

CURRICULUM VITAE

July 2026

Katherine Hadlandsmyth, PhD
 Associate Professor
 College of Nursing
 University of Iowa
 Katherine-hadlandsmyth@uiowa.edu

EDUCATION

Year	Degree	Institution/Location
2011	PhD in Clinical Psychology, Specialization: Health Psychology/Behavioral Medicine	University of Missouri - St. Louis, St. Louis, Missouri
2009	MA in Clinical Psychology	University of Missouri - St. Louis, St. Louis, Missouri
2007	MSc in Social Research	University of Bath, Bath, England, United Kingdom
2003	BA in Psychology Minor: Gender Studies	Claremont McKenna College, Claremont, California

LICENSURE

Year	Source	License	Number
2014- present	Iowa Board of Professional Licensure	Licensed Psychologist (IA)	074843
2016- present	Iowa Board of Professional Licensure	Licensed Health Service Provider	81324
2012-2017	Arizona Board of Psychologist Examiners	Licensed Psychologist (AZ)	004303

PROFESSIONAL EXPERIENCE

Year	Position	Institution / Location
Academic Appointments		
2025-present	Associate Professor	University of Iowa College of Nursing, Iowa City, IA
2022-2025	Associate Professor	University of Iowa Carver College of Medicine, Department of Anesthesia, Iowa City, IA
2021-2022	Assistant Professor	University of Iowa Carver College of Medicine, Department of Anesthesia, Iowa City, IA
2016-2021	Clinical Assistant Professor	University of Iowa Carver College of Medicine, Department of Anesthesia, Iowa City, IA
Clinical Appointments		
2012-2014	Clinical Psychologist	Sierra Tucson Residential Treatment Facility, Tucson, AZ
Postdoctoral Positions		
2014-2016	Postdoctoral Pain T32 Research Fellow	University of Iowa, Iowa City, IA
2011-2012	Postdoctoral Fellow	Neurological Center for Pain, Cleveland Clinic, Cleveland, OH

HONORS AND AWARDS

2016	Postdoctoral Research Fellow Research Excellence Award, University of Iowa, Iowa City, Iowa
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SCHOLARSHIP

PUBLICATIONS

**Indicates a trainee (undergraduate, graduate, resident, or postdoctoral fellow)*

Underline indicates senior author

Peer-reviewed data-based journal articles

64. *Adamowicz, J. L., Lund, B. C., Garvin, L., Driscoll, M. A., **Hadlandsmyth, K.** (In Press). Co-occurring chronic overlapping pain conditions and pain management engagement in Veteran men and women diagnosed with fibromyalgia, *Pain Medicine*.
63. Driscoll, M. A., Adamowicz, J. L., Donahue, M., Buta, E., Selander, K., **Hadlandsmyth, K.**, Kerns, R. D., Haskell, S., Heapy, A. (In Press). Relational Demand in the Chronic Pain

- Experience of Women Veterans: A Mixed Methods Analysis. *Journal of Behavioral Medicine*.
62. Strayer, A. L., Wehby, G., Gao, Y., Jacobs, M. A., Jacobs, C. A., Davila, H., **Hadlandsmyth, K.**, Schmidt, S., Shireman, P. K., Cashy, J., Hall, D. E., Vaughan Sarrazin, M. (In Press). Understanding the impact of socioeconomic deprivation on inpatient surgical care delivery costs in the Veterans Health Administration, *Social Sciences and Humanities Open*.
 61. **Hadlandsmyth, K.**, Driscoll, M. A., Adamowicz, J. L., Garvin, L., Lund, B. C. (In Press). Rural specialty care for veterans with chronic overlapping pain conditions: fibromyalgia, migraine, or irritable bowel syndrome, *Journal of Rural Health*.
 60. **Hadlandsmyth, K.**, Lund, B. C. (2026). Central Nervous System Active Medication Polypharmacy among Rural and Urban Veterans with Select Chronic Overlapping Pain Conditions: Fibromyalgia, Migraine, or Irritable Bowel Syndrome, *American Journal of Health-System Pharmacy*.
 59. **Hadlandsmyth, K.**, Evans, R. Leininger, B. D., Taylor, B. C., Cross, L. J. S., Behrens, K., Bangerter, A., Campbell, E. M. H., Haley, A. C., Mahaffey, M., Matthias, M. S., Taylor, J. S. L., Burgess, D. J. (2026). Reaching Rural Veterans: Applying Mind-Body Skills for Pain Using a Whole Health Telehealth Intervention: The RAMP Pilot, *Contemporary Clinical Trials*. doi: 10.1016/j.cct.2026.108254
 58. Shanahan, M. L., Zimmerman, M. B., Rodrigues, M., Green, D., Embree, J., Buckwalter, J., Garvin, L., **Hadlandsmyth, K.**, Smith, T., Rakel, B. A., Dindo, L. (2026). Intersectional Pain Disparities and Resilience in Veterans with Chronic Pain. *Health Psychology*, 45 (1), 123 – 135. doi: 10.1037/hea0001555.
 57. *Adamowicz JL, Sirotiak Z, Lendvai D, Thomas EBK, Lund BC, Driscoll MA, **Hadlandsmyth K.** (2026). Chronic pain prevalence, characteristics, and impact in U.S. adults in CFS/ME. 2025, *Pain Management Nursing*. doi: 10.1016/j.pmn.2025.10.006.
 56. Garvin, L. A., Driscoll, M. A., Stewart Steffensmeier, K., Johnson, N. L., *Adamowicz, J. L., *Obrecht, A. A., Hart, K. J., *Rothmiller, S. J., Sibenaller, Z. A., Stout, L. R., Richards, C., Vander Weg, M., Lund, B. C. & **Hadlandsmyth, K. E.** (2026). Targeting chronic pain care to rural women veterans: a feasibility pilot. *Psychol Serv*, 23(1), 142-152. doi: 10.1037/ser0000909.
 55. Dindo, L., **Hadlandsmyth, K.**, Marchman, J., Zimmerman, M. B., Buckwalter, J. A., Green, D. M., Wollaeger, J. K., Garvin, L., Strayer, A., Kim, K. S., Embree, J., Rodrigues, M., Rakel, B. A. (2025). ACT for Postsurgical Pain and Dysfunction in At-risk Veterans: Multisite, Double-blind, Cluster RCT, *Journal of Psychosomatic Research*, 198:112393. doi: 10.1016/j.jpsychores.2025.112393.
 54. *Adamowicz, J. L., Grant, A., Calvert, C., Elchert, D., **Hadlandsmyth, K.**, Driscoll, M. A., Taylor, S., L., Allen, K., Taylor, B. C., Burgess, D. J. (2025). Differences Among Veterans with Chronic Overlapping Pain Conditions and Other Chronic Pain: Baseline Results From The LAMP Pain Management Trial. *European Journal of Pain. Contemporary Clinical Trials* 118 106810. DOI: 10.1016/j.cct.2022.106810. PMID: 35660486.
 53. Johnson, N., Van Tiem, J., Stewart Steffensmeier, K., Akuley, S., Ball, D., Thomas, E. B. K., Mengeling, M., Norman, S., * Pratt, A. A., Driscoll, M. A., Garvin, L. A., Hart, K. J.,

- Hadlandsmyth, K.** (2025). Providers' Role in Building Patient Buy-In for Treating Chronic Pain and PTSD: Veterans' Perspectives on Interactions with Providers, *Journal of General Internal Medicine*. doi: 10.1007/s11606-025-09588-2
52. **Hadlandsmyth, K.**, Courtney, R.E., *Adamowicz, J. L., Driscoll, M. A., Murphy, J. L., Lund, B. C. (2025). Continuity of Pain Clinic Care among Rural and Urban Veterans, *Journal of Rural Health*, 41 (2). doi: 10.1111/jrh.70031.
 51. *Strayer, A., Gao, Y., Jacobs, M. A., Davila, H., Duncan, C. A., Schmidt, S., Wehby, G., Hall, D. E., Vaughan Sarrazin, M., **Hadlandsmyth K.** (2025). Neighborhood Socioeconomic Disadvantage is Not Associated with Adverse Outcomes Following Elective Spine Surgery in Older Veterans, *North American Spine Society Journal*, 17;22:100611. doi: 10.1016/j.xnsj.2025.100611.
 50. *Pratt, A. A., Van Tiem, J., Lund, B. C., *Johnson, N. L., *Stewart Steffensmeier, K., Ball, D. D., Thomas, E. B. K., Mengeling, M. A., Norman, S. B., Driscoll, M. A., Garvin, L., Hart, K. J., **Hadlandsmyth, K.** (2025). Comorbid chronic pain and PTSD among Veterans: Approaches to Care, *Military Medicine*, 1;190(9-10):e2058-e2064. doi: 10.1093/milmed/usaf118.
 49. *Adamowicz, J. L., Sirotiak, Z., Thomas, E. B. K., Lund, B. C., **Hadlandsmyth, K.**, Driscoll, M. A. (2025). Complementary and integrative health approaches used for pain management by U.S. adults with chronic fatigue syndrome/myalgic encephalomyelitis: Findings from the 2022 National Health Interview Survey, *European Journal of Integrative Medicine*.
 48. Bozhoglian, M., Wilkinson, B. R., **Hadlandsmyth, K.**, Glass, N. A., Nepola, J. V., Patterson, B., (2025). Pre-operative Education on Pain Self-Management and Opioid Consumption Does Not Significantly Impact Opioid Use and Disposal Following Shoulder Arthroplasty: Results of a Prospective Randomized Controlled Trial, *Journal of Shoulder and Elbow Surgery International*, 9(4):1274-1281. doi: 10.1016/j.jseint.2025.03.010.
 47. Courtney, R. L., Lund, B. C., **Hadlandsmyth, K.** (2025). Rural-Urban Differences in Opioid Prescribing in Veteran Health Administration. *Journal of Rural Health*, 41(1):e70014. doi: 10.1111/jrh.70014.
 46. Vaughan Sarrazin, M., Gao, Y., Jacobs, C. A., Jacobs, M. A., Schmidt, S., Davila, H., **Hadlandsmyth, K. E.**, *Strayer, A. L., Cashy, J., Wehby, G., Shireman, P. K., Hall, D. E. (2024). Private sector readmissions and performance metrics for inpatient surgery in Veterans Affairs hospitals. *JAMA Network Open*, 7(12):e2452056. doi: 10.1001/jamanetworkopen.2024.52056.
 45. *Shahid, K. N., **Hadlandsmyth, K. E.**, Brainerd, D. R. & Lund, B. C. (2024). Characteristics of incident benzodiazepine recipients among US veterans with posttraumatic stress disorder. *Am J Health Syst Pharm*. DOI: 10.1093/ajhp/zxae311. PMID: 39471357.
 44. Davila, H., Gao, Y., **Hadlandsmyth, K.**, *Strayer, A. L., Jacobs, M. A., Tessler, R. A., Shireman, P. K., Wehby, G. L., Schmidt, S., Hausmann, L. R. M., Jacobs, C. A., Hall, D. E., Vaughan Sarrazin, M. Receipt of Home Health and 30-day Outcomes Among Veterans with Dementia Following Inpatient Surgery. *J Am Med Dir Assoc*, 105291. doi: 10.1016/j.jamda.2024.105291.

