

CURRICULUM VITAE

Personal Data

Teresa M. Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAANP
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EDUCATION AND TRAINING

Year	Degree	Institution/Location
2020-2022	Post-Doctoral Fellowship	VA Quality Scholars
2008	Doctor of Nursing Practice (DNP/Psych-MH)	University of Tennessee Health Science Center Memphis, Tennessee
2006-2008	Psychiatric-Mental Health (Lifespan) Nurse Practitioner post graduate Certification	University of Tennessee Health Science Center College of Nursing Memphis, Tennessee
1996	Master of Science in Nursing (Nursing/Family Nurse Practitioner)	Pacific Lutheran University Tacoma, Washington
1988	Bachelor of Science in Nursing	Saint Louis University St. Louis, Missouri

LICENSURE AND CERTIFICATION

Licensures

Year	Source	License	Number
1988-Present	Iowa Board of Nursing	Registered Nurse	#080324
1996-Present	Iowa Board of Nursing	Family Nurse Practitioner	#A080324
2017- Present	Iowa Board of Nursing	Psychiatric Mental Health Nurse Practitioner	#G080324

Certifications

Year	Source	Type	Number
1996	ANCC	Board Certified Family Nurse Practitioner	
2008	ANCC	Board Certified Psychiatric Mental	

Health Nurse Practitioner

2008 IPT Institute Level B Certification Interpersonal
Psychotherapy

PROFESSIONAL EXPERIENCE**Academic Appointments**

Year	Position	Institution / Location
2009-Present	Associate Clinical Professor	University of Iowa College of Nursing Iowa City, IA
1999-2009	Assistant Clinical Professor	University of Iowa College of Nursing Iowa City, IA
2011-Present	Faculty	Fitzgerald Health Education Associates Boston, MA

Academic Administrative Appointments

Year	Position	Institution / Location
1999-2011	Coordinator	University of Iowa College of Nursing Family Nurse Practitioner Program Iowa City, IA

Clinical Practice Appointments

Year	Position	Institution / Location
2019-Present	Psychiatric Mental Health and Family Nurse Practitioner	University of Iowa College of Nursing Faculty Practice Chatham Oaks, Cross Park Place/501 Iowa City, IA
2009-Present	Psychiatric Mental Health Nurse Practitioner	Meadowlark Psychiatric Services, PC North Liberty, IA
2005-2019	Family Nurse Practitioner and Psychiatric Nurse Practitioner	Winfield Community Clinic Winfield, IA (Affiliate of Henry County Health Center)
2010-2014	Nurse Practitioner	Shelter House, Iowa City, IA
2004-2005	Nurse Practitioner	Family Planning Clinic, UIHC Iowa City, IA
2001-2006	Nurse Practitioner	Iowa City Free Medical Clinic
2001-2005	Nurse Practitioner	University of Iowa UIHC

		Department of Anesthesia Pre-Anesthesia Physicals Iowa City, IA
1996-2001	Nurse Practitioner-Adult Primary Care	VA Medical Center Iowa City, IA
1993-1996	Staff Nurse/Case Manager	Interim Home Health Care Tacoma, Washington
1993-1994	Staff Nurse / Emergency Room	St. Francis Hospital Federal Way, Washington
1993-1993	Staff Nurse / Post Anesthesia Care Unit	Blanchard Army Medical Center Ft Knox, KY
1993-1993	Staff Nurse / Emergency Department	101 st Army Evac Hospital Seoul, South Korea
1991-1993	Staff Nurse / Emergency Department	Eisenhower Army Medical Center Augusta, GA
1990-1991	Staff Nurse / Medical Detachment	Soto Cano Air Base Honduras, Central America
1988-1993	Staff Nurse / Multi-service Surgical Ward and Emergency Department	Eisenhower Army Medical Center August, GA

HONORS AND AWARDS

2023	<i>Hawkeye Distinguished Veteran Award</i> University of Iowa
2021	<i>Benter Award for Organizational Leadership</i> , Iowa Chapter American Psychiatric Nurses Association
2021	<i>Faculty Practice Leadership Award</i> University of Iowa College of Nursing
2019	<i>State Award for Excellence</i> American Association of Nurse Practitioner
2018	<i>Excellence in Leadership-Advanced Practice Registered Nurse</i> , American Psychiatric Nurses Association
2013	<i>Fellow</i> , American Association of Nurse Practitioners
2005	<i>2005 Catalyst Award</i> , The University of Iowa Office of Equal Opportunity and Diversity
2005	<i>Distinguished Faculty Advising Award</i> , University of Iowa College of Nursing
2005	<i>Friends of Iowa Civil Rights</i> , Inc. Individual Award
2003	<i>Invited Participant</i> , American Academy of Nurse Practitioner Leadership Fellowship
2002	<i>"Winning With Teamwork" Award</i> , Eagle's Flight, Community-Campus

Partnership with Minority Women's Health Initiative, Victory Temple. Iowa City, IA

- 2000 **College of Nursing Strategic Initiative Award** (\$1,000)
- 2000 **Faculty Sponsor, DHHS Secretary's Award for Innovations in Health Promotion and Disease Prevention**, Minority Women's Health Initiative- Preventing Obesity in African Americans
- 2000 **TNT Award**, Victory Temple Minority Women's Health Initiative
- 1987 **Alpha Sigma Nu International Jesuit Honor Society, Sigma Theta Tau International Nursing Honor Society**

SCHOLARSHIP

SCHOLARSHIP

Publications

Journals - Peer-Reviewed * = data-based + = mentored work with student/trainee/new author

