Conference at University of Pennsylvania School of Medicine*. [peer-reviewed podium presentation, Zoom].
41. 2020. **Britt, K.** Patient Advocacy: Engaging Families with Parse's Theory of Human Becoming at End-of-Life. *The 2nd Nursing Theory Annual Conference*. Cleveland, OH. [peer-reviewed podium presentation, conference canceled due to COVID-19].
42. *2020. **Britt, K.**, & Schlag, K. Family Caregivers' Decision-Support Needs Beyond the Decision Aid. *The Gerontological Society of America Annual Scientific Meeting*. Philadelphia, PA. [peer-reviewed poster presentation].
43. *2020. Kwak, J., Ha, JH., & **Britt, K.** Statewide Implementation of the Music & Memory Program: Facilitators, Barriers, and Lessons Learned. *The Gerontological Society of America Annual Scientific Meeting*. Philadelphia, PA. [peer-reviewed poster presentation].
44. *2020. To Ng, Y., Fingerman, K., Zhang, S., **Britt, K. C.**, Colera, G., Birditt, K. S., & Charles, S. Living Alone During Covid-19: Social Contact and Emotional Well-Being among Older Adults. *The Gerontological Society of America Annual Scientific Meeting*. Philadelphia, PA. [peer-reviewed poster presentation].

Regional

45. [accepted] *2026. **Britt, KC.**, Ge, S., Xiao, X., & Huang, B. From Policy to Practice: Exploring the Underutilization of Cognitive Care Planning in Clinical Settings. *Midwest Nursing Research Society Annual Meeting 2026*. St. Louis, MO. [peer-reviewed podium presentation]
46. *2025. Boateng, ACO., Nwadiogbu, C., Dahodwala, N., Buck, H., and **Britt, K.** Religion and Spirituality with Cognitive Health: A Cross-Sectional Study of Diverse Community-Dwelling Older Adults in Philadelphia. *Midwest Nursing Research Society Annual Meeting 2025*. Indianapolis, IN. [peer-reviewed podium presentation]

47. *2025. Ge, S., Xiao, X., Sun, K., Huang, B., & **Britt, K.C.** *Exploring Neurologists' Perspectives: Barriers and Facilitators in Implementing Cognitive Care Planning*. 2025 Texas Alzheimer's Research Care Consortium. Austin, Texas. [peer-reviewed poster presentation].
48. *2024. **Britt, K. C.**, Dong, F., Boateng, A. C. O., & Hodgson, N. Spirituality and Sleep Quality in U.S. Adults. *Southern Nursing Research Society (SNRS) Annual Meeting 2024*. Charlotte, NC. [peer-reviewed podium presentation]
49. *2024. **Britt, K. C.**, Boateng, A. C. O., Sebu, J., Oh, H., Lekwauwa, R., & Doolittle, B. Association of Religious Attendance and Religiosity/Spirituality with Systemic Inflammation in Older Adults. *Conference on Medicine and Religion*. Indianapolis, IN. [peer-reviewed poster presentation].
50. *2024. **Britt, K.C.**, Xiao, X., Sun, K., & Huang, B. Barriers and Facilitators: Providers' Experiences Implementing Cognitive Care Planning. *Texas Alzheimer's Research Care Consortium*. Austin, Texas. [peer-reviewed poster presentation].
51. 2024. **Britt, K.C.** & Bonds, K. Transitions to Independence: Strategies to Writing a K23 and Other Grants. *Southern Nursing Research Society (SNRS)*. [Invited talk, Zoom, 30+ attendees].