43. Duncan, C. A., Jacobs, M. A., Gao, Y., Mader, M., Schmidt, S., Davila, H., **Hadlandsmvth, K. E.**, Shireman, P. K., Hausmann, L. R. M., Tessler, R. A., Sarrazin, M. V. & Hall, D. E. (2024). Care fragmentation, social determinants of health, and postoperative mortality in older Veterans. *J Surg Res* 300 514-525. DOI: 10.1016/j.jss.2024.04.082.
42. **Hadlandsmvth, K. E.**, Lund, B. C., Gao, Y., *Strayer, A. L., Davila, H. W., Hausmann, L. R. M., Schmidt, S., Shireman, P. K., Jacobs, M. A., Mader, M. J., Tessler, R. A., Duncan, C. A., Hall, D. E. & Sarrazin, M. V. (2024). Social determinants of long-term opioid use following total knee arthroplasty. *J Knee Surg* 37 (10) 742-748. DOI: 10.1055/s-0044-1786021.
41. *Adamowicz, J. L., Thomas, E. B. K., Lund, B. C., Driscoll, M. A. & **Hadlandsmvth, K. E.** (2024). United States Veterans with comorbid chronic fatigue syndrome and chronic pain: do women differ from men? *Fatigue* 12 (3) 238-245. DOI: 10.1080/21641846.2024.2350301.
40. **Hadlandsmvth, K. E.**, *Zhuang, C., Driscoll, M. A. & Lund, B. C. (2024). Comorbid chronic pain and post-traumatic stress disorder: current rates and psychiatric comorbidities among U.S. military veterans. *Mil Med*. DOI: 10.1093/milmed/usae313.
39. Stewart Steffensmeier, K., **Hadlandsmvth, K. E.**, Ball, D., Johnson, N. L., Van Tiem, J. & Lund, B. C. (2024). What's gender got to do with it: accounting for differences in incident guideline discordant prescribing for PTSD among women and men veterans. *J Clin Psychiatry* 85 (2) 23m15174. DOI: 10.4088/JCP.23m15174.
38. Ituk, U. S., Dexter, F. & **Hadlandsmvth, K. E.** (2024). Lateness of acetaminophen and non-steroidal anti-inflammatory drug administrations in a retrospective cohort of medication administration records among patients after cesarean delivery. *Cureus* 16 (5) e61433. DOI: 10.7759/cureus.61433.
37. Johnson, N. L., Steffensmeier, K. S., Garvin, L. A., *Adamowicz, J. L., *Obrecht, A. A., *Rothmiller, S. J., Sibenaller, Z. A., Stout, L. R., Driscoll, M. A. & **Hadlandsmvth, K. E.** (2024). "It made me not want to see him...": the role of patient-provider communication in influencing rural-dwelling women veterans' motivation to seek health care for managing chronic pain. *Health Commun* 39 (6) 1161-1174. DOI: 10.1080/10410236.2023.2207280.
36. **Hadlandsmvth, K. E.**, Driscoll, M. A., Johnson, N. L., *Mares, J. G., Mengeling, M. A., Thomas, E. B. K., Norman, S. B. & Lund, B. C. (2024). Veterans with chronic pain: examining gender differences in pain type, overlap, and the impact of post-traumatic stress disorder. *Eur J Pain*. DOI: 10.1002/ejp.2258.
35. Mosher, H. J., **Hadlandsmvth, K. E.**, Alexander, B. & Lund, B. C. (2024). Continuation of buprenorphine during hospitalization and subsequent retention in therapy: an observational study in Veterans Administration hospitals. *J Gen Intern Med* 39 (2) 207-213. DOI: 10.1007/s11606-023-08420-z.
34. *Rothmiller, S. J., Lund, B. C., Burgess, D. J., Lee, S. & **Hadlandsmvth, K. E.** (2023). Race differences in Veteran's Affairs emergency department utilization. *Mil Med* 188 (11-12) 3599-3605. DOI: 10.1093/milmed/usac152.
33. *Adamowicz, J. L., Thomas, E. B. K., Lund, B. C., Driscoll, M. A., Vander Weg, M. & **Hadlandsmvth, K. E.** (2023). A population-based investigation into the prevalence of

- chronic fatigue syndrome in United States military Veterans with chronic pain. *Fatigue 11* (2-4) 129-141. DOI: 10.1080/21641846.2023.2239977.
32. *Pratt, A. A., **Hadlandsmyth, K. E.**, Mengeling, M. A., Thomas, E. B. K., Miell, K., Norman, S. B. & Lund, B. C. (2023). The impact of comorbid chronic pain on pharmacotherapy for veterans with post-traumatic stress disorder. *J Clin Med* 12 (14) 4763. DOI: 10.3390/jcm12144763.
 31. *Mares, J. G., Lund, B. C., *Adamowicz, J. L., Burgess, D. J., *Rothmiller, S. J. & **Hadlandsmyth, K. E.** (2023). Differences in chronic pain care receipt among veterans from differing racialized groups and the impact of rural versus urban residence. *J Rural Health* 39 (3) 595-603. DOI: 10.1111/jrh.12744.
 30. *Conrad, M., Steffensmeier, K. S., Van Tiem, J., *Obrecht, A., *Mares, J. G., Mosher, H. J., Vander Weg, M. W., Sibenaller, Z. A., Stout, L. R., Patel, P. & **Hadlandsmyth, K. E.** (2023). Military veterans' perspectives on postoperative opioid use: a secondary analysis of qualitative data. *J Perianesth Nurs* 38 (3) 483-487. DOI: 10.1016/j.jopan.2022.09.006.
 29. **Hadlandsmyth, K. E.**, Driscoll, M. A., *Mares, J. G., Au, V., Miell, K. R. & Lund, B. C. (2023). Rurality impacts pain care for female veterans similarly to male veterans. *J Rural Health* 39 (2) 313-319. DOI: 10.1111/jrh.12646.
 28. Steffensmeier, K. S., Van Tiem, J., *Obrecht, A., *Conrad, M., Vander Weg, M. W. & **Hadlandsmyth, K. E.** (2022). The impact of preoperative distress: a qualitative analysis of the perioperative pain self-management intervention. *Pain Manag Nurs* 23 (2) 212-219. DOI: 10.1016/j.pmn.2021.05.010.
 27. Liu, W., Dindo, L., **Hadlandsmyth, K. E.**, Unick, G. J., Zimmerman, M. B., St Marie, B., Embree, J., Tripp-Reimer, T. & Rakel, B. (2022). Item response theory analysis: PROMIS® anxiety form and generalized anxiety disorder scale. *West J Nurs Res* 44 (8) 765-772. DOI: 10.1177/01939459211015985.
 26. **Hadlandsmyth, K. E.**, Mosher, H. J., Bayman, E. O., *Mares, J. G., Odom, A. S. & Lund, B. C. (2022). Opioid prescribing patterns for acute pain. *Eur J Pain* 26 (7) 1523-1531. DOI: 10.1002/ejp.1980.
 25. **Hadlandsmyth, K. E.**, Bernardy, N. C. & Lund, B. C. (2022). Gender differences in medication prescribing patterns for veterans with posttraumatic stress disorder: a 10-year follow-up study. *J Trauma Stress* 35 (6) 1586-1597. DOI: 10.1002/jts.22861.
 24. **Hadlandsmyth, K. E.**, *Conrad, M., Steffensmeier, K. R., Van Tiem, J., *Obrecht, A., Cullen, J. J. & Vander Weg, M. W. (2022). Enhancing the biopsychosocial approach to perioperative care: a pilot randomized trial of the Perioperative Pain Self-Management (PePS) intervention. *Ann Surg* 275 (1) e8-e14. DOI: 10.1097/SLA.0000000000004671.
 23. Kral, L. A., Bettinger, J. J., Vartan, C. M., **Hadlandsmyth, K. E.**, Kullgren, J. & Smith, M. A. (2022). A survey on opioid tapering practices, policies, and perspectives by pain and palliative care pharmacists. *J Pain Palliat Care Pharmacother* 36 (1) 2-10. DOI: 10.1080/15360288.2022.2041147.
 22. Chimenti, R. L., Post, A. A., Silbernagel, K. G., **Hadlandsmyth, K. E.**, Sluka, K. A., Moseley, G. L. & Rio, E. (2021). Kinesiophobia severity categories and clinically meaningful symptom change in persons with Achilles tendinopathy in a cross-sectional