Journal articles

1. **Judge-Ellis, T.**, Abendroth, K., & Weber, J. (2025) Social Worker and Nurse Practitioner Consultation: An Innovative Approach to Bridging Health Care Service and Communication Gaps for Veterans Experiencing Homelessness. *Health and Social Work*., hlaf031, <https://doi.org/10.1093/hsw/hlaf031>
2. **Judge-Ellis, T.**, & Buckwalter, K. (2024) A Dually Certified Nurse Practitioner Role in a Housing First Location. *Journal for Nurse Practitioners* 20(6); <https://doi.org/10.1016/j.nurpra.2024.105053>
3. **Judge-Ellis, T.**, Hamm, B., Wittman, J., Dirks, M., Gentil-Archer, A., Watson, C., & Buckwalter, K. (2023). Leadership for an Innovative Practice Role: The Dually Certified Nurse Practitioner. *Nurse Leader* 21(6), 623-631. <https://doi.org/10.1016/j.mnl.2023.08.004>
4. **Judge-Ellis, T.**, Gentil-Archer, A., Achenbach, A., Dehner, H., Kelleher, K., & Buckwalter, K. (2023). The Role of the Dually Certified PC/PMHNP in Treating High-Needs/High-Cost Patients. *Journal of the American Association of Nurse Practitioners* 35(11): 751-758. DOI:10.1097/JXX.0000000000000931
5. +Coffey, J., **Judge-Ellis, T.**, Achenbach, A., Gentil-Archer, A., Sullivan, E., Boche, M., ... Buckwalter, K. (2022). Development of a Medication Management Program in Permanent Supportive Housing. *Journal of Health Care for the Poor and Underserved* 33(4), 2042-2051. [doi:10.1353/hpu.2022.0152](https://doi.org/10.1353/hpu.2022.0152).
6. Conley, V. & **Judge-Ellis, T.** (2021). Disrupting the System: An Innovative Model of Comprehensive Care. *Journal for Nurse Practitioners*.17(1); 32-36/ . <https://doi.org/10.1016/j.nurpra.2020.09.012>
7. **Judge-Ellis, T.**, & Wilson, T. R. (2017). Time and NP Practice: Naming, Claiming, and Explaining the Role of Nurse Practitioners. *Journal for Nurse Practitioners*. doi: 10.1016/j.nurpra.06.024. https://api.elsevier.com/content/abstract/scopus_id/85028894627.
8. *Kuehn, A. F., Chircop, A., Downe-Wamboldt, B., Sheppard-LeMoine, D., Murnaghan, D., Elliott, **Judge-Ellis, T.**, . . . Cárdenas, V. (2005). Exploring nursing roles across North American borders. *Journal of Continuing Education in Nursing*, 36(4). (cited 9 times)

https://api.elsevier.com/content/abstract/scopus_id/26944462402.

9. *Sullivan, S., Van Dyke, D., Su, H., Firgil, G., Walton, S., **Judge-Ellis, T.**, & Eberly, S. (2004). *Cultural and socio-emotional issues of internationally adopted children. International Pediatrics*, 19(4), 208-216. (cited 1 time)
10. *Green-Hernandez, C., Quinn, A. A., Denman-Vitale, S., Falkenstern, S. K., & **Judge-Ellis, T.** (2004). Making nursing care culturally competent. *Holistic Nursing Practice*. 2004; 18(4), 215. (cited 2 times)
11. *Green-Hernandez, A., (Tracy) Quinn, K., Denman-Vitale, K., Falkenstern, K., & **Judge-Ellis, T.** (2004). Making Primary Care Culturally Competent. *The Nurse Practitioner*, 29(6), 49–55. (Cited 9 times)
12. Malat, B., Pettis, D. H., & **Judge-Ellis, T.** (2002). Weight loss requires attention. *Advance for nurse practitioners*, 10(9), 19. PMID: 12400306.

Book/Book Chapters

1. Wesemann, D. & **Judge-Ellis T.** (2024) *Interpersonal Psychotherapy Delivered by Nurses*. In Weissman M. and Mootz, J. (Eds) *Interpersonal Psychotherapy: A Global Reach* Oxford Press ISBN: 9780197652084
2. * **Judge-Ellis, T.**, & Trowbridge, C. (2011). International collaborative institutional approaches to nursing education. *Current Issues in Nursing*. (8th ed., pp. 108-115) St. Louis, MO: Mosby / Elsevier Health Sciences.
3. **Judge-Ellis, T.** (2011). Education of nursing health care providers in family health. *Encyclopedia of Family Health*. (pp. 379-382) Thousand Oaks, CA: SAGE Publications, Inc. doi: <http://dx.doi.org/10.4135/978142994071.n134>.
4. **Judge-Ellis, T.** & Sorofman, B. (2010). Medications: Costs and Implications. In P. Slavik Cohen & S. Morehead (Eds) *Current Issues in Nursing* (7th ed., pp 475-479). St. Louis, MO: Mosby.
5. **Judge-Ellis, T.** & Sorofman, B. (2010). Medications: Costs and Implications. In P. Slavik Cohen & S. Morehead (Eds) *Current Issues in Nursing* (7th ed., pp 475-479). St. Louis, MO: Mosby.