Local

52. *2025. **Britt, KC.** Research work in Spirituality and Lifestyle Factors for Brain and Mental Health. Office of the Vice President (OVP) Brain and Mental Health Networking Event. November 4, 2025. College of Public Health, University of Iowa.
53. 2024. Radhakrishnan, K., **Britt, K. C.**, Chauhan, V., Rangel, A. Establishing a Gerontological Nursing Center. *Luci Baines Johnson and Ian J. Turpin Center for Gerontological Nursing. St. David's Center for Health Promotion and Disease Prevention Research in Underserved Populations Annual Conference*. Austin, Texas. [poster presentation].
54. *2021. Becker, H., Stuifbergen, A., Lim, S., & **Britt, K.C.** (March 2021). *Impact of COVID-19 Social Distancing on Older Adults with multiple sclerosis*. CHPR 2021 Conference. Austin, TX
55. 2020. Geshell, L.M., **Britt, K.**, Kim, M., Kim, A., Hasan, S., Luu, A., & Kwak, J. An Integrative Literature Review on Advance Care Planning Across Health Professions: Attitudes, Knowledge, and Skills. *Center for Health IPE Interprofessional Health Virtual Showcase*. Austin, TX. [peer reviewed-poster presentation].

SERVICE

(List by year with most recent first, within each category or organization, do not put in table format,)

Editorial and Peer Review Service

- 2025 *Geriatric Nursing; Journal of Religion, Spirituality, and Aging; Dementia: The International Journal of Social Research and Practice; Research in Gerontological Nursing; Alzheimer's Disease and Other Dementias.*
- 2024 *Aging in Research, Religions, American Journal of Alzheimer's Disease, The Gerontologist, Journal of American Geriatrics Society, Journal of Applied Gerontology, Journal of Health and Aging, Geriatric Nursing, International Journal of Nursing Practice, Frontiers in Aging, Journal of Gerontological Nursing.*

2023 *Journal of Gerontology, Series B: Psychological Sciences, Religions, Dementia*

Editor of a journal or editorial board memberships

2024-present Editorial Board, *Geriatric Nursing*, 1-year term, renewable yearly
2025-present Editorial Board, *Journal of Religion, Spirituality, & Aging*
2024-2027 Peer Review Panel of *Research in Gerontological Nursing* for a 3-year term

Peer review of scholarly products

2019-2024 The Gerontological Society of America Annual Scientific Meeting abstract reviewer

Professional Service & Activities

Society/Association leadership

2025-2027 Alzheimer's Association, Iowa Chapter Board Member
2025-2029 Vice Chair – Elect, Emerging Scholar and Professional Organization (ESPO), Gerontological Society of America
11/2024 GSA Invited Mentor Workshop participation at the Annual Scientific Meeting 2024
2022-2024 Junior Leader II, Health Sciences Emerging Scholar and Professional Organization (ESPO), Gerontological Society of America
2022-present Co-Leader, Religion, Spirituality & Aging Interest Group, Gerontological Society of America
2022 Clin-STAR Advisor
2022-2023 Co-President, Sigma Theta Tau International Nursing Society, Epsilon Theta Chapter, UT Austin
2020-2021 Vice-President, Association of Nursing Graduate Students, UT Austin
2020-2021 Institute of Cultural Engagement, Center for Inquiry & Design: Biomedical Sciences
Board Member, Christ Presbyterian Academy
2016-2017 NCM Physician Representative, CareFor/Nurses Case Management
2012-2013 Super-user Committee, Dell Medical Group Pediatric Rheumatology Clinic
2000-2001 Class representative for Student Nurses' Association, Belmont University

Society/Association membership & participation

2020 & 2025 Hospice and Palliative Nurses Association
2024-2025 GSA Program, Publications, and Products Committee Member (Journals of Gerontology)
2022-present Interventions and Human Flourishing Interest Group, Harvard's Institute for Quantitative Social Science
2022-present International Society to Advance Alzheimer's Research and Treatment (ISTAART)
PIA to Elevate Early Career Researchers (PEERs)
2022-2024 Society for the Scientific Study of Religion
2022-2024 Religious Research Association
2020-present National Hartford Center for Gerontological Nursing
2020-present National League for Nursing member
2020-present American Nurses Association
2020-2022 Association of Nursing Graduate Students member, UT Austin
2019-present Gerontological Society of America (GSA)
2019-present OWANA (Old West Austin Neighborhood Association) member