- study: implications for assessment and willingness to exercise. *Front Pain Res* 2 739051. DOI: 10.3389/fpain.2021.739051.
21. **Hadlandsmeyth, K. E.**, Bernardy, N. C. & Lund, B. C. (2021). Central nervous system polytherapy among veterans with posttraumatic stress disorder: changes across a decade. *Gen Hosp Psychiatry* 74 46-50. DOI: 10.1016/j.genhosppsych.2021.12.002.
 20. **Hadlandsmeyth, K. E.**, Mosher, H. J., Vander Weg, M. W., O'Shea, A. M., McCoy, K. D. & Lund, B. C. (2020). Utility of accumulated opioid supply days and individual patient factors in predicting probability of transitioning to long-term opioid use: An observational study in the Veterans Health Administration. *Pharmacol Res Perspect* 8 (2) e00571. DOI: 10.1002/prp2.571.
 19. **Hadlandsmeyth, K. E.**, Dailey, D. L., Rakel, B. A., Zimmerman, M. B., Vance, C. G., Merriwether, E. N., Chimenti, R. L., Geasland, K. M., Crofford, L. J. & Sluka, K. A. (2020). Somatic symptom presentations in women with fibromyalgia are differentially associated with elevated depression and anxiety. *J Health Psychol* 25 (6) 819-829. DOI: 10.1177/1359105317736577.
 18. **Hadlandsmeyth, K. E.**, Mosher, H. J., Bayman, E. O., Wickle, J. G. & Lund, B. C. (2020). A typology of new long-term opioid prescribing in the Veterans Health Administration. *J Gen Intern Med* 35 (9) 2607-2613. DOI: 10.1007/s11606-020-05749-7.
 17. Dexter, F., **Hadlandsmeyth, K. E.**, Pearson, A. C. & Hindman, B. J. (2020). Reliability and validity of performance evaluations of pain medicine clinical faculty by residents and fellows using a supervision scale. *Anesth Analg* 131 (3) 909-916. DOI: 10.1213/ANE.00000000000004779.
 16. Bishop, M. O., Bayman, E. O., **Hadlandsmeyth, K. E.**, Lund, B. C. & Kang, S. (2020). Opioid use trajectories after thoracic surgery among veterans in the United States. *Eur J Pain* 24 (8) 1569-1584. DOI: 10.1002/ejp.1610.
 15. **Hadlandsmeyth, K. E.**, Dindo, L. N., St Marie, B. J., Wajid, R., Embree, J. L., Noiseux, N. O., Tripp-Reimer, T., Zimmerman, M. B. & Rakel, B. A. (2020). Patient-Reported Outcomes Measurement Information System (PROMIS) instruments: reliability and validity in veterans following orthopedic surgery. *Eval Health Prof* 43 (4) 207-212. DOI: 10.1177/0163278719856406.
 14. Vance, C. G., Chimenti, R. L., Dailey, D. L., **Hadlandsmeyth, K. E.**, Zimmerman, M. B., Geasland, K. M., Williams, J. M., Merriwether, E. N., Alemo Munters, L., Rakel, B. A., Crofford, L. J. & Sluka, K. A. (2018). Development of a method to maximize the transcutaneous electrical nerve stimulation intensity in women with fibromyalgia. *J Pain Res* 11 2269-2278. DOI: 10.2147/JPR.S168297.
 13. **Hadlandsmeyth, K. E.**, Lund, B. C. & Mosher, H. J. (2019). Associations between initial opioid exposure and the likelihood for long-term use. *J Am Pharm Assoc* 59 (1) 17-22. DOI: 10.1016/j.japh.2018.09.005.
 12. **Hadlandsmeyth, K. E.**, Stewart, K. R., Paez, M. B., Steffen, M., Meth, M., Reisinger, H. S. & Mosher, H. J. (2019). Patient perspectives on opioids: views of inpatient veterans with chronic pain. *Pain Med* 20 (6) 1141-1147. DOI: 10.1093/pm/pny136.

11. **Hadlandsmayth, K. E.**, Dindo, L. N., Wajid, R., Sugg, S. L., Zimmerman, M. B. & Rakel, B. A. (2019). A single-session acceptance and commitment therapy intervention among women undergoing surgery for breast cancer: a randomized pilot trial to reduce persistent postsurgical pain. *Psycho-Oncology* 28 (11) 2210-2217. DOI: 10.1002/pon.5209.
10. Lund, B. C., Ohl, M. E., **Hadlandsmayth, K. E.** & Mosher, H. J. (2019). Regional and rural—urban variation in opioid prescribing in the Veterans Health Administration. *Mil Med* 184 (11-12) 894-900. DOI: 10.1093/milmed/usz104.
9. **Hadlandsmayth, K. E.**, Vander Weg, M. W., McCoy, K. D., Mosher, H. J., Vaughan-Sarrazin, M. S. & Lund, B. C. (2018). Risk for prolonged opioid use following total knee arthroplasty in veterans. *J Arthroplasty* 33 (1) 119-123. DOI: 10.1016/j.arth.2017.08.022.
8. Mosher, H. J., Hofmeyer, B. A., **Hadlandsmayth, K. E.**, Richardson, K. K. & Lund, B. C. (2018). Predictors of long-term opioid use after opioid initiation at discharge from medical and surgical hospitalizations. *J Hosp Med* 13 (4) 243-248. DOI: 10.12788/jhm.2930.
7. **Hadlandsmayth, K. E.**, Zimmerman, M. B., Wajid, R., Sluka, K. A., Herr, K., Clark, C. R., Noiseux, N. O., Callaghan, J. J. & Rakel, B. A. (2018). Longitudinal postoperative course of pain and dysfunction following total knee arthroplasty. *Clin J Pain* 34 (4) 332-338. DOI: 10.1097/AJP.0000000000000540. PMID: 28731957.
6. **Hadlandsmayth, K. E.**, Mosher, H., Vander Weg, M. W. & Lund, B. C. (2018). Decline in prescription opioids attributable to decreases in long-term use: a retrospective study in the Veterans Health Administration 2010-2016. *J Gen Intern Med* 33 (6) 818-824. DOI: 10.1007/s11606-017-4283-8.
5. Dindo, L., Zimmerman, M. B., **Hadlandsmayth, K. E.**, St. Marie, B., Embree, J., Marchman, J., Tripp-Reimer, T. & Rakel, B. (2018). Acceptance and commitment therapy for prevention of chronic postsurgical pain and opioid use in at-risk veterans: a pilot randomized controlled study. *J Pain* 19 (10) 1211-1221. DOI: 10.1016/j.jpain.2018.04.016.
4. **Hadlandsmayth, K. E.**, Sabic, E., Zimmerman, M. B., Sluka, K. A., Herr, K. A., Clark, C. R., Noiseux, N. O., Callaghan, J. J., Geasland, K. M., Embree, J. L. & Rakel, B. A. (2017). Relationships among pain intensity, pain-related distress, and psychological distress in pre-surgical total knee arthroplasty patients: a secondary analysis. *Psychol Health Med* 22 (5) 552-563. DOI: 10.1080/13548506.2016.1189581.
3. **Hadlandsmayth, K. E.**, White, K. S. & Krone, R. J. (2013). Quality of life in patients with non-CAD chest pain: associations to fear of pain and psychiatric disorder severity. *J Clin Psychol Med Settings* 20 (3) 284-293. DOI: 10.1007/s10880-012-9347-7.
2. **Hadlandsmayth, K. E.**, Rosenbaum, D. L., Craft, J. M., Gervino, E. V. & White, K. S. (2013). Health care utilization in patients with non-cardiac chest pain: a longitudinal analysis of chest pain, anxiety and interoceptive fear. *Psychol Health* 28 (8) 849-861. DOI: 10.1080/08870446.2012.762100. PMID: 23346941.
1. **Hadlandsmayth, K. E.** & Vowles, K. E. (2009). Does depression mediate the relation between fatigue severity and disability in chronic fatigue syndrome sufferers? *J Psychosom Res* 66 (1) 31-35. DOI: 10.1016/j.jpsychores.2008.08.002. PMID: 19073290.