Instructional Materials

1. **Judge-Ellis, T.**, & Fitzgerald M. (2025) *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental Health Program*. Fitzgerald by Colibri Healthcare. St. Louis, MO.
2. **Judge-Ellis, T.**, & Fitzgerald M. (2023) *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental Health Program*. Fitzgerald by Colibri Healthcare. St. Louis, MO.
3. **Judge-Ellis, T.**, & Fitzgerald, M. (2022). *Nurse Practitioner Certification Exam Review& Advanced Practice Update: Psychiatric and Mental Health Program*. Fitzgerald by Colibri Healthcare. St. Louis, MO
4. **Judge-Ellis, T.**, & Fitzgerald, M. (2021). *Nurse Practitioner Certification Exam Review& Advanced Practice Update: Psychiatric and Mental Health Program*. Fitzgerald Health Education Associates, North Andover, MA.
5. **Judge-Ellis, T.**, & Fitzgerald, M. (2020). *Nurse Practitioner Certification Exam Review& Advanced Practice Update: Psychiatric and Mental Health Program*. Fitzgerald Health Education Associates, North Andover, MA.

6. **Judge-Ellis, T., & Fitzgerald, M. (2019).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental Health Program.* Fitzgerald Health Education Associates, North Andover, MA.
7. **Judge-Ellis, T., & Fitzgerald, M. (2018).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental Health Program.* Fitzgerald Health Education Associates, North Andover, MA.
8. ***Judge-Ellis, T., & Fitzgerald, M. (2016).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental Health Program.* Fitzgerald Health Education Associates, North Andover, MA
9. ***Judge-Ellis, T., & Fitzgerald, M. (2015).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and mental health Program.* Fitzgerald health Education Associates, north Andover, MA.
10. ***Judge-Ellis, T., & Fitzgerald, M. (2014).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and mental Health Program.* Fitzgerald health Education Associates, North Andover, MA.
11. ***Judge-Ellis T., & Fitzgerald, M. (2013).** *Nurse Practitioner Certification Exam Review & Advanced practice Update: Psychiatric and mental Health Program.* Fitzgerald health Education Associates, North Andover, MA.
12. ***Judge-Ellis, T., & Fitzgerald, M. (2012).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental health Program.* Fitzgerald health Education Associates, North Andover, MA.
13. ***Judge-Ellis, T., & Fitzgerald, M. (2011).** *Nurse Practitioner Certification Exam Review & Advanced Practice Update: Psychiatric and Mental Health Program.* Fitzgerald health Education Associates, North Andover, MA.

Mass media activities

Published

1. **Judge-Ellis, T. (2000).** States of the Nation: Iowa Law Smiles on NPs, Tumolo, J. *Advance for Nurse Practitioners*, 8(11).

Radio

1. **Judge-Ellis, T. (2004).** Diabetes and Minority Health. Co-interview/speaker Gadson, D. and Murray, V. Talk of Iowa with Dennis Reese.

Pod Cast:

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts) "Privacy and Professional Boundaries with Jenny Hohneke" Podcast audio Friends of Flo, October, 2019

<https://open.spotify.com/episode/2RaY2dEz4rJbThsFb6HK8W>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts) "Spirituality in Nursing with Chaplain Libby Conley, MDiv" Podcast audio *Friends of Flo*, August 2019

<https://open.spotify.com/episode/3LD9rB5IHfS4KlfCnQKoOz>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts). "Diversity in Nursing with Valerie Garr" *Friends of Flo* Podcast audio March 2019 <https://open.spotify.com/episode/1nDtaAOXjnQZnbzOcE3hwe>

Judge-Ellis T., Porter, R., Whitters, A., (Hosts) "Diversity in Nursing Part 2 with Valerie Garr" *Friends of Flo*, Podcast audio April, 2019 <https://open.spotify.com/episode/295eAR3iljx3A2zm8gc5GF>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts) "The 'Male Nurse' Part 3 with Dr. Thad Wilson" *Friends of Flo*, Podcast audio February, 2019.

<https://open.spotify.com/episode/1WPYWZrvdrISw2yIVwMPEX>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts). "Nursing History with Dr. Dominique Tobbell" *Friends of Flo*, Podcast audio November 2018. <https://open.spotify.com/episode/7hG11EfknnpZWTHY5IPym3>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts). "Medication Errors" *Friends of Flo*, Podcast audio July, 2018. <https://open.spotify.com/episode/1qXEER4Slwkj0r1PINgds6>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts). "Intergenerational Friction in Nursing with BJ Hannon" *Friends of Flo*, Podcast audio, April 2018.
<https://open.spotify.com/episode/4ENZSNzQrNWEFgwPnvwDeY>

Judge-Ellis, T., Porter, R., Whitters A., (Hosts) "Veracity and Truth Telling" *Friends of Flo*, Podcast audio, March 2018 <https://open.spotify.com/episode/3Ef9eiMNIT6KxcDNwdzUfx>

Judge-Ellis, T., Porter, R., Whitters, A., (Hosts) "Who Should Pursue a PhD in Nursing with Dr. Sandra Daack-Hirsch" *Friends of Flo*, Podcast audio, September 2017
<https://open.spotify.com/episode/1a0xqK4PLo1vSzdqSMft17>

