

CURRICULUM VITAE

Betty Mallen DNP CNL RN
 Assistant Professor of Instruction
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EDUCATION

Year	Degree	Institution/Location
2024	Doctor of Nursing Practice (Health Systems)	University of Iowa, Iowa City, IA
2019	Master of Science in Nursing (Clinical Nurse Leader)	University of Iowa, Iowa City, IA
2005	Bachelor of Science in Nursing	University of Iowa, Iowa City, IA
1982	Associate Degree in Nursing	Rochester Community College, Rochester, MN

DNP Project: Mallen- Betty (2024). Age Friendly Health Systems: Implementing the 4M's in Rural Iowa DNP, University of Iowa, <https://iro.uiowa.edu/esploro/outputs/9984627256902771>

LICENSURE

Year	Source	License	Number
2022 – present	Iowa Board of Nursing	Registered Nurse	#076942

CERTIFICATIONS

Year	Source	Type	Number
2021 – 2026	AACN Commission on Nurse Certification	Clinical Nurse Leader	#10112472
2006	University of Iowa College of Public Health	Public Health Certification	

PROFESSIONAL EXPERIENCE

Year	Position	Institution / Location
Academic Appointments		
2024–present	Assistant Professor of Instruction	University of Iowa College of Nursing, Iowa City, IA
2020–2024	Lecturer	University of Iowa College of Nursing, Iowa City, IA
2019–2020	Adjunct Lecturer	University of Iowa College of Nursing, Iowa City, IA
Clinical Positions		
2016–2021	Consultant – Population Health, Quality Improvement	QVS Medical Consulting, Clear Lake, IA
2012–2016	Population Health Manager	Hancock County Health System, Britt, IA
2011–2013	Public Health Director	Hancock County Public Health, Garner, IA
1991–2011	Director of Planning Public Health Staff Nurse	Hancock County Public Health, Garner, IA
1988–1991	Staff RN – OB, ED, Med-Surg	Clarion Community Hospital, Clarion, IA
1987–1988	Staff RN and treatment nurse	Kanawha Community Nursing Home Kanawha, IA
1986–1987	Staff RN – Pediatrics	Rochester Methodist Hospital, Rochester, MN
1983–1985	Staff RN – Orthopedics and NICU	Gunderson Lutheran Hospital, Lacrosse, WI

HONORS AND AWARDS

2023–25	Faculty Recognition – Selected by BSN graduates as an individual who had a positive influence on them while they were at the University of Iowa. 2023–Recognized by 5 or more students 2024–Recognized by 10 or more students 2025–Recognized by 5 or more students
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- 2024 Thank a Teacher Recognition. Center for Teaching
NURS 3160: Professionalism & Patient Safety. Jenna Sondag – student
- 2014 Iowa Immunization Champion – Iowa Immunization Bureau
- 2005 Betty Means Award. Gamma Chapter, Sigma Theta Tau. – Recognizes BSN student for academic excellence and leadership potential.

SCHOLARSHIP

PUBLICATIONS

KEY: * = data-based; † = mentored work with student/trainee/new author; ^ = co-first author; Underline = Senior but not first author

Books/book chapters, monographs, edited symposia

1. **Mallen, B.** (2022). Family. In Engage on-line textbook. *Community/Public Health Nursing* (1st Edition). Assessment Technologies Institute

GRANTS

Other Sponsored Projects

Intramural Sponsored Projects

- 2023–2025 Optimal Aging Initiative Grant. Mallen, B. Barbara and Richard Csomay Center for Gerontological Excellence – DNP Project fund - \$2900
- 2021 Summer Teaching Workshop Grant, Mallen, B. Participant. University of Iowa, College of Nursing. \$3,333.33.

Extramural Sponsored Projects

- 2024–present Promoting Age Friendly Healthcare in Rural Areas – Iowa GWEP HRSA Grant – Mallen B., Leadership Team Senior Personnel - \$11,544

PRESENTATIONS

Research and Clinical Presentations

KEY: * = data-based; † = mentored work with student/trainee/new author; ^ = co-first author; Underline = Senior but not first author)

National

1. **Mallen, B.** (2025). Implementing the 4M's in Rural Public Health to Connect Older Adults to Community Resources. American Public Health Association 2025 Conference. Washington, D.C. [Accepted, Podium, Lightning Session]
2. **Mallen, B.,** Vogelson, K. (2024). Caring for Older Adults Using the 4M's. National Rural Health Conference. Kansas City MO. [Invited, Podium, Concurrent Session]