Peer-reviewed non-data-based journal articles

1. **Hadlandsmyth, K. E.**, Burgess, D. J., Leparski, R. F., Odom, A. S., Campbell, E. J., *Obrecht, A. A., *Adamowicz, J. L., Cho, H., Stewart Steffensmeier, K., Johnson, N. L., Richards, C. C., Vander Weg, M. W., Lund, B. C., Yoon, P. & Mosher, H. J. (2022). The Perioperative Pain Self-Management (PePS) randomized controlled trial protocol: preventing chronic post-surgical pain and prolonged opioid use. *Contem Clin Trials*, 118:106810. doi: 10.1016/j.cct.2022.106810.
2. Roddy, M. K., Boykin, D. M., **Hadlandsmyth, K. E.**, Marchman, J. N., Green, D. M., Buckwalter IV, J. A., Garvin, L., Zimmerman, M. B., Bae, J., Cortesi, J., Rodrigues, M., Embree, J. L., Rakel, B. A. & Dindo, L. (2020). One-day acceptance and commitment therapy workshop for preventing persistent post-surgical pain and dysfunction in at-risk veterans: a randomized controlled trial protocol. *J Psychosom Res* 138 110250. DOI: 10.1016/j.jpsychores.2020.110250.
3. **Hadlandsmyth, K. E.**, White, K. S., Nesin, A. E. & Greco, L. A. (2013). Proposing an acceptance and commitment therapy intervention to promote improved diabetes management in adolescents: a treatment conceptualization. *Int J Behav Consult Ther* 7 (4) 12-15. DOI: 10.1037/h0100960.

Under peer review (data-based publications)

1. Johnson, N. L., Stewart Steffensmeier, K., Driscoll, M. A., Garvin, L. A., Hart, K., J., **Hadlandsmyth, K.** (Under review). “It’s nice to know you’re not along”: Lessons from Rural Women Veterans’ Experiences with a Chronic Pain Management Group.
2. Walhof, J. E. F., Johnson, N. L., Nettleton, S., Diesel, S., Alexander, B., Vander Weg, M., **Hadlandsmyth, K.**, Jenkins, N., Garvin, L., Hart, K., Drwal, K., Thomas, E. B. K. (Under Review). Healing the “entire mind, body, and heart”: Veteran experiences with lifestyle Rehabilitation.
3. Liu, W., Kim, K. S., Embree, J., Zimmerman, M. B., **Hadlandsmyth, K.**, Garvin, L., Strayer, A., Buckwalter, J. A., Green, D. M., Dindo, L., Rakel, B. (Under Review). Brief pain inventory in veterans: Confirmatory factor analyses and item response theory analyses.
4. Ball, D. D., Johnson, N. L., Van Tiem, J. M., **Hadlandsmyth, K.**, *Pratt, A. A., Lund, B. C., Stewart Steffensmeier, K. (Under Review). A Socio-ecological Analysis of Self-Stigma and Its Impact on Health Care Seeking for PTSD Suffering among Men and Women U.S. Military Veterans.
5. *Pratt, A. A., **Hadlandsmyth, K.**, Sadler, A. G., Thomas, E. B. K., Vander Weg, M., Ryan, G. L., Mengeling, M. (Under Review). Peripartum Mood and Anxiety Disorders among Women Veterans: Differences by Reporting Source. *Women’s Health Issues*.
6. Howland, C., Lund, B. C., **Hadlandsmyth, K.** (Under Review). GLP-1RA Discontinuation among Veterans with Type 2 Diabetes and Irritable Bowel Syndrome.
7. **Hadlandsmyth K.**, Cho, H., Odom, A. S., *Adamowicz, J. L., *Hunsicker, M. J., Stewart Steffensmeier, K., Johnson, N. L., Vander Weg, M. W., Lund, B. C., Mosher, H. J., Olswing, A. D., Burgess, D. J. (Under review). The Perioperative Pain Self-Management (PePS)

Randomized Controlled Trial: Preventing Chronic Post-Surgical Pain and Prolonged Opioid Use.

8. Tong, S. T., Burgess, D. J., Evans, R., Patel, K. V., **Hadlandsmyth, K.** (Under Review). Co-Development of Research in Rural Communities based on Community Engagement from two Rural Chronic Pain Studies.

In Preparation (data-based publications)

1. Leininger, B. D., **Hadlandsmyth, K.**, Burgess, D. J., Taylor, B. C., Cross, L. J. S., Behrens, K., Bangerter, A., Campbell, E. M. H., Haley, A. C., Taylor, J. S. L., Evans, R. (In preparation). Reaching Rural Veterans - Applying Mind-Body Skills for Pain Using a Whole Health Telehealth Intervention in Addition to Usual Care: a randomized trial protocol
2. Howland, C., Lund, B. C., Fleagle, T., **Hadlandsmyth, K.** (In Preparation). The impact of chronic pain and rurality on the transition from pre-diabetes to diabetes among Veterans.
3. *Behymer, C., **Hadlandsmyth, K.**, Shekleton, K., Lund, B. C. (In Preparation). Opioid Prescribing in Rural and Urban Veterans from 2000-2012.

Chapters

1. **Hadlandsmyth, K. E.**, Walia, A. K. & Rastogi, R. (2019). Chapter 79: Common emotional problems and psychiatric disorders associated with pain. In Abd-Elseyed, A. (Eds.) *Pain: A Review Guide*. (1st Edition), pp. 361-364. New York, NY: Springer International Publishing. DOI: 10.1007/978-3-319-99124-5_79.
2. Walia, A. K., **Hadlandsmyth, K. E.** & Rastogi, R. (2019). Chapter 76: Individual differences in affective, cognitive and behavioral components of pain. In Abd-Elseyed, A. (Eds.) *Pain: A Review Guide*. (1st Edition), pp. 349-352. New York, NY: Springer International Publishing. DOI: 10.1007/978-3-319-99124-5_76.

Other Invited Publications

1. Friedman JK, Fenwick K, Driscoll M, Krebs EE, Heapy A, **Hadlandsmyth KE**, Yano EM. (2025). Chronic pain in women Veterans. *VA Women's Health Research Network* (VA HSR SDR 10-012).
2. **Hadlandsmyth, K.** (2024). Clinicians Corner: Co-occurring Chronic Pain and Posttraumatic Stress Disorder, *International Society of Traumatic Stress Studies*.
3. Murphy, J. L., Driscoll, M. A., Odom, A. S. & **Hadlandsmyth, K. E.** (2022). Posttraumatic stress disorder and chronic pain. *VA National Center for PTSD Quarterly Review* 33 (2) 1-10.

Other Invited Multimedia

1. Hadlandsmyth, K. and Murphy, J. L. (2024). Managing Co-occurring Chronic Pain and Posttraumatic Stress Disorder, on the *PTSD Matters* VA podcast.
2. Larsen, S. E. & **Hadlandsmyth, K.** (2023). Chronic Pain and PTSD. *PTSD: National Center for PTSD*. https://www.ptsd.va.gov/professional/treat/cooccurring/chronic_pain_guide.asp
3. Chimenti, R. L. & **Hadlandsmyth, K. E.** (2020). Lecture 1 - Peripheral versus central pain in patients with chronic Achilles tendinopathy. In Houck, J. (Eds.) 50/50 Lecture Series. Beyond Biopsychosocial: Optimizing Health Across Communities (beyondbiopsychosocial.com) in collaboration with George Fox University. <https://www.beyondbiopsychosocial.com/5050lectureseries>

GRANTS

Extramural - Active

1. Caring for Complex Rural Veterans with Chronic Pain: Nociplastic Pain and Chronic Overlapping Pain Conditions; Veterans Health Administration Office of Rural Health; Hadlandsmyth, Katherine (Principal Investigator)
 - ORH # 04244
 - Role: Principal Investigator
 - Oct 1, 2024 - Sep 30, 2026
2. Reaching Rural Veterans: Applying Mind-Body Skills for Pain Using a Whole Health Telehealth; National Institutes of Health (NIH), National Institute of Nursing Research; Hadlandsmyth, Katherine (Principal Investigator), Burgess, Diana (Principal Investigator), Evans, Roni (Principal Investigator)
 - UG3 NR020929/UH3 NR020929-02
 - Role: Multiple Principal Investigator
 - Aug 23, 2023 - July 31, 2028
3. ACT for health promotion among rural Veterans; Veterans Health Administration Office of Rural Health; Thomas, Emily (Principal Investigator), Hadlandsmyth, Katherine (Co-Investigator)
 - ORH # 04129
 - Role: Co-Investigator
 - Oct 1, 2023 - Sep 30, 2026

4. Preventing Chronic Post-Surgical Pain and Prolonged Opioid Use: The Perioperative Pain Self-Management Program; U.S. Department of Veterans Affairs, Health Services Research & Development (HSR&D); Hadlandsmeyth, Katherine (Principal Investigator)
 - IIR 20-115
 - Role: Principal Investigator
 - Aug 1, 2021 - Jul 31, 2026

Intramural Active

1. Feasibility and Acceptability of Mobile App Delivered Mind-Body Physical Activity Intervention for Rural Older Adults with Type 2 Diabetes (PI: Howland)
 - Funding Source: Kathryn Sleck Schweer Research Award
 - Role: Co-Investigator (contributed)
 - Dates: 2025 – 2026

Extramural – Under Review

1. Access to centrally-Delivered, individually-Adapted Pain Treatment (ADAPT) for Women Veterans with Chronic Overlapping Pain Conditions (COPCs): A Hybrid Type 1 Randomized Effectiveness Trial (Co-PIs: Driscoll and Heapy)
 - VA HSRD Merit Application
 - Role: Consultant
 - Aug 1, 2027 – Sept 30, 2031
2. Needs Assessment of Rural Women Veterans' Healthcare Managing Perimenopause and Menopause Symptoms (resubmission); (PI: Johnson)
 - Veterans' Health Administration Office of Rural Health
 - Role: Co-Investigator 10%
 - Oct 1, 2026 - Sep 30, 2028