Training Educational Research Grants

1. **2022-2023** Improving Access to Primary and Mental Whole Person Care in Iowa; Building the Dual Primary Care/Psych Mental Health Nurse Practitioner Workforce. Funded by Telligen, \$50,000. Team member
2. 2015-2018 Screening, Brief Intervention and Referral to Treatment: Team Member Training Iowa Preceptors and Students (SBIRT-TIPS). Funded by SAMSHA \$941,359
- 3.
4. 2014-2015 Muscle Matters: Reframing Weight Management for Seniors. Investigator. Funded by the University of Iowa College of Nursing Deans Research Award. \$57,000
- 5.
6. 2005-2006 Culturally Competent Care Initiative, Iowa Statewide Health Education Program, Director, Funded by the University of Iowa, \$20,000
- 7.
8. 2002-2006 Collaborative Learning Across Borders: Partnering Nursing Students, Faculty and Communities. Co-Principal. Funds to Improve Post Secondary Education Grant (FIPSE).
- 9.
10. 2004-2005 Victory Temple Minority Health Initiative Partnership, IHPEP Award from the Associate Provost for Health Sciences Office, Director. Funded by the University of Iowa, \$5,000
- 11.
12. 2003-2004 Interdisciplinary Culturally Competent Care, Director IHPEP Award from the Associate Provost for Health Sciences Office. Funded by the University of Iowa, \$15,000
- 13.
14. 2002-2003 Interdisciplinary Culturally Competent Care, Director IHPEP Award from the Associate Provost for Health Sciences Office. Funded by the University of Iowa, \$21,952
- 15.
16. 2001-2002 Interdisciplinary Culturally Competent Care, Director IHPEP Award from the Associate Provost for Health Sciences Office. Funded by the University of Iowa \$30,000
- 17.
18. 2000-2004 Preparing Pas for Practice in Underserved Communities. Co-Investigator. DHHS PA Education Grant.
- 19.
20. 2000-2001 Interdisciplinary Culturally Competent Care, Director IHPEP Award from the Associate Provost for Health Sciences Office. Funded by the University of Iowa, \$30,800
- 21.

22. 1995 ARNPs Perceptions of Their Use of a Nursing Theory/Framework in Practice. Investigator. Funded by the Psi Chapter-at-Large, Sigma Theta Tau, International Nursing Honor Society. \$1,500

Research, Clinical and/or Education Related Presentations

*** = data-based**

+ = mentored work with student/trainee/new author

International

1. Judge-Ellis, T. & Abendroth, K. (2025) Social Worker and Nurse Practitioner Consultation An Innovative Approach to Bridging Health Care Service and Communication Gaps for Veterans Experiencing Homelessness. International Society of Psychiatric-Mental Health Nurses. New Orleans, LA (Peer Reviewed, Oral, Concurrent)
2. Dirks, M. & **Judge-Ellis, T.** (2024). Whole Person Care Delivery: Primary Care Integrated with Mental Health NP Preparation. International Conference for Nursing and Advanced Practice Nursing, Aberdeen, Scotland. (Peer reviewed, Oral, Concurrent)

National

1. Dirks, M. & **Judge-Ellis, T.** (2024). Whole Person Model of Care Delivery: Primary Care Integrated with Mental Health NP Preparation. National Organization of Nurse Practitioners Faculties, Baltimore, MD. (Peer Reviewed, Oral, Concurrent)
2. **+Ford, K., Muszalski, M., Randle, K., Judge-Ellis, T.** (2023) Downtown Nurse Outreach: A Student-lead Academic Partnership Between BSN Nurses and a Community Free Breakfast Program. National Student Nurses Association Conference. Nashville, TN (Peer Reviewed, Poster)
3. **Judge-Ellis, T.** Gentil-Archer, A & Buckwalter, K. (2023). The Emerging Role of the Dually Certified Primary Care/Psychiatric Nurse Practitioner. International Society of Psychiatric-Mental Health Nurses Annual Conference. Redondo Beach, California (Peer Reviewed, Concurrent oral)
4. **Judge-Ellis, T., Mosher, H, Farag, A., Weber, J. & Abrams, T.** (2021). Improving care to Veterans experiencing homelessness: Planning for HPACT at the Iowa City VA. VA Quality Scholars Summer Institute (Peer reviewed, Concurrent Poster).
5. **Judge-Ellis, T., Dehner, H., Kelleher, K., Gentil-Archer, A., & Buckwalter, K.** (2021). The Role of a Dually Certified Primary Care/Psychiatric Mental Health Nurse Practitioner in Treating High Needs/High Cost Patients. American Psychiatric Nurse Association, Louisville (Peer reviewed, Concurrent Poster).
6. **Judge-Ellis, T.** (2020). First Year Outcomes of a Housing First Community Based NP Clinic. International Society of Psychiatric Nurses National Conference. (Peer reviewed, Concurrent Poster).
7. **Judge-Ellis, T.** (2018). Time and NP Practice: Naming, Claiming and Explaining the Role of the Nurse Practitioner. Nurse-Led Care Consortium and AANP Lunch and Learn, AANP, Columbus, Ohio. (Webinar).
8. **Judge-Ellis, T.** (2018). Starting a Private Practice: Some Things to Consider. 32nd Annual Conference, American Psychiatric Nurses Association, Columbus, Ohio. (Oral).
9. **Judge-Ellis, T., Conley, V.** (2018). Mental Disorders in Primary Care: A Primer Course for Primary Care Nurse Practitioners. 32nd Annual Conference, American Psychiatric Nurses Association, Columbus, Ohio. (Oral, Invited Concurrent).

