

CURRICULUM VITAE

Leslie R. Arends, DNP, ARNP, CPNP-PC
Clinical Assistant Professor
College of Nursing
The University of Iowa
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EDUCATION

Year	Degree	Institution and Location
2014	Doctor of Nursing Practice (Primary Care Pediatric Nurse Practitioner)	University of Iowa, Iowa City, IA
2009	Bachelor of Science in Nursing	University of Iowa, Iowa City, IA

LICENSURE

Year	Source	License	Number
2014 – present	Iowa board of Nursing	Advance Registered Nurse Practitioner – Pediatric Primary Care	C124159
2009 – present	Iowa board of Nursing	Registered Nurse	124159

CERTIFICATIONS

Year	Source	Type	Number
2014 – present	Pediatric Nursing Certification Board	Certified Pediatric Nurse Practitioner (CPNP)	20141698
2019 – present	American Heart Association	Basic Life Support	N/A

PROFESSIONAL EXPERIENCE

Year	Position	Institution/Location
Academic Appointments		

2016 – Present	Clinical Assistant Professor	University of Iowa College of Nursing Iowa City, IA
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Clinical Appointments

2014 – 2016	Pediatric and Perinatal Palliative Care ARNP	UnityPoint at Home Urbandale, IA
2010 – 2014	Registered Nurse	UnityPoint Health Blank Children’s Hospital Des Moines, IA

HONORS AND AWARDS

2024	Nursing Classification & Clinical Effectiveness (CNC) Fellow
2024	College of Nursing Collegiate Teaching Award - nominated by student
2019	Graduating Class of 2019 Faculty and Staff Recognition – nominated by students for making a positive difference in their lives during their education at the University of Iowa

SCHOLARSHIP

PUBLICATIONS

Journals

Peer-Reviewed

1. de Oliveira Lopez , M. V.; da Silva, V.; Wagner, C.; Lopez, K.; **Arends, L.**; Clarke, M.; de Barros, A. L. ; Butcher, H. K., (accepted Oct 2025), A Design Science Research Framework for Evidence Levels in the Nursing Interventions Classification, *Journal of Research in Nursing*.
2. **Arends, L.** (2024). Improving child passenger safety through proper restraint system use. *The American Journal of Nursing*, 124(4), 11.
3. Vignato, J. A., Gleason, N., **Arends, L.**, & Nicholson, A. (2020). Decreasing nursing student workload and stress: An innovative method to reform clinical assignments across the curriculum, *Nursing Education Perspectives*, 10.1097/01.NEP.0000000000000702.
<https://doi.org/10.1097/01.NEP.0000000000000702>

Book

1. Wagner, C. W., Butcher, H. K., Clarke, M. F., & **Arends, L.** (2028). *Nursing intervention classification (NIC)* (9th ed.). Elsevier
 - a. Co-editor
 - b. Publication in process
 - i. Revised in 2025

1. 7150 Family Therapy
 2. 5684 Teaching: Early Childhood Safety 1-5 years
 3. 5645 Teaching: Infant Safety 0-3 months
 4. 5646 Teaching: Infant Safety 4-6 months
 5. 5647 Teaching: Infant Safety 7-9 months
 6. 5648 Teaching: Infant Safety 10-12 months
 7. 5665 Teaching: Toddler Safety 13-18 months
 8. 5666 Teaching: Toddler Safety 19-24 months
 9. 5667 Teaching: Toddler Safety 25-36 months
 10. 5634 Teaching: Toilet Training
 11. 4430 Therapeutic Play
 12. 5410 Trauma Therapy: Child
2. Wagner, C. W., Butcher, H. K., & Clarke, M. F. (2023). *Nursing intervention classification (NIC)* (8th ed.). Elsevier
1. Contributor
 - a. Created 10 new NICs
 1. 5670 Teaching: Adolescent Development 12–21 Years
 2. 5672 Teaching: Adolescent Nutrition 12–21 Years
 3. 5674 Teaching: Adolescent Safety 12–21 Years
 4. 5680 Teaching: Early Childhood Development 1–5 Years
 5. 5682 Teaching: Early Childhood Nutrition 1–5 Years
 6. 5684 Teaching: Early Childhood Safety 1–5 Years
 7. 5658 Teaching: Infant Development 4–6 Months
 8. 5650 Teaching: Middle Childhood Development 6–12 Years
 9. 5652 Teaching: Middle Childhood Nutrition 6–12 Years
 10. 5654 Teaching: Middle Childhood Safety 6–12 Years
 - i. Revised 18 existing NICs
 1. 8272 Adolescent Care
 2. 3210 Asthma Management
 3. 8274 Child Care
 4. 6820 Infant Care: Newborn
 5. 6826 Infant Care: Preterm
 6. 5568 Parental Education: Infant
 7. 5655 Teaching: Infant Development 0–3 Months
 8. 5656 Teaching: Infant Development 7–9 Months
 9. 5657 Teaching: Infant Development 10-12 Months
 10. 5640 Teaching: Infant Nutrition 0–3 Months
 11. 5641 Teaching: Infant Nutrition 4–6 Months
 12. 5642 Teaching: Infant Nutrition 7–9 Months
 13. 5643 Teaching: Infant Nutrition 10–12 Months
 14. 5645 Teaching: Infant Safety 0–3 Months
 15. 5646 Teaching: Infant Safety 4–6 Months
 16. 5647 Teaching: Infant Safety 7–9 Months
 17. 5648 Teaching: Infant Safety 10–12 Months
 18. 9050 Vehicle Safety Promotion

