

Curriculum Vitae

Pamela J. Mulder, PhD, RN
Clinical Assistant Professor
University of Iowa College of Nursing
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EDUCATION

Year	Degree	Institution/Location
2009	Doctor of Philosophy in Nursing	University of Wisconsin, Milwaukee
1998	Bachelor of Science in Nursing	University of Wisconsin, Milwaukee

Dissertation: Mulder, P. J. (2009). Psychometric analysis of the beginning breastfeeding survey. PhD, University of Wisconsin, Milwaukee.

LICENSURE

Year	Source	License	Number
2010-present	Iowa Board of Nursing	Registered Nurse	#L050717

PROFESSIONAL EXPERIENCE

Year	Position	Institution / Location
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Academic Appointments

2017 – present	Clinical Assistant Professor	University of Iowa College of Nursing, Iowa City, IA
2010 – 2017	Assistant Professor	University of Iowa College of Nursing, Iowa City, IA
2009 – 2010	Postdoctoral Research Fellow	University of Iowa College of Nursing, Iowa City, IA
2004 – 2007	Teaching Assistant	University of Wisconsin, Milwaukee College of Nursing, Milwaukee, WI

Clinical Appointments

1998 – 2005	Staff Nurse	United Hospital System, Kenosha Campus, Kenosha, WI
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HONORS AND AWARDS

2016	Maria G. Titler Conduct of Research Poster Award, 2016 National EBP Conference
2014	Research and Clinical Partnership Award, College of Nursing, University of Iowa
2012	Thank-a-Teacher program, Center for Teaching, University of Iowa
2009	Best Paper Award, The Childbearing Research Section of MNRS
2008	Harriet Werley Doctoral Student Award

SCHOLARSHIP

PUBLICATIONS

KEY: * = data-based; † = mentored work with student/trainee/new author; ^ = co-first author;
Underline = Senior but not first author

Journals

Peer-Reviewed

1. *†Lee, J., Buck, H. G., **Mulder, P.**, Hong, S., Marshall, T. A., & Daack-Hirsch, S. (2025). The prevalence of malnutrition in children with congenital heart disease: A meta-analysis. *Journal of Pediatric Health Care*, Advance online publication. <https://doi.org/10.1016/j.pedhc.2025.10.011>
2. *†Lee, J.H., Yun, T. J., Kwon, S. J., Troy, Z., Marshall, T. A., Buck, H. G., **Mulder, P. J.**, Daack-Hirsch, S. The impact of congenital heart disease on somatic growth: A monozygotic twin study. *European Journal of Pediatrics*, 184(12) Article 770. <https://doi.org/10.1007/s00431-025-06635-2>
3. *†Lee, J., Marshall, T., Buck, H., **Mulder, P.**, & Daack-Hirsch, S. (2025). Growth failure in children with congenital heart disease. *Children*, 12(5), Article 616. <https://doi.org/10.3390/children12050616>
4. *†Saxby, S. M., Haas, C., Klein, A., Titcomb, T. J., Shemirani, F., Wahls, T., Snetselaar, L., Gill, C., & ^**Mulder, P.** (2025). Assessing breastfeeding attitudes and self-efficacy among healthcare personnel and women with multiple sclerosis: Two cross-sectional surveys. *Brain and Behavior*, 15(4), Article e70468. <https://doi.org/10.1002/brb3.70468>
5. *Foote, J. M., Hanrahan, K., **Mulder, P.**, Nielsen, A. K., Perkhounkova, Y., Hein, M., Saeidzadeh, S., & McCarthy, A. M. (2020). Growth measurement practices from a national survey of neonatal nurses. *Journal of Pediatric Nursing*, 52(2020), 10-17. <https://doi.org/10.1016/j.pedn.2020.02.001>
6. *Saus-Ortega, C., Oliver-Roig, A., Richart-Martinez, M., **Mulder, P.**, & Cabrero García, J. (2019). Validation of the Spanish version of the Beginning Breastfeeding Survey-Cumulative: A follow-up study. *Journal of Human Lactation*, 35(4), 672-682. <https://doi.org/10.1177/0890334419840003>
7. *Schafer, E. J., Campo, S., Colaizy, T. T., **Mulder, P. J.**, Breheny, P., & Ashida, S. (2017). First-time mothers' breast-feeding maintenance: role of experiences and changes in maternal perceptions. *Public Health Nutrition*, 20(17), 3099-3108. <https://doi.org/10.1017/S136898001700221X>
8. *Schafer, E. J., Campo, S., Colaizy, T. T., **Mulder, P. J.**, & Ashida, S. (2017). Influence of experiences and perceptions related to breastfeeding one's first child on breastfeeding initiation of second child. *Maternal and Child Health Journal*, 21(6), 1288-1296. <https://doi.org/10.1007/s10995-016-2228-1>
9. **Mulder, P. J.**, & Gardner, S. E. (2015). The healthy newborn hydration model: A new model for understanding newborn hydration immediately after birth. *Biological Research in Nursing*, 17(1), 94-99. <https://doi.org/10.1177/1099800414529362>