10. Wesemann, D., & **Judge-Ellis, T.** (2018). Educating Nurse Practitioners to Provide Integrated Care. APNA 32nd Annual Conference, Columbus, Ohio. (Poster, Peer Reviewed).
11. **Judge-Ellis, T.** (2018). Bipolar Disorder in Primary Care. National Conference for Nurse Practitioners, Orlando, Florida. (Oral, Concurrent).
12. **Judge-Ellis, T.** & Conley, V. (2018). Adverse Childhood Experiences (ACEs) Study; Impact and Importance to NP Educators. The National Organization of Nurse Practitioner Faculties. Indianapolis, IN. (Invited Plenary)
13. **Judge-Ellis, T.** (2016). Update on Newer Psychiatric Medications. National Conference for Nurse Practitioners, Orlando, Florida. (Oral, Concurrent).
14. **Judge-Ellis, T.** (2016). Update on Newer Psychiatric Medications. The Conference for Primary and Acute Care Clinicians, National Conference for Nurse Practitioners. Chicago, Illinois. (Oral).
15. **Judge-Ellis, T.** (2015). Challenging Psychiatric Cases in Primary Care: A Focus on Depression. National Conference for Nurse Practitioners, Philadelphia, PA. (Oral).
16. **Judge-Ellis, T.** (2014). Strategies for Integration of Psychiatric-Mental Health Curriculum into Non-Psychiatric NP Programs. National Organization of Nurse Practitioner Faculties Annual Meeting. Denver, CO. (Oral).
17. **Judge-Ellis, T.** (2013). Mental Disorders in Advanced Practice: Incorporating a New Course into DNP Curriculum. National Organization of Nurse Practitioner Faculties Annual Meeting. Pittsburgh, PA. (Oral).
18. **Judge-Ellis, T.** (2010). The Somatization Spectrum in Primary Care: An Update for Nurse Practitioners. American College of Nurse Practitioners 2010 National Clinical Conference. Tampa, FL. (Oral)
19. **Judge-Ellis, T.** & McKay, S. (2006). Longitudinal Education Experience In Long Term Care: Integrating FNP Students Into The Interdisciplinary Approach to Geriatric Care. NONPF 30th Annual Meeting. San Diego, CA. (Oral).
20. **Judge-Ellis, T.** (2004). Clinical Skills Utilized by FNP's Practicing in Rural Primary Care in Iowa. NONPF 28th Annual meeting. San Diego, CA. (Oral).
21. **Judge-Ellis, T.** (1991). Assessment and Care of Chemical Casualties. Honduras, CA. (Oral).
22. **Judge-Ellis, T.** (1990). Emergency Care of the Overdose Patient. RN and LPN ICU Course. Eisenhower Army Medical Center. Fort Gordon, GA.

Regional/State

1. **Judge-Ellis, T.** (2023). The Role of the Dually Certified Primary Care/Psychiatric Mental Health Nurse Practitioner. Iowa Nurse Practitioner Society Annual Conference, Des Moines, IA (Oral, invited)
2. Judge-Ellis, T. (2022). *Bridging Gaps: Housing as Healthcare*. Housing Iowa Conference. Des Moines, IA (Oral, invited)
3. **Judge-Ellis, T.** (2017). Newer Antidepressants: A Case Based Practice Update. 2nd Annual Pharmacology Conference. Iowa Nurse Practitioner Society (INPS). Des Moines, IA. (Oral).
4. **Judge-Ellis, T.** (2017). Bipolar Disorder in Primary Care. Iowa Nurse Practitioner Society Pharmacology Conference, (INPS). Des Moines, IA. (Oral).
5. **Judge-Ellis, T.** (2016). Newer Antidepressants: A Case Based Practice Update. Iowa Nurse Practitioner 1st Annual Pharmacology Conference. Des Moines, IA. (Oral).

6. **Judge-Ellis, T.** (2014). Psychopharmacology Update for the Non-Psychiatric Nurse Practitioners. Iowa Nurse Practitioner Society Fall Conference. Des Moines, IA. (Oral).
7. **Judge-Ellis, T. & Conley, V.** (2013). Contemporary Trends in Psychiatry Diagnosis, Treatment and Care. Spring Nursing Conference. Broadlwns Medical Center, Des Moines, IA. (Oral).
8. **Judge-Ellis, T.** (2011). Atypical Antipsychotics or Second Generation (GA) Use (and Misuse) In Primary Care. Iowa Nurse Practitioners Society Fall Conference. Des Moines, IA. (Oral).
9. **Judge-Ellis, T., Stuart, S., & Moel, J.** (2009). Interpersonal Therapy in the Primary Care Setting. A Workshop for Nurse Practitioners. Des Moines, IA.
10. **Judge-Ellis, T.** (2009). The Spectrum of Somatization in Primary Care: An Update for Nurse Practitioners. Iowa Nurse Practitioner Society National Meeting (INPS). Des Moines, IA. (Oral).
11. **Judge-Ellis, T.** (2002). Cultural Competency. The Free Clinics of the Great Lakes Region 2002 Annual Meeting. The Free Clinics of the Great Lakes Region. (Oral).
12. **Judge-Ellis, T.** (2002). Cultural Competency. Saint Louis University Hospital Nurses Week Celebration. St. Louis, MO. (Oral).
13. **Judge-Ellis, T.** (1997). Nurse Practitioners' Perceptions of Their Use of Theory in Practice. Making Nursing Scholarship Visible: 35th Anniversary of Psi Chapter-at-Large of Sigma Theta Tau International. Seattle, Washington. (Poster Presentation).