State/Regional

1. **Mallen, B. &** Carmody, J. (2025). Age Friendly Care in Rural Areas: Implementing the 4M's in Public Health. Aging in Rural Spaces Webinar Series Barbara and Richard Csomay Center for Gerontological Excellence. [Invited, Webinar]
2. **Mallen, B.** (2025). Implementing the 4M's in Rural Public Health. Midwest Nursing Research Symposium 2025 Conference. Indianapolis, IN. [Poster]
3. Buck, H. Tonelli, S., **Mallen B.** (2024). The Future of Rural Health is Happening Now at the University of Iowa's Barbara and Richard Csomay Center for Gerontological Excellence. Iowa Rural Health Association Conference. Des Moines, IA. [Invited, Panel]
4. **Mallen, B.** (2024). Age Friendly Health Systems in Rural Areas. Sciences Research Day Iowa City IA. University of Iowa Carver College of Medicine Health [Invited, Poster]
5. **Mallen, B.** (2024). Age Friendly Healthcare: Where Does Public Health Fit In? Annual Public Health Conference. Iowa Public Health Association. Des Moines IA. [Invited, Podium, Concurrent Session]
6. **Mallen, B.** (2024). Age Friendly Healthcare in Public Health Lunch and Learn series. Iowa Public Health Association [Invited, Webinar]
7. **Mallen, B.** (2019). Population Health Public Health What's the Difference. Annual Public Health Conference. Iowa Public Health Association. Des Moines IA. [Invited, Podium, Concurrent Session]

Local

1. **Mallen, B.** (2025). Evidence Based Practice for Nurses. Nurse Residency Program. MercyOne North Iowa. [Invited, Seminar]
2. **Mallen, B.** (2024). Evidence Based Practice for Nurses. Nurse Residency Program. MercyOne North Iowa. [Invited, Seminar]
3. **Mallen, B.** (2023). Evidence Based Practice for Nurses. Nurse Residency Program. MercyOne North Iowa. [Invited, Seminar]

4. **Mallen, B.** (2022). Evidence Based Practice for Nurses. Nurse Residency Program. MercyOne North Iowa. [Invited, Seminar]
5. **Mallen, B.** (2021). Evidence Based Practice for Nurses. Nurse Residency Program. MercyOne North Iowa. [Invited, Seminar]

SERVICE

Peer Review Activities

Peer Evaluations of Teaching

- 2023 Review of Molly Frommelt Kuhle, NURS 3655: Community & Public Health Practicum. RN-BSN Course
- 2021 Review of Brenda Krogh-Duree, NURS 4160: Leadership & Professional Engagement. RN-BSN Course

Review of Nominations for Awards, Honors or Scholarships

- 2024 CON Internal Teaching Awards Reviewer [volunteer]

PROFESSIONAL SERVICE ACTIVITIES

Society/Association Membership, Participation, and Leadership

American Public Health Association

2025–present Member

Midwest Nursing Research Society

2024–present Member

American Nurses Association

2020–present Member

Iowa Nurses Association

2020–present Member

Iowa Public Health Association

2000–2016 Member

2001–2011 Public Health Nursing Section Chair [elected]

2000–2011 Public Health Nursing Section. Member (section was dissolved in 2011)

2003–2012 Executive Committee. Member [elected]

2005–2010 Legislative Committee. Member [appointed]

UNIVERSITY SERVICE
Committees and Task Forces
Standing Committees

2022–present, Faculty Senate – Governmental Relations Committee. Member [appointed]

COLLEGIATE SERVICE

Task Forces and Ad Hoc Committees

2024–2025 RN-BSN Recruiter Search Committee. Member [appointed]

2024–present Undergraduate Netherlands Experience Lead

2022–present BSN/RN-BSN Curriculum Revision Workgroup

2023–2024 Healthcare Finance Curriculum Integration [volunteer]

2024–present Informatics Course Development

2021–2024 Writing Across the Curriculum. Member

2023–2024 Co-Chair [Volunteer]

2020–2025 IPE Facilitator [Volunteer]

Standing Committees

2020–2025 BSN Forum

2021–present Pathways Task Force (diversity and social justice in curriculum)
 [volunteer]

2020–2021 Committee to Explore Cheating in Higher Education [volunteer]

2025–present BSN-MSNEIP Assembly Curriculum Council, Co-chair [Elected]

2020–present RN-BSN Admission Progression Committee, Member [Volunteer]

2023–present Chair [Appointed]