10. ***Mulder, P.** (2013). Revision of the beginning breastfeeding survey: A cumulative assessment of breastfeeding. *Journal of Nursing Measurement*, 21(1), 80–95. <https://doi.org/10.1891/1061-3749.21.1.80>
11. ***Mulder, P. J.,** & Johnson, T. S. (2010). The beginning breastfeeding survey: Measuring mothers' perceptions of breastfeeding effectiveness during the postpartum hospitalization. *Research in Nursing and Health*, 33(4), 329–344. <https://doi.org/10.1002/nur.20384>
12. ***Mulder, P. J.,** Johnson, T. S., & Baker, L. C. (2010). Excessive weight loss in breastfed infants during the postpartum hospitalization. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 39(1), 15–26. <https://doi.org/10.1111/j.1552-6909.2009.01085.x>
13. *Johnson, T. S., **Mulder, P. J.,** & Strube, K. (2007). Mother-infant breastfeeding progress tool: A guide for education and support of the breastfeeding dyad. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 36(4), 319–327. <https://doi.org/10.1111/j.1552-6909.2007.00165.x>
14. **Mulder, P. J.** (2006). A concept analysis of effective breastfeeding. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 35(3), 332–339. <https://doi.org/10.1111/j.1552-6909.2006.00050.x>

Abstracts

1. Foote, J. M., Hanrahan, K., **Mulder, P.,** Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., & McCarthy, A. M. (2016). Development and psychometric testing of the Neonatal Growth Measurement Survey. *Journal of Pediatric Nursing*, 31(3), 366-267. <https://doi.org/10.1016/j.pedn.2016.03.013>

GRANTS

Scientific and Educational Research Grants

Intramural Research Grants

- 2023 Breastfeeding for Mothers with Multiple Sclerosis, PI: Christine Gill, Role: Collaborator, Obermann Center for Advanced Studies Interdisciplinary Research Grant, \$18,000.00
- 2014 Development and psychometric testing of the neonatal growth measurement survey, PI: Jan Foote, Role: Co-investigator, UIHC Nursing Research, EBP and Quality Grant, \$2,998.00.
- 2012 Balancing the promotion of breastfeeding and prevention of dehydration in newborn infants: A feasibility study”, PI: Pamela Mulder, Role: PI, University of Iowa College of Nursing, \$79,607.00

Extramural Research Grants

- 2018 National survey of neonatal growth measurement practices, PI: Jan Foote; Role: Co-Investigator, Pediatric Endocrinology Nursing Society, \$15,000.00.
- 2010 Beginning breastfeeding feasibility study, PI: Pamela Mulder, Role: PI, Sigma Theta Tau Research Award, \$1,500.00.

PRESENTATIONS

Research and Clinical Presentations

KEY: * = data-based; † = mentored work with student/trainee/new author; ^ = co-first author; Underline = Senior but not first author)

International

1. ***Mulder, P.**, Johnson, T. S., Baker, L. C. (February 2008). *Weight loss in the breastfed infant during the first two days postpartum*. Research. International Society for Research in Human Milk and Lactation, Perth, Australia.

National

1. ***†Schafer, E.**, Campo, S., Colaizy, T., **Mulder, P.**, & Ashida, S. (November 2016). *Factors facilitating breastfeeding maintenance among first-time mothers and initiation among second-time mothers*. APHA 2016 Annual Meeting & Expo. Denver, CO [Peer-reviewed, Podium].
2. ***Hanrahan, K.**, Foote, J. M., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M. (April 2016). *Development of the Neonatal Growth Measurement Survey: Practitioners Knowledge, Attitudes, and Bases of Practice*. Poster. 11th Annual NANN Research Summit, National Association of Neonatal Nurses, Scottsdale, Arizona United States.
3. ***Foote, J. M.**, Hanrahan, K., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M. (April 2016). *Development of the Neonatal Growth Measurement Survey: Knowledge, Attitudes, and Bases of Practice*. Poster. 23rd National Evidence-Based Practice Conference: Changing Landscapes: Contemporary Issues Influencing Nursing Care, Coralville, Iowa.
4. ***Foote, J. M.**, Hanrahan, K., **Mulder, P.**, Bye, A., Fleming, A., Hein, M., Perkhounkova, Y., Bohr, N. L., McCarthy, A. M. (May 2016). *Development and Psychometric Testing of the Neonatal Growth Measurement Survey*. Oral. 2016 National Conference The Sky's the Limit: Transforming our Future, Pediatric Endocrinology Nursing Society, Denver, Colorado.