2016-present

Clarksville Community Development Corporation (CCDC) member

Additional Education & Training

- 2025 CITI training: AI Essentials of Responsible AI
- 2025 Joined the Faculty Engagement Corps (FEC) for community-engaged teaching & research
- 2025 Alzheimer's Association Interdisciplinary Summer Research Institute. August 11-15, 2025. Chicago, U.S.
- 2023 Summer Workshop on Alzheimer's Disease and Related Dementia Disparities, Johns Hopkins' Economics of Alzheimer's Disease & Services (HEADS) Center, Hopkins Center for Health Disparities Solutions (HCHDS), and Johns Hopkins Alzheimer's Disease Resource Center for Minority Aging Research (JHAD-RCMAR). Funded by the National Institutes of Health. National Institute on Aging. June 6-8. Baltimore, MD.
- 2023 Michigan Integrative Health and Well-being Inequality Training Program (MIWI) Cohort 4. Funded by the National Institutes of Health. National Institute on Aging. May 5-6. Ann Arbor, MI.
- 2022 Health and Retirement Study *Cognitive Science Workshop*. University of Michigan. December 1-5. Zoom.
- 2022 19th Annual Qualitative Research Summer Intensive. University of North Carolina, Odum Institute. *Integrated Mixed Methods: Bridging Qualitative and Quantitative Methods and Results* course [Dr. Alison Hamilton]; *Engaging Spirituality in Qualitative Inquiry* course [Crystal Fleming]. July 25-27. Zoom.
- 2022 Emotional Well-being & Physical Health. Harvard T.H. Chan School of Public Health: Lee Kum Sheung Center for Health and Happiness/UCL Summer Short Course. University College London. July 11-15. London, England. *Partial Tuition Scholarship Received*.
- 2021 17th Annual Research Course on Religion, Spirituality, and Health. Duke University Center for Spirituality, Theology, and Health. August 15-19. Durham, NC. *Scholarship Received*.
- 2021 Qualitative Research Training Program on Religion, Spirituality, and Health. Sponsored by Emory University and Duke University for Spirituality, Theology, and Health. Durham, NC. August 20-22.
- 2020 Interprofessional Spiritual Care Education Curriculum Program. George Washington Institute of Spirituality and Health (GWish). July 21-23. Zoom.

Media activities

1. (Fall 2025) Amplify Nursing Podcast: A Podcast of University of Pennsylvania School of Nursing. Sumer Innovation Institute 2025; Season 11, Episode 1.
<https://www.podtrac.com/pts/redirect.mp3/chrt.fm/track/3GF85E/traffic.megaphone.fm/DHT2051935222.mp3>

04-23-2025

2. (October 22, 2025) Center for Social Science & Innovation. Spirituality: The Newest Prescription. CSSI Monthly Newsletter. <https://cssi.research.uiowa.edu/news/2025/10/spirituality-newest-prescription-cssi-researcher-affiliate-katherine-britt>
3. (August 6, 2024) Philadelphia Inquirer. Here are some highlights from the World's Largest Alzheimer's Meeting in Philly Last Week. <https://www.inquirer.com/health/alzheimers-dementia-meeting-2024-philadelphia-research-20240806.html> (interview and publication)
4. (May 20, 2023). American Psychiatric Association. New research: Faith leaders play important role in aiding mental health of seniors. <https://www.psychiatry.org/news-room/news-releases/faith-leaders-and-seniors-mental-health> (co-author was interviewed and publication)

University Service & Activities

University of Iowa activities, CON

Fall 2025	PhD Admissions Committee
Fall 2024	PhD Admission Interviewer
Fall 2024	BSN Admission Essay Reviewer

Other University of Iowa activities

November 4, 2025	Brain & Mental Health Networking Event Attendee, Office of the Vice President of Research.
September 24, 2025	Social Determinants of Health Microlab Attendee, Center for Social Science & Innovation.
February 14, 2025	Changing Behaviors for Social Impact Workshop at Tippie College of Business, Center for Social Science & Innovation