Local and University

1. **Judge-Ellis, T.** (2025). Psychotropic Medications. Johnson County Crisis Intervention Training (Presentation, Invited)
2. **Judge-Ellis, T.** (2024). Depression and Anxiety for Stephen's Ministers. St Thomas More Catholic Church (Presentation, Invited)
3. **Judge-Ellis, T.** (2024). Trauma Informed Care and Resilience in Nursing. In NURS: 3111 Diversity, Equity, and Inclusion for Health Professions. University of Iowa College of Nursing.(Presentation, Invited)
4. **Judge-Ellis, T.** (2024) Psychotropic Medications. Johnson County Crisis Intervention Training (Presentation, Invited)
5. **Judge-Ellis, T** (2023). Addressing Health Equity Through Faculty Practice, Education and Scholarship. University of Iowa College of Nursing 125th Anniversary Celebration (Presentation, Invited)
6. **Judge-Ellis, T.** (2023). Trauma Informed Care and Resilience in Nursing. In NURS: 3111 Diversity, Equity, and Inclusion for Health Professions. University of Iowa College of Nursing.(Presentation, Invited)
7. **Judge-Ellis, T.** (2023). Psychotropic Medications. Johnson County Crisis Intervention Training (Presentation, Invited)
8. **Judge-Ellis, T.** (2022). Psychotropic Medications. Johnson County Crisis Intervention Training (Presentation, Invited)
9. **Judge-Ellis, T.** (2021) Psychotropic Medications. Johnson County Crisis Intervention Training (Presentation, Invited)

10. Ford, K. & **Judge-Ellis, T.** (2021). SBIRT Overview & Perspectives SBIRT Experts: Education for Standardized Participants, Students, and Faculty. UIHC-NCEC. Iowa City, IA. (Presentation, Invited).
11. **Judge-Ellis, T.** (2020). Anxiety and the Nurse: Practical Tips and Tools for Any Patient Setting. University of Iowa College of Nursing Progressive Nursing Day. Iowa City, IA. (Invited Key Note Speaker).
12. **Judge-Ellis, T.** & Conley, V. (2019). Management of Patients with Complex Chronic Disease. University of Iowa College of Nursing Research Seminar. Iowa City, IA.
13. Conley, V. & **Judge-Ellis, T.** (2018). A Changing Population of Clients & Healthcare Professionals in the Future. University of Iowa College of Nursing.
14. **Judge-Ellis, T.** (2017). Discussion on ACE Research and Implications. ACE Study: Exposure to Childhood Trauma and Implications, Anti-Violence Coalition. Iowa City, IA. (Presenter).
15. **Judge-Ellis, T.** (2014). Addressing the Mental Health Stigma to Improve Student Confidence with Mental Health in Non-Psychiatric Settings; Knowledge, Skills and Attitudes. UMASS Amherst College of Nursing Faculty Retreat. UMASS Amherst College, Amherst, MA.
16. **Judge-Ellis, T.** (2004) Cultural Competence and Community. University of Iowa MPH Lunchtime Seminar. University of Iowa. Iowa City, IA (Keynote/Plenary Address).
17. **Judge-Ellis, T.** (2003). Cultural Competency. Society of Urologic Nurses Association Fall Meeting. Iowa City, IA. (Keynote/Plenary Address).
18. **Judge-Ellis, T.** (2001). Cultural Competency. Society of Urologic Nurses Association Fall Meeting. Iowa City, IA. (Keynote/Plenary Address).
19. **Judge-Ellis, T.** (1992). Emergency Cardiac Treatment. 121 Evac Hospital. Seoul, South Korea.
20. **Judge-Ellis, T.** (1992). Myocardial Infarction: Emergency Room Care. 121 Evac Hospital. Seoul, South Korea.
- 21.

Mass Media Activities Interviews

SERVICE

Professional Service

Society/Association membership, leadership and service Nursing Organizations

Iowa Nurse Practitioner Society (INPS)

1999 – present	Member
2004-2005	Officer, Past President
2002-2004	Officer, President
2002-2003	Chair, Spring Leadership Retreat
1999	Charter Member and Co-Founder

American Association of Nurse Practitioners (AANP)

1998 – present	Member
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American College of Nurse Practitioners (ACNP)

1996-2012 Member

Sigma Theta Tau International

1988 Member

American Psychiatric Nurses Association (APNA)

2012 – present Member

2016-2020 Member, Advanced Practice Council Steering Committee

2023-present Member, Recovery Council Advisory Panel

National Organization of Nurse Practitioners (NONP)

2009 – present Member

2017 Co-Founder and initial Co-Chair, Trauma Informed Care Resilience Special Interest Group

2014-2016 Chair, Psych Mental Health Special Interest Group

2012-2014 Representative, Family/Lifespan Population Focused Task Force Competencies

2011-2012 Abstract Reviewer

2009-2010 Board Member

Rural Health Association

2006-2008 Member

American Society of Clinical Laboratory Science

2003-2005 Member

Community-Campus Partnerships for Health

2002-2006 Member

The Iowa Nurse Practitioner Legislative Committee

2000-2005 Member

Iowa Association of Nurse Practitioners (IANP)

1996-1999 Member

Manuscript Review

2018 – present Reviewer, The Journal for Nurse Practitioners

2025 Reviewer Journal of Healthcare for the Poor and Underserved

2025 Reviewer, Nursing Outlook

External Reviews of Reappointment/Promotion Portfolios

2022 Review for promotion to Associate Clinical Professor, University of Nebraska Medical Center College of Nursing

2024 Review for promotion to Indefinite Status, University of Wisconsin-Milwaukee School of Nursing

2025 Review for promotion to Associate Clinical Professor, Rutgers University School of Nursing

Collegiate Service

Task Forces and Ad Hoc Committees

University of Iowa and University of Iowa College of Nursing

University of Iowa

2022-present Advisory Board for Resilience and Trauma-informed Perspectives Certificate

