

CURRICULUM VITAE

Kristin J. Foster, DNP, ARNP, CPNP-PC, PMHNP-BC
Assistant Professor (Clinical)
The University of Iowa
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EDUCATION

- 2020 Doctor of Nursing Practice, Psychiatric Mental Health Nurse Practitioner, The University of Iowa, Iowa City, IA
DNP Project: Implementation of an Electronic Distress Screening in the Pediatric Oncology Population
- 2011 Master of Science in Nursing, Pediatric Primary Care Nurse Practitioner, The University of Iowa, Iowa City, IA
- 2004 Bachelor of Science in Nursing, Truman State University, Kirksville, MO

LICENSURE

Advanced Practice Nurse

Iowa Board of Nursing, Pediatric Primary Care, C111464, Expires 8/15/2028

Iowa Board of Nursing, Psychiatric Mental Health, G162809, Expires 8/15/2028

State of Illinois Department of Financial and Professional Regulation, 209.022350, Expires 5/31/2026

Registered Nurse

Iowa Board of Nursing, 111464, Expires 8/15/2028

State of Illinois Department of Financial and Professional Regulation, 041.502496, Expires 5/31/2026

CERTIFICATIONS

Certified Pediatric Nurse Practitioner—Primary Care

Pediatric Nursing Certification Board

Renewal due February 28th, 2027

Psychiatric Mental Health Nurse Practitioner

American Nurses Credentialing Center

Renewal due December 2025 (Currently in Review Process with ANCC)

Basic Life Support – Healthcare Provider

American Heart Association

Renewal due 7/2027

PROFESSIONAL EXPERIENCE**Academic Appointments**

- 2024 - Present Assistant Professor (Clinical), The University of Iowa College of Nursing, Iowa City, IA
- 2007 - 2009 Adjunct Nursing Faculty, Kirkwood Community College, Cedar Rapids, IA

Administrative Appointments

- 2024 - Present Pediatric Psychosocial Oncology Program Director (Formally Named Director in January 2024), University of Iowa Stead Family Children's Hospital, Iowa City, IA

Clinical Appointments

- 2022 - Present Advanced Registered Nurse Practitioner - Minds Matter Mental Health, PLLC, Independent Practitioner and Business Owner, 312 E. College St. Iowa City, IA
- 2012 – Present Advanced Registered Nurse Practitioner - Pediatric Hematology/Oncology, University of Iowa Stead Family Children's Hospital, Iowa City, IA

Program Development

- Pediatric Psychosocial Oncology Program - Leading Initiative (2018 – Present)
- Pediatric Oncology Survivorship Program – Assisting Initiative (2015 – Present)
- Adolescent and Young Adult (AYA) Cancer Program – Assisting Initiative (2015 – 2022)
- Cancer Predisposition – Assisting Initiative (2015 – 2017)

Direct Clinical Care

- Pediatric Psychosocial Oncology Clinical Care (2019 – Present)
- Pediatric Oncology Clinical Care – Subspecialty Solid Tumor Population (2015 – 2019)
- Pediatric Oncology Procedural Team (2012 – 2019)
- Pediatric Oncology and Hematology Clinical Care – All disease types (2012-2015)
- 2004 - 2012 Staff Nurse, Pediatric Inpatient Care, University of Iowa Children's Hospital, Iowa City, IA

HONORS AND AWARDS

(year, name of award – honor - accomplishment and what it recognizes, organization presenting same, etc. Do not include financial aid scholarships or grants that supported your education)

SCHOLARSHIP

Publications

Peer Reviewed Articles

1. **Foster, K.**, Sadler, B., Conrad, A.L., & Grafft, A. (2025). Development of an Evaluation Tool for Monitoring the Delivery of Psychosocial Care in Pediatric Oncology Settings. *Cancers*, 17(9), 1550. <https://doi.org/10.3390/cancers17091550>
2. Mobley, E., **Foster, K.**, & Terry, W. (2018). Identifying and Understanding the Gaps in Care Experienced by Adolescent and Young Adult Cancer Patients at the University of Iowa Hospitals and Clinics. *Journal of Adolescent and Young Adult Oncology*, 7(5), 592-603.

Presentations

- 2025 The POP Team: Meet the Players and Learn the Game. Pediatric Pain & Palliative Care Education Session, University of Iowa Carver College of Medicine. Iowa City, IA. September 25th, 2025.
- 2025 Invisible Burdens: Mental Health Challenges in Children with Chronic Illness. National Association of Pediatric Nurse Practitioners, Iowa Chapter 2025 Annual Conference. Iowa City, IA. September 18th, 2025.
- 2024 Childhood Chronic Illness and Mental Health Concerns. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. July 31st, 2024.
- 2024 Childhood Chronic Illness and Mental Health Concerns. University of Iowa Hospitals and Clinics Med-Psych Lecture Series for Child Psychiatry Fellows. Iowa City, IA. May 14th, 2024.
- 2023 Childhood Chronic Illness and Mental Health Concerns. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Acute Care Program. Iowa City, IA. November 15th, 2023.
- 2023 Childhood Chronic Illness and Mental Health Concerns. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. June 14th, 2023.
- 2023 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. Spring 2023.
- 2022 Childhood Chronic Illness and Mental Health Concerns. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. June 15th, 2022.
- 2022 Pediatric Psycho-Oncology Program: Developing an Expansion Plan. University of Iowa Hospitals and Clinics Executive Leadership Academy. Iowa City, IA. May 7th, 2022.