Completed – Extramural

1. Preventing Persistent Post-Surgical Pain and Opioid Use in Veterans: Effect of ACT; Rakel, Barbara (Principal Investigator), Hadlandsmeyth, Katherine (Investigator)
 - R34 AT008349
 - Role: Co-investigator
 - Oct 20, 2014 - Aug 31, 2016

2. Effective Hospital Practices to Prevent Immediate and Delayed Opioid Adverse Events While Improving Pain and Functional Outcomes; U.S. Department of Veterans Affairs; Mosher (Principal Investigator), Hadlandsmayth, Katherine (Co-Investigator)
 - VA Quality Enhancement Research Initiative
 - May 1, 2018 - Apr 30, 2019
3. Telephone-Cognitive Behavioral Therapy in Veterans at Risk for Chronic Postsurgical Pain; Veterans Health Administration Office of Rural Health; Hadlandsmayth, Katherine (Principal Investigator)
 - VA Office of Rural Health
 - Oct 1, 2017 - Sep 30, 2020
4. Opioid Prescribing Following Acute Pain Presentation: A Mixed-Methods Pilot to Develop Early Intervention Strategies; Hadlandsmayth, Katherine (Principal Investigator)
 - U.S. Department of Veterans Affairs, HSR&D SWIFT Pilot
 - Oct 1, 2020 - Sep 30, 2021
5. Admission as Disruption: A Retrospective Cohort Study of Buprenorphine Treatment Continuation on Hospitalized Veterans; Mosher, Hilary (Principal Investigator), Hadlandsmayth, Katherine (Co-Investigator)
 - VA Pain/Opioid Core Pilot Program
 - Oct 1, 2021 - Sep 30, 2022
6. Opioid Prescribing Following Acute Pain Presentation: Predicting Risk for Long-Term Opioid Use; Hadlandsmayth, Katherine (Principal Investigator)
 - University of Iowa Anesthesia Research Institute
 - Jan 1, 2020 - Dec 31, 2022
7. Chronic Pain Care for Rural Women Veterans; Hadlandsmayth, Katherine (Principal Investigator)
 - VA Office of Rural Health: ORH # 16023
 - Oct 1, 2020 - Sep 30, 2023
8. Preventing Persistent Post-Surgical Pain and Dysfunction in At-Risk Veterans: Effect of a Brief Behavioral Intervention; Rakel, Barbara A (Principal Investigator), Dindo, Lilian N (Principal Investigator), Hadlandsmayth, Katherine (Co-Investigator)
 - NINR R01 NR017610-01A1
 - Feb 8, 2019 - Nov 30, 2023

9. Addressing Disparities in Pain Care: A Mentored Research Proposal; Hadlandsmyth, Katherine (Principal Investigator/Mentor); Mentee: Shamira Rothmiller
 - Veterans Affairs Office of Research & Development: Supplements to Promote Diversity
 - Aug 1, 2021 - Jul 31, 2023
10. Associations Between Chronic Pain and PTSD (APAP); Veterans Health Administration Office of Rural Health; Hadlandsmyth, Katherine (Principal Investigator)
 - ORH 03857
 - Oct 1, 2022 - Sep 30, 2024
11. Older Rural Veterans Post-Acute Care Experiences after Spine Surgery: How to “Recover in Place”; Veterans Health Administration Office of Rural Health; Strayer, Andrea (Principal Investigator); Hadlandsmyth, Katherine (Co-Investigator)
 - Oct 1, 2024 - Sep 30, 2025
12. Understanding Decisions Leading to Rural Disparities in Prescribing for Veterans with PTSD: A Qualitative Study; Veterans Health Administration Office of Rural Health; Steffensmeier, Stewart (Principal Investigator), Hadlandsmyth, Katherine (Co-Investigator)
 - Oct 1, 2023 - Sep 30, 2025
13. Understanding the Effect of Rurality and Social Risk Factors on Barriers to Care and Surgical Outcomes; U.S. Department of Veterans Affairs, Health Services Research & Development (HSR&D); Hall, Daniel E (Co-Principal Investigator), Vaughn Sarrazin, Mary (Co-Principal Investigator), Hadlandsmyth, Katherine (Co-Investigator)
 - IIR 19-414
 - Oct 1, 2021 - Sep 30, 2025

Completed – Intramural

14. Quality of Life in Patients with Non-Cardiac Chest Pain: The Impact of Psychiatric Disorder Severity, Fear of Pain, and Pain Catastrophizing; University of Missouri; Hadlandsmyth, Katherine (Principal Investigator)
 - University of Missouri-St. Louis Dissertation Funding
 - Jan 1, 2010 - May 1, 2011

15. Preventing Persistent Pain and Reducing Depressive and Anxious Symptoms Following Mastectomy or Lumpectomy; Diana Benz Seed Grant; Hadlandsmyth, Katherine (Principal Investigator)
 - Holden Comprehensive Cancer Center Pilot Award
 - Dec 1, 2014 - Nov 30, 2017
16. Post-operative Opioid Education for Total Shoulder Replacement Patients; Patterson, Brendan (Principal Investigator); Hadlandsmyth, Katherine (Co-Investigator/Mentor)
 - University of Iowa Department of Surgery Pilot
 - Jul 1, 2022 - Jun 30, 2023

Training Grants

Awarded as a Mentor

1. Developing and evaluating a brief consultation intervention for women Veterans with chronic overlapping pain; Veterans Health Administration Health Services Research & Development (HSR&D); *Adamowicz, Jenna (Principal Investigator); Hadlandsmyth, Katherine (Co-mentor)
 - VISN 1 Career Development Award (CDA-1)
 - Oct 1, 2026 – Sept 30, 2028

Under Review as a Mentor

2. A Brief Tailored Intervention for Rural Veterans with Chronic Pain; Veterans Health Administration Health Services Research & Development (HSR&D); Courtney, Rena (Principal Investigator); Hadlandsmyth, Katherine (Co-mentor)
 - Career Development Award-2 (CDA-2)
 - Oct 1, 2027 – Sept 30, 2032

Awarded As a Trainee

1. Interdisciplinary Training in Pain Research; Hammond, Donna (Principal Investigator), Hadlandsmyth, Katherine (Postdoctoral Fellow)
 - T32NS045549
 - Oct 20, 2014 - Oct 19, 2016

PRESENTATIONS

**Indicates a trainee (undergraduate, graduate, resident, or postdoctoral fellow)*

Conference Presentations

International

- Oct 2025 Thomas, E. B. K., Garvin, L. A., Hart, K., Nettleton, S., Williams, M. A., Johnson, N., **Hadlandsmyth, K.**, Vander Weg, M., Jenkins, N., Drwal, K., Alexander, B., Carlson, A., Filip, T., & McClellan, N. (2025, October 10). *Tailoring ACT to rural-dwelling Veterans with cardiovascular disease: Integrating flexibility into brief behavior change interventions*. [Oral presentation]. Global CBS Exchange, Association for Contextual Behavioral Science.
- Mar 2019 **Hadlandsmyth, K.**, Dindo, L., Sugg, S., Zimmerman, M. B., Stout, L. & Rakel, B. A. A Single Session Psychological Intervention for Women Undergoing Surgery for Breast Cancer: A Pilot. Presented at 77th Annual Scientific Meeting of the American Psychosomatic Society, American Psychosomatic Society, Vancouver, BC, Canada. Symposium
- Nov 2018 **Hadlandsmyth, K. E.**, Dindo, L., Sugg, S., Zimmerman, M. B., Stout, L. & Rakel, B. A. A Pilot Trial of a Brief Acceptance and Commitment Therapy Intervention Aiming to Prevent Persistent Postsurgical Pain. Presented at 15th International Congress of Behavioral Medicine, International Society of Behavioral Medicine (ISBM) Symposium
- Jul 2009 Vowles, K., Catchpool, N., Johnson, A., Bristow, K. & **Hadlandsmyth, K.** Measuring Acceptance and Fusion in Individuals Seeking Treatment for Chronic Fatigue. Presented at Association for Contextual Behavioral Science World Conference III, Association for Contextual Behavioral Science, Enschede, Netherlands. Symposium

National

- Mar 2024 **Hadlandsmyth, K. E.**, Johnson, N. L. & Driscoll, M. A. Treating the Complex Patient with Chronic Pain and Posttraumatic Stress Disorder: A Multilevel Perspective. Presented at the 40th Annual American Academy of Pain Medicine Meeting, American Academy of Pain Medicine, Scottsdale, Arizona. Symposium
- Feb 2020 **Hadlandsmyth, K. E.**, Steffensmeier, K., Van Tiem., J. & Vander Weg, M. Access to Self-Management Interventions Among Rural-Dwelling Patients with Chronic Pain. Presented at American Academy of Pain Medicine's Annual Meeting, American Academy of Pain Medicine, Washington D.C. Symposium

Invited Talks

International

- Feb 2025 **Hadlandsmyth, K.** Preventing Persistent Postsurgical Pain: The Perioperative Pain Self-Management (PePS) Intervention. Presented as part of a panel presentation to the Acute Pain SIG of the International Association for the Study of Pain (IASP), Virtual.