Other University activities

Johns Hopkins University, Bloomberg School of Public Health

2024-present Affiliate, Hopkins Economics of Alzheimer's Disease & Services Center (HEADS)

University of Pennsylvania

2023-present	Research Fellow, Population Aging Research Center (PARC)
2022-2024	Associate Fellow, Leonard Davis Institute of Health Economics (LDI)

Harvard University/Mass General Hospital

2021-2022	External Predoctoral Fellow, Center on Genomics, Vulnerable Populations, and Health Disparities, National Consortium on Psychosocial Stress, Spirituality, and Health
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Collegiate Service & Activities

Other College of Nursing Activities

04-23-2025

Fall 2025	Alzheimer's Association Fundraising Walk to End Alzheimer's, Team Captain of the Csomay Center team [volunteered].
Fall 2024	Alzheimer's Association Fundraising Walk with the Csomay Center. [volunteered].
Fall 2024-present	Writing Accountability Group (WAG) for newly appointed Tenure Track Faculty. Creator & Leader. [volunteered].

TEACHING

Instructional Activities

The University of Iowa, CON

Fall & Spring 2025, NURS 3460, Professional Role II: Introduction to Research, undergraduate level, 80 students, Instructor

Spring 2025 & Spring 2026, NURS 5225, Community Health Across the Lifespan Practicum & Seminar, Graduate Level, 6 students, Instructor

University of Iowa activities, outside CON

Fall 2025 Principles of Scholarly Inquiry, Instructor

Spring 2025 Principles of Scholarly Inquiry, Instructor

The Pennsylvania State University

November 18, 2025. Invited Guest Lecture. Theoretical and Philosophical Foundations of Nursing Practice (PhD students): Using Theories and Frameworks to Inform Nursing Research.

Drexel University

February 2024. Invited Guest Lecture. Research in Nursing (PhD students): Applying for Grants, Writing and Publishing your Work.

The University of Texas at Austin

March 3, 2025. Invited Guest Lecture. Doctoral Inquiry (PhD students): How to Navigate the Job Market.

Fall 2019 and Spring 2020, NURS Adult Health Nursing I & II, Undergraduate Level, 125 students, Teaching Assistant

Fall 2020, NURS Mental Health Nursing Across the Lifespan, Undergraduate level, 90 students, Teaching Assistant

Spring, 2021, NURS Nursing Care of Childbearing Families, Undergraduate level, 90 students, Teaching Assistant

International Teaching Opportunities

04-23-2025

Summer 2025 Co-lead, Writing Impactful Scientific Publications in Dementia Research, immersive workshop for early career scholars (ISTAART). *Alzheimer's Association International Conference 2025*, Toronto, Canada

Other Instruction

Duke University Center for Spirituality, Theology, and Health

August 2023, Qualitative Methods during the 19th Annual Research Course on Religion, Spirituality and Health, Instructor, Durham, NC.

Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) Interactive Workshop, Alzheimer's Association International Conference.

July 2023, Becoming a More Productive Writer, Co-Instructor, The Netherlands.

Mentoring and Advisement

Mentoring

Undergraduate Mentorship

Fall 2025-present Anna Langel, BSN student, CON [Young Scientist Program]

Fall 2024-present Audrey B. Heil, BSN student, CON [Young Scientist Program]

Accolades Fall 2025 Selected as the MNRS 2026 BSN Student Poster Competition award from the College of Nursing

Predoctoral Mentorship

Fall 2023-present Elaine Sang, academic career, University of Pennsylvania

Fall 2023-present Cassis Boateng, spirituality research and career, University of Pennsylvania

Fall 2023-present Hayoung Oh, spirituality research and career, Baylor University

Spring 2024-present Sarah Won, intersectionality and spirituality research, Johns Hopkins University

Postdoctoral Mentorship

Spring 2025-present Hannah Cho, PhD student now T32 Postdoctoral Fellow, University of Pennsylvania