- 2022 Implementing a Proactive Model of Mental Health Care in Pediatric and AYA Oncology. American Psychosocial Oncology Society Pediatric and AYA Special Interest Group. Virtual Presentation. March 2022.
- 2022 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. Spring 2022.
- 2022 Psychosocial & Psychiatric Needs in Youth with Cancer. University of Iowa Hospitals and Clinics Consult Lecture Series for Child Psychiatry Fellows. Iowa City, IA. February 22nd, 2022.
- 2021 Emotional, Social & Cognitive Impacts of Brain Tumors. 18th Annual Neuroscience Nursing Conference. Iowa City, IA. September 7th, 2021.
- 2021 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. Spring 2021.
- 2020 Pediatric Psycho-Oncology Program: Shifting to a Proactive Approach to Mental Health Care. Pediatric Palliative Noon Education Series. Iowa City, IA. December 22nd, 2020.
- 2020 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. Spring 2020.
- 2020 Psychosocial & Psychiatric Needs in Youth with Cancer. University of Iowa Hospitals and Clinics Consult Lecture Series for Child Psychiatry Fellows. Iowa City, IA. Spring 2020.
- 2019 When Goals Differ: When Patients, Families and Reality Have Different Plans. 10th annual Pediatric Palliative Care Conference. Coralville, IA. November 7th, 2019.
- 2019 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Spring 2019.
- 2019 Psychosocial Consequences of Cancer: Transitioning to a Proactive Approach in AYA. 2017 Adolescent and Young Adult Cancer Symposium. Iowa City, IA. April 12th, 2019.
- 2018 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Iowa City, IA. Spring 2018.
- 2018 A Style of Their Own: Adolescent and Young Adult Cancer (Updated). Annual Scofield Advanced Oncology Nursing Conference. Coralville, IA. April 4th, 2018.
- 2017 Poster Presentation: Utilizing the Unique Relationships of Adolescent and Young Adult Cancer Patients as a Framework for Comprehensive Program Development. Global Adolescent and Young Adult Cancer Congress. Atlanta, GA. December 5th-7th 2017.
- 2017 Oncology Procedures. University of Iowa Hospitals and Clinics Children's and Women's Services Nursing Inservice. November 2017.
- 2017 Adolescent and Young Adult Cancer Program. Pediatric Palliative Care Education Conference. Iowa City, IA. November 2017.

- 2017 Pediatric Cancers. Present to University of Iowa College of Nursing Pediatric Nurse Practitioner Primary Care Program. Spring 2017.
- 2017 Relationships with Others: A Powerful Tool for the AYA Cancer Patient. 2017 Adolescent and Young Adult Cancer Symposium. Iowa City, IA. April 29th, 2017.
- 2016 A Style of Their Own: Adolescent and Young Adult Cancer. 2016 Pediatric Update Conference. Coralville, IA. October 6th, 2016.

Grants

- 2025 Pain Experiences and Developmental Transition to Adulthood of Young Adults with Severe Chronic Illness. PI: C. Gustafson, Co-I: K. Foster, R. Benson, S. Gillbertson-White. University of Iowa College of Nursing Lila M. Johnson Research Award, Allocations, \$30,000
- 2025 Implementation of an Integrated Model of Psychosocial Care Delivery. PI: David Dickens, MD, **FAAP; Co-PI: Kristin Foster**. University of Iowa Dance Marathon Spring 2025 Allocations, \$100,000 over 2 years (FY26 and FY27); \$50,000 installments in July of each FY
- 2025 Pediatric Psychosocial Oncology Program Development, Renewal of Funding – Balance forward plus one **additional year of funding. PI: Kristin Foster. University of Iowa Dance Marathon Spring 2024 Allocations, \$68,242**
- 2024 Pediatric Psychosocial Oncology Program Development, Renewal of Funding – Balance forward plus one additional year of funding. PI: Kristin Foster. University of Iowa Dance Marathon Spring 2024 Allocations, \$63,079
- 2023 Pediatric Psychosocial Oncology Program Development. PI: Kristin Foster. University of Iowa Dance Marathon Spring 2023 Allocations, \$63,085

Research

Poster Presentations

1. Altidor, A. & **Foster, K.** (2025, March). *Roles of Advanced Practice Providers in Psychosocial Oncology*. Poster accepted for presentation at the American Psychosocial Oncology Society Annual Conference, Pittsburgh, PA.
2. **Foster, K.**, Grafft, A., & Sadler, B. (2025, March). *Development of an Evaluation Tool for Monitoring Psychosocial Care Delivery in Pediatric Oncology Setting*. Poster accepted for presentation at the American Psychosocial Oncology Society Annual Conference, Pittsburgh, PA.
3. **Foster, K.** (2020, March). *Implementation of Distress Screening in the Pediatric and Adolescent/Young Adult (AYA) Oncology Population*. Poster presented at International Society of Psychiatric-Mental Health Nurses Annual Conference. San Antonio, TX (Moved to Virtual due to pandemic).