2022–present BSN-RN/BSN Curriculum Revision Champion [Appointed]

2022–present Scholarship Committee [Volunteer]

2020–present MSN Admissions and Progressions Committee

2022–present CNL Sub-Committee [Appointed]

2020–2022 HSM Sub-Committee [Appointed]

2024–2025 Diversity Committee. Co-Chair [Elected]

COMMUNITY SERVICE

Community organization membership, leadership positions, committee, or task force memberships, or other activities

2021–2022 Cerro Gordo Public Health COVID Vaccine Clinics [Volunteer]

2020–present MercyOne North Iowa Nurse Residency Advisory Board. Member [Local, Appointed]

2020–present North Iowa Community College Nursing Advisory Board. Member [Local, Appointed]

2007–2011 Iowa Public Health Modernization Act Implementation Group
 2007-2011 Public Health Evaluation Committee. Member [State, Appointed]
 (developed public health accreditation standards)
 2009–2014 Iowa Public Health Advisory Board. Member [State, appointed]
 2010-2011- Chair
 2010-2011 Director of Hancock County Public Health Accreditation Pilot
 Project (one of 6 counties competitively selected for participation)

TEACHING

INSTRUCTIONAL ACTIVITIES

Course Instruction University of Iowa

Spring
 2021-2025 NURS3655: Community & Public Health Nursing Practicum, Faculty Lead, 4-15 students

Fall
 2019-2025 NURS3655: Community & Public Health Nursing Practicum, Faculty Lead, 4-15 students

Spring
 2021-2025 NURS4160; Leadership & Quality Improvement Practicum, Faculty Lead,
 Section OEXV: 6-10 students

2021-2025 NURS4160: Leadership & Quality Improvement Virtual Practicum
 Section OEXR: 3-7 students

Fall
 2020-2025 NURS4160 Leadership & Quality Improvement Practicum, Faculty Lead,
 Section OEXV: 6-10 students

2020-2025 NURS4160: Leadership & Quality Improvement Virtual Practicum
 Section OEXR: 3-7 students

Spring 2023-2025	NURS3160: Professionalism & Patient Safety, Faculty Lead, 20-28 students
Fall 2022-2025	NURS3160: Professionalism & Patient Safety, Faculty Lead, 20-54 students
Fall 2020	NURS3160: Professionalism & Patient Safety, Co-Faculty Lead, 21 students
Spring 2024-2025	NURS3111: Caring for Vulnerable Populations, Faculty Lead, 21-33 students
Fall 2023-2025	NURS 3111: Caring for Vulnerable Populations, Faculty Lead, 55-63 students
Spring 2021-2023	NURS3110: Healthcare Finance, Faculty Lead 2021, 20-27 students
Fall 2021-2022	NURS3110: Healthcare Finance, Faculty Lead, 2021, 21-39 students
Spring 2022	NURS3660: Improving Health Systems, Co-Faculty Lead -, 25 students
Fall 2022	NURS3660: Improving Health Systems, Faculty Lead, 31 students

New Course Development

2025	Faculty Lead for new informatics course in RN-BSN curriculum
2024	NURS3655: Community & Public Health Practicum, Faculty lead to develop a Netherlands Immersion Experience
2023	NURS4160: EXR Virtual Practicum, Faculty lead

New Program, Certificate or Track Development

2025	Development of Global Health Certificate/Minor for Undergraduate program
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MENTORING AND ADVISEMENT

Mentoring

Faculty and Staff Mentorship

2025	Monica Berning, RN-BSN Recruiter Objective: Admissions and placement processes, identification of needed policies
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Advisement

MSN-CNL Defense Committee

2025	Meleker, Anna, Assessing Application of Specialty Content in the Iowa Online Nurse Residency Program, Member
	Guth, Kalee, Operating Room OR communication Checklist, Member
2024	Buscher, Amanda, Engagement of Nurse Leaders in the IONRP Program, Member
	Freidman, Tara, Perioperative Management of the Ostomate: A Quality Improvement Project, Member
	Mc Coy, Amanda, Enhancing Scheduling Efficiency in Oncology Care, Member
2023	Mann, Ellen, Shared Governance Committee, Member
	Flower, Jennifer, Nurse Well-Being and Burnout, Member
	Newton-Moore, Makayla Csomay Membership Structure, Member
2022	Hackbarth, Sarah, Reducing Hospital Readmissions through Post-Intensive Care Syndrome Mitigation Strategies and Post-Hospitalization Services, Member
	Shafer Lynette, Implementing a Nurse Residency Program, Member