PRESENTATIONS

Research and Clinical Presentations

National

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation: Nuts and Bolts for Nurse Educators Conference, NurseTim INC, Minneapolis, MN. (peer-reviewed, poster)

State/Regional

1. **Arends, L.** (2018). Interprofessional Approach to Pediatric Simulation in Undergraduate Nursing Education, Innovations in Nursing Education Conference, Iowa Association of Colleges of Nursing, Des Moines, IA. (peer reviewed, podium presentation)

SERVICE

PROFESSIONAL SERVICE ACTIVITIES

National Association of Pediatric Nurse Practitioner – Iowa Chapter (formerly IANP)

2018 – present Continuing Education Conference Planning Committee, Member

2013 – present Member

National Association of Pediatric Nurse Practitioners (NAPNAP)

2013 – present Member

Blank Children's Hospital – UnityPoint Health Systems

2014 –2016 Pediatric Bereavement Committee, Member

UNIVERSITY SERVICE

2023 - 2024 IPE Steering Committee - Graduate College of Nursing representative

2020 Spring Interprofessional Education (IPE), Volunteer Faculty Facilitator

COLLEGIATE SERVICE

Task Forces

2020 – 2024 Interprofessional Education (IPE) Task Force, Co-chair

Standing Committees

2019 – present BSN Admission/Progression Subcommittee, Member

2018 – 2020	PNP Admissions/Progression Subcommittee, Member
2018 – 2019	Practicum Preparation and Care Planning Subcommittee, Member
2016 – 2023	Scholarship Subcommittee, Member

Other CON activities

2025 – 2027 Faculty Awards Review Subcommittee, Member

Collegiate Teaching Award

2018 – 2023 Semester 3 Teaching Team, Team lead, appointed

2023 Kids Go STEM, event volunteer

TEACHING

INSTRUCTIONAL ACTIVITIES

University of Iowa College of Nursing

Fall 2025

NURS:3151 Intro to Clinical Concepts for Nursing – 4 sections, 30 students

NURS:6828:0EXW Doctor of Nursing Practice Project 3 – 8 students

Spring 2025

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

NURS:6829:0EXW DNP Project 4, Faculty, DNP program, 10 students

NURS:5037:0EXW Health Promotion Assessment for CNL – 4 students

Fall 2024

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

NURS:6828:0EXW DNP Project 3, Faculty, DNP program, 10 students

Spring 2024

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN, MSN-EIP, and DNP programs

NURS:6829:0EXW DNP Project 4, Faculty, DNP program, 8 students

Fall 2023

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 3, Faculty coordinator, BSN, MSN-EIP, and DNP programs

NURS 6826 DNP Project 1, Faculty, DNP program, 10 students

Spring 2023

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN, MSN-EIP, and DNP programs

Fall 2022

NURS 3151 Intro to Clinical Concepts B lab, 4 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

OSAC-IPE Interprofessional Skills and Team-Based Care 3, Faculty coordinator, BSN and DNP program