Ongoing Research

2023 - Present Redcap Database: Pediatric Psychosocial Oncology Program Data Repository. Database designed utilizing the Standards for the Psychosocial Care of Children with Cancer and their Families creating 15 distinct areas for ongoing research and project work. University of Iowa Stead Family Children's Hospital, Iowa City, IA

SERVICE

Editorial and Peer Review Service

Peer review of Scholarly Products

2025 Manuscript Reviewer, Supportive Care in Cancer
2018 Manuscript Reviewer, Journal of Adolescent and Young Adult Oncology

Professional Service (including organizational memberships and other professional activities)

Organizational Memberships

2025 – Present National Organization of Nurse Practitioner Faculties (NONPF), member
2020 - Present American Psychosocial Oncology Society (APOS), member
2024 - Present Advanced Practice Providers (APPs) in APOS Group, member, organize and lead monthly meetings (volunteer)
2023 - Present APOS Research Committee, member (volunteer)
2022 - 2023 APOS Mentoring Program, mentee (volunteer)

2012 - Present National Association of Pediatric Nurse Practitioners (NAPNAP), member

2012 – Present Children's Oncology Group (COG), member
2021- 2022 COG Long Term Follow Up (LTFU) Guidelines Review, committee member

University Service

2015 - Present Adolescent and Young Adult (AYA) Cancer Program Steering Committee, committee member

2012 - Present Dance Marathon Hospital Liaison Committee, hospital staff member

2006 – 2009 Oral Mucositis Committee, committee member

Collegiate Service

2025 – Present Search Committee Member, Program Directors for Pediatric DNP Programs, Pediatric Acute Care & Pediatric Primary Care
2024 - 2025 DNP Curriculum Revision Group, group member (volunteer)

Community Service

2008

Team in Training, Volunteer Team Member

TEACHING

Instructional Activities

The University of Iowa College of Nursing

Course Instruction

Fall 2025 NURS:6100:0EXW Primary Care: Infant, Child & Adolescent I, Course Faculty, (n=28)

Fall 2025 NURS:6701:0EXU Advanced Practice Clinical Practicum I (Pediatric Primary Care), Course Faculty, (n=8)

Spring 2025 NURS:6101:EXW Primary Care: Infants, Child & Adolescent II, Course Faculty, (n=28)

Spring 2025 NURS:6702:0EXU Advanced Practice Clinical Practicum II (Pediatric Primary Care), Course Faculty, (n=5)

Fall 2024 NURS:6100:0EXW Primary Care: Infant, Child & Adolescent I, Course Faculty, (n=28)

Fall 2024 NURS:6701:0EXU Advanced Practice Clinical Practicum I (Pediatric Primary Care), Course Faculty, (n=5)

Mentoring and Advisement

The University of Iowa College of Nursing

DNP Project Mentorship

2025 - Present Ella Hambright, *Standardized Pharmacological Treatment Protocol for Bronchopulmonary Dysplasia (BPD) in Extremely Preterm Infant*, Project Chair

2025 – Present Paige Fischer, *Follow-up Appointments for Asthma Patients*, Project Chair

2024 - Present Meghan Agnew, *Resilience Training for Pediatric Oncology Nurses*, Project Chair

2023- 2025 Taylor Dirks, *Acute Distress Management in Preschool-Aged Pediatric Oncology Patients*, Clinical Site Mentor

2020-2022 Megan Mobley, *Implementing a Mental Health Assessment Tool for Parents/Caregivers of Children with Cancer*, Clinical Site Mentor

2020-2022 Rachel Weng, *Utilization of Evidence-Based Guidelines to Improve Psychosocial Aspect of Care to Childhood Cancer Survivors*, Clinical Site Mentor

Clinical Site Preceptor

Summer 2024 Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care and Psychiatric Mental Health Nurse Practitioner (dual track); Pediatric Psychosocial Oncology Outpatient/Inpatient Setting

Spring 2024	Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care and Psychiatric Mental Health Nurse Practitioner (dual track); Pediatric Psychosocial Oncology Outpatient/Inpatient Setting
Fall 2023	Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care and Psychiatric Mental Health Nurse Practitioner (dual track); Pediatric Psychosocial Oncology Outpatient/Inpatient Setting
Summer 2023	Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care and Psychiatric Mental Health Nurse Practitioner (dual track); Pediatric Psychosocial Oncology Outpatient/Inpatient Setting
Fall 2018	Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care; Specialty Hours - Pediatric Hematology/Oncology Outpatient Clinic Setting
Spring 2016	Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care; Specialty Hours - Pediatric Hematology/Oncology Outpatient Clinic Setting
Fall 2015	Preceptor for DNP Student; Pediatric Nurse Practitioner – Primary Care; Specialty Hours - Pediatric Hematology/Oncology Outpatient Clinic Setting