2017-2018	University of Iowa Committee to form a Certificate on Resilience and Trauma Informed Care
2005-2006	Member, University of Iowa Health Coach Protocol Workgroup
2002 –2004	Volunteer, Nurse Practitioner, University of Iowa Mobile Health Clinic Project
2004-2005	Member, University of Iowa International Programs Executive Committee
2002-2007	Member, ARNP Tracking System Advisory Committee of the Office of Statewide Clinical Education Programs at the University of Iowa Carver College of Medicine
2002-2007	Member, Health Sciences Human Rights Week Program Committee
2002-2005	CON Representative, Health Sciences Human Rights Week Program Committee

College of Nursing

2023-2025	Council on Curriculum 2023-2024 Co-chair 2024-2025 Chair
2022-present	Member, Veterans Day Celebration Committee
2021- present	Agape Café Nurse Table Faculty Advisor, SNAUI
2010	Member, Faculty Practice Advisory Committee
2010	Member, Psych/MH NP Program Revision Committee
2010	Member, BSN-DNP Committee
2008-2010	Member, BSN to DNP Task Force
2005-2007	Member, Committee to Explore Culture Competence Certificate Task Force
2004	Member, CON Diversity Committee
2003-2005	Chair, Cultural Competence Task Force
2002-2007	Chair, Human Rights Week Committee
2002-2004	Member, Academic Council
2000-2006	Chair, Interdisciplinary Culturally Competent Care Initiative
1999-2011	Chair, FNP Admissions Committee, Family Nurse Practitioner Program
1999-2011	Coordinator, Family Nurse Practitioner Program

Community Service

Governmental offices, appointments, committee or task force membership, or other activities

2025-present	Johnson County Public Health Department Mental Health Priority Committee
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	Member
2022-present	Johnson County Assisted Outpatient Care advisory and planning committee
2022-present	Johnson County System of Care, College of Nursing representative
2020 – present	Steering Committee, Guide Link Access Center of Johnson County,
2020 – 2021	Volunteer PMHNP, Free Mental Health Clinic
2020 – present	Board member Guidelink Access Center
2017 – present	Catholic Worker House
2016- present	Iowa City Lay Carmelite Community 2020-2023 Formation Director 2022-2023 Acting Director 2023-present Director
2000 – 2022	Sacristan, Lector and Eucharistic Minister, St. Thomas More Parish
2018-2020	Member, Behavioral Health Building Structure Sub-Committee, Johnson Count Access Center, Iowa City, IA
2017-2020	Member, Behavioral Health Steering Committee, Johnson County Access Center, Iowa City, IA
2010-2014	Volunteer, Nurse Practitioner, Shelter House, Iowa City, IA
2004	Teddy Bear Rally for 4Cs Child Care Resource & Referral
2001-2006	Volunteer Nurse Practitioner, Free Medical Clinic, Iowa City, IA
2000-2007	Volunteer Examiner, Proteus
1999-2005	Volunteer Nurse Practitioner, Victory Temple Minority Women's Health Initiative

TEACHING

Instructional Activities

University of Iowa Course Instruction

Fall 2025

NURS 6701 Advanced Practice Clinical Practicum I 4 students
NURS 5032 Mental Disorders in Advanced Practice 23 students
NURS 6828 Doctor of Nursing Practice Project III 3 students

Summer 2025

NURS 6703 Advanced Practice Clinical Practicum III 7 students

Spring 2025

NURS 6702 Advanced Practice Clinical Practicum II 7 students
NURS 6827 Doctor of Nursing Practice Project II 3 students
NURS 6829 Doctor of Nursing Practice Project IV 4 students
NURS:3199 Independent Study 2 semester hours 1 student

Fall 2024

Nurs 6701 Advanced Practice Clinical Practicum I 6 students

NURS 5032: Mental Disorders in Advanced Practice 34 students
NURS 6828 Doctor of Nursing Practice Project III 4 students
NURS 6826 Doctor of Nursing Practice Project I 3 students

Summer 2024

NURS 6703 Advanced Practice Clinical Practicum III 8 students

Spring 2024

NURS 6702: Advanced Practice Clinical Practicum II 8 Students
NURS 6827 Doctor of Nursing Practice Project II 4 students

Fall 2023

NURS 5032: Mental Disorders in Advanced Practice 25 students
NURS 6701: Advanced Practice Clinical Practicum I 16 students
NURS 6826: Doctor of Nursing Practice Project 1 4 students

Summer 2023

Nurs6703: Advanced Practice Clinical Practicum III 7 students

Spring 2023

NURS 5031 Hlth Promotion Assmnt Adv Clin Practice 8 students
NURS 6702: Advanced Practice Clinical Practicum II 19 students

Fall 2022

NURS 5032 Mental Disorders in Advanced Practice 22 students
NURS 6701: Advanced Practice Clinical Practicum I 19 students

Spring 2022:

NURS 5031 Hlth Promotion Assmnt Adv Clin Practice 6 students

Fall 2021

NURS 5032 Mental Disorders in Advanced Practice 22 students

Spring 2021

NURS 5031 Hlth Promotion Assmnt Adv Clin Practice 7 students

Fall 2020

NURS 5032 Mental Disorders in Advanced Practice 31 students

Summer 2020

NURS 6703 Advanced Practice Clinical Practicum III 15 students

Spring 2020

NURS 5031 Hlth Promotion Assmnt Adv Clin Practice 11 students

Fall 2019

NURS 5032 Mental Disorders in Advanced Practice 16 students
NURS 6701 Advanced Practice Clinical Practicum I 15 students