Spring 2022

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, BSN and DNP program

Fall 2021

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for BSN and DNP programs

OSAC-IPSI Interprofessional Skills and Team Based Healthcare 3, faculty coordinator for BSN and DNP programs

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

Spring 2021

NURS 3151 Intro to Clinical Concepts B lab, 2 sections, 8 students each

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program

NURS:3651 Advanced Clinical Concepts for Nursing, Instructor, BSN program, 8 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 2 sections

Fall 2020

Interprofessional Skills and Team-Based Healthcare I, faculty coordinator for DNP program

OSAC-IPSI Interprofessional Skills and Team Based Healthcare 3, faculty coordinator DNP program

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 3-4 students/section, 4 sections

NURS:3651 Advanced Clinical Concepts for Nursing, Instructor for Pediatric Simulation, BSN program, 72 students

NURS 6828 DNP Project 3, Faculty, DNP program, 1 student

Spring 2020

OSAC-IPE Interprofessional Skills and Team-Based Care 2, Faculty coordinator, DNP program

NURS 6827 DNP Project 2, Faculty, DNP program, 1-2 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Fall 2019

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS 6826 DNP Project 1, Faculty, DNP program, 1 student

Spring 2019

NURS 6827 DNP Project 2, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Fall 2018

NURS 6826 DNP Project 1, Faculty, DNP program, 2 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4099:4133 Spr19 Honors Independent Study Faculty advisor, BSN program, 1 student

Spring 2018

NURS 6825 DNP Project, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

Fall 2017

NURS 6825 DNP Project, Faculty, DNP program, 1 student

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

Spring 2017

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students

NURS 6825 DNP Project, Faculty, DNP program, 8-10 students

NURS 3635 Parent Child Nursing Practicum, Instructor, BSN program, 8 students/section, 4 sections

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

NURS:4096:0EXW & NURS:4099:5360, Distance Ed Honors Independent Study, Faculty advisor, BSN program, 1 student

Fall 2016

NURS 3630 Parent Child Nursing, Instructor, BSN program, 72 students

NURS 6825 DNP Project, Faculty, DNP program, 1-4 students

NURS:3635:All sections, Pediatric Simulation instructor, BSN program, 72 students

MENTORING AND ADVISEMENT**Mentoring****Faculty Mentoring**

2022 – 2023 Danielle Busta, Annalise Jacobson, Megan Mobley

2021 – 2022 Tessa Meisner

Spring 2021 Katrina Martin

2020 – 2022 Alison Tesensky & Elyse Laures

2020 – 2021 Maja Campbell & Miranda Carlson

2019 – 2020 Margaret Brimeyer

Preceptor

2021 Danielle Busta, MSN Nursing Student, Capella University, clinical preceptor

2020 Alison Givens, MSN Nursing student, University of Missouri, clinical preceptor

Advisement

Student Advisement

Young Pediatric Nurse Clinician Program

2018– 2024 Director 7-8 BSN students/semester, appointed

- a. Courtney Tiff, Maren McNees, Megan Shaler, Danielle Healey, Halle Wilmott, Monica Samples, Jesse Weiss, Gabrielle Garcia, Annika Ekstam, Payton Hancox, Kelsey Calomino, Caitlyn Whitt, Brooklyn Gries, Megan Abatto, Molly Brennan, Narinsu Sengullu, Meredith Russell, Maggie Dahlstrom, Kelly Bush, Reegan Schmidt, Catherine Miles, Emma Tews, Katie Gilmore, Shannon Doyle, Isabella Fain, Madison Trotter, Aubri McClung, Cassidy Ford, and Alydia Tyler

BSN Honors Project

2018 Madalyn Mauro, Creation of a Child Life Therapy Brochure, completed December 2018, faculty mentor

2017 Margaret Timm, Creation of an Adolescent Sexual and Reproductive Health Brochure, completed May 2017, faculty mentor

DNP Project Defense Evaluation Team

Spring 2025

Natalie Aunan
Krista Sweers
Amanda Jilovec
Mikayla Siddell
Taylor Dirks
Nicole Gleason Limoges
Susan Bauer-Wilson

Spring 2024

Amanda Parrott

Spring 2017

Jenny Weber
Stephanie Walk
Trang Duong
Katherine Scott
Seth Webb