National

- Feb 2026 Burgess, D., Evans, R. **Hadlandsmyth, K.** Applying Mind-Body Skills for Pain Using a Whole Health Telehealth Intervention (RAMP): Early Progress and Lessons Learned. Presented virtually to the NIH Pragmatic Trials Collaboratory Grand Rounds series.
- April 2025 **Hadlandsmyth, K.** Comorbid chronic pain and posttraumatic stress disorder (PTSD). Presented on a national VA call as part of the 'MIRECC Presents' series to over 950 attendees.
- May 2024 **Hadlandsmyth, K.** Lessons and Challenges engaging Rural Patients: A Panel presentation and discussion. Presented at the NIH Pragmatic Trials Collaboratory, Bethesda, MD.
- Aug 2024 **Hadlandsmyth, K. E., Driscoll, M., Johnson, N.** Managing the Complex Patient with Chronic Pain and Posttraumatic Stress Disorder: A Workshop. Presented at the Department of Defense's Annual Pain Care Skills Training, virtual.
- Feb 2024 **Hadlandsmyth, K. E.** A Novel Approach to Tailored Chronic Pain Care for Rural-Dwelling Women Veterans. Presented at Rural Community Call, VA Office of Rural Health, Virtual.
- Nov 2023 **Hadlandsmyth, K. E.** Chronic Pain and PTSD: Overlap, Impacts, and Treatment Implications. Presented at VA Behavioral Pain Management Community of Practice Call, U.S. Department of Veterans Affairs, Virtual.
- Nov 2022 **Hadlandsmyth, K. E. & Garving, L.** Treating Co-occurring Chronic Pain and PTSD. Presented at VA National Center for PTSD Consultation Program Lecture Series, VA National Center for PTSD, Virtual.
- Nov 2022 **Hadlandsmyth, K. E.** Gender Differences in Medication Prescribing Patterns for Veterans with PTSD. Presented at Weekly Meeting, VA National Chief Medical Officers and VISN Chief Nursing Officers/Quality Management Officers, Virtual Conference.
- Aug 2021 **Hadlandsmyth, K. E.** Rural-Dwelling Women Veterans with Chronic Pain. Presented at Monthly Rural Community Call, Veterans Health Administration Office of Rural Health, Virtual Conference.
- May 2021 **Hadlandsmyth, K. E. & Mosher, H.** Pain and Opioids. Presented at VHA Opioid Safety and Risk Mitigation National COP Call, Veterans Health Administration, Virtual.

Visiting Professorship

- Sep 2019 **Hadlandsmyth, K.** An accessible psychological intervention to promote surgical pain self-management among rural veterans. Presented at Yale Pain Research Group, PRIME Center - VA Connecticut Healthcare System, West Haven, Connecticut. Visiting Professorship
- Jun 2019 **Hadlandsmyth, K.** Surgical pain self-management program: a pilot study. Presented at Stanford University, Stanford Medical School, Stanford, California. Visiting Professorship

Local

- Feb 2021 **Hadlandsmyth, K.** E. Meeting the Pain Care Needs of Rural Women Veterans with Chronic Pain. Presented at the University of Iowa College of Nursing Research Forum, University of Iowa, College of Nursing, Iowa City, Iowa.
- May 2019 **Hadlandsmyth, K.** Research presentation. Presented at Reproductive Endocrinology Work in Progress Group, University of Iowa Health Care, Iowa City, Iowa.

Posters

International

- Aug 2024 Liu, W., Kim, K. S., Embree, J., Zimmerman, M. B., **Hadlandsmyth, K.** E., Smith, T. L., Buckwalter, J. A., Green, D. M., Dindo, L. & Rakel, B. A. Brief Pain Inventory in Older Adults: Confirmatory Factor Analyses and Item Response Theory Analyses. Presented at the 2024 World Congress on Pain, International Association for the Study of Pain (IASP), Amsterdam, Netherlands.
- Aug 2024 Rakel, B., Zimmerman, M. B., Liu, W., Strayer, A., Bjornson, S., Garvin, L., **Hadlandsmyth, K.**, Smith, T. & Dindo, L. Preoperative Predictors of Pain Severity 6 Weeks Following Total Knee Arthroplasty. Presented at the 2024 World Congress on Pain, International Association for the Study of Pain (IASP), Amsterdam, Netherlands.
- Aug 2023 Garvin, L., Stewart Steffensmeier, K., Johnson, N., Adamowicz, J., Obrecht, A., Rothmiller, S., Driscoll, M. & **Hadlandsmyth, K.** E. A Novel Approach to Tailored Chronic Pain Care for Rural-Dwelling Women Veterans of the United States Military. Presented at the 17th International Congress of Behavioral Medicine, International Society of Behavioral Medicine, Vancouver, BC, Canada.
- Sep 2022 **Hadlandsmyth, K.** E., Stewart Steffensmeier, K., Johnson, N. L., Garvin, L. A., Sibenaller, Z. A., Mares, J. G. & Driscoll, M. A. Tailoring Chronic Pain Care to Meet the Needs of Rural-Dwelling Women Veterans. Presented at 2022 World Congress on Pain, International Association for the Study of Pain (IASP), Toronto, Canada.

- Sep 2022 Kim, K. S., Zimmerman, M. B., Liu, W., **Hadlandsmyth, K.**, Smith, T., Embree, J., Rodriguez, M., Buckwalter, J., Green, D., Garvin, L. Dindo, L. & Rakel, B. A. Profiling and comparing veterans at risk for persistent post-surgical pain prior to total knee arthroplasty by psychological risk factors. Presented at 2022 World Congress on Pain, International Association for the Study of Pain (IASP), Toronto, Canada.
- Jun 2021 Rakel, B, Dindo, L., Embree, J., Rodriques, M., **Hadlandsmyth, K.**, Boykin, D., Cortesi, J., Roddy, M., Zimmerman, M. B. & Marchman, J. Preventing Persistent Post-Surgical Pain and Dysfunction in At-Risk Veterans undergoing Total Knee Arthroplasty: “At-Risk” Profiles. Presented at International Association for the Study of Pain World Congress, International Association for the Study of Pain, Virtual Conference.
- Jun 2021 Mares, J., Conrad, M., Stewart Steffensmeier, K., Van Tiem, J., Obrecht, A., Mosher, H., Vander Weg, M. & **Hadlandsmyth, K.** Patient Perspectives on Multidisciplinary Post-Surgical Pain Management. Presented at International Association for the Study of Pain World Congress, International Association for the Study of Pain, Virtual Conference.
- Sep 2016 **Hadlandsmyth, K.**, Eschker, E., Embree, J., Dindo, L., Tripp-Reimer, T., St. Marie, B., Noiseux, N., Johnston, R., Zimmerman, B. & Rakel, B. A. Methodological Challenges and Solutions to Evaluating a Preventive Non-Pharmacological Intervention for United State Military Veterans At-Risk for Persistent Post-Surgical Pain and Prolonged Opioid Use. Presented at World Congress, International Association for the Study of Pain, Yokohama, Japan.
- Sep 2016 St. Marie, B., Reimer, T., Allen, J., **Hadlandsmyth, K.**, Embree, J., Wajid, R., Geasland, K., Noiseux, N., Johnston, R., Zimmerman, B., Dindo, L. & Rakel, B. A. Experience Providing a One-day ACT Workshop to Veterans at Risk for Persistent Pain and Opioid Use Following Orthopedic Surgery. Presented at World Congress, International Association for the Study of Pain, Yokohama, Japan.
- Oct 2006 **Hadlandsmyth, K.** Acceptance and Identity in Chronic Fatigue Syndrome: An Interpretative Phenomenological Analysis. Presented at Annual Chronic Fatigue Syndrome Conference, Manchester, United Kingdom.

National

- Sept 2026 Apaya, F., Midboe, A., Johnson, N., Shayegani, R., Meade, V., Cross, L., Bromley, E., **Hadlandsmyth, K.**, & Burgess, D. J. (2026). *Use of Human-Centered Design Methods to Optimize Implementation of a Virtual Mindfulness Program for Rural Patients Living with Chronic Pain*. Society for Implementation Research Collaboration (SIRC) Conference, Minneapolis, MN.