Regional

1. ***Mulder, P. J.** (March 2016). *Newborn Hydration in the First 24 Hours of Life: Pilot Results*. Poster. Midwest Nursing Research Society: 40 Years of Advancing Nursing Science, Improving Practice, and Enhancing Health, Midwest Nursing Research Society, Milwaukee, Wisconsin United States.
2. **Mulder, P.** (March 2011). The beginning breastfeeding survey – cumulative: A pilot study. Poster. Midwest Nursing Research Society, Columbus, Ohio.
3. **Mulder, P.** & Johnson, T. S. (April 2010). The beginning breastfeeding survey. Midwest Nursing Research Society, Kansas, Missouri.
4. **Mulder, P.** & Johnson, T. S. (March 2008). Weight loss in the breastfed infant during the first two days postpartum. Midwest Nursing Research Society, Indianapolis, Indiana.

5. **Mulder, P.** (April 2006). The reliability of the mother and infant breastfeeding progress tool. Poster. Midwest Nursing Research Society, Milwaukee, Wisconsin.

Local

1. *†Costello, S., O'Neill, H., Weresh, A., Mulder, P., Santillan, D., Awelewa, T., Bowdler, N. (November 2025). Exploring racial and ethnic disparities in meeting newborn feeding goals during postpartum hospitalization: Patient perspectives. Menopause Matters: Advancing Care Through the Midlife Transition: Obstetrics and Gynecology Postgraduate Conference 2025, Coralville, Iowa.

SERVICE

PEER REVIEW ACTIVITIES

Peer Review of Scholarly Products

Journal Manuscript Review (pre-publication)

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| 2011 – 2025 | Research in Nursing & Health |
| 2025 | Acta Neurologica Belgica |
| 2025 | BMC Pregnancy and Childbirth |
| 2024 | BMC Pediatrics |
| 2024 | Reproductive Health |
| 2023 | Western Journal of Nursing Research |
| 2018 – 2022 | International Journal of Nursing Studies. Reviewer, Publications. |
| 2022 | Women and Health, Reviewer, Publications. |
| 2011 – 2018 | International Breastfeeding Journal. Reviewer, Publications. |
| 2017 | Journal of Human Lactation. Reviewer, Publications. |

Peer review of teaching or practice products and activities

Peer Evaluations of Teaching

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| 2024 | Barbara St. Marie, Review of Qualitative Research course |
| 2021 | Syeda Thomas, Review of Critical Care Nursing course |

External or Internal Reviews of Faculty Portfolios

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| 2025 | Clinical Track Faculty Periodic Peer Review, Clinical Assistant Professor, University of Iowa, College of Nursing, Iowa City, IA |
| 2023 | Clinical Track Faculty Periodic Peer Review, Clinical Assistant Professor, University of Iowa, College of Nursing, Iowa City, IA |
| 2021 | Clinical Track Faculty Periodic Peer Review, Clinical Assistant Professor, University of Iowa, College of Nursing, Iowa City, IA |

PROFESSIONAL SERVICE ACTIVITIES

Society/Association membership, participation and leadership

National Association of Neonatal Nurses (NANN)

2023 Member

Association of Women's Health, Obstetric, and Neonatal Nursing (AWHONN)

2004 – present, member.

Midwest Nursing Research Society

2007 – 2018 Member

2018-2015 MNRS Membership Committee, member.

Iowa Breastfeeding Coalition

2011 – 2012 Member

Sigma Theta Tau International

2005 – 2012 Member

Media Interviews in Support of the Profession

2018, breastfeeding, Jacqueline Howard, CNN Health.

UNIVERSITY SERVICE

Committees and Task Forces

Standing Committees

2019 – 2022	Policy, Benefits & Pay Sub-committee of the Council on the Status of Women, member, volunteer.
2019 – 2022	Policy, Benefits & Pay Sub-committee of the Council on the Status of Women, member
2019 – 2022	Council on the Status of Women, member
2012 – 2015	University of Iowa Honors Steering Committee, member
2011 – 2013	UIHC Nurse Residency Board of Advisors, member, volunteered.
2011 – 2012	UIHC Nurse Residency Program, facilitator, volunteered.