Summer 2019

NURS 6703 Advanced Practice Clinical Practicum III 12 students

Spring 2019

NURS 6201 Primary Care: Adult & Older Individ II 27 students
NURS 6702: Advanced Practice Clinical Practicum II 21 students

Fall 2018

NURS 5032 Mental Disorders in Advanced Practice 29 students
NURS 6701 Advanced Practice Clinical Practicum I 21 students

Summer 2018

NURS 6703 Advanced Practice Clinical Practicum III 9 students

Fall 2017

NURS 5032 Mental Disorders in Advanced Practice 19 students
NURS 6701 Advanced Practice Clinical Practicum I 10 students

Summer 2017

NURS 6703 Advanced Practice Clinical Practicum III 20 students

Spring 2017

NURS 6201 Primary Care: Adult & Older Individ II 22 students
NURS 6825 Doctor of Nursing Practice Project 4 students

Fall 2016

NURS 5032 Mental Disorders in Advanced Practice 32 students
NURS 6701 Advanced Practice Clinical Practicum I 19 students

Summer 2016

NURS 6703 Advanced Practice Clinical Practicum III 26 students

Spring 2016

NURS 6201 Primary Care: Adult & Older Individ II 26 students

Fall 2015

NURS 5032 Mental Disorders in Advanced Practice 24 students
NURS 6701 Advanced Practice Clinical Practicum I 18 students

Summer 2015

NURS 6703 Advanced Practice Clinical Practicum III 8 students

Spring 2015

NURS 6201 Primary Care: Adult & Older Individ II 11 students

Fall 2014

NURS 5032 Mental Disorders in Advanced Practice 20 students
NURS 6701 Advanced Practice Clinical Practicum I 8 students

Guest lecture

Spring 2025

NURS 6201 Primary Care: Adult & Older Adult II (Depression and Anxiety Disorders)

Fall 2025

NURS 6701 Advanced Practice Clinical Practicum I (Case studies on challenging patient scenarios)
NURS 6200 Primary Care: Adult and Older Adult 1 (Depression and Anxiety disorders)

Spring 2024

NURS 6201 Primary Care: Adult & Older Adult II (Bipolar Disorder, ADHD, PTSD, Psychosis)

Fall 2024

NURS 6200 Primary Care: Adult and Older Adult 1 (Depression and Anxiety disorders)

MENTORING AND ADVISEMENT

Student Advisement

DNP Project Chair

2025 Carly Reed, (In Progress), Anticipated Completion May 2026

2025 Jessica Freiburger (In Progress), Anticipated Completion May 2026

2025 Hayley Sytsma (In Progress), Anticipated Completion May 2026

2025- Samantha Rosonke *Medication Management Among Persons Who Have Experienced Chronic Homelessness*

2025 Serena Curler *Improving Communication of Intensive Care Delirium to the Health Care Team*

2025 Thomas Webering *Burnout and Stress: A Mindful Approach to Alleviate Both*

2025 Arielle Wolterman *Implementation of a Training Program for Receiving and Decontamination of Patients Involved in HAZMAT Incidents at a VA Hospital*

2016 Edmund Piasecki *Improving Confidence and Awareness of Non-Provider Staff in Dealing with Mental Health Patients in a Primary Care Setting*

2013 Samantha Mikota *Primary Care Depression Screening: Evaluating the Implementation Process*

2013 Madelyn Pilcher *Addressing Informatics Competency by Integrating Smartphone Technology into the Graduate FNP Curriculum*

2013 Sara Magill *Blood Borne Pathogen Exposure: Nurse Initiated Protocol for “add on” Source Lab Testing*

2012 Lorene Mein *Improving the Treatment of Patient’s Tobacco Use by Primary Care Providers and Staff in a Family Practice Setting*

2012 Krista Ford *Implementing Behavioral Counseling to Improve Diabetes Self-Management*

2012 Jennifer Edeker *Polycystic Ovarian Syndrome: A Management Algorithm for Primary Care Providers*

DNP Project Mentor

2021 Jessica Coffee *Implementing a Medication Management Program in Permanent Supportive Housing*

2019 Joshua Roorda *Addressing the Health Needs in People Recently Incarcerated*

2018 Amber Orr *Impact of a Nurse Driven Sedation Protocol*

2018 Chris Mann *Implementation of a Diabetic Exam Tool with Brief Peripheral Neuropathy Screen in a Rural Iowa Clinic*

2017 Katelyn Johnson *Improving Health for Homeless Individuals with Severe Mental Illness*

2017 Marceline Ndum *Improving Awareness of Adverse Childhood Experiences in a Middle School*

2016 Andrea Achenbach *Implementation and Evaluation of an NP Led Health Coaching Program*

2016 Corrie Swartzentruber *Adverse Childhood Events: Moving Research to Practice in the Primary Care Setting*

2013 Stephanie Stille *Quality Improvement Program Development in Primary Care*

DNP Project Committee Member

2023 Kaitlin Pauls *Monthly Group Therapy for Adults with Chronic Mental Illness on the Compeer Waitlist*

2023 Miranda Engeldinger *Restructuring of Education Using Simulation for Improved Crisis Response*

2021 Brandon Rogers *Implementing De-Escalation Training to Nursing Staff Caring for Residents with Huntington's Disease*