- May 2025 **Hadlandsmyth, K.**, *Adamowicz, J., Driscoll, M. A., Garvin, L., *Stout, M. E., Lund, B. C. Specialty Healthcare Use Among Rural And Urban Veterans with Fibromyalgia. United States Association for the Study of Pain, Chicago, IL.
- May 2025 *Adamowicz, J., Lund, B. C., Garvin, L., Driscoll, M. A., **Hadlandsmyth, K.** The Impact of Gender on Co-Occurring Chronic Overlapping Pain Conditions and Pharmacotherapy in Veterans with Fibromyalgia. United States Association for the Study of Pain, Chicago, IL.
- Nov 2024 Liu, W., Zimmerman, M. B., **Hadlandsmyth, K.**, Smith, T. L., Buckwalter, J., Green, D., Dindo, L. & Rakel, B. A. Depression anxiety stress scale in older adults: item response theory and confirmatory factor models. Presented at 76th Annual Scientific Meeting, Gerontological Society of America (GSA), Seattle, Washington.
- Apr 2024 Jacobs, M. A., Gao, Y., Schmidt, S., Shireman, P. K., Mader, M. J., Duncan, C. A., Davila, H., **Hadlandsmyth, K. E.**, Hausmann, L. R. M., Tessler, R. A., Strayer, A., Vaughan-Sarrazin, M. S. & Hall, D. E. Associations between Social Determinants of Health and Surgical Desirability of Outcome Ranking (DOOR) in older Veterans. Presented at Association of VA Surgeons Annual Meeting, Miami Beach, Florida.
- Apr 2024 **Hadlandsmyth, K. E.**, Driscoll, M. A., Johnson, N. L., Mares, J. G., Mengeling, M. A., Thomas, E. B. K., Norman, S. B. & Lund, B. C. Multiple Pain Conditions: Overlap, Gender Differences, and Associations with PTSD Among Veterans. Presented at USASP Annual Scientific Meeting, US Association for the Study of Pain, Seattle, Washington.
- Jul 2023 Adamowicz, J. L., Thomas, E. B., Driscoll, M. A. & **Hadlandsmyth, K. E.** A Population-Based Investigation Into the Overlap of Chronic Fatigue Syndrome Among Veterans with Chronic Pain. Presented at Annual Meeting of the International Association for Chronic Fatigue Syndrome (IACFS) and Myalgic Encephalomyelitis (ME), International Association for Chronic Fatigue Syndrome (IACFS) / Myalgic Encephalomyelitis (ME), Stony Brook, New York.
- Apr 2023 Johnson, N. L., Steffensmeier, K. S., Garvin, L. A., Adamowicz, J. L., Obrecht, A. A., Rothmiller, S. J., Sibenaller, Z., Stout, L., Driscoll, M. A., & **Hadlandsmyth, K. E.** "It Made Me Not Want to See Him...": Understanding Rural-Dwelling Women Veterans' Motivation to Seek Health Care for Managing Chronic Pain. Presented at Society for Applied Anthropology Annual Meeting, Society for Applied Anthropology, Cincinnati, Ohio.
- Apr 2023 Jacobs, M. A., Duncan, C. A., Gao, Y., Davila, H., Schmidt, S., **Hadlandsmyth, K. E.**, Shireman, P. K., Sarrazin, M. V. & Hall, D. E. Association of 30-Day Surgical Mortality with Race/Ethnicity, Rurality, Area Deprivation, and Preoperative VA Care Among Older Veterans. Presented at the Association of VA Surgeons Annual Meeting, Association of VA Surgeons, Madison, Wisconsin.

- Feb 2023 **Hadlandsmyth, K. E.**, Gavin, L. A., Stewart Steffensmeier, K. R., Johnson, N. L., Adamowicz, J. L., Obrecht, A. A., Rothmiller, S. J., Sibenaller, Z. A., Stout, L. R. & Driscoll, M. A. Tailoring Chronic Pain Care for Rural Women Veterans: A Feasibility Pilot. Presented at VA Health Services Research & Development (HSR&D) / QUERI National Meeting, US Department of Veterans Affairs, Bethesda, Maryland.
- Sep 2022 **Hadlandsmyth, K.**, Stewart Steffensmeier, K., Johnson, N., Garvin, L., Sibenaller, Z., Mares, J. & Driscoll, M. Tailoring Chronic Pain Care to Meet the Needs of Rural-Dwelling Women Veterans. Presented at Veterans Affairs VISN 23 Research Conference, St. Paul, Minnesota.
- May 2022 Mares, J., Adamowicz, J., Lund, B., Burgess, D., Rothmiller, S. & **Hadlandsmyth, K.** Differences in Chronic Pain Care among Veterans from Differing Racial and Ethnic Groups: Primary Care, Pain Clinic, Physical Therapy, and Emergency/urgent Care Visits. Presented at United States Association for the Study of Pain Annual Meeting, United States Association for the Study of Pain, Cincinnati, Ohio.
- May 2022 Adamowicz, J., Mares, J., Lund, B., Burgess, D., Rothmiller, S. & **Hadlandsmyth, K.** Racial and Ethnic Disparities in Chronic Pain-Related Mental Health Care in a Cohort of U.S. Military Veterans. Presented at United States Association for the Study of Pain Annual Meeting, United States Association for the Study of Pain, Cincinnati, Ohio.
- Jul 2020 Stewart Steffensmeier, K., Van Tiem, J., Conrad, M., Obrecht, A., VanderWeg, M. & **Hadlandsmyth, K. E.** It's Not Just "Foofoo Magic": Patient Perspectives On Telephone-Delivered Cognitive-behavioral Therapy To Enhance Post-surgical Pain Management. Presented at AcademyHealth's 2020 Annual Research Meeting, AcademyHealth, Virtual Conference.
- Apr 2019 Bayman, E. O., Bishop, M., **Hadlandsmyth, K.**, Mosher, H., Lund, B., Kang, S. & VanderWeg, M. Chronic Opioid Use After Thoracic Surgery among VA Veterans. Presented at 2019 Scientific Meeting of the American Pain Society, American Pain Society, Milwaukee, Wisconsin.
- Mar 2018 St. Marie, B., **Hadlandsmyth, K.**, Embree, J., Tripp-Reimer, T., Allen, J., Dindo, L. & Rakel, B. A. Feasibility of 1-day ACT Intervention for At-Risk Veterans Undergoing Orthopedic Surgery: Barriers and Facilitators. Presented at Scientific Summit, American Pain Society, Anaheim, California.
- Jun 2016 **Hadlandsmyth, K.**, Dindo, L., Sugg, S., Wajid, R., Zimmerman, M. B. & Rakel, B. A. A Brief Psychological Intervention Targeting Persistent Pain Prevention Following Mastectomy or Lumpectomy: A Pilot Investigation. Presented at 35th Annual Scientific Meeting of the American Pain Society, American Pain Society, Austin, Texas.
- May 2015 Sabic, E., **Hadlandsmyth, K.**, Embree, J., Sluka, K., Geasland, K., Herr, K. M., Clark, K. A., Noiseux, C. R., Zimmerman, N. O. & Rakel, B. A. Catastrophizing Moderates the Relation Between Pain Intensity and Pain

- Related Distress. Presented at 34th Annual Scientific Meeting of the American Pain Society, American Pain Society, Palm Springs, California.
- May 2014 Gebler, K., Giedzinska-Simons, A. & **Hadlandsmyth, K.** Improvement in Sleep Impairment and Disturbance in a Multidisciplinary Chronic Pain Program. Presented at 26th Annual Convention of the Association for Psychological Science, Association for Psychological Science, San Francisco, California.
- May 2012 **Hadlandsmyth, K.**, Conklin, D. & Scheman, J. Successful Treatment of Post-Stroke Pain Patients in a Chronic Pain Rehabilitation Program. Presented at 31st Annual Scientific Meeting of the American Pain Society, American Pain Society, Honolulu, Hawaii.
- Nov 2009 Craft, J. M., **Hadlandsmyth, K.**, Rosenbaum, D. L., White, K. S., Sayuk, G. S. & Gervino, E. V. Avoidance and Health Compromising Behaviors in Non-Cardiac Chest Pain: Comparison Across Two Treatment Settings. Presented at 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Association for Behavioral and Cognitive Therapies, New York, New York.
- Nov 2009 **Hadlandsmyth, K.**, Craft, J. M., Rosenbaum, D. L., White, K. S. & Gervino, E. V. Interoceptive Fear is a Stronger Predictor than Anxiety of Healthcare Utilization in NCCP. Presented at 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Association for Behavioral and Cognitive Therapies, New York, New York.
- Nov 2009 Rosenbaum, D. L., Craft, J. M., **Hadlandsmyth, K.**, McDonnell, C. J., White, K. S., Sayuk, G. S. & Prakash, C. Is There a Relationship Between Religious Coping and Desire for Control in Non-Cardiac Chest Pain Patients. Presented at Annual Meeting of the Association for Behavioral and Cognitive Therapies, Association for Behavioral and Cognitive Therapies, New York, New York.
- Mar 2009 **Hadlandsmyth, K.**, Craft, J. M., Rosenbaum, D. L., White, K. S. & Gervino, E. Physical Functioning in a Non-Cardiac Chest Pain Population: Pain, Avoidance and Body Vigilance. Presented at 67th Annual Scientific Meeting of the American Psychosomatic Society, American Psychosomatic Society, Chicago, Illinois.
- Mar 2009 Craft, J. M., **Hadlandsmyth, K.**, White, K. S., Mann, B. D., Sayuk, G. S., Prakash, C. & Gervino, E. V. Clinical Features of Non-Cardiac Chest Pain: Results from Two Independent Medical Settings. Presented at 67th Annual Scientific Meeting of the American Psychosomatic Society, American Psychosomatic Society, Chicago, Illinois.
- Nov 2008 **Hadlandsmyth, K.** Negative Affect and Quality of Life in African-American and Caucasian Youth: The Mediating Role of Psychological Inflexibility. Presented at 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Association for Behavioral and Cognitive Therapies, Orlando, Florida.

Regional

- Oct 2015 Wajid, R., **Hadlandsmyth, K.**, Zimmerman, M. B., Eschker, E., Sluka, K., Herr, K. A., Clark, C. R., Noiseux, N. O., Callaghan, J. L. & Rakel, B. A. Post-Operative Predictors of Persistent Pain Following Total Knee Arthroplasty. Presented at 39th Scientific Meeting of the Midwest Pain Society, Midwest Pain Society, Chicago, Illinois.
- May 2012 **Hadlandsmyth, K.**, Conklin, D., Cummings, L., Patterson, M. & Scheman, J. Treating Lumbar Canal Stenosis Related Pain in an Interdisciplinary Pain Rehabilitation Program. Presented at Neurological Institute Research Day, Case Western Reserve University, Cleveland, Ohio.