COLLEGIATE SERVICE

Task Forces and Ad Hoc Committees

2023 – present	Curriculum Champions group
2021 – present	Writing Across the Curriculum Committee, member, volunteered
2021 – 2022	Pathways taskforce, member, volunteered
2015 – 2017	PhD Curriculum Committee, member, volunteered

Standing Committees

2022 – present	PhD Admissions and Progression Subcommittee, member, volunteered
2019 – present	RN-BSN Admissions and Progression Subcommittee, member, volunteered
2018 – present	BSN Admissions and Progression Subcommittee, member, volunteered
2015 – present	Bylaws Subcommittee
2022 – present	Chair
2015 – 2022	Bylaws subcommittee, member, volunteered
2013 – 2015	Chair
2011 – 2012	Member
2012 – 2015	Faculty council, member, elected
2011 – 2012	DNP Specialty Admissions and Progression Subcommittee, Neonatal Nurse Practitioner, member, volunteered
2011 – 2012	Scholarship Subcommittee, member, volunteered

TEACHING

INSTRUCTIONAL ACTIVITIES

Course Instruction

University of Iowa

2024 – 2025, NURS:3632:001, Nursing Care of Childbearing Families, primary instructor, MSN-EIP
2023 – 2025, NURS:5210:2001, Foundations of Professional Nursing, primary instructor, MSN-EIP
2014 – 2025, NURS:3632:0001, Nursing Care of Childbearing Families, primary instructor, BSN
2011 – 2025, NURS:3460, Professional Role II: Research, primary instructor, RN-BSN & BSN
2020 – 2023, NURS:3160, Professional Role I: Professionalism and Patient Safety, instructor, RN-BSN
2021 – 2021, NURS:3110, Healthcare Finance, team teacher, BSN
2019 – 2024, NURS:7000, Philosophy and Sociology Nursing Science, primary instructor, PhD
2014 – 2020, NURS:3635, Parent Child Nursing Practicum, team teacher
2020, NURS:3151, Introduction to Clinical Concepts in Nursing, team teacher, BSN

2020, NURS:3651, Advanced Clinical Concepts for Nursing, team teacher, BSN
2018, NURS:3450, Clinical Simulation Laboratory II, team teacher
2016 – 2017, NURS:6825, Doctor of Nursing Practice Project, team teacher, DNP
2013, NURS:3685, Research for Nursing Practice, primary instructor, BSN
2011, NURS:5006, Research for Evidence-Based Practice II, team teacher, DNP

MENTORING AND ADVISEMENT

Advisement

Student Advisement

Independent Study

2013 – 2018 Independent Studies, undergraduate nursing major students

2014 - 2015 Cassidy, Lauren - BSN - Degree Objective: BSN.

Contraceptive Options presentation for at risk teens

2015 Goggin, Taylor - Undergraduate - BSN - Degree Objective: BSN.

Exercise during pregnancy, an educational presentation to at risk teens.

2015 Brown, Alex - Undergraduate - BSN - Degree Objective: BSN.

A Nursing Assistant's Guide to All the Little Things: Quality improvement project for mother-baby unit at UIHC

2015 Carlson, Miranda - Undergraduate - BSN - Degree Objective: BSN.

Safe Sleep Checklist for United Action for Youth Teen Pregnancy/Parenting program

2015 LaRoe, Nina - Undergraduate - BSN - Degree Objective: BSN.

Preparation of a web page for teaching new mothers

2016 Barker, Julie - Undergraduate - Nursing - Degree Objective: BSN.

Research assistant for the Newborn Hydration pilot study

2016 Buch, Savannah - Undergraduate - Nursing - Degree Objective: BSN.

Hearing and Vision Screenings in Children Ages Birth to Five Years

2016 Carter Walsh, Emily - Nursing - Degree Objective: BSN.

Breastfeeding Specialist Certification Course as part of requirements for certification as a lactation consultant

2017 Monroe, Emma - Undergraduate - Nursing - Degree Objective: BSN.

In-Hospital Breastfeeding Supplementation: A Literature Review

Doctoral Preliminary or Comprehensive Examination Committees

2023 – present Christina Shutters, member

2021 – 2025 Jihye Lee, member

2020 – 2022 Bootan Ahmed, member

2011 – 2017 Emily Higdon, member

PhD Dissertation Committee

2024 Jihye Lee, member

2015 – 2018 Stephanie Stewart, member

2013 – 2018 Ellen Schafer, member