Local

- Mar 2022 Metcalf, S., Obrecht, A. & **Hadlandsmyth, K.** The Perioperative Pain Self-Management (PePS) Trial. Presented at Spring Undergraduate Research Festival, University of Iowa, Iowa City, Iowa.
- Apr 2016 **Hadlandsmyth, K.**, Vander Weg, M., Sluka, K., Herr, K. A., Clark, C. R., Noiseux, N. O., Callaghan, J. L., Zimmerman, M. B. & Rakel, B. A. Veteran Outcomes 6 and 12 Months Following Total Knee Arthroplasty. Presented at University of Iowa Health Sciences Research Week, University of Iowa, Carver College of Medicine, Iowa City, Iowa.

SERVICE

PEER REVIEW ACTIVITIES

Peer Review of Grant Applications

Extramural: NIH

2023 - 2026 Review Panel Member

Extramural: VA

2023 Reviewer for VA Health Services Research and Development (HSR&D) Diversity, Equity and Inclusion (DEI) Program

2024 Reviewer for Pain/Opioid CORE & Whole Health/OPCCCT Rapid Start Funding, U.S. Department of Veterans Affairs

2026 VA Office of Rural Health Grant Review Panel

Intramural

2021-2023 Co-Chair of the VA Small Award Initiative for Impact (SWIFT) Pilot Grants
Review Committee at the Center for Access and Delivery Research and
Evaluation, Iowa City VA, Iowa City, IA

Data Safety Monitoring Board

2024 – 2027 Tele-Collaborative Outreach to Rural Patients with Chronic Pain: The CORPs
Trial. NIH: UH3AT012257

Journal Manuscript Review

Ad hoc reviewer for:

American Journal of Preventive Medicine
Annals of Surgery
Arthritis Care and Research
Biological Research for Nursing
BMC Health Services Research
British Journal of Pain
Canadian Journal of Pain
Cochrane Database of Systematic Reviews
European Journal of Pain
Fatigue: Biomedicine, Health, and Behavior
Frontiers in Pain Research
International Journal of Obstetric Anesthesia
JAMA Internal Medicine
JAMA, Network Open
Journal of the American Pharmacists Association
Journal of Behavioral Medicine
Journal of Contextual Behavioral Science
Journal of General Internal Medicine
Journal of Pain
Journal of Pain Research
Journal of Rural Health
Osteoarthritis and Cartilage
Pain
Pain Medicine
Psychology, Health, and Medicine
Scientific Reports

PROFESSIONAL SERVICE ACTIVITIES

Society/Association Membership

2021 - Present US Association for the Study of Pain (USASP)

2020 - Present	Iowa Psychological Association (IPA)
2019 - Present	International Association for the Study of Pain (IASP)
2011 - 2019	American Pain Society (APS)
2008 - 2010	American Psychosomatic Society (APS)

Professional Service

2024 - 2026	Site Lead for the VA Women's Practice-based Research Network, VA Iowa City Health Care, Iowa City, Iowa
2022 - 2025	Interviewer for the Health Services Research Fellow Program, Center for Access and Delivery Research and Evaluation, Iowa City VA Health System, Iowa City, Iowa
2015 - 2017	Co-Chair for the Ethics SIG of the American Pain Society

Department of Anesthesia Service

2020 - 2025	Research Review Committee, University of Iowa, Carver College of Medicine, Department of Anesthesia, Iowa City, Iowa, Member Department of Anesthesia
2017 - 2024	Pain Fellowship Exit Interview Committee, University of Iowa, Carver College of Medicine, Department of Anesthesia, Iowa City, Iowa, Exit Interviewer
2016 - 2024	Anesthesia Chronic Pain Medicine Fellowship Program Evaluation Committee (PEC), University of Iowa, Carver College of Medicine, Department of Anesthesia, Iowa City, Iowa, Member
2016 - 2024	Anesthesia Chronic Pain Medicine Fellowship Clinical Competency Committee (CCC), University of Iowa, Carver College of Medicine, Department of Anesthesia, Iowa City, Iowa, Member
2017 - 2018	Wellness Committee, University of Iowa, Carver College of Medicine, Department of Anesthesia, Iowa City, Iowa, Member

CON COLLEGIATE SERVICE

Task Force

2025- Present	Co-chair of the 'Writing Across the PhD Curriculum' subcommittee of the PhD Assembly
2026- Present	CON Research Space Committee

Standing Committees

2026 – Present	Postdoctoral Fellow Committee
2025 - Present	PhD Assembly
2025 – Present	Faculty Organization

TEACHING

INSTRUCTIONAL ACTIVITIES

University of Iowa: College of Nursing

2025 - Present	NURS: 1030: Human Development and Behavior
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University of Iowa: College of Medicine

2016 – 2025	Pain Psychology lecture series provided annually to medical residents and fellows
2018-2020	MED:8122: Medicine and Society I: Small Group Facilitator
2019-2023	Pain Psychology Lecture Series Presented to Psychiatry Residents

Guest Lectures

2025 - Present	Guest Lecture on ‘Enhancing Postoperative Outcomes with Pain Psychology Interventions’ for the year long lecture series for the Regional Anesthesia and Acute Pain Medicine Fellowship, Carver College of Medicine, University of Iowa
2025	Guest Lecture on ‘Social Determinants of Chronic Pain’ for CPH:1800: Social and Psychological Determinants of Health, College of Public Health, University of Iowa
2021	Guest Lecturer in the Course: Clinical Skills for Responding to Sexual Violence, University of Iowa, Carver College of Medicine Lecture Topic: Chronic Pelvic Pain in Women, Carver College of Medicine, University of Iowa

Grand Rounds

Jan 2024	Anesthesia Grand Rounds: University of Iowa "Design and Dissemination of Pain Self-Management Interventions: A Program of Research"
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- May 2023 Psychiatry Grand Rounds, University of Iowa
 "Feasibility and Initial Impact of a Behavioral Intervention Designed for Rural-Dwelling Female US Veterans with Chronic Pain"
- Oct 2021 Grand Rounds, University of Wisconsin, School of Medicine and Public Health
 "The Perioperative Pain Self-Management (PePS) Program"
- Jul 2021 Anesthesia Grand Rounds: University of Iowa
 "Enhancing Long-Term Postoperative Outcomes: The Perioperative Pain Self-Management (PePS) Program"

Clinical Teaching

- 2017 - 2025 Provided clinical supervision and training to clinical and counseling psychology graduate students and postdoctoral fellows who provided clinical interventions on my research trials.
 University of Iowa, Carver College of Medicine, Department of Anesthesia
- 2016 - 2023 Provided clinical training on patient communication, managing affective distress, and building rapport to over 20 pain clinic fellows and multiple anesthesia residents per year, who rotated through the pain clinic.
 University of Iowa, Carver College of Medicine, Department of Anesthesia Pain Clinic
- 2016- 2019 Provided Multiple CE sessions to the Pain Clinic Nursing Team, University of Iowa Pain Clinic
 Lecture Topics: Pain Psychology: Models and Clinical Implications; Case Formulation and Discussion; Managing Challenging Patients; Behavioral Models of Chronic Pain
- 2012 - 2014 Provided clinical supervision and didactic education to 4 clinical psychology interns and 3 clinical psychology practicum students training.
 Sierra Tucson Residential Treatment Facility, Tucson, Arizona

MENTORING AND ADVISEMENT

Postdoctoral Fellow Mentorship

- 2022 - 2024 Alessandra Pratt, Graduate, Research, PhD, University of Iowa

2021 - 2023	Shamira Rothmiller, Graduate, Research, PhD, University of Iowa
2021 - 2022	Ashlie Obrecht, Graduate, Research and Clinical, University of Iowa

VA Pharmacy Resident Research Project Co-Preceptor

2025 - 2026	Lauryn Hanson, Pharmacy Resident, Iowa City VA
2025 - 2026	Claire Behymer, Pharmacy Resident, Iowa City VA
2024 - 2025	Komel Shahid, Pharmacy Resident, Iowa City VA

Undergraduate Student Advisement

2021 - 2022	Suzy Metcalf, Undergraduate, Psychology BA, University of Iowa
2020 - 2024	Jasmine Mares, Undergraduate, Sociology, BA, University of Iowa

Comprehensive Examination Committees

2022	Sara Diesel, Graduate, PhD, University of Iowa, College of Liberal Arts and Sciences, Department of Psychological and Brain Sciences Defense date: 05/09/2022
2021	Andrew Post, Graduate, University of Iowa, Carver College of Medicine, Department of Physical Therapy and Rehabilitation Science Defense date: 12/06/2021

PhD Dissertation Committees

2024 - 2025	DorisAnn McGinnis, Counseling Psychology, University of Iowa, College of Education Proposal date: 05/06/2024 Defense date: 08/28/25
2023 - 2024	Madeline Hunsicker, Counseling Psychology, University of Iowa, College of Education Proposal date: 05/08/2023 Defense date: 05/03/2024
2022 - 2024	Andrew Post, Graduate, Physical Therapy and Rehabilitation Science, University of Iowa, Carver College of Medicine Proposal date: 05/09/2022 Defense Date: 06/10/2024
2022 - 2023	Jenna Adamowicz, Psychological and Brain Science, Clinical Science, University of Iowa, College of Liberal Arts and Sciences Proposal date: 03/15/2022 Defense date: 05/01/2023

- 2019 - 2020 Shamira Rothmiller, Rehabilitation and Counselor Education,
University of Iowa, College of Education
Proposal date: 03/14/2019
Defense date: 04/01/2020
- 2018 - 2020 Brianna Ward, Counseling Psychology, University of Iowa, College of
Education
Proposal date: 04/24/2018
Defense date: 04/27/2020